

>>the fat fish<< **WINE LIST**

**It is my hope that this wine list is as dynamic as the menu.
Filled with liquid treasure that will enhance your dining
experience, your meal or even the company!**

The Fat Fish wine list will always be a work in progress. Wine estates constantly introduce new ranges and release special reserves. Seasons change and one vintage will outperform the next. We hope to showcase the diverse wine regions and wine-making styles that our country has to offer and we're proud to now introduce wines from the Plettenberg Bay region. The pioneering spirit and passion of land owners and growers are evident in the wonderful wines of this region.

Please read through our Plettenberg Bay Wine Guide as these wine farms not only have wine to offer but also an array of restaurants and activities that will make your visit to this area a memorable one. A number of these wines have been chosen because they are benchmark wines from well-established estates with highly respected winemakers. Some, because the current vintage has excelled, but many because I have tried them and enjoyed them.

Wine is subjective. Many times a bottle of wine has been enjoyed in a particular environment only to be tried again and discovered that it really was not that appealing. It is our mission to ensure that you enjoy every last drop no matter what the wine or the occasion.

Opinions abound. Put ten regular folks in a room and ask them to discern the inherent characteristics of a wine and you will get ten different answers and all of them would be right. My personal belief is that we overanalyse wine and often remove the simple pleasure that it is meant to bring. Sometimes we should drink it just because it's lekker!!!

Yours in liberating the bottom of the bottle!

Susie Fish

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WINE BY THE GLASS SPARKLING WINE & MCC

SPARKLING WINE R35

Bonnievale Sauvignon Blanc Brut NV

MÉTHODE CAP CLASSIQUE R70

Bartinney Brut Savage MCC



WINE BY THE GLASS WHITE & ROSÉ

SAUVIGNON BLANC

Franschhoek Cellar Sauvignon Blanc R40

Allée Bleue Sauvignon Blanc R45

CHARDONNAY

Vriesenhof Unwooded Chardonnay R50

Edgebaston Chardonnay R60

CHENIN BLANC

Alvi's Drift Chenin Blanc R35

Raats Original Chenin Blanc R55

DRY WHITE BLEND

Nabygelegen Lady Anna R40

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Anthonij Rupert Terra Del Capo R38

SEMI-SWEET WINE

Bon Courage Special Late Harvest R35

ROSÉ

Waterford Rose Mary R56



WINE BY THE GLASS RED WINES

CABERNET SAUVIGNON

Porcupine Ridge Cabernet Sauvignon R40

Stellenrust Cabernet Sauvignon R40

MERLOT

MAN Jan Fiskaal Merlot R40

SHIRAZ

Bonnievale Shiraz

Delaire Graff Shiraz

R38

R60

PINOTAGE

Allée Bleue Starlette Pinotage

R35

PINOT NOIR

La Vierge Seduction

R50

RED BLEND

Waterford Pecan Stream Pebble Hill Red

Blend: Shiraz, Mourvèdre, Tempranillo, Sangiovese & Merlot

R45



The Bartinney team believes that truly great wine begins in the vineyard and that a truly great vineyard is founded in a diverse and healthy ecological environment.

As custodians of the unique and diverse farm, fourth generation owners Rose and Michael Jordaan are on a mission to farm with the utmost respect for nature, conserving its bounty for generations to come. Spearheaded by owner Rose Jordaan, Bartinney is carbon neutral, pesticide and herbicide free and a WWF Conservation Champion since 2009.

All invasive alien trees have been removed, replaced by 7,000 endemic trees. Re-established native fynbos provides nature corridors and habitats, encouraging the movement of endemic wild animals and insect species. Back in abundance is rich biodiversity, including porcupines, Cape silver foxes, honey badgers and leopards. This approach does not stop at the farm gates. Rose is a founding member and trustee of the Banhoek Conservancy, whose goal is to socially and environmentally improve the valley.

WWF CONSERVATION CHAMPIONS

With 95% of wine-growing taking place in the unique habitat of the Cape winelands, WWF participates in a pioneering partnership between the South African wine industry and the conservation sector.

To promote awareness and participation in driving conservation-minded farming practices, the Biodiversity and Wine Initiative (BWI) was established in 2004 using a voluntary membership model. It has since received international recognition for the South African wine industry as leaders of the global wine sector in demonstrating the balance between nature and farming.

The Biodiversity and Wine Initiative is focussed on:

- 1. Minimising the loss of threatened natural habitat in the Cape winelands;*
- 2. Increasing the total area of well-managed natural habitat set aside in contractually protected areas;*
- 3. Promoting changes in farming practices that enhance the suitability of vineyards for biodiversity and reducing farming practices and their impact on biodiversity, both in vineyards and surrounding natural areas;*
- 4. Positioning the biodiversity of the Succulent Karoo and Cape Floral Kingdom – and industry's proactive stance to environmental sustainability and conservation – as a unique selling point.*

Those who have attained WWF's Conservation Champion status, can use the striking logo of the sugarbird on the protea on their wine bottles. Consumers can look out for this logo which encapsulates the symbiosis of nature and acknowledges these producers as environmental industry leaders.



CHAMPAGNE

BOLLINGER SPECIAL CUVÉE NV R1370

Chef de Cave: Gilles Descôtes

Quintessential expression of the Bollinger style. On average, 85% of the grapes come from Premiers and Grand Crus in Champagne. The blend consists on average of 60% Pinot Noir, 25% Chardonnay and 15% Pinot Meunier, harvested from 164 hectares. Special Cuvée matures for a minimum of three years in Bollinger's cellars prior to release.

MÉTHODE CAP CLASSIQUE & SPARKLING WINES

BONNIEVALE SAUVIGNON BLANC BRUT NV SPARKLING WINE R145

per glass R35

Wine of Origin: Robertson

Typical Sauvignon Blanc flavours. Crisp fresh tropical fruit undertones. An elegant, fruity, sparkling wine. Crisp and fresh with a lingering aftertaste.

BARTINNEY BRUT SAVAGE MCC R295

per glass R70.00



Wine of Origin: Banghoek / Stellenbosch

WWF Conservation Champion

Predominantly Chardonnay, this gem of a bubbly has spent three years on the lees making it medium bodied with an attractive creamy textured mousse. It is distinctly dry and so enhances the yeastiness and sensation of baked apples in the mid palate.

