**M E N U**

Where possible we source seasonally available ingredients. Please check our blackboard for daily specials.

**B R E A K F A S T M E N U**

Sweetcorn fritters served with mushrooms and sweet chilli sauce **R70**

Chickpea omelette with mushrooms, spinach, tomato and vegan cheese **R85**

Gluten free flap jacks with cinnamon sugar, maple syrup, coconut cream, macadamia butter **R60**

Grilled tomato, sausage, mushrooms and baked beans on toast **R75**

Avo, mushrooms and hummus on sour dough bread **R75**

**L U N C H M E N U**

Soup of the day **R45**

Curry or stew of the day **R85**

Asian Bento Box (springrolls, dumplings, dim sum and raw rice paper wrap) **R85**

Pasta with olive, capers, tomato **R75**

Beyond Burger served on a roll with hummus, pesto, vegan cheese, mushroom, tomato with a side of chips **R95**

**B A K E R Y please ask your waitress what is available….**

Apple pie with coconut cream **R35**

Muffins **R15**

Chocolate fudge brownies **R15**

Carrot cake **R35**

Peanut butter balls **R8**

**D R I N K S M E N U**

**Cool Stuff**

Pure Coconut Water **R24**

Kombucha **R30**

Iced coffee **R25**

Aloe Vera **R24**

Water still **R21**

Water sparkling **R23**

**Smooth Stuff**

Mixed berry smoothie **R45**

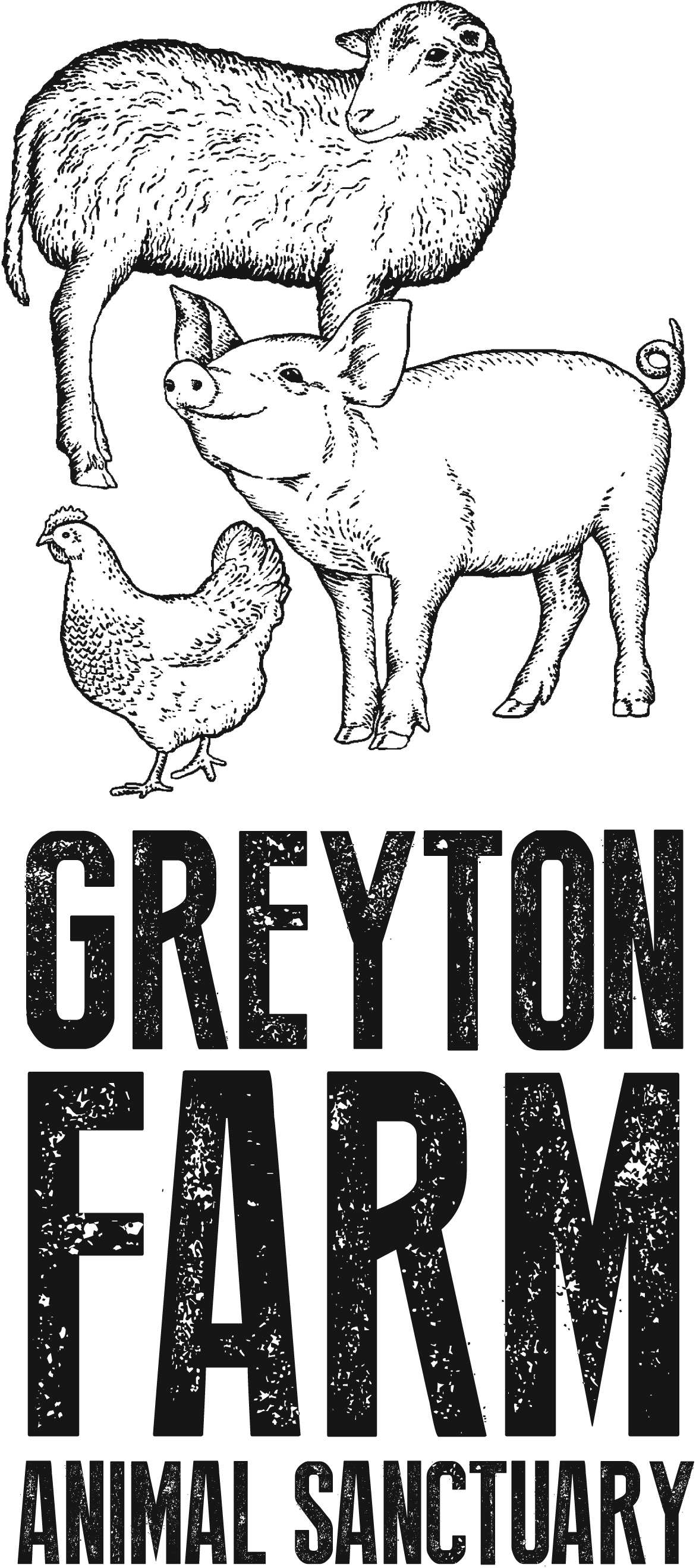
(berries, banana, plant milk, dates)

Protein smoothie **R45**

(banana, peanut butter, raw cocoa, chia seeds)

**Hot Stuff**

Americano **R20**

Flat White single **R24** double **R26**

Cappucino small **R22** large **R28**

Red cappuccino small **R24** large **R28**

Rooibos, Earl Grey Tea **R15**

Green Tea, Honeybush Tea **R18**

**Pure Café supports Greyton Farm Animal Sanctuary**