



# Adams Outpost Restaurant Menu

## All Day Breakfasts

**Day Breaker** - 2 Eggs, 2 bacon and 2 toast...R35

**Traditional** - 2 Eggs, 2 bacon, 2 tomato, chips, 1 pork sausage, 2 slices of white or brown toast with butter and jam...R75

**3 Egg Omelette** (with 2 slices of white or brown toast and butter)

- **Cheese and 1 filling:** tomato OR bacon OR mushrooms...R70

- **Full House** - cheese, tomato, bacon and mushroom...R100

**Smoked Salmon** and scrambled egg on a slice of homemade health toast...R70

**Scrambled Egg** on 1 slice Health Bread (plain or toasted)...R25

**Breakfast Stack** - 1 slice of Homemade Health toast 2 eggs, 2 slices bacon, fried tomato and mushrooms...R65

**French Toast Panini Fingers** with 2 slices of back bacon and syrup...R50

## Extras

Egg...R6

Pork Sausage...R18

Danish Feta...R15

Toast Brown or White ...R6

Tomato(2 slices)...R10

Boerewors...R18

Cheddar Cheese...R15

Bacon(2 rashers)...R15

Mushroom...R15

Cheese Griller...R20

Health Bread...R10

## Side Orders

Small Chips...R20

Small Green Salad...R30

Small Greek Salad...R35

Small Roast Vegetable Portion...R30

Large Chips...R40

Large Green Salad...R60

Large Greek Salad...R70

Large Roast Vegetable Portion...R55

## Toasted Sandwiches

Toasted on brown OR white bread

Optional Health Bread at R6 extra

Add cooked chips at R15 extra

Cheese...R25

Bacon & Cheese...R35

Cheese & Tomato...R30

Chicken Mayo...R45

Gammon, Cheese & Tomato...R55

Bacon & Egg...R35

Curry...R55

## Starters

**Vegetable spring rolls** x2 and a sweet chilli sauce...R30

**Chicken strips** crumbed and fried with a sweet chilli mayo sauce...R50

**½ portion soup** with 1 slice of health bread and butter

Butternut (sprinkled with Danish feta)...R30

Mussel...R35

## Light Meals and Lunches

**Vegetable Spring Rolls** x4 served with sweet chilli sauce...R55

**Quiche** with a small green salad

Spinach and Ham...R60

Spinach and Feta...R60

**Soup** with 2 slices of health bread and butter

Butternut (sprinkled with Danish feta)...R55

Mussel...R65

**Beef Burger** (125g homemade beef patty) served with chips

(Salad instead of chips add R10)

Single...R70

Double...R100

**Chicken Burger** (crumbed chicken breast) served with chips

(Salad instead of chips add R10)

Single....R75

Double....R105

**Lasagne** with a small green salad

Vegetable...R90

Beef and Spinach...R95

Chicken...R100

**Pita Bread** with stir fried vegetables, a small green salad and sweet chilli sauce

Vegetable...R85

Thai Chicken...R95

Thai Beef...R100

## Meaty Options

**Curry** of the day served with rice and sambals:

**(Please ask what the curry of the day is)**

Chicken...R90

Beef...R100

Lamb...R120

**Chicken Schnitzel** with chips and cheese OR mushroom sauce

(Salad instead of chips add R10)

Single...R80

Double...R145

**Lamb Chops** with chips OR side salad OR roasted vegetables

250g...R120

500g...R190

**Fillet steak medallions** with chips OR side salad OR Roasted Vegetables

200g...R105

400g...R165

## Sauces

Mushroom...R25

Cheese...R25

Garlic Butter...R25

## Seafood

**with chips OR salad OR vegetables**

**Calamari Steaks** lemon butter OR garlic butter OR tartare sauce

Small (+160g)...R80      Medium (+350g)...R130      Large (+700g)...R220

**Hake** lemon butter OR garlic butter OR tartare sauce.

Small (+145g)...R65      Medium (+290g)... R120      Large(+580g)... R195

**Battered yellowtail medallions** (+250g) and sweet chilli mayo sauce...R135

## Open Sandwiches and Salads

**Fresh salad ingredients (lettuce, tomato, cucumber, pepper and grated carrot) served as a salad or on 2 slices of our homemade health bread as an open sandwich**

**Smoked Salmon:** Slices of smoked salmon (+80g) with a herb yoghurt OR wasabi dressing...R120

**Rare Beef Fillet:** Strips of rare beef fillet coated in a hot and spicy pickle and served with gherkins and pickled onions...R105

**Thai Chicken:** Sliced chicken breast in a Thai marinade topped with roasted sunflower seeds and a sweet chilli dressing...R100

**Smoked Chicken:** Slices of smoked chicken breast with a sprinkling of crispy bacon bits and feta, with a ranch style dressing...R105

**Gammon:** Slices of Gammon served with a honey mustard dressing...R100

**Chicken Mayonnaise:** Shredded chicken and mayo...R100

**Roast Vegetable:** Roasted vegetables topped with sunflower seeds and a balsamic reduction dressing...R90

## Tea Time Treats

**Bran Muffin** and a butter portion

Small...R20      Large...R35

**Cheese Muffin** topped with sesame seeds, a butter portion and grated cheese

Small...R25      Large...R50

**Scone** with butter, strawberry jam and cream

Single...R20      Double...R35

**Black Forest Cake Slice** (2 layer chocolate cake, cream cheese icing, black cherries and whipped cream, flaked almond, chocolate sauce and chocolate sprinkles)...R55

