BREAKFAST MENU

ALL DAY BREAKFAST

WITH FREE-RANGE EGGS

ARNOLD'S

2 eggs, 2 strips bacon, 2 ostrich/pork chipolatas, fried tomato, toast & preserves

Early Bird Special available daily until 09:00 40 Vegetarian option available, ask your server for details

PERI-PERI CHICKEN LIVERS

pan friend in cream, onions and garlic, topped with a poached egg, served with lightly toasted sourdough

BREAKFAST BURGER

english muffin with your choice of beef/ostrich patty, rocket, tomato, fried egg and tabasco hollandaise sauce

FARMHOUSE

2 eggs, 2 strips bacon, 2 ostrich/pork chipolatas, 105 sautéed mushrooms, baked beans, fried tomato, potato rösti toast & preserves

BIG EASY

double up - 4 eggs, 4 rashers bacon, 4 ostrich/pork chipolatas, served with potato rosti, toast & preserves

BREAKFAST LITE

scrambled eggs on an English muffin slice, drizzled with basil pesto

EGGS BENEDICT

2 perfectly poached eggs on a toasted english muffin topped with hollandaise sauce:

fresh baby spinach	8
sauteed mushrooms	8
bacon	8
chilli mince	8
smoked salmon	12!

IN A BOWL SOUL FOOD

scrambled eggs, crispy potato rösti, topped with grated cheese, toast & preserves:

•	bacon	82
•	sauteed mushrooms	82
•	chilli mince and guacamole	85

BANTING BREAKFAST

75

82

scrambled eggs, sliced avocado, spring onions

• sauteed mushroon	ns// (90
• chilli mince		90
• ostrich steak		9!
• smoked salmon	7/11/23	125

BUTTER CROISSANTS

filled with rocket and sliced tomato

bacon and scrambled egg	72
spicy guacamole and feta	72
bacon, camembert and spring onion	80
• chilli mince, guacamole & grated cheese	80

FLAPJACK STACK

3 Jack's stacked:	
cinnamon, blueberries, maple syrup	65
chocolate chip, strawberries, choc sauce	65
banana, bacon, maple syrup	70
• nlain	52

RÖSTI BENEDICT

spicy guacamole, poached eggs, hollandaise sauce served on crispy potato rösti

ARNOLD'S OMELETTES

3 egg omelette with grated cheese, served with toast. add from our extra's below:

EXTRA'S price per item

	2 silces todst, egg, bariana, fresh/fried torriato,	10
	onion, garlic	
•	chilli, pepperdews, rocket, baked beans, cherry	15

	tomato	
•	feta, cheddar & mozzarella, potato fries, potato	22

	103ti, gaacarrioic
•	bacon, avocado, mushrooms, pork/ostrich
	chipolatas, chilli mince, baby spinach,
	hollandaise sauce

	nollandaise sauce	
•	breakfast beef/ostrich patty	4

FRUIT STOP

FRESH FRUIT SALAD

• smoked salmon, ostrich steak

seasonal fruit topped with bulgarian yoghurt

FRUITY CRUNCH

seasonal fruit, muesli, bulgarian yoghurt and maple syrup

BAKING TIN

JUMBO MUFFINS

tel: 021 424 4344

freshly baked, ask your server for today's selection

MINI CAKE SELECTION

homebaked cakes, ask your server for today's selection

CHOCOLATE BROWNIES

served warm with vanilla ice cream

60 Kloof Street, Gardens, Cape Town manager@arnolds.co.za



79

25

opening hours:

Monday - Friday 06:30 till late Saturday, Sunday & Public Holidays - 07:00 till late f arnoldsrestaurant

arnoldskloof60