

Drinks

Hot Drinks Coffee | Nina's Blend Regular **R16** Decaf **R18** Rooibos Americano **R16** Mochiato **R13 R23** Chocochino Irish Coffee **R27** Cappuccino Regular **R20** | Mug **R23** Decaf **R22** Rooibos **R19** Rooibos & White Hot Chocolate **R25** Cappuccino & Cream **R28 R26** Triple Cappuccino Mug Espresso **R13** Single **R18** Double **R22** Vietnamese (Espresso, condensed milk & crushed Ice) **Hot Chocolate R25** Regular Bar-One **R25** White Hot Chocolate **R25** Milo **R26** Latte **R22** Regular

Chai Latte Chai latte & Espresso Shot	R23 R25
Tea Ceylon, Earl Grey, Rooibos, Green T Chai Herbal Teas Cold Drinks	ea, 1813 1815
Refresher Litchi, mint, lemonade & lemon or strawberry	R31
Refresher Banting Cordials Made with mint leaves, lemon, soda water	R35
Steelworks Kola tonic, passion fruit, lime & ginger beer	R31
Sodas	R20

Coke, Sprite, Fanta Orange, Fanta Grape, Cream Soda, Coke Zero, Coke Light,

Tab, Sprite Zero, Stoney Gingerbeer

Bundaberg Ginger Beer	R26
Red White grapetizer or appletizer	R21
Cordials Kola tonic, passion fruit, lime	R7
Banting Cordials Strawberry, elderflower, ginger, bluebe pineapple, lemonade, pink lemonade turkish delight	
Mixer Tonic water, soda water, dry lemon, gale, pink tonic, sugar free craft tonic	R13 iinger
Milkshakes	
Strawberry, chocolate, bubblegum, lir vanilla, banana	ne, R27
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Ninas Exotic Shakes R30

Banting Milkshakes

Chocolate, vanilla, caramel

Hazelnut, coconut, milo, orea, chai, peanut butter, bar-one, caramel, cinnamon, espresso coffee, salty caramel, liquorice, cookies and cream, pineapple and coconut, watermelon, rum and raisin

Matthew's Bar-One & Peanut Butter Milkshake R32

>	Smoothies	
Yoghurt		R35
Soft Serve		R39
Dairy free		R35

Wazoogles superfood smoothie		
(Vanilla or chocolate) Mango, litchi & mango, berry, pineapple & gran	R40 adilla	
Red bull	R30	

Don Pedro	
Kahlua OR Whiskey	R30
Jameson or Spirit of Rooibos	R39

100% Fruit Juice R19
Orange, mango & orange, tropical, mango, litchi, strawberry, pineapple, cranberry

100% Pomegranate Juice R19

Soda Float	R28
Coke, fanta, creme soda	

Slush Puppy Small R20 | Large R25

Bali Inspired Health Juices

R35 Each

Kick Start

Kalelspinach, lettuce, granny smith apples & lemon

Tumeric Detox

Pineapple, ginger, tumeric, mint

Cleanser

R35

Chilli, apple, cucumber, spinach/kale, lemon, ginger, cayenne pepper

Immune Boost

Orange, naartjie, lemon, ginger

Beach Babe

Orange, pineapple, mint

H20 Hydrate

100% Coconut water, watermelon, mint

The Classic

Apple, carrot, ginger, beetroot, celery

Spiced Pineapple

Pineapple, cayenne pepper, ginger

Add activated detoxing charcoal to any juice | **R5** extra

Coconut 'Water	
100% Natural	R27

Kombucha | Naturally Fermented Tea R35 (Ginger, Blood orange or BREW)

Lipton Ice Tea	R20
Peach or lemon	

Bos Organic Ice Tea	R20
Lemon, peach, berry, ginger and	lime

Kefir	Ginger	Beer	R25
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Fresh Flame Grilled Tuna Served with sesame soy dipping sauce, topped with almond aioli & basil pesto. Served with chips or savoury rice & organic salad, greens & coleslaw	R139
Swordfish espetado	R149
300g swordfish flame grilled and served with chips $\&$ onion rings	
Beef Rib Eye Espetado 300g hanging skewer, basted and flame grilled served with chips & onion rings	R189
Free Range Ostrich Fillet Espetado 300g hanging skewer, drizzled with homemade aioli, roast garlic and onion reduction served with chips & onion rings	R185
Traditional Lamb Shank Served with mashed potato & roast vegetables	R170
Deluxe 300g beef rib eye steak Smothered in a cream, bacon, mushroom, cheese and smoked mussel sauce	R199
Poké Bowls Seared tuna, Norwegian salmon, edamame beans, nori sheets, homemade panzac sauce, pickled ginger, greens & avo	R130
Oxtail Slow baked, served on mashed potato	R149
Eisbein Served with mashed potato, roast vegetables & coleslaw	R158
Creamy Pork Medallions Malleted medallions of pork simmered in cream, Nina's unique reduction served with roasted vegetables, chips and organic greens	R99
Beef Fillet Medallions Malleted flat, cannot be served medium rare, simmered in fresh cream served with roast vegetables, chips and organic salad greens	R158
200g Free range ostrich fillet Grilled and oven baked with brie, blue cheese and figs served with chips and organic greens	R158
650g Slow Roasted Pork Belly Served with pineapple & cranberry reduction, mashed potato and coleslaw	R168
Free Range Roast Duck 1/2 Nina's Style With cointreau liqueur, fresh orange and cream reduction served with mash potato & roast vegetables	R128
Seafood Espetatado Swordfish, Calamari and Prawns	R199