SMOOTHIE BOWLS

ORIGANAL AÇAÍ BREKKY BOWL 76
Açaí, banana, mixed berries & coconut water iced smoothie, topped with Banting goji & pecan granola, drizzled with honey

GREEN AÇAÍ BOWL 75
Açaí, banana, mixed berries, kale, spinach, avocado & almond milk iced smoothie, topped with Banting goji & pecan granola, fresh banana & sliced strawberries

STRAWBERRIES & CREAM BOWL 60
Strawberries, Greek yoghurt & almond milk iced smoothie, topped with sliced strawberries, cornflakes, almonds, chia seeds, dried cranberries & drizzled with maple syrup

CHOC PEANUT BANANA BOWL 65
Banana, peanut butter, cocoa & almond milk iced smoothie, topped with granola, sliced banana & drizzled with maple syrup

HEALTH SMOOTHIES

GREEN CLEANSER 50
Kale, spinach, lime, ginger, orange & apple juice, chia seeds, flax seeds, coconut water & collagen protein powder

AÇAÍ 56
Açaí, mixed berries, banana & coconut water

SALTED CARAMEL 45
Banana, dates, almond butter, collagen protein powder & a pinch of salt

RISE N GRIND 45
Double shot of espresso, banana, chia seeds, Banting granola, milk & collagen protein powder