PLETTENVALE BRUT ROSÉ NV MCC R345

Wine of Origin: Plettenberg Bay

Exquisite tint of salmon pink colour, with delicate hints of strawberry followed on the palate by a crisp fresh zest and vivacious cascading fine mousse. The complexity of Pinot Noir and elegance of Chardonnay plus extra time sur lie, results in the rich flavour with a long finish.

GRAHAM BECK BRUT NV MCC R355



Wine of Origin: Western Cape

Light yeasty aromas and secondary tones of limey fresh fruit on the nose with rich creamy complexity on the palate. The exceptionally fine mousse contributes freshness and finesse.

VILLIERA MONRO BRUT MCC 2009 R495**Wine of Origin:** Stellenbosch

One of South Africa's most reliable Méthode Cap Classiques. Rich, creamy, yeasty nose, with a full ripe toasty flavour on the middle palate developing finesse and complexity on the aftertaste. A serious MCC that will not disappoint!

SAUVIGNON BLANC**FRANSCHHOEK CELLAR SAUVIGNON BLANC R140**per glass **R40**

Wine of Origin: Western Cape / Franschhoek / Coastal
Tangy cool climate tropical and citrus-centred aromas with a pure graceful core of gentle ripe fig, grapefruit and pineapple balanced by a lively acidity that follows through to a fresh finish of pleasing length.

ALLÉE BLEUE SAUVIGNON BLANC R165per glass **R45****Wine of Origin:** Franschhoek

This wine has a vibrant green hue. Abundant green pepper flavours are beautifully followed by hints of tropical fruit. Flavours of mango and peach linger on the palate. The fresh acidity and balanced sugar give this wine finesse.

VONDELING SAUVIGNON BLANC R175**Wine of Origin:** Voor-Paardeberg / Paarl

A pale straw colour with a slight green edge. Rich bouquet with floral perfume and passion fruit well-balanced by a fresh amount of capsicum and kiwi fruit. The aromas on the nose carry through to a fruit-driven palate with a subtle zing, some flintiness and the lingering taste of guava.

LA MOTTE SAUVIGNON BLANC R195**Wine of Origin:** Western Cape / Franschhoek / South Cape Coast

The year will be remembered for water restrictions and critical drought conditions. Still, no heat-waves were experienced, and there is the promise of good quality. The wine shows fruit flavours such as pineapple, green apple and lemon. Although the wine was made in a dry, fresh apéritif style, it is medium full in spite of lower residual sugar.

LUKA SAUVIGNON BLANC R205**Wine of Origin:** Plettenberg Bay

This complex cool climate Sauvignon Blanc displays nuances of tropical green fig and green melon with a mouth-watering crisp limey finish, guaranteed to make you reach for another bottle.

FRYER'S COVE DORING BAY SAUVIGNON BLANC**R235****Wine of Origin:** Western Cape / Bamboes Bay

Vibrant colour with a green tinge. Distinct tropical fruit aromas with green undertones and youngberry fruit. The palate is crisp and refreshingly dry without being acidic. It shows touches of passionfruit and delicious depth with a lingering tropical fruit finish.

WATERFORD ELGIN SAUVIGNON BLANC R255**Wine of Origin:** Elginff

A very focussed style of Sauvignon Blanc; fresh granadilla and green apple fruit, underlying chalk and slate notes confirming the Elgin origin. The palate is finely textured with crisp fruit, fresh natural acidity, and a long finish of flavours. A true expression of Elgin terroir.

IONA SAUVIGNON BLANC R330**Wine of Origin:** Elgin

Fragrance of pure white grapefruit, tropical fruit, ripe gooseberry and fleshy kiwi fruit overlay Iona's distinctive herbal and floral undertones. The palate is balanced showing cut green apples and lime marmalade followed by great minerality and length.

GHOST CORNER WILD FERMENT SAUVIGNON BLANC (Gently Wooded) R395**Wine of Origin:** Elim

Naturally fermented Sauvignon Blanc. Enticing aromas of fleshy white pear and quince with an illusion of sweetness. Ten months barrel maturation gives a creamy, full palate with beautiful length.



Edgebaston
FINLAYSON 

Edgebaston wines are made by David Finlayson on the Finlayson family vineyards in Stellenbosch. The range of wines is made to reflect the personality and winemaking philosophy of the region and the Finlayson family. Quality and a holistic approach to the production of our wines is our ethos. We strive to farm the land, grow the grapes and make the wine in an environmentally friendly manner whilst ensuring that each wine is world class.

CHARDONNAY

VRIESENHOF UNWOODED CHARDONNAY R190
per glass R50

Wine of Origin: Stellenbosch / Piekenierskloof
A wonderfully light and refreshing unwooded Chardonnay bursting with fruit. Floral notes with a hint of marzipan, lemon zest and dried pear. Green apple and minerality on the finish.

EDGECASTON CHARDONNAY R215
per glass R60

Wine of Origin: Stellenbosch / Coastal / Western Cape
The wine shows an elegant minerality with lime-citrus, sourdough and cinnamon flavours. A floral note of wild, white flowers such as frangipani and almond blossom is obvious on the nose and follows through on the palate. 50% in new French oak barrels with portions in second and third fill barrels. 10% is fermented in Nombloot egg.

LA VIERGE JEZEBELLE R280

Wine of Origin:
Hemel-en-Aarde Ridge / Cape South Coast
The vines are planted on a variation of shale and clay soils. The wine therefore expresses the zip and texture of the clay on the palate and aromatic lime, white floral and stone fruit, mineral character on the nose. The deliciousness of the wine is enhanced by gentle deft oaking.

JORDAN BARREL-FERMENTED CHARDONNAY R360

Wine of Origin: Stellenbosch
There is very little that this wonderful estate cannot produce well. One of my favourite Chardonnays. As described – a powerful expression of Chardonnay, brimming with fruit flavour and elegance. A buttery toastiness from the oak rounds off the complex hazelnut and citrus flavour.

CHENIN BLANC

ALVI'S DRIFT CHENIN BLANC R120
per glass R35

Wine of Origin: Worcester
A light straw colour, full-bodied yet elegant. The wine is very viscous, giving it a wonderful mouthfeel and texture. Primary fruit flavours of passionfruit and ripe guavas dominate the nose and palate.

