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**87 Constantia main road**

**021- 795 0606**

manager@chardonnaydeli.co.za **(Manager)**

info@chardonnaydeli.co.za **(Owner)**

**Breakfast Menu (changes daily – 07:30 to 11:45)**

Omelette capresse with or without ham  R72/R82

Farmers breakfast  R46/R66/R80

Avo smash on sourdough w 2 eggs poached and smoked salmon  R98

Raw energy bowl w cocoa nibs, coconut milk, dates and **almond** butter R85

Granola bowl w fruit salad and yoghurt R78

Anchovies on toast w basil, mayo, and tomato R79

B.R.T w mozzarella, mayo on a toasted croissant  R89

French toasted croissant w berry compote, cream, honey, and nuts R92

Avocado on toast R58

Pawp R72

**Lunch Menu (changes daily – 12:00 to 15:00)**

Chicken breast burger roll w cranberry sauce and potato wedges R110

Free range chicken mayo wrap and salad R89

Veggie wrap w butternut, feta, lettuce, hummus and avo  salad R89

Chickenpea curry rootie (V) w salad  R82/R93

B.R.T w mozzarella, mayo on a toasted croissant R89

Cold meat and cheese platter R120

Soup of the day R55

Health salad w feta, olives, butternut, avo – salmon/chicken R82/R92/R120

Summer pasta w/wout bacon R92/R102

Homemade pies or quiches with salad R89

**Afternoon Menu (changes daily – 15:00 to 17:45)**

Assorted pies w gravy R49

Assorted quiche slice  R45

Curry chickpea rootie R51/R60

Soup of the day R55

Veggie health salad R82

Veg or meat wrap R48/R49

Lasagne R120

**We ask that you try stick to our menu as much as possible to avoid long delays**

**Cake menu**

**Whole cakes may be ordered with a 24 advance time.**

**All baked on site**

**Eureka flour, free range eggs and butter used**

Lemon and yoghurt cake with yoghurt icing R350

Chocolate cake with buttercream, caramel and ganache R350

Sugar free carrot cake R480

65% dark flourless chocolate cake R320

Vegan coconut chocolate cake with espresso R380

Nutty vegan cake with peanut butter and banana icing R350

Baked cheesecakes with assorted toppings – berry, caramel, chocolate, passion fruit R580

Banting cheese cake R630

Farmstall style milk tart R230

Rustic apple crumble with home-stewed apples R230

Carrot and courgette cake with crema cheese icing R350

White chocolate and lime cheesecake R550

Vegan Chocolate torte with avo, dates, coconut oil and honey (seasonal) R630