



For Starters

An absolute must try!

NACHOS (V) | 95

Covered with melted cheddar cheese and served with fresh guacamole & tomato salsa
Extra Chicken strips | 15 Beef Strips | 20

SPICY BUFFALO WINGS | 80

Chicken wings marinated in our secret spicy sauce, topped with sesame seeds and drizzled with a tangy chilli mayo

● **PERI-PERI CHICKEN LIVERS** | 69

Prepared with a chilli and white wine infused BBQ sauce

For the vegetarians

HALOUMI FINGERS (V) | 75

Fried haloumi fingers seasoned with origanum, a squeeze of lemon
Served with a tzatziki dip

MOZZARELLA STICKS (V) | 65

A classic – fried, crumbed mozzarella sticks served with a honey mustard dip

GARLIC SNAILS | 75

Served in a fresh garlic butter sauce

GARLIC MOZZARELLA SNAILS | 85

Snails smothered in garlic sauce and topped with mozzarella cheese

BEEF TRINCHADO | 75 **CHICKEN TRINCHADO** | 70

Tender strips of meat in a spicy wine marinade, seasoned with herbs and pan fried

CALAMARI | 75

Grilled or fried calamari tubes served with chips and lemon butter sauce

CRUMBED BUTTON MUSHROOMS | 75

Deep fried and served with bacon and tartare sauce

SHRIMP COCKTAIL | 75 (when available)

Half avocado served with a tangy pink sauce, shredded lettuce and shrimps

DEEP FRIED CAMEMBERT CHEESE (V) | 89

Served with melba toast and cranberry sauce

MUSSEL POT | 89

6 steamed mussels prepared in a garlic white wine sauce
Served with a slice of brown bread

*Pictures are for
illustration purposes only*



*Choice of Penne,
Fettuccini or Spaghetti
Gluten Free Penne - Add R20*

Pasta

For the adventurous

CREAMY PRAWN HARISSA | 139

Prawns, chorizo, harissa, creamy Napolitana and garlic

BOLOGNAISE | 109

Minced beef slow cooked in a tomato sauce

VEGETABLE LASAGNE (V) | 99

Layered pasta sheets stuffed with vegetables topped with cheese and baked

BEEF LASAGNE | 119

Traditional pasta sheets layered in a Bolognese sauce, topped with mozzarella cheese

ALFREDO SAUCE

Cream based, with mushrooms and ham | 109

Or substitute ham with chicken strips | 125

STROGANOFF | 129

Tender strips of beef strips prepared with mushroom in an indulgent creamy Stroganoff sauce

RAVIOLI BIANCO | 145

Square pockets of pasta filled with beef.

Served with a creamy mushroom sauce with a touch of rosemary

GARLIC/PESTO (V) | 99

Penne pasta lightly tossed in fresh garlic and pesto

NAPOLITANA (V) | 99

Creamy Tomato based sauce, with basil served with a pasta of your choice

*Just like Nonna
use to make*

new

- **THE ORIGINAL GREEK (V)** | 85
Feta, olives, tomato and mixed greens with a classic olive oil balsamic vinaigrette

CAJUN CHICKEN & AVO SALAD | 95

Tender pieces of chicken, coated in our signature Cajun spice rub, served with sliced avocado, Rosa tomatoes and lettuce

- **CLASSIC CAESAR** | R80

Cos Lettuce, crispy bacon bits, parmesan shavings and croutons topped with our classic homemade Caesar dressing

- **NICOISE** | 95

Baby potatoes, blanched green beans, garlic, boiled eggs, olives, cherry tomatoes, spring onion and shredded tuna

ORANGE AND PEACAN NUT SALAD (V) | 85

Fresh Green salad topped with orange segments and peacan nuts

ROQUEFORT (V) | R85

Fresh mixed greens, cucumber, tomato and onion topped with Roquefort cheese dressing and crumbled Roquefort cheese

CARPACCIO | R85

Thinly sliced raw fillet of beef, served with rocket, parmesan shavings and a olive oil and balsamic dressing

new

Salads



*Pictures are for
illustration purposes only*

new Combos

- **RIBS & WINGS** | 245
300G pork loin ribs & spicy buffalo wings topped with sesame seeds and drizzled with a tangy chilli mayo
- **RIBS & CHICKEN** | 250
300g of our famous pork loin ribs & a quarter chicken marinated & flame grilled
- **STEAK & RIBS** | 269
200g matured rump or sirloin with 300g pork loin ribs
- **RIBS & PRAWNS** | 289
300g pork loin ribs with 4 king prawns. Served grilled or fried
- **MIXED GRILL** | 280
200g rump or sirloin, 2 loin lamb chops & 150g boerewors.
- **PRAWNS & CALAMARI** | 225
4 King Prawns and 200g Calamari grilled or fried