AA BADENHORST SECATEURS CHENIN BLANC

R170

Wine of Origin: Swartland / Swartland, Voor-Paardeberg / Western Cape

Classic old vine Chenin Blanc with pineapple, apple and cream nose. Vineyards were picked over 12 days with fresh juice added to the already fermenting tanks. Some of the juice is also fermented in older casks and big foudres.

RAATS ORIGINAL CHENIN BLANC R205
per glass R55

Wine of Origin: Stellenbosch

The wine has a distinctive yellow apple and pineapple core, alongside notes of green melon and limes. The wine is thus bursting with fresh fruit flavours and ends with zesty citrus flavours with a long mineral finish. This is a classic example of a Chenin Blanc made from older vines, grown in very specific soil types.

REMHOOGTE HONEYBUNCH CHENIN BLANC R390

Wine of Origin: Stellenbosch

The nose shows apricots, honeysuckle, a light nutty leesy character and flinty minerality. The palate is fresh and mineral with a zesty acidity. The ripe stone fruits and an element of honey bring balance. A wonderful food wine that pairs well with prawns or creamy fish dishes.

DRY WHITE BLENDS

NABYGELEGEN LADY ANNA R160
per glass R40

Wine of Origin: Wellington

A blend of Chenin Blanc, Sauvignon Blanc and Sémillon. Supple and elegant, this is a floral combination of Chenin's ripe melon flavours and Sauvignon's flinty mineral characters.

GROOTE POST THE OLD MAN'S BLEND R170

Wine of Origin: Darling / Coastal Region

Sauvignon Blanc-driven blend with 30% Chenin and a splash of Sémillon. A summer wine, displaying tropical fruit flavours. A lively acidity livens the palate with a finish of guava and green apple flavours.

HAUTE CABRIÈRE CHARDONNAY / PINOT NOIR R215

Wine of Origin: Western Cape / Franschhoek

This enticing blend of Chardonnay and Pinot Noir shows elegant fruit underlined by firm acidity. You will find an abundance of zesty fruit – most notably white peach, litchi and red fruit – with a delectable full mouthfeel and balance.

LODESTONE SAUVIGNON BLANC / R215 SÉMILLON

Wine of Origin: Plettenberg Bay

This wine combines the vibrant acidity and grassy aromas of Sauvignon Blanc with the structure and mouthfeel of a barrel-fermented Sémillon, to provide freshness on the palate, strong fruit flavours and an elegant finish.

SIJN WHITE CHENIN BLANC / R370 VIognier / ROUSSANNE

Wine of Origin: Malgas

Bright yellow colour. A larger Viognier component contributes to greater richness. Lovely forthcoming nose of peach pith, lemon curd and spiced honey and a little salty herbal character. Full and rich with enough spine to offer good maturation potential. Ideal with rich seafood dishes.

WHITE VARIETALS

PINOT GRIGIO ANTHONIJ RUPERT TERRA DEL CAPO per glass R38

R140



Wine of Origin: Western Cape

Subtle whiffs of lemon, orange leaf, peach and stone fruit tempt the nose. The palate offers tangy and succulent notes of peach and nectarine fruit, along with some lemon freshness. Rounded yet juicy, and refreshing with a delightful jujube tail.

GEWÜRZTRAMINER PAUL CLUVER GEWÜRZTRAMINER R240

Wine of Origin: Elgin

The nose is a surprising combination of rose petal, litchi, cucumber, summer melon and mango. It is deliciously fresh on the palate with a lovely lime and lemongrass finish. The aromatics and residual sugar of this wine make it an ideal partner with spicy food.

VIognier BABYLONSTOREN VIognier R265

R265

Wine of Origin: Paarl

The mouthfeel is round and creamy from the 30% well-integrated French oak (7 months). A floral nose and lime zest finish complete the perfect balance. Showcases layers of fresh pear and peaches with dried apricot and blossom aromas. The wood contributes to depth, although not strongly noticeable. Matched best with complex flavours like shellfish dishes or any type of spicy or curry dish.

RIESLING DE WETSHOF RHINE RIESLING R265

Wine of Origin: Robertson

The De Wetshof Estate Riesling is crisp and delicate. The nose and palate are abundantly complex with a typically spicy deep fruity flavour. Ideal with crisp salads, oysters and plain grilled seafood.

MUSCAT D'ALEXANDRIE B VINTNERS DE ALEXANDRIA NV R295

Wine of Origin: Stellenbosch

The unique nose of rose petals and orange blossom perfume, is well balanced with lime, litchi and pear. The delicate palate shows subtle tangerine that lingers. Fresh acidity caresses the palate and gives length to this special wine.

MARSANNE BELLINGHAM THE BERNARD SERIES R330

Wine of Origin: Voor-Paardeberg

A fascinating wine with a graceful hint of spice, nutty and buttered toast aromas. On the palate quince and pear with well-balanced acidity and minerality on the aftertaste. A white wine that delivers vibrant fruit and bracing freshness. A fantastic food wine with power and weight to add complexity with a wide variety of flavours.



Anthonij Rupert Wyne was founded on the farm, L'Ormarins in Franschhoek. Originally owned by the late Anthonij Rupert, who passed away in 2001, the farm was eventually taken over by his brother Johann Rupert in 2003 and the brand named after him. It was Johann Rupert who constructed a state-of-the-art winemaking facility, catapulting the farm into a prestigious wine estate and the beginnings of what is now a sprawling enterprise. The L'Ormarins Estate houses the Terra del Capo cellars, equipped with state-of-the-art machinery, gravity-fed cellars and a mechanical flywheel, the only one of its kind on the continent and responsible for the production of these award-winning wines. The precision and sense of detail is carried on to two exquisite tasting rooms located on the estate, each one dedicated to one of the popular wine ranges.

SEMI-SWEET & OFF-DRY WHITE

**BON COURAGE
SPECIAL LATE HARVEST** R145
per glass R35

Wine of Origin: Robertson

An elegant medium to full sweet white wine with delicate spicy and rose petal fragrances and a hint of botrytis. Turkish delight-like nose mingles with honeysuckle and jasmine. Slow flow across the palate with tropical fruit salad in the mouth. Rich and full mouthfeel with luscious, yet balanced finish with enough zesty acid to make whole mouth appear smooth and rounded rather than particularly sweet. Enjoy as a dessert on its own, with a selection of cheeses or with spicy curry and Thai food.

