

# BREAKFAST

R95 | R105

## **EGGS BENEDICT**

Spinach + Poached Eggs + Pronto Mama + Hollandaise + Bacon | Smoked Trout

R90

## **CROQUE MADAM**

Ham + Cheese + Egg + Bechamel

R79

## **RISE + SHINE BREAKFAST**

Bacon + Eggs + Mushrooms + Tomato + Greens

R85

## **SMASHED AVO ON TOAST**

2 Poached eggs

R77

## **BETTY'S "HEALTH TART"**

Muesli Tart + Yoghurt + Fresh Fruit + Honey

R65

## **CINNAMON OATS**

Oats + Poached season fruit + Yoghurt + Almonds

R85 | R75

## **BACON DIPPERS**

Bacon baked into a flapjack with Figs & Brie | Cheese & Golden Syrup

R85

## **FRENCH TOAST**

Coconut, Lemon + Poppy Seed with Mascarpone + Caramelised seasonal fruit

R85

## **RED BREAKFAST**

Shakshuka + Poached Eggs + Feta

R80

## **YELLOW BREAKFAST**

Corn Fritters + Creme Fraiche + Yellow Peppers + Tomatoes + Onions + Scrambled Eggs

R85

## **GREEN BREAKFAST**

Steamed Green Vegetables + Poached Eggs + Basil Pesto + Almonds + Avo (when nature allows it)

R90

## **BROWN BREAKFAST**

Big Brown Mushrooms stuffed with Goats Cheese + Nuts + Poached Eggs + Red Pepper Pesto

# LUNCH

R97

## **TROUT PANCAKE**

Smoked Trout + Pea Cream Cheese + Pickled Red Onion

R95

## **SPINACH PANCAKE**

Bacon + Chicken + Hollandaise

R95

## **CORONATION CHICKEN PANCAKE**

Coronation Chicken + Coriander

R97

## **PULLED PORK PANCAKE**

Pulled Pork + Cole | Apple | Mange Tout Slaw + Mint Cream Cheese

R95

## **BOBOTIE PANCAKE**

Beef Bobotie + Tomato Salsa + Banana Salad  
+ **Replace with BANTING PANCAKE + R15**

R110

## **THE ULTIMATE BURGER + CHIPS**

Beef Patty stuffed with Cheddar + Cream Cheese wrapped in Bacon + Garnish + Bread roll OR Tomato 'bun' OR Brown mushroom

R95

## **CHICKEN BURGER + CHIPS**

Chicken | Feta | Spinach Patty + Basil Pesto Mayo + Garnish on a Bread roll OR Tomato 'bun' OR Brown mushroom

R75

## **CHICKEN SCHNITZEL BURGER + CHIPS**

Chicken Schnitzel Patty + Garnish + Bun

R98

## **PULLED PORK BURGER + CHIPS**

Pulled pork + coleslaw + mint cream cheese

R85

## **CLASSIC BEEF BURGER + CHIPS**

Beef burger patty + Garnish + Bun

R95 | R100 | R95

## **COURGETTI**

Courgette Spaghetti with Basil Pesto + Tomato + Goats Cheese | Crispy Bacon + Gorgonzola + Almonds | Lentil bolognese

R160

## **BETTY'S STEAK STACK**

150g Beef Fillet + Bacon + Mushrooms + Onions + Pronto Mama + Fried Egg

R85

## **CLASSIC FISH + CHIPS**

Deep fried + Chips | Grilled on bed of cous-cous + Veg

R118

## **FISH TACOS**

Deep Fried Hake + Slaw + Pickled Red Onions + Crème Fraîche

R115

## **CHICKEN SCHNITZEL**

Chips + Salad + Mushroom Sauce

R90

## **THAI GREEN CURRY**

Choice of Chicken | Fish | Lentils

R85

## **ULTIMATE MAC + CHEESE**

Cheesy Macaroni + Cheese + Feta + Bacon

R98

## **ITALIAN MEATBALLS**

Tagliatelle + Meatballs + Tomato sauce

R90

## **BACON + MUSHROOM**

Tagliatelle + creamy bacon + mushroom sauce

R85

## **BETTY'S DISH OF THE DAY**

Ask your waiter what Betty craved for lunch today, she has very good taste!