**Cheesecake** of the day slice...R35

**Pancake** with 2 scoops of vanilla ice cream and mixed berries...R35

**Vanilla Ice Cream** topped with a homemade chocolate sauce

1 scoop...R20      2 scoops...R30      3 scoops...R40

## **Hot Beverages**

**Tea:** 5 Roses, Rooibos or Earl Grey...R18

### **Filter Coffee**

Plunger for 1...R18      Decaf...R20  
Plunger for 2...R35      Decaf...R40  
Plunger for 4...R60      Decaf...R70  
Pouring Cream...R10

### **Espresso**

Single...R18      Double...R30

### **Adams Cappuccino**

Frothy...R25      Decaf Frothy...R28  
Cream...R30      Decaf Cream...R33

### **Cappuccino**

Frothy...R20      Creamy...R23

**Hot Chocolate or Milo...R25**

**Irish Coffee (J&B or Bells)...R40**

**Kahlua Coffee...R40**

**Pedro (Bells, J&B, Amarula, Kahlua)...R40**

## **Cold Drinks**

Cordial per tot (Roses Lime, Passion Fruit or Kola Tonic)...R6

Simply Lemon homemade still lemonade  
350ml...R15      1 litre...R25      1.5 litre...R35

Bottled water 500ml (Still or Sparkling)...R12

Mixer cans 200ml (Ginger Ale, Lemonade, Soda OR Tonic)...R16

Cold drink cans 330ml assorted...R18

Fruit Juice 100% per glass(Mango OR Orange)...R15      XL...R25

Liptons Ice Tea Can 330ml – Lemon OR Peach...R25

Appletiser and Red Grapetiser 330ml...R25

Rock Shandy (lemonade, soda and bitters)...R30

Milkshakes: Banana, Bubblegum, Chocolate, Lime, Strawberry, Vanilla

Kids (plastic cup)...R15

Medium...R15      Large...R20      Extra Large...R30

Coffee or Milo

Large...R25      Extra Large...R35

## **Beer and Ciders**

### **Local Beer 340ml:**

|                                 |                         |              |
|---------------------------------|-------------------------|--------------|
| Amstel...R22                    | Black Label...R20       | Castle...R20 |
| Castle Light ...R22             | Castle Milk Stout...R22 | Hansa...R20  |
| Flying Fish (Lemon/Apple)...R22 |                         |              |

### **Imported Beer (330ml):**

|                              |                      |                |
|------------------------------|----------------------|----------------|
| Windhoek Light...R22         | Windhoek Lager...R22 | Heineken...R25 |
| Windhoek Draft (440ml)...R25 |                      |                |

### **Ciders 330ml:**

|                    |                      |
|--------------------|----------------------|
| Hunters Dry...R25  | Hunters Gold...R25   |
| Savannah Dry...R25 | Savannah Light...R25 |

## **Wine**

### **House wine by the glass:**

|                                      |                   |               |
|--------------------------------------|-------------------|---------------|
| White Wine - Dry or Semi Sweet...R20 | Sweet Rose'...R20 | Dry Red...R25 |
|--------------------------------------|-------------------|---------------|

**Please ask for our wine list**

## **Spirits**

### **Brandy**

|                   |                 |                 |
|-------------------|-----------------|-----------------|
| Bertrums VO...R18 | Klipdrift...R15 | Richelieu...R15 |
|-------------------|-----------------|-----------------|

### **Other**

|               |                          |                        |
|---------------|--------------------------|------------------------|
| Amarula...R14 | Cane - Cape to Rio...R12 | Gordons Gin...R15      |
| Pimms...R15   | Smirnoff Vodka...R15     | Southern Comfort...R18 |
| Kahlua...R25  |                          |                        |

### **Rum**

|                                |                                  |                        |
|--------------------------------|----------------------------------|------------------------|
| Captain Morgan Dark Rum... R20 | Captain Morgan Spiced Gold...R20 |                        |
| Bacardi...R19                  | Zulu Rum – Impi...R15            | Zulu Rum – White...R15 |

### **Sherry**

|                        |                          |
|------------------------|--------------------------|
| Old Brown Sherry...R10 | Monis Medium Cream...R20 |
|------------------------|--------------------------|

### **Shooters**

|                          |                          |                    |
|--------------------------|--------------------------|--------------------|
| Liquid Cocaine... R10    | Apple Sours...R10        | Marshmallow...R10  |
| Cappuccino...R10         | Peppermint Liquour...R15 | Jagermeister...R28 |
| Jose CuervoTequila...R25 |                          |                    |

### **Whiskey**

|                    |                            |                     |
|--------------------|----------------------------|---------------------|
| Bells...R23        | J&B...R23                  | Famous Grouse...R23 |
| Jack Daniels...R30 | Johnny Walker Black... R45 |                     |

# Remember our Sunday lunch buffet (starts at 12h30)

## About Adams Outpost Restaurant

NORWOOD, Alfred Adams' original homestead and now ADAMS OUTPOST RESTAURANT, was built by Alfred Adams in 1887. Adams was Eshowe's first trader and "Military Purveyor", and Adams Camp Store served the Fort Curtis Garrison Camp of 2000 Imperial Troops for many years. Norwood hosted many dignitaries and travellers in its day, including Edward, Prince of Wales who, in 1925, is said to have danced on the Norwood dining room table! Norwood was re-located from its original site next to the Golf Course, to the museum grounds in 1997, to make way for a new housing estate, and now houses the Adams Outpost Restaurant.

## About Fort Nongqayi

Fort Nongqayi is a British built fort dating back to 1883. This Fort was used to house the Zululand Native Contingent or the Nongqayi Zulu Police Force. The unit was used to police the then recently colonised Zululand on behalf of the British Colonial Government of Natal.

Today the Fort houses the exhibitions of the Zululand Historical Museum and along with the Norwegian Mission Chapel, Vukani Cultural Museum, Adams Outpost Restaurant and The Hairy Canary Curio Shop make up the Fort Nongqayi Museum Village.