

✦ Massimo's vegan menu ✦

Spuntini tapas

- warm -

Patate brave - Spanish style fried potatoes with spicy tomato sauce 39

Green beans - pan-fried with crunchy garlic breadcrumbs & chili 38

♥ Baby spinach - pan fried with toasted pine nuts, raisins, garlic 55

Flamenco - Spanish style cauliflower deep fried with chick pea flour and paprika and served with capers and red wine vinegar 42

- cold -

Olives - bowl of quality local marinated olives in oil with rosemary & lemon 36

Caprese - vegan mozzarella, tomato, avocado, basil oil 58

♥ Mamma Eleana's giardiniera - preserved vegetables in a piquant tomato sauce 42

Carciofi alla romana - imported marinated baby artichokes 74

♥ Belladonna - grilled aubergines, basil, mint, garlic, marinated & preserved with olive oil 62

♥ A Fagiolo - borlotti beans with wild mushrooms, onions & herbs marinated in olive oil 49

Tasting plate - any 3 tapas for only R100

Salads

Bella - oven roasted vegetables, coriander & lime marinated chick peas, rocket, baby spinach, avo 88

Isola - spiced roasted veg, olives, vegan mozzarella, greens & toasted seeds with French dressing 94

House green (side) salad - baby spinach, rocket, mixed greens, cucumber, tomatoes, home-made French dressing 33

new!

Melanzane Parmigiana 90

vegan wines

Miss Molly MCC, House red, Doolhof, Eikendal, Seven Springs, Robert Alexander, Painted wolf, Vondeling

Pizzas

choose Focaccia (rosemary & olive oil) OR Tomato (tomato & olive oil) and then any of these tried and tested options:

Margherita 75

vegan mozzarella, fresh basil, basil infused olive oil

Uno 72

oven roasted vegetables, artichokes, olives (no cheese)

Due 75

zucchini ribbons, cherry tomatoes, red onions, rocket (no cheese)

Tre 73

chili, capers, rocket, avocado (no cheese)

Quattro 78

baby spinach, pine nuts, roasted garlic, mushrooms, balsamic reduction (no cheese)

make it cheesy with vegan mozzarella 35

our regular pizzas are made with GMO free Eureka Mills stone-ground unbleached flour, they contain only flour, water, yeast & salt

gluten free vegan option also available - ask for a home-made farinata base 22 (soft, not crunchy, chickpea flour, olive oil & water)

— Also very good eaten on it's own —

Pastas

Napoletana - Italian tomatoes, onion, celery, carrots, garlic, basil 76/58

Nirvana - parsley, oregano, sage, basil, garlic, spicy breadcrumbs, olive oil 70/90

Fiore - napoletana sauce, chili, garlic, capers, olives & parsley 80/64

Toto' - garlic, olive oil & fresh chili, cherry tomato, capers 82/65

Arrabbiata - Napoletana, chili, garlic 80/64

our imported Italian pasta contains no animal or dairy products

Choose half or full portion - Ask for long or short pasta - Wheat free (corn) pasta (vegan, non GMO) takes a bit longer, add 12 Extra freshly chopped chili or garlic on the side 6

Ice-cream with sauce 45

Cappuccino/Latte with almond milk 30

any coffee plus side almond milk add 6