
tramezzini

1. veggie special - pesto, feta, sundried
tomato, avo & rocket * R 60
add smoked springbok for R 10 extra
2. salami & cheese - with onions and
french herbs R 59
3. tuna & mayo - with our secret and delicious
mayonnaise R 59
4. chicken mayo and cheese R 65
5. bacon, egg and cheese R 65

Did you know...

... that tramezzini are originally coming from Turin in Italy? The name derives from the italian word „tramezzo“ = „between“.

They are sold as an alternative to sandwiches mostly as little snacks or in-between-meals. By now they are popular in many countries all over the world.

rice meals

Hawaiian Stew A rich and smooth sweet & sour sauce
with your choice of ingredient.

Honey Mustard Stew The name is programm: A tangy and
tasty sweet mustard sauce with your
choice of ingredient.

Vegetarian R 65

Bacon 72

Chicken 77

Chicken & Bacon R 82

Beef R 85

Salmon R 105

Thai Green Stew A very delicious Thai curry style dish
with a coconut cream based sauce.
Available in medium, hot and xtra hot

Vegetarian R 70

Bacon R 78

Chicken R 82

Chicken and Bacon R 89

Beef R 90

Salmon R 110

Extra Ginger add R 8

All meals also available with Penne

sushi

Nori Maki - 8 pieces

cucumber/ avo	R 28
crabstick	R 34
salmon	R 45

Futo Maki - 8 big pieces

olives, feta, avo	R 45
sundried tomatoes, feta, avo	R 45
salmon, avo, cucumber	R 75

California Rolls - 8 inside out rolls

Biltong (outside), sundried tomatoes, feta	R 50
Smoked Springbok, feta, avo	R 50
Boerewors, sweet chili, peppadew	R 50
crabstick/vegetarian	R 48
smoked mussel, avo, cucumber	R 64
salmon, avo, cucumber	R 75
crabstick salad	R 50

SPOIL YOURSELF: BOTTOMLESS SUSHI R 199

incl. Sashimi/Nigiri

(terms and conditions apply - please ask your waiter)

* extra mayo: R 7 extra ginger/wasabi R 7

sushi

Nigiri 3 pieces

Sashimi 5 pieces

crabstick R 40

salmon R 70

salmon R 52

Fashion Sandwiches

crabstick R 65

salmon R 80

6 salmon roses R 75

6 deluxe salmon roses - with cream cheese R 80

Sushi Chirashi R 85

a dome of rice festooned with four prime cuts of Norwegian Salmon in the Sashimi style, strips of cucumber, avo and seaweed, sprinkled with sesame seed and Tempurra spice



Combination Platters for the hungry

Veggie Platter (24 pieces) R 115

- 1x Maki Avo or Cucumber
- 1x Futomaki Oli or Toma
- 1x Vegetarian California Roll

Meaty Platter (24 pieces) R 145

- 1x Futo Bowo
- 1x Futo Bokko
- 1x California Biltong

Fish Platter (24 pieces) R 185

- 1x Salmon Maki
- 1x Salmon Futo Maki
- 1x Salmon California Roll

Select Platter (22 pieces) R 190

- 1x California Toma or Oli
- 1x California Biltong
- 6 salmon roses

Deluxe Seafood Platter (25 pieces) R 220

- 1x California Crabstick
- 1x California Salmon

Pasta

Fettuccini aglio e olio R 54

An old Italian classic, simple and delicious - al dente pasta in our own garlic and olive oil sauce, sprinkled with parmesan cheese and black pepper

Fettuccini Pesto R 65

Pasta smothered in a traditional basil pesto sauce

Fettuccini all' Arrabbiata R 65

A spicy tomato and onion sauce, refined with garlic and chili, sprinkled with parmesan cheese and black pepper

Penne Napoli R 65

The traditional tomato based sauce, spiced with Italian herbs and garlic - simply what one can always eat.

La Nonna Fettuccini R 79

Chicken sauteed with garlic, herbs and sweet peppers on Fettuccini in the creamiest fresh cream and parmesan sauce

Fettuccini al Amatriciana R 75

Bacon and onions in the most delicious tomato based sauce, spiced with garlic and chili served on Fettuccini.

Pancetta Penne R 75

Prime bacon, sundried tomatoes and herbs in a fresh cream, feta and parmesan sauce accompanied by Penne rigate

Penne Alfredo R 73

Ham and mushrooms, a hint of cream, topped with parmesan cheese and parsley

Fettuccini Salmone R 99

Delicious salmon in a creamy whitewine and onion

salads/wraps

Greek Salad R 57

A traditional greek salad with lettuce, tomato, cucumber, olives and feta

Bacon Salad/Wrap R 65/R 59

A bed of lettuce, draped with avocado, peppadews, feta and bacon

Feta & Herb Chicken Salad/Wrap R 68/R 59

A bed of lettuce with sundried tomatoes, cucumber, peppers, topped with tender chicken breast strips and our own feta and herb dressing

Honey & Mustard Chicken Salad R 68/R 59

Juicy chicken strips marinated in honey and mustard on a base of lettuce ringed with cucumber, tomato wedges and sweet peppers

Tandoori Chicken Salad R 68/R 59

A collection of lettuce, tomato and cucumber, smothered in Tandoori chicken and yoghurt

Salmon Salad R 85

A green salad with stripes of either cooked or raw salmon. Accompanied by cucumber and tomato.