All main meals are serve with a side of your choice - Baked or Mash Potato, Fries, Vegetables or Rice

Scrumptious burgers

Succulent, delectable, delightful, heavenly, mouthwatering and totally yummy!



new

- **SUPADELUX BURGER** | 160 NEW
Two 200g mince patties packed into a large sesame bread roll with 2 slices of cheese, bacon, lettuce, gherkins, tomato. Topped with our in-house burger sauce. Served with French fries
- **DELUXE HAMBURGER** 200g | 110
Premium A-grade beef mince patty with lettuce, gherkins, tomato and our in-house burger sauce, deliciously packed into a sesame bun. Served with French fries
- **GOURMET CHEESEBURGER** 200g | 125
As above with a slice of cheese and a side portion of French fries
- **CHICKEN BURGER** 150g | 90
Tender chicken fillets in a bun with lettuce, gherkins, tomato and French fries
- **BACON AVO BURGER** 200g | 139
Beef patty, crispy bacon, sliced cheese and avocado on a sesame bread roll. Served with French fries

Add your favourite sauce - Pepper, mushroom or cheese R25



Main Attractions....



Best Seller

- **BABY BACK RIBS** 300g | 189 600g | 249 900g | 319
Our famous pork loin spare ribs
A Bennigan's secret recipe since 1972

- **LAMB SHANK** | SQ
Slow cooked for hours in our famous wine and mixed spices

- **LAMB CURRY** | SQ
Traditional mild lamb curry, cooked for hours in our secret Indian spices
Served with sambals

- **OXTAIL** | 210
Slow cooked in a red wine sauce and spiced to perfection

- **SLOW ROASTED PORK BELLY** | 195
Pork Belly, slow roasted for 6 hours & served with a fennel & apple puree,
pork jus & crispy crackling

- **EISBEIN** +/- 1kg | R179
Pickled & slow cooked, then fried till crispy. Served with sauerkraut

- **SCHNITZEL** | Pork 159 | Chicken 149
Tender pork medallions, crumbed and pan fried. Served with butter lemon sauce

- **CHICKEN CURRY** | 145
Traditional chicken curry served with rice and sambals

- **CHICKEN FAJITAS** | 140 **BEEF FAJITAS** | 160
Flash fried in a piping hot skillet with onions & peppers and home-made tortillas.
Served with guacamole salsa & cheddar cheese

- **CHICKEN ACAPULCO** | 149
Grilled chicken breasts, topped with a cheese sauce & slices of avocado

- **CHICKEN CORDON BLEU** | 159
Fried chicken breasts filled with ham & cheese. Served with a creamy cheese sauce

- **BABOTIE** | 129
A classic South African dish. Ground beef, seasoned to perfection.
Spicy, aromatic and zingy with a creamy decadent topping

new

- **VEG PLATTER** | 119
A generous combination of baked potato, vegies of the day, haloumi cheese,
grilled tomato, mushrooms

Pictures are for illustration purposes only

Creamy peppercom
Monkey Gland,
Cheese
Mushroom
Garlic
Beamaise
Peri - Peri ←

PREMIUM A-GRADE AGED MATURE BEEF

- | | |
|-------------------------------------|---|
| ● 200G FILLET 190 | ● 300G FILLET 239 |
| ● 200G RUMP OR SIRLOIN 149 | ● 300G RUMP OR SIRLOIN 185 |
| ● SIRLOIN 500g 259 | ● 500G RUMP 500g 259 |
| ● 400G JUNIOR T-BONE 189 | ● HUNGER BUSTA T-BONE 600G 269 |
| EXTRA OPTIONAL SAUCE R25 | → Bottle Peri - Peri 35 |

Tell us how do you like it? Plain / With basting / Salt & Pepper / Pepper Crusted

Our signature cuts



TOMOHAWK (approx 600g) | 269

For the very hungry, grilled on an open flame (we recommend med rare)

Best Seller →

● **DRAKENSBERG SIRLOIN 300g** | 219

Served with sliced avocado and smothered in a rich cheese sauce

BLACKENED SIRLOIN 200g | 169 300g | 199

Dusted with our signature Cajun spice mix & seared on a flat top grill. Drizzled with melted butter.