**ZANDVLIET NATURALLY SWEET
MUSCAT NV** R155

Wine of Origin: Robertson

This low alcohol (8%) natural sweet wine bursts with intense flavours of apricots, orange peel and rose petals, and hints of spice. These flavours follow through onto a smoothly balanced palate with a long, lingering aftertaste.



Waterford Estate is situated in the picturesque Blaauwklippen Valley, in the world-renowned Stellenbosch region. At Waterford Estate, we have chosen to use only half of the total 120 hectares of land for the planting of vines, in order to preserve and maintain the natural fauna and flora on the Estate.

The Waterford Way is to be prosperous. To flow with nature's cycles, seasons and chapters, and to achieve longevity by perpetuating what has worked before. You'll find the Waterford Way in the citrus, lavender and rosemary aromas that welcome you as you drive up to the entrance. You'll find it in the gravel that connects you to the earth, the sky above the Mediterranean courtyard where you sip our wine. Welcome to our world, where the passing of time and the change in seasons only add rich layers of character and charm to the scene.

DESSERT WINES

JAKKALSVLEI HANEPOOT NV

60ml glass R20

Wine of Origin: Western Cape / Herbertsdale / Calitzdorp

Soft on the tongue with a lingering Hanepoot character well-rounded with a fruity finish. Enjoy as an appetiser before meals or as a dessert.

**WATERFORD HEATHERLEIGH
FAMILY RESERVE NV**

60ml glass R40

375ml bottle R290

Wine of Origin: Stellenbosch

One of my favourite tipples. Lovely perfumed apricot and muscat characters. Following a back blending of barrels, Solera system, the wine has a wonderful infusion of depth, aged richness, and vibrant youth fullness. The wine is carefully blended and selected to achieve a low alcohol and low residual sugar content.

BEAUMONT GOUTTE D'OR

60ml glass R40

375ml bottle R300

Wine of Origin: Bot River

The Goutte D'Or has gone back to being 100% Chenin Blanc Noble Late Harvest. But still in the traditionally elegant, fresh and balanced style that has become a signature of our sweet wine. Fermented in 5 barrels and then matured for 12 months in oak.

ROSÉ

PLETTENVALE ROSÉ NV

R165

per glass R40

Wine of Origin: Plettenberg Bay

Exquisite tint of delicate salmon pink colour with a ripe fruit first impression and hints of strawberry and Turkish delight followed by a crisp fresh zest and a long-lasting, well-balanced flavourful finish. A perfect companion to seafood or any light meal.

WATERFORD ROSE MARY

R210

per glass R56

Wine of Origin: Stellenbosch / Elgin

Whole bunch pressing of various red grape varietals gives the wine a lovely transparent pink colour. The aroma is minerally driven with delicate raspberry fruit undertones. Natural acidity from different Mediterranean varietals add a lovely soft texture. Low-alcohol wine for crisp summer dishes.

CABERNET SAUVIGNON

PORCUPINE RIDGE CABERNET SAUVIGNON R145

per glass R40

Wine of Origin: Coastal Region

One of my favourite estates where Marc Kent, maverick winemaker, produces liquid gold! Voted as Platter's Winery of the Year for 2012, this estate just keeps getting better. Second label Porcupine Ridge shows wonderful finesse. A great wine at an excellent price!

STELLENRUST CABERNET SAUVIGNON R155

per glass R40

Wine of Origin: Stellenbosch

This wine offers blackcurrant, berry and black cherry flavours with an undertone of mint and mocha, well-rounded with elegant tannins and a refreshing acidity leaving good tannic grip.

BON COURAGE CABERNET SAUVIGNON R205

Wine of Origin: Robertson - Breede River Valley

This complex wine features rich flavours of fresh berries and a slight nuttiness. Ripe plum, strawberry and black cherry mingles with vanilla and peppery spice on the nose. Full-rounded mouth with clean toast oak backing. Rounded mouth moves into supple tannin finish.

FAIRVIEW CABERNET SAUVIGNON R240

Wine of Origin: Paarl / Coastal / Stellenbosch

Overwhelmingly popular and well-loved for its full-bodied plum and cassis flavours, integrated, not too obtrusive tannins, real depth, delicacy and length. Aromas of blackberry fruit, cedar and lavender.

STELLEKAYA CABERNET SAUVIGNON R280

Wine of Origin: Stellenbosch / Western Cape

An intense, full-bodied wine with cedar, blackcurrants and hints of cranberries. Well-balanced with sweet fruits and toasty characters. Good balance between fruit, acidity and wood character, ensuring good cellaring potential.

BARTINNEY CABERNET SAUVIGNON R350



Wine of Origin: Banghoek / Stellenbosch

Our Cabernet Sauvignon is truly a classic in style, with a rich aroma, up-front cassis, tobacco and pencil lead on the nose. Delicious rich plum and chocolate, are structured by firm, yet restrained tannins, which make way for an elegant finish.

MERLOT

MAN JAN FISKAAL MERLOT

per glass R40

R150

Wine of Origin: Paarl / Coastal / Stellenbosch

Dark berry fruit and subtle tannins make this classically styled Merlot an easy favourite. It's all here – the cigar box, mocha and chocolate flavours, plus soft gentle tannins and an elegant, long finish.

MIDDELVLEI MERLOT R195

Wine of Origin: Stellenbosch / Devon Valley

A wonderful family collaboration that has been going on for the better part of 90 years. Fruitcake and red and black berry aromas with hints of mocha. An elegant medium-bodied wine with concentrated flavours of plums and a soft, lingering finish.

RUSTENBERG STELLENBOSCH MERLOT R230

Wine of Origin: Simonsberg – Stellenbosch / Stellenbosch

This beautiful wine estate just keeps on providing unbelievable wines at very good value. The Stellenbosch Regional range is no exception. Rich aromas of blackberries, cassis, eucalyptus and dark chocolate follow through to a smooth palate that is both balanced and well rounded with fine grained tannins.

DE GRENDEL MERLOT R295

Wine of Origin: Durbanville / Coastal

A beautiful gem-like ruby colour with aromas of aniseed, cedar and liquorice, all carried through on the palate. French oak adds support and the texture is smooth and well-rounded, lingering a while to remind you of its balance and elegance.

