

BREAKFAST

THE JUNGLE GYM

homemade nutty granola topped with full cream yoghurt, seasonal fruits and local honey

70

GOOD OLD OATS

- old fashioned creamy oats with spiced plum, baked apple and a nutty crumble
- chai spiced winter oats with banana, dates, nuts & local honey

65

THE TREEHOUSE BREAKFAST

scrambled eggs, pan-seared cherry tomatoes & herbed mushrooms served on top of your choice of toast
- add avo / bacon / hashbrowns R18

70

THE GARDEN SHED BREAKFAST

scrambled eggs, pan seared cherry tomatoes, herbed mushrooms, chipolata sausages, bacon and sprouted greens served on top of your choice of toast
- add avo / hashbrowns R18

85

THE GOOD BANTER

herbed mushrooms, creamed spinach, scrambled egg, bacon, chipolata sausages, avo & danish feta
- add toast R8

95

EGGS BENNY

poached eggs served on a toasted english muffin with dreamy hollandaise sauce and:
bacon
smoked salmon

85

90

EGGS FLORENTINE

poached eggs with creamed spinach, dreamy hollandaise and served on a toasted english muffin

75

SERVED FROM 9 - 12... UNLESS YOU ASK VERY NICELY

A FRESH START

avo, danish feta, fresh tomato, cucumber, fresh greens, balsamic glaze & a squeeze of lemon on two slices of seed loaf

75

- add poached eggs R 12

SHAKSHUKA

two baked eggs smothered in slow roasted tomato & peppers served on a corn fritter (vegans swap eggs for avo)
- add bacon - R20

85

SCRAMBLED EGG ON TOAST

cherry tomatoes / pesto / feta / mushrooms / creamed spinach / caramelised onion R12
avo / bacon / chipolatas / hashbrowns R20
smoked salmon R30

40

FILLED CROISSANTS:

scrambled eggs, bacon & cheddar cheese -R75
scrambled eggs, smoked salmon & cream cheese -R95
smashed avo, crispy bacon & balsamic glaze -R75

FLAPJACK / FRENCH TOAST STACK (VEGAN AVAILABLE)

seasonal berry goulash, fresh berries, bacon & syrup - R75
banana, homemade chocnut spread & icing sugar -R65

KEEP IT SIMPLE

toast or a toasted croissant served with butter, cheddar cheese & homemade jam

40

BUTTERSCOTCH BANANA BREAD FRENCH TOAST

65

VEGAN POWER TOWER

our backyard hashies stacked up with cherry tomatoes, herbed mushrooms, avo, coriander pesto, sprouts, rocket and a drizzle of balsamic glaze
- add poached eggs R 12

72



CHEF BIANCA'S SPECIALS

SOUP OF THE DAY

65

a bowl of hearty and homey winter goodness served with a warm homemade bread roll

QUICHE OF THE DAY

75

home baked and served with your choice of side salad or mixed seasonal vegetables

PASTA OF THE DAY

80

PIE OF THE DAY

85

served with rustic mash potatoes and a homemade gravy

MEAL OF THE DAY

80

FRESH OF THE DAY

80



CLASSIC TOASTED SARMIES

Available on seed loaf or ciabatta bread with your choice of a side salad, mixed seasonal vegetables or sweet potato fries

VEGANS! We have vegan-friendly cheese that you can swop out for any of the below (add R5)

Toasted cheese, tomato & homemade mayo

60

Bacon, cheddar and tomato

75

Toasted homemade chicken mayo, red onion and avo

65

Brie cheese, roasted mushroom, caramelised onion

70

Mixed seasonal vegetables, homemade pesto, cheddar and avo

75



Fresh Juices - 36

STRAIGHT UP O.J

freshly pressed orange juice

RISE & SHINE

carrot, orange & ginger

MMM MMMM

pineapple, orange, apple, lemon & ginger

GREEN MAMBA

apple, lemon, mint & ginger

THE CLEAN MACHINE

cucumber, beetroot, spinach, pineapple,
lemon & ginger

FLU ELIXIR SHOT - R 15



- bos iced tea (peach / lemon) 25
- appetizer / grapetizer 25
- kombucha 35
- Virgin G&T with buchu R40 24
- sodas 22
- still / sparkling water 16

Smoothies - 35

THE HULK

banana, low fat milk, peanut butter, cacao,
cinnamon, almonds, espresso & honey
(vegan option available with dates & almond milk)

BERRY NICE

strawberry, banana, plain yoghurt & honey

Milkshakes - 30

vanilla / chocolate / strawberry / coffee

kiddies shakes - R16

Backyard Winter Freakshakes:

Strawberry Cheesecake - R48

Triple Chocolate Brownie - R48

** We are an unlicensed venue, however you are
welcome to bring your own **



CAKE SELECTION - 40
HOMEBAKED, ON DISPLAY INSIDE

CHEESECAKE - 48

JUMBO CUPCAKES - 28

BROWNIE - 45
SERVED WITH VANILLA ICE-CREAM

SWEET MUFFIN - 40
SERVED WITH JAM AND BUTTER

SCONES - 38
SERVED WITH JAM AND BUTTER

Time for Tea



Tea

CEYLON, ROOIBOS, EARL GREY, VANILLA, CHAI
GREEN TEA, PEPPERMINT TEA, CHAMOMILE TEA,
LEMON TWIST, STRAWBERRY&MANGO,
BLACKCURRENT, GINSENG&VANILLA,

20

ALMOND MILK AVAILALBE AS A SUBSTITUTION - R8

Coffee

• WE SERVE A DOUBLE SHOT OF ORIGIN COFFEE AS A STANDARD •

DOUBLE ESPRESSO	15
AMERICANO	20
CAPPUCCINO	26
LATTE	29
HAZELNUT, VANILLA OR CARAMEL FLAVOURED LATTE	32
MOCHA	32
HOT CHOCOLATE	32
RED CAPPUCCINO	26
CHAI LATTE	29
DIRTY CHAI LATTE	32
BABY CHINO	10



SAVOURY

SWEET

DELI RANGE

Homemade Quiches R100 (serve 8)

- Bacon & cheddar
- Bacon, mushroom, tomato&cheddar
- Roast vegetable
- Spinach & feta
- Chicken & mushroom
- Butternut & feta

Savoury Muffins

- Three cheese & onion
- Olive, feta & tomato

Platter of 20 mini: R100

Platter of 10 large: R150

Phyllo Pastry Parcels

- Spinach, feta & mushroom
- Roast vegetable
- Chicken, balsamic onions & butternut

Platter of 40: R250

Cakes

- Carrot Cake **R250**
- Red Velvet Cake **R250**
- Chocolate Cake **R220**
- Baked Vanilla Cheesecake **R280**
- Fridge Cheesecake **R280**
(strawberry/passionfruit/blueberry)
- Cupcakes **R216 for 18**
(chocolate/vanilla/carrot/red velvet/espresso)

- Chocolate Brownies **R120 for 6**
- Gluten Free/Paleo-Friendly/

Novelty cakes and vegan/Low Carb options are available.

Contact us for more info

COMING SOON

Jam

- Mixed berry
- Orange marmalade
- Red onion & chilli

Pesto/Sauce

- Basil pesto
- Sweet chilli sauce

Baked Goods

- Vanilla biscuits
- Peanut butter biscuits
- Super nutty granola

Other

- Nut butter
- Lemon Curd
- Cordial (lemon /passionfruit)