



ALL DAY BREAKFAST
with free range eggs



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HOT & COLD BEVERAGES

Early Bird Breakfast

2 eggs, 2 rashers of bacon, 2 ostrich/pork chipolatas, fried tomato, toast & jam (Mon - Fri before 7:00)

Breakfast Lite

Scrambled eggs on an english muffin, drizzled with basil pesto

Mike's Breakfast

2 eggs, 2 rashers of bacon, 2 ostrich/pork chipolatas, grilled tomato, toast & jam double up with fries for

Arnold's Omelette

Plain 3 egg omelette, served with toast add from of our extras below

Eggs Benedict

2 soft or hard poached eggs served on an english muffin with hollandaise sauce

Fresh Baby Spinach

Sautéed Mushrooms

Bacon

Smoked Salmon

Carol's French Croissant

Dusted with cinnamon sugar, topped with maple syrup and blueberries

Additional Sides / Extras (per item)

Extra Toast (2 Slices)
2 slices of toast with jam and butter, egg
Rocket, baby spinach, tomato, onion, peppadews, chilli, avocado, sautéed mushrooms, mozzarella & cheddar, feta
2 rashers bacon, 2 ostrich/pork chipolatas
breakfast burger patty, smoked salmon

R25

R32

R48

R86

R35

R58

R58

R62

R75

R52

R5

R7

R10

R18

R18

R55

Chef's Breakfast

Scrambled eggs, 2 rashers bacon, 2 ostrich/pork chipolatas, sautéed mushrooms, baked beans, grilled tomato, toast & jam with a choice of filter coffee or juice

Banting Scrambled Eggs

Scrambled eggs, smoked salmon or ostrich steak, with avocado & spring onion

Fruity Crunch Breakfast

Seasonal fruit, muesli and bulgarian yoghurt drizzled with maple syrup

Fresh Fruit Salad

Seasonal fruit topped with bulgarian yoghurt

Toasted Bacon, Egg, and Tomato Sandwich

FlapJack Stack

Bacon & banana stack served with maple syrup

CROISSANTS

Cheese and Jam

Bacon and Free Range Scrambled Eggs

Filled Croissant

filled with rocket, fresh tomato, sliced avocado, mozzarella and peppadews

Additional Sides / Extras (per item)

Extra Toast (2 Slices)
2 slices of toast with jam and butter, egg
Rocket, baby spinach, tomato, onion, peppadews, chilli, avocado, sautéed mushrooms, mozzarella & cheddar, feta
2 rashers bacon, 2 ostrich/pork chipolatas
breakfast burger patty, smoked salmon

R72

R75

R45

R35

R45

R58

R32

R52

R62

R5

R7

R10

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R18

R55

COFFEES

Americano

Dbl up in a big cup

Cappucino

Dbl up in a big cup

Flat White

Machiato

Dbl up in a coffee cup

Cortado

Café Latte

Chococino

Espresso

Dbl up in a big cup

Red Cino - local & organic

Dbl up for a Latte

Filter Coffee

a bigger cup

Chai Latte

Hot Chocolate

*Substitute with Almond Milk for an additiojnal

TEAS

Choose from the following Selection of Teas:

Ceres Rooibos, Chamomile, Ceylon,Earl Grey

English Breakfast, Green Tea, Peppermint

COLD BEVERAGES

Mimosa

A mix of OJ, Sparkles and a cherry

FRESH FRUIT JUICES

Orange, Apple,Pomegranate, Cranberry, Litchi

REBOOT RED / GET-GOING GREEN JUICE

Freshly blended fruit and vegetable health mix

SMOOTHIES WITH APPLE

Mexican Rush - raspberry, cherry, mango

Tropical Breeze - pineapple, mango, peach

Caribbean Dream - papaya, mango, strawberry

Jamaican Sensation - raspberry, pineapple, blackberry, banana

African Sun - pineapple, strawberry, blackberry

R20

R26

R22

R30

R22

R17

R22

R22

R25

R30

R16

R22

R20

R25

R18

R24

R28

R28

R6

R18

R35

Short Tall

R22 R35

R35

R45

Free wifi - ask your waitron for password
Be sure to ask for your **Arnold's Loyalty Card**
Ask your waiter for our daily specials

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SOMETHING SWEET



COCKTAILS

- Vanilla Ice Cream** R35
with your choice of a fresh berry coulis or rich chocolate sauce
- Mini Crème Brûlée** R38
Always a classic, enjoy every melting moment
- Banana Split Sundae** R42
Fresh banana & a generous scoop of strawberry, chocolate & vanilla ice cream topped with chocolate sauce, whipped cream and shaved almonds
- Eton Mess** R48
Broken meringues with dollops of fresh cream and layered with tangy berry compote creating a textural and taste explosion with every mouthful
- Warm Apple Crumble** R48
Served with a decadent Amarula Cream
- CAKE SELECTION** R48
Bar One Chocolate Cake
Seductive Red Velvet
New York Style Cheesecake
- Dom Pedro** R45
Select from any of the following: Whiskey, Kahlua, Amarula, Frangelico, Peppermint
- Irish Coffee** R45
Select from any of the following: Whiskey, Kahlua, Amarula, Frangelico, Peppermint

- Margarita** R45
Silver Tequila, Triple Sec, Lime & Lemon
- Pina Colada** R45
White rum, coconut milk & fresh pineapple
- Mojito** R55
White rum, fresh mint, lime & soda
- Strawberry Daquiri** R48
White rum, strawberry pulp & grenadine
- Long Island Iced Tea** R48
Tequila silver, vodka, white rum, gin, triple sec & coke
- Copp - er - Tea** R50
Tequila silver, vodka, white rum, gin, triple sec & cranberry juice
- Martini** R45
Vodka/Gin & martini Bianco & a shake
- Monkeys Wedding** R55
Tequila gold, ginger beer & mint infused orange juice
- Lost Property** R58
Spiced gold, vodka, white rum, triple sec, blue curacao & litchi juice
- Honey Holder** R58
Spiced gold, vodka, white rum, triple sec, grenadine & orange juice
- Bloody Bacon** R48
Vodka, tomato juice & streaky bacon
- Purple Coat** R38
Amarula, Nachtmusik & espresso
- Flying Squirrel** R45
Frangelico, brandy, milk & cream
- Espresso Martini** R45
Vodka, Kahlua & espresso





Arnold's has won more friends than any other restaurant in Cape Town and enjoys wide acclaim for our stunning breakfasts, fast and friendly service, and our "walk on the wild side" main course selection of dishes. Enjoy a variety of different types of game - probably the best in Cape Town - fresh seafood, homemade pasta, healthy salads and all day breakfasts in a relaxed and friendly atmosphere in the hub of Cape Town. At Arnold's we serve you great quality, excellent value meals from early till late - 364 days per year!

Our Chef, Carol, and hosts - Tendai, Kurt and Sergio - welcome you to Arnold's. Enjoy the experience!



Opening hours: Mon to Fri - 6:45 till late
Sat, Sun & Public Holidays - 08:00 till late
Arnolds Restaurant 60 Kloof Street Gardens Cape Town
bookings: 021 424 4344 / manager@arnolds.co.za
We love receiving your valuable feedback, your comments are appreciated

 @arnoldsonkloof  arnoldsonkloof

 tripadvisor.com  arnoldskloof60

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