THELEMA MERLOT R355

Wine of Origin: Stellenbosch / Elgin / Western Cape

The wine shows bright, red fruit and hints of spice on the nose, with concentrated flavours on the palate and soft, polished tannins. Hints of dark chocolate complete this wonderfully balanced wine.

VERGELEGEN RESERVE MERLOT R395

Wine of Origin: Stellenbosch / Western Cape

Ripe plum colour with a ruby rim. The nose shows ripe fruit flavours, black cherries, plum, spice and a touch of chocolate. The ripeness of the fruit is balanced by fresh fruit acidity with soft wood and fruit tannins. The aftertaste is long and lasting. I love this wine!



M·A·N
Family Wines

MAN is named after the three partners' wives: Marie, Anette and Nicky.

SHIRAZ

BONNIEVALE SHIRAZ R130
per glass R38

Wine of Origin: Bonnievale

Great value. A full-bodied wine with excellent spicy oak, creamy chocolate and toffee flavours. The wood contact adds complexity with a spicy nose, soft finish and no harsh tannins.

PERDEBERG SHIRAZ R175

Wine of Origin: Paarl / Coastal / Western Cape

A deep purple colour with plum, blackberry and white pepper flavours filling the glass. The intensity of the fruit carries through to the palate and fills one's mouth with dark, rich fruit flavours rounded off by well-managed oak. The aftertaste is long and integrated.

DELAIRE GRAFF SHIRAZ R225
per glass R60

Wine of Origin: Stellenbosch / Banhoek / Coastal

This juicy, ripe and approachable Shiraz with its ruby colour and purple tints has a spicy white pepper undertone as well as lavender and dark red fruit aromas of mulberries. It is characterised by versatility, demonstrating a smooth soft palate with a savoury finish.

DIEMERSDAL SHIRAZ R235

Wine of Origin: Durbanville / Philadelphia / Darling

The wine has a complex nose with overtones of black and white pepper, pomegranate, cigar box, cloves and spice. On the palate there is vibrant red fruit, blackcurrant and dark chocolate flavours, under-pinned by well-integrated oak with a long spicy finish.

MURATIE RONNIE MELCK SHIRAZ R295

Wine of Origin: Simonsberg – Stellenbosch / Stellenbosch / Western Cape

Bright and enticing, this deep ruby red wine has an abundance of spice on the nose – lots of black and white pepper with hints of dark chocolate and rich fruitcake. The palate has plenty of black plummy fruit with some prunes, smoked meats and mulberry notes, all wrapped up in silky tannins with smoky spicy oak discreetly in the background.

KEVIN ARNOLD SHIRAZ

R395

Region of Origin: Stellenbosch

The single label Kevin Arnold Shiraz is a personal expression of the spice and mocha characters this grape shows in the Helderberg – Stellenbosch vineyards. Beautifully soft and velvety tannins make for a great and memorable glass of wine. Each vintage is dedicated to one of the Ord or Arnold children by carrying their name on the label.

PINOTAGE

ALLÉE BLEUE STARLETTE PINOTAGE R135
per glass R35

Wine of Origin: Franschhoek

Abundant strawberry and ripe cherry flavours on the nose. A slight hint of chocolate, liquorice and coffee gives added complexity. The palate is smooth and soft with beautiful berry fruit that lingers. Elegant tannin structure rounds off this accessible wine which will age well over the next 2-3 years.

VRIESENHOF PINOTAGE

R275

Wine of Origin: Stellenbosch / Piekenierskloof

Bright fruit with aromas of blueberries and raspberries on the nose. There is a delicate flavour of fresh red fruit and cherries on the palate and floral hints on the finish.

LONGRIDGE PINOTAGE

R325

Wine of Origin: Stellenbosch / Western Cape

An elegant, well-rounded wine with soft juicy tannins. The nose offers sweet spices, cassis and ripe berries, sugared orange peel, rooibos and a smoky charcuterie character which follows through onto the palate, with a long and lingering aftertaste.

RIJK'S PRIVATE CELLAR PINOTAGE R490

Wine of Origin: Tulbagh / Coastal

Rich and intense deep red colour. Vibrant nose of red fruit, brambleberry, ripe cherry and cranberry. These fruity aromas carry through onto a rich, creamy palate with well-balanced, refined tannins on the finish. The well-integrated oak lends subtle wood spices fruit.

PINOT NOIR

LA VIERGE SEDUCTION R215

per glass R50

Wine of Origin: Hemel-en-Aarde Ridge / Cape South Coast
A clear, bright red hue with a purple tint. The nose delivers ripe succulent raspberries and cherries with a hint of warm spiciness. The palate offers a seduction folded in waves of red fruit and savoury enticement.

IONA MR P PINOT NOIR R295

Wine of Origin: Elgin
Elegant, fresh cherry and red berry nose, with undergrowth mélange. The palate is pure with lovely texture and sweet cherry fruit dominates with spicy undertones. The wine is fresh and intense with real vibrancy.

PAUL CLUVER PINOT NOIR R430



Wine of Origin: Elgin
Andries believes that the essence of a great Pinot Noir is the purity of fruit and the structure of the wine. This wine has a lovely luminosity – the colour is bright plum skin. The nose has delicate earthy almond aromas combined with cranberry, pomegranate and raspberries. On the palate these characteristics follow through combining with interesting seaweed, umami savoury flavours.

RED BLENDS

WATERFORD PECAN STREAM R175

PEBBLE HILL

per glass R45

Wine of Origin: Stellenbosch / Elgin / Coastal
Blend: Shiraz, Mourvèdre, Tempranillo, Sangiovese & Merlot
A unique blend with the use of Italian and Spanish varietals. Shiraz lead, the wine shows off forward fruit aromatics of violet, cherries and liquorice accompanied by notes of classical cigar box spice. The palate follows with abundant dark red fruit and a classic tannin structure, finishing with balanced natural acidity.

RAATS FAMILY WINES RED JASPER R325

Wine of Origin: Stellenbosch
Blend: Cabernet Franc, Cabernet Sauvignon, Petit Verdot, Merlot and Malbec
Exceptionally intense and complex on the nose with blackberry, black cherry and bramble and subtle hints of forest floor, dark chocolate, aniseed and spicy tobacco following through onto a perfectly balanced, fine-grained, velvety palate. The finish lingers with hints of fresh mint, cinnamon and perfume.

