# offthehook

95

65

80

30

190

170

155

Shop 8, Beacon Island Center Plettenberg Bay, 6600 **Tel:** 044 533 0796

Email: info@offthehookplett.co.za

www.offthehookplett.co.za

# BREAKFAST

# THE BIG BEN

Two Eggs, grilled tomato, sautéed mushroom, sausage, streaky bacon, baked beans and toast

- Served with a smile.

#### **VANILLA BEAN FRENCH TOAST**

with Caramelised Banana

Sweet and fresh butter bread crème brûlée French toast topped with caramelized banana, whipped cream and lightly drizzled with maple syrup

#### PAPAYA SUNSHINE

Papava served with plain farm fresh full cream yogurt, our homemade granola & lightly drizzled with raw honey

#### **BANANA NUT OATMEAL**

Topped with toasted oats, banana, pecan nuts, walnuts and drizzled with maple syrup. Served with a side of fresh milk, homemade granola & raw honey

#### **IOMELETTE**

Make it your own:

Spinach (When available), Mushrooms, Bacon, Feta, Cheddar, Salami, Pastrami, Hickory Ham, Onions, Peppers, Rockets, Cherry-Tomato, Tomato, Zucchini, Carrots, Shallots, Caramelized Onions, Avocado (When available)

- R10 for each additional add on

## **LEBANESE TAPAS**

Various small vegetarian dishes from the south of Lebanon served with flat bread

#### CRISPY CALAMARI

Fried to perfection in our light crispy batter served with our homemade tartar sauce

Fried hake, lettuce, tomato, smoked Mayo, tartar sauce

#### FISH BITES

Hake pieces fried in a light, crispy batter served with our homemade tartar sauce

#### **FALAFEL WRAP**

A vegetarian wrap, traditional Lebanese falafel patty, tahini based sauce, shallots, cabbage, lettuce, tomato, gherkins

#### **GOURMET CHICKEN STRIPS**

75

Fresh free range crispy chicken breast strips, served with smoked mayo and BBQ sauce

#### **GRILLED CALAMARI**

80

Fresh calamari strips grilled with any of these spices - Option of Cajun spice, fish spice or salt and pepper

STARTERS, BRUNCH OR LIGHT LUNCH

#### TRADITIONAL GREEK

Garden greens tossed with sliced tomato, cucumber, kalamata olives, green pepper and feta, served with a red wine vinaigrette

#### **FATTOUSH SALAD**

A deliciouse traditional Lebanese mixed salad with, fresh herbs, cabbage, lettuce, cherry tomato, shallots and grilled halloumi served with homemade pomegranate dressing, sumac and zatar.

#### CALAMARI SALAD

95

165

95

Garden greens, topped with grilled or crispy fried calamari strips - Option of Cajun spice, fish spice or salt and pepper

#### CHAR GRILLED CHICKEN SALAD

90

Garden greens topped with char grilled chicken breast served with home made salad dressing

- Locavore Fresh Free Range Chicken from Fden Farm

#### HOT SMOKED TOSSED SALMON SALAD

Lettuce, sliced zucchini, tomatoes, toasted pumpkin seeds, hot Norwegian smoked salmon by Deli Factory, tossed together in a home made lemon dressing

We use only local farmers: Royston Farms and Uitsia

# STEAKS

#### FILLET

300g elegantly cut fillet is guaranteed to impress with its mild flavour and tender texture, flame grilled to perfection

300g of juicy Ribeye Steak that is second to none, with just the right amount of tenderness combined with the mellow flavour of Prime Rib Beef

300g Naturally lean beef which has been trimmed to produce a tender flavoursome Rump Steak

All steaks are served with a complementary pepper sauce or mushroom sauce

# SEAFOOD

#### FISH AND CHIPS

Traditional fresh hake fried in our crispy light batter served with chips

## **GRILLED HAKE**

Fresh Hake grilled sprinkled with our homemade herb spice, served with turmeric rice or chips

Grilled or char-grilled sole coated with our homemade herb spice served with rice or chips

#### **LEMON BUTTER PRAWNS**

12 prawns char-grilled, drizzled with lemon butter, served with rice or chips

Fresh Kingklip, grilled and drizzled with lemon butter sauce served with rice or chips and a complimentary side order

#### OFF THE HOOK COMBO

Grilled or fried Hake, crispy fried or grilled calamari served with chips

#### CRISPY CALAMARI

# CHICKEN

## LOCAL FREE RANGE FRESH CHICKEN

Gluten-free crumbed chicken breast with a side of seasoned chips served with smoked mayo sauce

#### DOUBLE SHOT SCHNITZEL

**OUR FAMOUS SCHNITZEL** 

155

Almond crusted free range chicken breast, served with garden green salad and cheese

-Inspired by the Double Shot Café -

#### CHAR GRILLED BBO CHICKEN

115

Tender chicken breast, char-grilled basted with our homemade secret BBQ sauce served with chips or rice and smoked mayo sauce

### SHISH TAOUK

110

Char-grilled skewered chicken kebab marinated in traditional Lebanese paste, served with ancient Phoenician garlic puree and flat bread served with chips or rice