R55

## **FRENCH ONION SOUP**

Traditional French Onion Soup + Ciabatta + Emmental

R50

### **BETTY'S SOUP OF THE DAY**

Ask your waiter what's bubbling on the stove

R60

### **NUTELLA SANDWICH**

Nutella + Marshmallow + Rice Crispies

R88

### **CHICKEN SANDWICH**

Chicken + Cream Cheese + Basil Pesto + Pronto Mama

R82

### **BACON SANDWICH**

Bacon + Brie + Onion Marmalade

R82

### **MUSHROOM SANDWICH**

Mushrooms + Onion + Mature Cheddar

R50

### **H+C SANDWICH**

Ham + Cheese

R95

### **RED SALAD**

Roasted Red Cabbage + Beetroot + Tomatoes + Pickled Red Onion + Strawberry + Gorgonzola + Nuts + Dressing

R95

### **YELLOW SALAD**

Roasted Butternut + Yellow Peppers + Carrots + Orange + Granadilla + Almonds + Danish Feta + Gooseberries + Mint Dressing

R95

### **GREEN SALAD**

Baby Cabbage + Mange Tout + Fine Beans + Long Stem Broccoli + Greens + Cucumber + Apple + Fennel + Herbed Goats  
Cheese + Creamy Dressing

**THE SALADS ARE MADE FROM SEASONAL VEGETABLES AS FAR AS POSSIBLE SO IT MIGHT  
DIFFER FROM SEASON TO SEASON.**

R95

### **CAESAR SALAD**

Greens + Chicken + Bacon + Egg + Gruyere Shavings + Croutons + Caesar Dressing

## **SWEET STUFF**

R57

### **LEMON MERINGUE PANCAKE**

Lemon curd cream + Italian meringue

R57

### **PEPPERMINT CRISP PANCAKE**

Peppermint crisp mousse

R60

### **CARAMELISED APPLE CRUMBLE**

Caramelised apple + nut crumble

R45

### **CINNAMON SUGAR**

Cinnamon sugar + Cream cheese frosting

### **MILKTART PANCAKE**

R58

R60

### **VANILLA ICE CREAM + NUTELLA**

Served in a chocolate pancake

R60

### **PEANUT BUTTER + BANANA**

Peanut butter mousse + banana + Ice cream served in a chocolate pancake

R35

### **CROISSANT**

Cheese + Jam

R38

### **CAKES**

Ask your waiter OR take a peak at our display

## **FRESH RAINBOW JUICES**

R45

### **RED JUICE - BEETIFUL**

Beetroot + Carrot + Orange + Mint

R45

### **GREEN JUICE - POPEYE**

Apple + Cucumber + Spinach + Mint + Lemon

R45

### **YELLOW JUICE - MORNING SUNRISE**

Orange + Carrot + Apple + Ginger

R45

### **BETTY'S CHOICE OF THE DAY**

Ask waiter for the juice of the day

**JUICES MAY VARY DEPENDING ON MOTHER NATURE'S MOOD**

## **MILKSHAKES**

R38

### **CLASSIC'S**

Chocolate | Strawberry | Lime | Bubblegum

### **COFFEESHAKE**

R38

R38 | R40

### **FRUITSHAKES**

Fresh Banana | Frullato

R40

### **SOMETHING DIFFERENT**

Peppermint Crisp | Lemon Meringue

R45

### **DOM PEDRO**

For the adults

R28 | R12

### **KIDDIES**

In a glass OR in a little bear bottle

## **COLD + ICED DRINKS**

### **Cold Drinks 330ml**

R25

### **Tizers 330ml**

R28

### **Mixers 200ml**

R20

### **Roses Cordials**

R10

**BOS Ice Teas**

R26

**Rock Shandy**

R35

**Soda Float**

R35

R18 | R35

**Mineral Water**

Still OR Sparkling, 500ml | 1L

## COFFEE

**Americano**

R19

R19 | R24

**Filter Coffee**

Small | Large

**Single Espresso**

R17

**Double Espresso**

R24