AA BADENHORST SECATEURS

R215

Wine of Origin: Malmesbury

Blend: Cinsaut, Shiraz, Grenache, Mourvèdre & Pinotage

A mostly Cinsaut-driven blend with Shiraz, Grenache, Mourvèdre and Pinotage filling in the gaps. Peppery, spicy and smoky aromas followed by soft tannins making this wine supple and smooth. While Adi Badenhorst is described as a bit of jester, his wines are not. Drink it at the risk of ordering another.

CEDERBERG MERLOT / SHIRAZ

R220

Wine of Origin: Cederberg

Blend: Merlot and Shiraz

A fantastic blend of 69% Merlot and 31% Shiraz. Sweet plums and blackcurrants from the Merlot and cherries and spice from the Shiraz. A wine that is very accessible and smooth with fruity flavours lingering on the palate. This red blend is a must and suited to rich game dishes.

BABYLONSTOREN BABEL RED

R300

Wine of Origin: Simonsberg – Paarl / Western Cape

Blend: Shiraz, Cabernet Sauvignon, Merlot, Cabernet Franc, Malbec and Petit Verdot.

A fusion of red berry and chocolate flavours with a chewy mouthfeel and juicy, lingering finish. Pencil shavings, liquorice and sweet tobacco with fynbos and dark cherry chocolate on the nose. Best served with rack of lamb or a good piece of beef.

BALEIA SEBASTIAN

R345

Wine of Origin: Cape South Coast – Vermaaklikheid

Blend: Tempranillo, Syrah and Pinot Noir

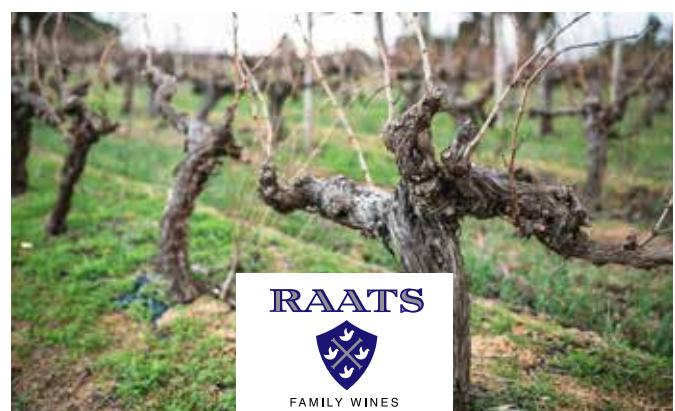
This blend is a complex wine with spicy and black pepper bouquet with hints of red berries. The palate shows smoky and spicy flavours with a lingering finish of ripe fruits.

MORGENSTER TOSCA

R460

Wine of Origin: Helderberg

Blend: 60% Sangiovese, 20% Merlot and 20% Cabernet Sauvignon
Typical Sangiovese warmth and elegance with silky tannins and elegant structure ensuring that this wine, which is still in its infancy, will be gorgeous with years to come. The wine offers a long-lasting sensation.



RAATS
FAMILY WINES

OTHER FANTASTIC RED VARIETALS

CABERNET FRANC RAATS DOLOMITE CABERNET FRANC

R270

Wine of Origin: Stellenbosch

The nose character of Cape fynbos, rosemary, lavender and thyme with spicy notes of nutmeg, cloves and star anise. Intense brooding blackberry fruit, graphite and a streak of minerality add to the complexity of the nose. The palate is dominated by blueberry, mulberry, brambles, dark cherries and liquorice. The palate is complex and textured with silky tannins balancing the dark berry fruit. Blue- and blackberries dominate the smooth finish with hints of dark chocolate.

MALBEC ANURA MALBEC

R335

Region of Origin: Simonsberg - Paarl

Sweet plums, mulberry and marzipan aromas with a rich mouthfeel and a long, smooth finish underlined by liquorice spice and dried peach tones. Wonderfully paired with grilled meats, rich tomato-based dishes and stews, or can also be enjoyed with a mature cheese board and sweet preserves.

grenache VRIESENHOF GRENACHE

R460

Wine of Origin: Stellenbosch

Beautiful aromatics of raspberry and strawberries with a slight savoury note. On the palate the wine displays characteristics of sweet maraschino cherries and blueberries with white pepper on the finish.

tempranillo BALEIA TEMPRANILLO

R255

Wine of Origin: Cape South Coast – Vermaaklikheid

Blackcurrant and dark cherries, complemented on the palate by a nutty, spicy flavour which evolves onto savoury notes. Refreshing, with a lingering finish.

TOURIGA NACIONAL SIJNN TOURIGA NACIONAL

R375

Wine of Origin: Malgas

The Sijnn vineyard is situated between Malgas and Cape Infanta, 15km from the sea. The terroir and climate are ideal for Touriga Nacional and this is why David Trafford has produced such a fine example. It has a distinctive slate, blackberry, violet and spicy nose followed by well integrated oak, set off by strong tannins and a full body. Some wines you amble through, this wine is an adventure!

BARBERA ALTYDGEDACHT BARBERA

R280

Wine of Origin: Durbanville

Made from a traditional northern Italian variety, this wine has a rich red colour with the nose exuding dark fruit and toasted oak aromas. The velvety entry on the palate is rounded off with varietal fruit flavours and oaky sweetness. The elegant tannin structure is a hallmark of the cooler Durbanville winegrowing region.

SANGIOVESE STELLEKAYA HERCULES

R245

Wine of Origin: Stellenbosch

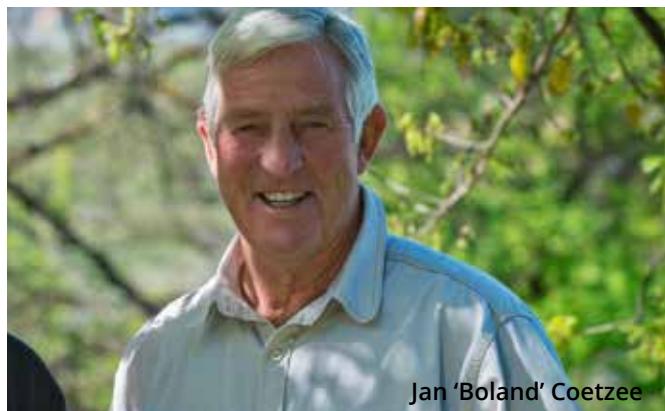
A medium-bodied red wine with rustic characters, dry cherry tomatoes and hints of earthiness. Good natural acidity and tannin structure with a follow through of cherry flavours.