Springbok Carpaccio R 75

Thin slices of smoked Springbok, sprinkled with black pepper and drizzled with lemon juice and olive oil. Topped with a hearty cheese (Parmesan or other) and served with Ciabatta bread

Get an XXL Wrap (double the portion) for xtra R 20

ciabattas

hot ciabattas

- bruschetta style - tomato, pesto, parmesan & a drizzle of olive oil R 47
- ham & cheese - tomato + our homemade cocktail dip R 54
- salami & cheese - onion + our homemade cocktail dip R 54

cold ciabattas

- egg & mayo - cheese, lettuce, black pepper R 50
- mediterranean deluxe - pesto, feta, rocket, tomato, cream cheese, cucumber R 58
- springbok surpreme - smoked springbok, cream cheese and rocket R 65
- chicken mayo - feta and lettuce R 65



* due to availability, please ask your waiter

pizza

served Mon - Sat from 11.30 - 21.00

on either a tomato-, pesto- or cream base

CLASSICALS

Foccaccia base with olive oil, garlic and herbs R 35

Margherita tomato puree, herbs and cheese R 59

Salami salami and onions R 77

Tonno Cipolla tuna and onions R 74

Hawaiian chicken, pineapple R 87

Regina ham, mushrooms, oregano R 83

karushi FAVOURITES

Pepperonata salami, green peppers, mozzarella R 87

Chicken Surpreme chicken, feta and peppadew R 93

Greek olive, feta and peppadew R 90

Meatmania salami, ham and chopped boerewors R 90

Mmmmmmmafia salami, egg, onions, black pepper R 86

GOURMET CHOICE

Exotica bacon, banana, garlic R 82

Veggie Delight mushrooms, sundried tomato, feta, avo* R 99

Carpaccio smoked springbok, feta and avo* R 101

Salmon Deluxe salmon, onions, avo* R 105

Salami Delight salami, feta, mushrooms, avo*, sundr tomatoes R 105

Verna salami, avo* pineapple, mushrooms, oregano R 105

extra toppings

free: chili, garlic, tabasco

R 4: onions

R 9: peppadew, boiled egg, banana, green peppers

R 11: olives, feta, sundried tomatoes, avo, tuna, ham

R 13: boerewors, extra cheese, biltong, mushrooms

R 14: bacon, pineapple, chicken strips, salami

R 16: beef strips

R 20: smoked springbok

R 28: salmon

„Saucizzas“ our saucy pizza range

Thai Chili Chicken R 90
chicken, peppadew, thai sweet chili sauce

Bacon Hawaii R 90
bacon, green peppers, sweet & sour sauce

Braai Beef R 94
beef strips, mushrooms and braai sauce

Pizza Mare R 89
tuna, calamari, mussels, onions & garlic

Bacaronata R 90
bacon, green peppers, onions, mozzarella cheese

Calzone Salame e funghi R 85
A fold-over-Pizza, stuffed with salami,
onions, mushrooms and cheese

Calzone Meatmania R 90
A fold-over-Pizza, stuffed with boerewors,
ham, salami and cheese

Calzone Mare R 89
A fold-over-Pizza, stuffed with tuna, calamari,
mussels, crabstick, onions, garlic & cheese

Kiddies Pizza

Margherita R 38

Regina R 55
ham, mushrooms, oregano

Hawaii ham & pineapple R 57

cold beverages, shakes & smoothies

protein shakes NEW

high proteine shakes (30g per serving)

Chocolate R 28

Vanilla R 28

smoothies

Kiba kiwi & banana, crushed ice, apple R 30
(seasonal) juice & a dash of lemon

Peaba banana, peanut butter, milk & honey R 27

Berry BOOST mixed berries, banana, milk, R 32
honey & crushed ice

Waikiki pineapple, coconut cream, honey R 30
& banana

milkshakes

bubblegum, chocolate, lime R 25
strawberry & real banana

- doublethick - R 29

Iced Coffee R 28

soft drinks: Coke, Coke Zero, Sprite, Fanta R 19
Dry Lemon, Ginger Ale, Tab

pure juice: apple/orange/tropical R 21

„thirst quencher“: apple/orange/tropical R 17
juice and water

still/sparkling water R 16

hot beverages



coffee

caff� americano	R 18
espresso single	R 17
double	R 20
espresso macchiato	R 18
caff� latte	R 22
cappuccino	R 23
hot chocolate	R 25
chocochino	R 27
Lumumba - hot chocolate with brandy and cream	R 29

tea

rooibos tea	R 13
black tea	R 13
RooiChino	R 20
rooibos tea with a head of foam	
(extra honey R 4)	