**Macchiato**

R17

**Caffe Latte**

R26

**Flat white | Cappuccino**

R22

**Double Shot Large Cappuccino**

R32

**Rooibos Flat White**

R25

**Cortado**

R20

**Mocachino**

R30

## HOT DRINKS

**Assorted Teas**

R18

R15

**Garden Teas**

Fresh lemon | Ginger | Mint | Mother nature

**Hot Chocolate | Milo | Horlicks**

R28

**Chai Spiced Tea**

R30

**Nutella Hot Chocolate + Marshmallows**

R38

**Peppermint Crisp Hot Chocolate**

R40

## COLD COFFEE

R38

### **Coffeeshake**

Coffee + Ice cream

R48

### **Dom Caffè**

Ice Cream + Liqueur + Espresso

R55

### **Affogato**

Ice cream + Espresso + Honey + Almonds

R30

### **Taai coffee**

Cold brew coffee + condensed milk over ice

R30

### **Cold Cappuccino**

Blended Espresso + Milk + Ice

R60

### **RED GIN COCKTAIL**

Gin + Berries + Rosemary + Black pepper

R60

### **YELLOW GIN COCKTAIL**

Gin + Naartjie + Thyme + Cinnamon Stick

R60

### **GREEN GIN COCKTAIL**

Gin + Cucumber + Basil + Mint

## **OR BUILD YOUR OWN FROM OUR SELECTION OF CRAFT GINS**

### **GIN SELECTION**

The OLD N1 | Hope on Hopkins | Six Dogs Blue 'The New Pink' | Bloedlemoen | Inverroche Amber

### **FLAVOURS AVAILABLE**

Mint | Cucumber | Orange | Naartjie | Lemons | Seasonal Fruit | Thyme | Rosemary | Cinnamon Stick | Aniseed

### **TONIC**

Fitch Leedes Tonic | Indian Tonic | Pink Tonic | Light Tonic

R45

### **Duchess Gin + Tonic**

(Sugar + Alcohol free)

## **METHOD CAP CLASSIQUE**

R300

### **Mme Lucy's MCC**

Gabrielskloof

R350

### **Rose of Sharon**

Domaine Des Dieux

### **Prosecco**

R230

## **CHENIN BLANC**

R50 | R150

### **Beaumont (Unwooded)**

Carafe | Bottle

### **Ken Forrester Petit**

R100

**Creation (Release Sept 2017)**

R290

## SAUVIGNON BLANC

R50 | R150

**Creation Whale Pod**

Carafe | Bottle

**Newton Johnston**

R150

R50 | R160

**Gabrielskloof**

Carafe | Bottle

**Bouchard Finlayson**

R205

## CHARDONNAY

**Newton Johnston Southend**

R250

**Bouchard Finlayson Kaaimansgat**

R250

**Creation**

R290

## VIOGNIER

**Creation**

R195

## ROSE

R38 | R115

**Newton Johnson Felicite**

Carafe | Bottle

R45 | R135

**Gabrielskloof Rosebud**

Carafe | Bottle

R50 | R150

**Creation African Penguin Reserve**

Carafe | Bottle

## RED BLENDS

R50 | R150

**Creation Whale Pod (Syrah | Mercot)**

Carafe | Bottle

R55 | R160

**Gabrielskloof The Blend (Cab Sav | Cab Franc)**

Carafe | Bottle

**Newton Johnson Full Stop Rock**

R240

**Creation Syrah Grenache**

R305

## PORT

**Creation**

R30

## SHERRY

**Monies Full Cream**

R25

**Monies Medium Cream**

R25

**KWV 10 year**

R25

**Bells**

R25

**Jameson**

R30

**Johnny Walker Black**

R40

R50

**RED**

Amber

R50

**YELLOW**

Krystal Weiss

R50

**GREEN**

Pilsner

R50

**BROWN**

Lager

**Old Harbour Lager**

R40

**Castle Light**

R25

**Windhoek Lager**

R25

**Black Label**

R25

**Heineken**

R30

BRANDY

WHISKEY

BEERS