

BREAKFAST served from 9am-11.30am

| Mini Monty egg, bacon, grilled tomato, mushrooms & toast | R60 |
|---|-------------------|
| Full Monty 2 eggs, bacon, beef chipolatas, grilled tomato, mushrooms, Crispy potato wedges & toast | R75 |
| Rustic Wrap scrambled egg, bacon, grilled tomato & Boerenkaas in a homemade wrap served with crispy potato wedg | R65 res |

| Banting Breakfast | R85 |
|--|-----|
| home-made beef patty topped with Cheddar & bacon | |
| served with scrambled eggs, mushrooms & tomato | |

| (V) Vegetarian Breakfast | R70 |
|---|-----|
| home-made veggie schnitzel topped with a fried | |
| egg, napoletana sauce & feta -served with grilled | |
| mushrooms → spinach | |

| (V) Vegan Breakfast | R65 |
|---|-------|
| home-made veggie schnitzel topped with grille | ed |
| peppers & onions - served with spinach, mushr | ooms, |
| tomato & Crispy potato wedges | |

| Scrambled Egg → Bacon Roll | R35 |
|--|-----|
| Substitute roll for brown or white toast | |

| Healthy Heart | R65 |
|--|-----|
| Homemade granola, fresh fruit, plain yoghurt & honey | |

| HANDMADE COFFEE | |
|-----------------|--------|
| Espresso | R16.00 |
| Americano | R18.00 |
| Macchiatto | R18.00 |
| Cappuccino | R24.00 |
| Double Espresso | R22.00 |
| Latte | R26.00 |
| Choco-chino | R30.00 |
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| RED TRENDS | |
| Red Espresso | R16.00 |
| Ded Macchiatto | D19 00 |

| Red Espresso | R16.00 |
|----------------|--------|
| Red Macchiatto | R18.00 |
| Red Cappuccino | R24.00 |
| Red Latte | R26.00 |
| | |

HOT DRINKS

| Milo/Hot Chocolate | R25.00 |
|--------------------------|--------|
| Tea (Ceylon & Rooibos) | R18.00 |
| Tea (Herbal & Earl Grey) | R20.00 |
| Add extra Rice Milk | R10.00 |
| Add extra Honey | R5.00 |
| Add extra Cream | R10.00 |
| | |

SOMETHING COLD

| Mixers | R7.00 |
|----------------------------------|--------|
| (Lime/Cola Tonic/ Passion fruit) | |
| Mineral water → Sodas | R18.00 |
| Appletizer/Grapetizer | R25.00 |
| Rock Shandy (+-500ml) | R40.00 |

SOMETHING COLD & HEALTHY

| Mixed Fruit smoothie | R30.00+ |
|-------------------------------------|---------|
| Fresh frozen fruit (worth the wait) | |

Red Ice Tea R30.00

SHAKES

Regular (Choc, Strawberry, Vanilla) R32.00 Gourmet (Milo, Chai, Peanut Butter, Choco-chino, Coffee, Red Shake) R36.00 Xtra thick shake Add R10.00



BEERS

| SAB / Windhoek | R20.00+ |
|-------------------|---------|
| Ciders | R24.00+ |
| Craft & Specialty | R30.00+ |

WINE

| By the Glass | R22.00 |
|---------------------|------------------|
| By the Bottle | -ask a Butterfly |
| Gluhwein (seasonal) | R25.00 |
| Sherry | R15.00+ |
| Corkage | R35 00 |

SPIRITS / SHOOTERS

| Brandy/Vodka/Gin etc | R15.00+ |
|-------------------------|---------|
| Whiskey | R22.00+ |
| Butterfly Kiss/Shooters | R20.00+ |

J+plin by:

LIGHT BITES served from 11:30am

Soup of the day ... ask a butterfly

Spring Rolls Homemade Veggie & noodle R45

with Chicken R55

Butterfly Board ... R90

 $2 \times$ garlic ψ herb flatbreads served with pesto, tzatziki, peppadews, salami, cocktail sausages, chorizo ψ boerenkaas

SALADS

Fabulously full bodied, kaleidoscopic salads tossed with all kinds of garden goodies ...

(V) Groovy Greek ... R60
Grilled lemon → herb Chicken ... R80
Locally smoked Trout R105



KIDS MEALS R55

Mini Pizza Ham & Cheese or Cheese

Crispy Chicken strips & potato wedges

Nibblez - Cocktail roll, Cocktail Cheese grillers, potato wedges & dipping sauce

VIVA LA VEGGIE



R70

R80

PIZZAS

ZAS

R115

(V) Roast Butternut Wrap

homemade wrap filled with roast butternut, grilled mushrooms, sun dried tomato, feta & pumpkin seed salad & served with crispy potato wedges

-add Bacon if you dare R80

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(V) Veggie Burger R80

homemade veggie burger served with potato wedges & salad

(V) Falafel Board

2 × garlic + herb flatbreads served with Falafel, hummus, peppadews, guaCamole, sun dried tomato + olives

BURGERS

Homemade Burgers; Beef or Venison R85 served with potato wedges 4 salad

Prego Roll – Portuguese roll topped with Chicken or Beef fillet ... drenched in spicy Prego sauce & served with Crispy potato wedges & salad - HOT -

Chicken R80 Beef R90

Banting Burger; Beef or Venison R110

2 Patties served with gourmet garden salad;

1 x topped with mozzarella, sundried tomato → pesto

1 x topped with Cheddar Cheese → mushrooms

SWEET TREATS CHECK OUT BLACK BOARD

Be Warned - Our Pizzas Are Not The Traditional Italian Type ...But They Are Rather Yummy....

Our Pizza bases are homemade from stone ground flourfree of preservatives, colourants & flavourants

Wheat free OR Banting pizza base add R30

Side order R20
Parmesan, Chilli & Garlic

(V) Garlic, Herb 'n Feta R40

On an olive oil base

(V) The Basic's R60
Home - made napoletana sauce, herbs & cheese

(V) Pizzalad R90

Cheesy pizza topped with salad

Hawaiian – Ham 'n Pineapple (old Fav) R90

(V) Veggie Delight R105

Basil pesto, red peppers, spinach, artichokes & Garlic

Perfectly Pescetarian R115

Anchovy, artichokes, mushroom, olives & garlic

Mediterranean

Salami, feta, olives, sundried tomato & green pepper

Chunky Chicken R115

Chicken, feta, peppadews 4 bacon

Lamb → Mint R120

Slow roasted lamb &mint - topped with butternut, garlic & onion