THE VRIESENHOF WAY

Wine is not only the memory of terroir, but also the expression of place. However, it changes from vintage to vintage – an ever-evolving memory adding not only to the history of the place, but also to the relationship between nature and man. Every vintage is a true reflection of the triumphs and struggles of each growing season, but also the excitement of what that vintage can bring.

In the words of legendary Australian winemaker, Jack Mann: Nature creates, man only guides.”



Jan 'Boland' Coetzee

CAPE VINTAGE

PETER BAYLY CAPE WHITE NV

60ml glass R40

Wine of Origin: Calitzdorp

A shy bouquet of roasted almonds, crushed oats and hints of orange blossom and lemon rind, unfolds into an ethereal, complex and lengthy palate. Peach pip, dried apricot, Seville marmalade, roasted almonds and hints of spice taunt the senses, while the port ends with a characteristically dry finish.

DE KRANS CAPE VINTAGE 2013

60ml glass R30

Wine of Origin: Calitzdorp / Western Cape / Klein Karoo

Very aromatic nose of ripe red berries and cherries, stewed prunes and dark chocolate. A big wine full of ripe dark fruit notes of plum, mulberry and blackcurrants. Well-rounded with smooth dark chocolate undertones and firm tannins.

PETER BAYLY CAPE VINTAGE 2010

60ml glass R40

Wine of Origin: Calitzdorp

A pitch-black centre and garnet-hued rim invites one into a bouquet bursting with aromas of black hedgerow fruits, plum, fynbos, mulling spices and undertones of new leather, cocoa, liquorice and brandied apricots. Black cherry, macerated brambles, plums, cracked pepper and all-spice all vie for attention from the taste buds. The palate is complex and the finish is dry and endless with the lingering twang of liquorice and spicy brandied fruits.



·ALLÉE BLEUE·

Allée Bleue offers visitors a unique experience – world-class wines, fruit and herbs, stunning event and conference venues, a bistro and picnic venue, a fresh produce shop, warm hospitality, historic charm and contemporary art, surrounded by the breathtaking scenery of the Franschhoek Valley. The Dauphin family have set the benchmark with Allée Bleue – an unparalleled location, elegant yet modern. An exceptional estate creating unforgettable memories.



WHAT DOES THE CERTIFICATION SEAL ON A SOUTH AFRICAN BOTTLE OF WINE MEAN?



A certification seal appears on each container of wine or estate brandy which has been certified by the Wine and Spirit Board.

This seal is a guarantee of origin, vintage and variety as stated on the wine label. In addition, the South African wine industry has become a world leader in production integrity, an important dimension of which is the focus on sustainability through the Integrated Production of Wine (IPW) scheme, an industry-wide, technical system of sustainable wine production. Compliance with the scheme provides buyers with a guarantee that grape production was undertaken with due consideration of the environment, and that the wine was produced in an environmentally responsible manner and is safe for the consumer.

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WINE-GROWING REGIONS OF PLETTENBERG BAY

This map provides a detailed view of the Plett Wine-growing Region, located in the Overberg area of the Western Cape. It shows the coastline, major roads, and various wine estates. Key locations include Plett, Winelands, Koonap, Koonap Nature Reserve, Koonap River, Koonap Beach, Old Koonap Village, Groot River, Groot River Pass, Groot River Mouth, Tsitsikamma, and Port Elizabeth. The map also includes information on activities like golf, hiking, and whale watching, as well as local amenities like airports, beaches, and tourist offices. A compass rose and a scale bar (0-10 km) are included. A QR code is at the bottom right.

plett
it's a feeling!

ACTIVITIES

- Adventure activity
- Angling
- Animal encounter
- Biking trails
- Bird watching
- Boating
- Braai & picnic areas
- Diving
- Elephant viewing
- Golf
- Hiking
- Kayaking / canoeing
- Land art
- Polo
- Shopping
- Surfing
- Swimming
- Township tour
- Whale & dolphin watching
- Wine cellar
- Wine Estate / vineyard
- Wine tasting

AMENITIES

- Airport
- Blue Flag beach
- Community centre
- Hospital / clinic
- Library
- Lookout point
- Petrol station
- Tourism Information office

>>thefatfish> GIN COLLECTION

This quintessential British spirit once derided by William Hogarth as being the scourge of 18th-century society has surged in popularity in recent years and South Africa is producing some of the best craft gins available.

Using a host of indigenous botanicals, our local gins are as unique as our world-renowned wines, each showcasing distinct local flavours, fascinating background stories and some of the most beautiful packaging imaginable.

Our current selection of available gins includes old-time favourites and an intriguing introduction to some of the best our very own region has to offer. Do yourself a favour and don't drown these beauties in tonic. A few blocks of ice and a dash of tonic are all you need to fully appreciate their subtle flavours.

INTERNATIONAL OFFERING

GORDON'S LONDON DRY GIN R15

A distinctively refreshing taste which comes from the finest hand-picked juniper berries and a selection of other botanicals. It's the taste that has made Gordon's the world's best-selling London Dry Gin.

TANQUERAY LONDON DRY GIN R20

Another classic London Dry Gin, Tanqueray's recipe is a closely guarded secret but is known to contain the following four botanicals – juniper, coriander, angelica root and liquorice. It's a bold spirit worthy of its seal and 180 years of distilling excellence.

WHITLEY NEILL PROTEA & HIBISCUS GIN R25

Whitley Neill's small-batch gins may be inspired by Africa but they are crafted in one of England's oldest distilleries. The Protea and Hibiscus Gin is, however, exclusively available in South Africa. The two flavours combine to bring a distinctive floral note and create a smooth gin with a unique and remarkable taste echoing that of the majestic beauty of these two flowers.



SOUTH AFRICAN CRAFT GIN SELECTION

INVERROCHE CLASSIC GIN per single R30

Rose-like floral notes emerge along with more assertive perfumed florals brought back by citrus, catching it just before it becomes overwhelming and returning it into safer gin flavours. The aromas are not typical gin florals either – much more exotic and intriguing.



