

# MENU

Nuts and/or nut-oil are used in the kitchen.  
Please ask a member of our team for more information.

## TO START

**roast pumpkin salad** ◉  
with pumpkin seeds, croutons, ricotta  
& honey mustard dressing  
65

**poached pear, walnut & blue rock salad** ◉  
85

**la panzanella salad** ◉  
basil, rocket, croutons, mix peppers & plum tomatoes  
60

**smoked snoek pâté**  
with apricot chutney & garlic bruschetta  
85

**spicy chicken livers**  
with bacon strips, chilli & cooked in red wine  
55

## SIDES

**rustic chips**  
20

**herbed baby potatoes**  
20

**french fries**  
20

**hell fire sauce**  
20

**steamed green beans**  
with toasted almonds  
30

**classic mornay sauce**  
20

**steamed jasmine rice**  
20

**parkinn bbq sauce**  
20

**bubble & squeak**  
20

## SUMMER SPECIAL SET MENU

**any two courses R195**  
**any three courses R225**

**includes a glass of house wine**  
**or 330ml castle draft**

### STARTER

**parma ham salad**  
with sweet melon shavings, cucumber ribbons,  
crumbled feta, baby mixed salad leaves  
& house dressing

or

**smoked franschoek salmon trout**  
crunchy salad consisting of baby fennel,  
red onion, cucumber & dill yoghurt dressing

### MAIN

**honey & coriander glazed pork belly**  
with potato croutons, pak choi & crispy bacon bits

or

**wild mushroom risotto**  
with parmesan & chorizo sausage

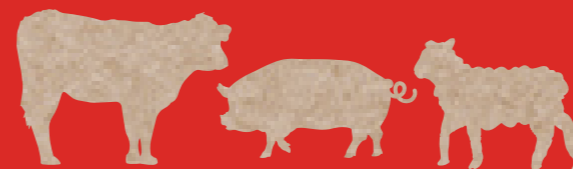
### DESSERT

**spanish doughnuts**  
with caramelised ginger & salted caramel

or

**vanilla flavoured brûlée tart**  
with turkish delights & marshmallow sauce

## FROM THE GRILL



sides ordered separately.

**lemon, garlic marinated**  
**chicken supreme**  
70

**grilled east coast sole**  
85

**pork loin 200g**  
80

**rib eye on the bone 500g**  
210

**ostrich fan fillet 200g**  
120

## MAINS

**tuna nicoise with a twist**  
sesame & herb crusted with a warm leafless salad  
& poached quail egg  
125

**cape malay chicken curry**  
with poppadum, buttered roti, tomatie en uei slaai  
& steamed jasmine rice  
95

**kashmiri spiced pan seared lamb cutlets**  
with herbed cous cous salad & gremolata dressing  
175

**blackened chicken supreme**  
with lentil salad, pickled cucumber ribbons & mint  
yoghurt dressing  
85

## PASTA

choose from either linguini, penne or farfalle

**pasta provençale**  
shrimp, calamari, mussels, line fish in a creamy  
tomato sauce  
80

**pesto pasta**  
steamed green beans, potato cubes & green chilli  
65

**chicken putanesca pasta**  
napolitana sauce, roast peppers, capers & anchovies  
80

## SOMETHING SWEET

**macadamia nut blondie**  
white chocolate, macerated raspberries,  
raspberry coulis & orange flavoured ice cream  
50

**banana & rum yoghurt panna cotta**  
with sable biscuit  
45

**savoury baked cheesecake**  
with almond praline & grilled baby pears  
50

**seasonal sliced fruit plate**  
with berry sorbet  
45

# CHILDREN'S SPECIAL MENU

## MAINS

**chicken nuggets**  
with smiley faces & tomato ketchup  
40

**grilled beef fillet 100g**  
with steamed carrots &  
mash potatoes  
80

**kids mac & cheese**  
with cheddar cheese  
40

**fish fingers & chips**  
with tartar sauce  
55

**cheese burger**  
grilled chicken / beef patty with  
rustic chips & crisp greens  
45

**kiddie's pizza**  
with ham & mushrooms  
65

## SOMETHING SWEET

**something messy**  
vanilla ice cream, strawberry ice cream, crumbled  
choc chip & berry compote  
35

**doctor's orders**  
sliced fruit plate with honey & yoghurt  
35

**strawberry skewers**  
with marshmallow sauce  
50

## SHAKES

**shakes**  
vanilla, strawberry, chocolate or banana & caramel  
27

**soda floats**  
coca-cola or crème soda with vanilla ice cream  
30

## MINI MOCKTAILS

**little shirley temple**  
orange juice, sprite & grenadine  
25

**sunrise splash**  
a delicious concoction of orange, pineapple,  
lemon juice & grenadine  
25

## FRESH FRUIT JUICE

**orange, apple**  
24

**cranberry, fruit cocktail**  
25

## SOFT DRINKS

**330ml**  
coca-cola, sprite, fanta orange, crème soda  
27

**ice tea**  
peach / lemon  
31

**tizers**  
36

**rbg**  
BAR & GRILL

### RBG BAR & GRILL

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