

# Dunes

BEACH RESTAURANT & BAR

EST 1999

## MENU



# Keep Calm and EAT

## starters & nibbles

**FOCACCIA** 49

Flat bread brushed with olive oil, garlic, rosemary and a sprinkle of coarse sea-salt.

**CALAMARI BASKET** 69

Crispy deep-fried calamari strips, served with tartar sauce.

**SMOKED SPRINGBOK CARPACCIO** 69

Topped with rocket, Parmesan shavings, extra virgin olive oil and a balsamic reduction.

**CHICKEN LIVERS** 49

Pan seared in our homemade peri-peri sauce with a touch of cream.

**OYSTERS**

Shucked on order.

Bloody Mary shots. 22ea

28ea

**GARLIC PRAWN POT** 72

With white wine, coriander, almond flakes and chilli.

**NACHOS CHIPS** 82

Toasted with melted cheese and Jalapeños, served with tomato salsa, sour cream and guacamole.

**CHICKEN WINGS** 49

Buffalo style, spicy chicken wings.

**BEEF TRINCHADO** 65

Cubes of tender steak pan fried with garlic, chilli, red wine and a splash of cream. Served with Ciabatta bread.

## SALADS

### DUNES

85

Smoked chicken breast, chunky feta, pepperdews and avocado (seasonal), with herbed croutons.

### CAESAR

79

Cos leaves tossed with a creamy Parmesan dressing, topped with crispy bacon bites, egg, anchovy and Parmesan shavings.

Top up with grilled chicken breast.

15

### STRAWBERRY, GORGONZOLA AND AVOCADO

89

Mixed greens with rocket, cherry tomato and a balsamic vinaigrette.

### ROAST VEGETABLE

79

Tossed with mixed greens, cucumber, cherry tomato, peppers and feta cheese with a decadent horseradish dressing and almond flakes.

### CAPRESE

72

Slices of ripe tomato layered with Buffalo Mozzarella, red onion and rocket. Dressed with olive oil, balsamic reduction and a sprinkling of basil pesto.

## burgers & breads

**DUNES BURGER** 89

200gr flame grilled beef patty, served with chips and a choice of sauce.

**DOUBLE DUNES BURGER** 109

2x 200gr patty, served with chips and a choice of sauce.

**DUNES GOURMET BURGER** 119

200gr patty, topped with bacon, caramelised onion, Gorgonzola cheese and strawberry. Served with chips.

**CAJUN CHICKEN BURGER** 79

Succulent chicken breast on greens and salad, topped with a mild Cajun sauce. Served with chips.

### PREGO STEAK

99

200gr grilled sirloin steak topped with a spicy Prego sauce on a Ciabatta roll. Served with chips.

**PULLED PORK KNUCKLE SANDWICH** 79

Slow roasted pork knuckle shredded, with fresh greens and a minted mango salsa on Ciabatta. Served with chips.





### FRESH SALDANHA BLACK MUSSELS 129

Steamed in a garlic, white wine, celery, parsley and cream sauce.

### TRADITIONAL FISH & CHIPS 93

Hake fillet prepared in a homemade beer batter. Served with tartar sauce.

### CALAMARI STRIPS 108

Tender South Atlantic calamari Strips, deep fried or grilled. Served with a tartar sauce, chips and rice.

### CATCH OF THE DAY 125

Grilled linefish, served with chips and rice and a lemon butter sauce.



### KINGKLIP 149

Plain grilled with a lemon butter sauce. Served with chips and rice.

### KINGKLIP THERMIDOR 169

Topped with our signature mushroom sauce and three cheeses. Served with chips and rice.

### TIGER PRAWNS 199

12 Prawns, pan-grilled. Served on a bed of spiced rice and chips with lemon butter, garlic butter and peri-peri sauce.

### ORIENTAL PRAWNS 135

Wok fried in garlic, soy, ginger, lemon and coriander with a hint of chilli. Served on fragrant Basmati rice.

### SEARED SALMON 159

Fresh Norwegian salmon lightly seasoned and seared. Served on a bed of crushed potato and a soy reduction and spring onion.

### SEAFOOD PAELLA 125

Mixed seafood lightly sautéed in fresh chilli, garlic, onion, tomato and fried rice with fresh coriander.

### SEAFOOD PLATTER 380

Crayfish, grilled linefish, langoustines, steamed mussels in garlic and white wine cream, deep-fried calamari strips and Queen prawns. Served with fragrant rice and chips and 3 sauces.

For 1 Person 380  
For 2 People 695

### CRAYFISH THERMIDOR 295

600gr grilled crayfish smothered in our famous mushroom sauce and topped with gratinated cheese. Served with fragrant rice and chips.



## MEAT & GRILLS

*Steaks are served with roasted vegetables & potato.*

### SIRLOIN STEAK 105/135

250gr/350gr.

### BEEF FILLET 149/179

250gr/350gr.

### T-BONE STEAK 149

500gr.



### BBQ RIBS 149

700gr pork ribs, served with chips.

### ½ PORTUGUESE CHICKEN 108

Spicy peri-peri chicken (half), chargrilled to succulent tenderness. Served with chips.

### DURBAN LAMB CURRY 138

Rich and infused with aromatic spices and cooked to perfection. Served with Basmati rice, papadums and sambals.

### FILLET PARMESETAN 159

250gr beef fillet, smothered with a Parmesan, garlic and cream sauce and fresh rocket. Served with roasted vegetables and potato.

### OSTRICH FILLET 169

Grilled and topped with preserved balsamic fig and Gorgonzola. Served with roasted vegetables and potato.





*Thin based, handmade pizzas from our woodfired oven.*

**MARGHERITA (V)** 69

Tomato, Mozzarella

**REGINA** 89

Ham, mushroom and onion

**MEXICANA** 92

Spicy minced beef with onion and bell peppers

**PEPPERONI** 92

Salami, peppers and olives

**CALIFORNIA** 96

Bacon, feta and avocado (seasonal)

**PROSCIUTTO** 105

Parma ham, rocket and cherry tomatoes

**please note**

*Our pizzas are made separately from our other menu items and best enjoyed fresh from the oven. Pizzas are served when ready.*

==== EAT  
WITH YOUR  
[ Heart ]

*kiddies*

**FISH & CHIPS** 44

**CALAMARI & CHIPS** 44

**TOasted SANDWICHES** 35  
Ham/Cheese/Tomato

**KIDDIES PIZZA,** 35/39  
Margherita/Hawaiian

**RIBS** 65

**HOMEMADE CHICKEN NUGGETS** 41

**KIDDIES ICE CREAM  
AND CHOCOLATE SAUCE** 30

**MILKSHAKES** 18  
Vanilla/Strawberry/Chocolate

**FRUITINA SLUSH** 16

• SIDE ORDERS •

Roasted vegetables  
Rocket salad  
Cajun potato wedges  
Spinach & Cannellini beans  
Chips  
Fragrant rice  
Onion rings  
Sautéed mushrooms  
Greek salad

20



S A U C E S

Mushroom, thyme & white wine  
Brandy Madagascar pepper  
Lemon butter  
Garlic cream butter  
BBQ  
Homemade peri-peri  
Gorgonzola cream

20

*desserts*

**DUTCH APPLE AND ALMOND PIE** 44

**CHOCOLATE AND  
PECAN NUT BROWNIE** 44

**BAKED RASPBERRY CHEESECAKE** 49

**CHOCOLATE FONDANT** 55

**VANILLA ICE CREAM AND  
CHOCOLATE SAUCE** 45

**DOM PEDRO** 28  
Kahlua, Amarula, peppermint, whiskey

**IRISH COFFEE** 35