INVERROCHE AMBER GIN per single R30

Rooibos tea flavours emerge with hints of sweet toffee apples giving way to delicate florals. The spice returns and the finish is dry and woody offering fantastic depth.



BLACK MOUNTAIN GIN per single R22

This is a gin that keeps on giving. The bouquet has a Turkish delight perfume with citrus, wild lavender and juniper. The palate has a soft entry. This is an exceptionally smooth gin. Rich mouthfeel led by juniper, warm spice and grapefruit. A lingering aftertaste with prominent liquorice and aniseed flavours.



SIX DOGS KAROO GIN per single tot R25

Six Dogs Karoo Gin is a unique and delicate gin of 12 select botanicals, distilled and bottled at the Six Dogs Distillery nestled between the Breede River Valley and the Hex River Valley at the fringe of the Karoo. Ingredients, many of which are grown on the farm, include the Karoo thorn flower and wild lavender which make this gin unique. Paired notes of juniper and wild lavender introduce the Karoo followed by a fresh medley of citrus including limes, Clement-Gold and farm-grown lemon buchu. Cassia, chamomile and angelica bind the heart of the gin while the delicate flower of the acacia thorn adds a top note of soft sweetness.



BLOEDLEMOEN GIN per single R30

Bloedlemoen (Blood orange) is a handcrafted, small-batch gin made from a meticulous selection of ten natural botanicals including juniper, blood orange, orange peel, grains of paradise, coriander, cassia, nutmeg, liquorice root, angelica root and nutmeg. The nose is led by citrus notes, light juniper and spicy floral nuances. Label illustration by the world-renowned miniatures artist, Lorraine Loots.

MUSGRAVE PINK GIN

per single R35

Musgrave Pink celebrates the flower of love and passion and beauty with the source of the rose, rosehip, which complements the original Musgrave's spicy nature. It is then infused with rose water for its timeless perfume. Beautifully presented and expertly crafted, it almost seems a shame to have to drink this one! Silver winner at the recent International Wine and Spirit Competition.



CLEMENGOLD GIN

per single R35

The sweet and sun-ripened essence of ClemenGold, SA's leading mandarin, now treats gin aficionados to a classic Cape Dry Style Gin with subtle hints of citrus. Nine botanicals – with sundried ClemenGold peels taking the flavour lead – are used when distilling this superb gin in the heart of Cape Town. ClemenGold and orange peel, cinnamon, honey, ground almond, juniper berries, angelica and orris root, and coriander are macerated and vapour-infused.



WILDERER GIN

per single R35

The finest wine spirits, unique fynbos botanicals, and the clearest spring water from the Franschhoek mountains, make this Cape Gin a true South African speciality. Crafted from a special selection of fynbos botanicals, roots and spices, including wild dagga, honeybush, buchu and devil's claw. Gold Winner at the International Spirits Awards 2016.



A MARI OCEAN GIN

per single R40

A Mari means 'from the sea' in Latin and this creation is distilled using Atlantic Sea water and Cape coastal botanicals. Citrus-forward with a fresh bouquet. The palate shows highlights of citrus merging into a mid-palate of rich florals and peppery spices with a long smooth finish and a slight minerality. Yet another one of South Africa's gins to win a silver at the International Wine and Spirit Competition.

>>the fat fish<<

SPIRITS & LIQUEURS

WHISKY

BELL'S	R18
THE FAMOUS GROUSE	R18
J&B	R16
JOHNNIE WALKER RED	R20
SOUTHERN COMFORT	R16
JACK DANIEL'S	R22
JOHNNIE WALKER BLACK	R30
GLENMORANGIE	R42
GLENFIDDICH 14 YEAR OLD	R55
MONKEY SHOULDER	R35
THE POGUES (IRISH)	R32
JAMESON (IRISH)	R27

BRANDY

KLIPDRIFT	R15
RICHELIEU	R15
KLIPDRIFT PREMIUM	R20
HENNESSY	R35
KWV 15 YEAR OLD	R55

RUM

BACARDI	R15
CAPTAIN MORGAN DARK RUM	R15
MALIBU	R15
RED HEART	R15
SPICED GOLD	R15

CANE

MAINSTAY	R15
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VODKA

SMIRNOFF	R15
ABSOLUT	R20
CARVO	R25
GREY GOOSE	R36

TEQUILA

JOSE CUERVO GOLD / SILVER	R20
PATRÓN XO CAFE	R35

SAMBUCA

LUPINI BLACK	R20
LUPINI GOLD	R20

DIGESTIVE

JÄGERMEISTER	R22
WILDERER GRAPPA	R40

APÉRITIF

MARTINI BIANCO	R15
MARTINI ROSSO	R15
MARTINI DRY	R15
PIMM'S	R25
APEROL	R40
CAMPARI	R45

LIQUEUR

AMARULA	R15
CAPE VELVET	R15
PEPPERMINT LIQUEUR	R15
KAHLÚA	R20
FRANGELICO	R20
TIA MARIA	R25
AMARETTO	R25
COINTREAU	R32
DRAMBUIE	R32

>>thefatfish> BEERS & CIDERS

LOCAL DRAUGHT

CASTLE DRAUGHT 300ML	R22
CASTLE DRAUGHT 500ML	R35
WINDHOEK DRAUGHT	R30



BEER

HANSA	R24
CASTLE	R24
CASTLE LITE	R25
BLACK LABEL	R25
AMSTEL	R25
WINDHOEK LAGER	R26
WINDHOEK LIGHT	R26
HEINEKEN	R29
STELLA ARTOIS	R30



NON-ALCOHOLIC BEER

BECK'S	R36
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CRAFT BEER

DEVIL'S PEAK LAGER	R40
FRASER'S FOLLY SOUTIE	R50
RED BRIDGE ALE	R55

CIDER

HUNTER'S GOLD	R27
HUNTER'S DRY	R27
SAVANNA DRY	R28
SAVANNA LIGHT	R28

MINERAL WATER

LA VIE DE LUC	
STILL / SPARKLING 250ML	R15
STILL / SPARKLING 750ML	R35

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SPECIAL EVENTS AT THE FAT FISH

Throughout the course of the year The Fat Fish hosts a number of special events highlighting some of the best wines and craft beverages our country has to offer. These events range from intimate wine tastings with the makers to fabulous large scale festivals.

For more information on these and other events follow
The Fat Fish on Facebook or visit our website
www.thefatfish.co.za

