

“Low Carb Is Lekker” @ Sweetwell

Once you Go Pork you Can't go Back

- Breakfast Pizza With a Cream Cheese and Egg Base topped with Green Sweetwell Bacon and Mushrooms Dressed With Mustard and a dash Of Coconut Oil - R85
- Breakfast Egg Wrap filled with Sweetwell Boerewors, Cheddar and Roasted Romenita Tomatoes topped with Crispy Green Bacon Grilled in Duck Fat - R80
- Pickled Slow Roasted Whole Pork eisbein Served with Salad and Roasted Veggies - R120
- Slow Roasted Belly Served on a Bed of Coconut infused Vegetables dressed with Hollandaise and Fresh Herbs - R120
- Low Carbies Brekkie – 3 Free Range Eggs, 3 Rashers of Sweetwell Bacon , Roasted Romenita Tomatoes and A Sweetwell Patty - R60
- Baby Hake Gently Fried in Coconut Oil Served with Green Salad and Fried Lemon topped with Coconut and Cucumber Shavings - R78
- Sweetwell Pork Burger Grilled in Coconut oil Served on A bed Of Creamy Mushrooms topped with Green Bacon, Guacamole and Brie Cheese with fresh Rocket - R98
- Grilled Pork Rump Medium Done topped with Herbed Cream Cheese Served on a Bed Of Roasted Veggies accompanied By Creamy Mushroom and Cheese Sauce - R110

**Check our Sweets Table for our Selection of LCHF
Desserts Just Awesome**

Low Carb Is Lekker Cook Book Available @ R295

For More Info About Low Carb Cooking Classes Have a Chat with The Chef !!!!