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125

85

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ALL OUR PATTIES ARE 100% BEEF. BUNS FRESHLY BAKED BY KALLY'S BAKERY

THE UKIGINAL	85
Classic cheese burger with lettuce, tomato,	
onion, smoked mayo, BBQ sauce and	
and the second of the second o	

mustard served with chips

### THE BIG BOSS

300g Homemade beef patty with lettuce, sliced tomatoes, melted Cheese, smoked Mayo, mustard, drizzled with our Homemade BBQ Sauce, topped with deep fried Onion Rings and flat top folded egg served with chips. - Comes with any of our side order

#### THE BLUES BURGER

"The Blues" is served with Lettuce, Tomato, Rocket, Caramelised Onion topped with Melted Blue Cheese, strictly no sauces served with chips

#### **PLAIN JANE**

Beef patty with lettuce, tomato, onions topped with burger sauce and served with chips

#### THE BBQ

Fresh free range chicken BBQ basted, lettuce, tomato, smoked mayo and drizzled with more delicious BBQ sauce served with chips

#### THE DON JUAN

Swiss cheese, beef patty, pastrami, sautéed mushrooms, mustard mayo, beef salami, fried potato sticks and char grilled sesame bun comes with chips extra smoked mayo sauce - The Don Juan will have you hooked at hello

#### THE FIREHOUSE

Provolone cheese, beef patty, roast beef, pickled Jalapeños, Pepperoncini, ketchup, mayonnaise, fresh dill on a toasted and char grilled plain bun - HOTTEST BURGER IN TOWN!!!!!!

#### THE NACHO LIBRE

Double Beef Patty, Mexican inspired burger, Nachos, jalapeño, lettuce, salsa, melted cheddar cheese, sour cream and holy guacamole, served with chips, drizzled with cheese sauce and pickled ialapeño - It will liberate your taste buds

#### THE JAZZ-A-MA-TAZZ

Cheddar cheese, 200g beef patty, caramelized onions, smoked chicken, pastrami, salami and roast beef, smoked mayo, BBQ sauce and toasted pretzel bun served with chips, burger sauce and red hot chilli sauce

#### THE LEBANON

110

125

65

70

65

90

60

85

70

A traditional Lebanese beef patty, tomato, shallot salad, tahini, humus, pickled beetroot, pickled cucumber on char grilled plain bun served with chips

## THE MAK & CHEESE

Beef patty, cheese, onions, gherkins, ketchup, mustard, toasted plain bun, served with chips

#### THE VEGETARIAN

Inspired by the traditional Lebanese falafel patty, lettuce, chopped tomatoes, gherkins, parsley and tarrator (tahini based Lebanese sauce), toasted plain bun served with chips

#### THE FISH'O'MAN

80 Fried Hake in light crispy batter topped with Lettuce, Tomato, smoked mayo and tartar sauce served with chips

#### THE SQUID

Crispy fried calamari, lettuce, tomato, smoked mayo, and tartar sauce, toasted plain bun and chips on the side

## **EXTRAS**

Sautéed vegetables Sautéed Mushrooms 25 25 Onion Rings 20 Creamed Spinach Butternut Rice

#### **SAUCES**

SAUGES
Pepper Sauce 20 | Mushroom Sauce 25 | Cheese Sauce 25 | BBQ Sauce 5 | Tartar Sauce 5 |
Yoghurt Tartar Sauce 5 | Smoked Mayo Sauce 5 |
Green Chilli Sauce 5 | Red Hot Chilli Pepper Sauce 5 | Chilli and garlic 15 | Garlic and Olive Oil 10 | Lemon Butter Sauce 10 | Fresh Chilli Sauce 10 | Phoenician Tourn Puree 15 - All our sauces are homemade

### **CHIPS**

Regular Chips Medium Chips 30 XL Chips

# FOR THE SWE

60

55

55

### CHOCOLATE FUDGE BROWNIE

with Vanilla Ice Cream Locally made Ice Cream drizzled with Home made Caramel Sauce

- Brownie by Clare's -

#### TRADITIONAL HOT MALVA PUDDING

and Custard

- Brought to you by Clare's -

#### APPLE TART CRUMBLE

Irresistible flaky moist crust, sweet Granny Smith apple and cinnamon centre, served with fresh cream

#### **ICE CREAM**

Two delicious scoops of Ice Cream topped with homemade real chocolate or homemade Caramel sauce

#### **HOT MUD PUDDING CAKE**

a rich, moist chocolate pudding steam baked to perfection, soaked in a rich syrup and covered with a gooey chocolate sauce, topped with shaved Belgium chocolate

### BANANA SPLIT ICE CREAM

The One and Only Classic triple Ice Cream Sundae

#### STRAWBERRY CHEESECAKE

Filled with strawberry pieces on a shortbread crumb base, topped with strawberry coulis

#### **COOKIE & CREAM**

Chocolate cookie with a dark roast cocoa chopped into a creamy fluffy white chocolate mousse poured over a moist layer of Sacher torte and garnished with chocolate cookie crumble

# THE SHAKES

THE VANILLA SHAKE	55
THE STRAWBERRY SHAKE	55
SALTED BUTTER SCOTCH SHAKE	55
REAL CHOCOLATE SHAKE	55
COFFEE SHAKE	55
FRESH LEMON SHAKE	55

- All our Shakes are done with fresh ingredients -



## WE ARE LOCAVORES.....

#### **DEFINITION:**

locavore / laukavoː/ noun plural noun: locavores a person whose diet consists only