PORK BOMBAY 200g | 180

- Thinly sliced pork steaks filled with Mozzarella or Banana - cordon bleu style, fried & covered in a creamy curry sauce

● **PORK CHOPS 300g** | 145

Grilled and served plain or basted with an apple mousse

● **HERB CRUSTED LAMB CUTLETS** | 269

Three lamb saddle chops rolled in our herb mix, drizzled with lemon & grilled to perfection

JOZI SPICY CHICKEN | 119

Half chicken marinated, flame grilled then basted with olive oil, lemon, garlic and of touch of black pepper

ESPETADA Beef 199 | Chicken 149

Tender beef or chicken cubes, Smothered in lemon butter or garlic butter & grilled on an open flame.

Side orders for
any of our dishes
Veggies - 25
Onions - 20

All main meals are served with a side of your choice -
Baked or Mash Potato, Fries, Vegetables or Rice

FOCACCIA (V) | 69

Garlic and herb with drizzle of olive oil | Add Mozzarella 10

MARGARITA (V) | 109

Tomato base with mozzarella & a touch of mixed herbs

HAWAIIAN | 119

Tomato and Bandini mozzarella with ham & pineapple pieces

REGINA | 129

Tomato and Bandini mozzarella with ham & mushroom

CHICKEN MAYO | 129

Mozzarella, chicken pieces in a tangy mayo sauce | Add bacon strips R15

BACON FETA | 149

Tomato base with mozzarella, bacon, feta & slices of avocado

Pizza's

EST. 1972 **BENNIGAN'S**



SEAFOOD | 149

Tomato base and mozzarella, calamari, mussels & shrimps

VEGETARIAN (V) | 129

Tomato base with mozzarella, roasted bringel, roasted green pepper & mushroom

4 SEASONS PIZZA | R139

Mozzarella, tomato, diced ham, mushrooms, olives and artichokes

SWEET CHILLI CHICKEN | 129

Chicken strips grilled with a sweet chilli sauce, red onion, green/red pepper and sliced avocado

CHEESE GRILLA | 160

Tomato, Mozzarella, salami, mushroom, & cheese griller sausage crust

MAMMA MIA | R150

Mozzarella, Tomato, Salami, Ham, Olives, Green pepper, Mushrooms & Onion

MEXICANA | 135

Bolognaise minced beef, hot base sauce, mozzarella & mixed peppers

BENNIGANS | 179

Tomato base with mozzarella, ham, salami, bacon and our famous ribs

TOP UP | 10 each

Cheddar or mozzarella cheese, chilli, green pepper, pineapple, olives, mushrooms

Feta, ham, beef, salami, bacon, chicken, calamari, mussels, shrimp, avocado, or anchovies | 15 each

new

*Our pizza's are
delicious
but you can always
top up to make them
extra yummy!*

Some Fishy options!

All main meals are served
with a side of your choice -
Baked or Mash Potato, Fries,
Vegetables or Rice



Recommended
Rare

FRESH NORWEGIAN SALMON | 239

Seared Norwegian Salmon with a sweet ponzu sauce.
Served with a cucumber spaghetti in a sesame and mirin dressing

For the Health conscious

FRESH KINGKLIP | 229

Fresh kingklip fillet served with lemon butter sauce and
your choice of one side dish

CALAMARI | 149

Tender calamari tubes, served plain grilled with lemon butter or Cajun style

PRAWNS 6 portion || 219 9 portion | 299 12 portion | 349

King prawns served with garlic, peri-peri or lemon butter sauce

new

PLATTER FOR ONE | 259

4 King prawns, calamari, 6 mussels, hake, chips or rice
Served with lemon butter and tartare sauce

CATCH OF THE DAY | 179

Filletted & grilled, served with a creamy dill or lemon butter sauce

HAKE & CHIPS | 119

200g grilled or fried

HAKE THERMIDOR | 155

Hake with shrimps & cheese sauce, grilled to perfection
Topped with grated cheddar cheese

Soft

CLASSIC MILKSHAKES | 32
Bubblegum, Strawberry, Vanilla, Lime, Chocolate

SPECIALTY MILKSHAKES | 58
Oreo, Bar One, Crunchie, Malva, Fudge, Salted Caramel,
Peanut Butter, Nutella, Coffee

200ML CANS | 19
Dry Lemon, Ginger Ale, Tonic Water, Pink Tonic, Soda Water,
Coke, Coke Light, Lemonade, Tomato Cocktail

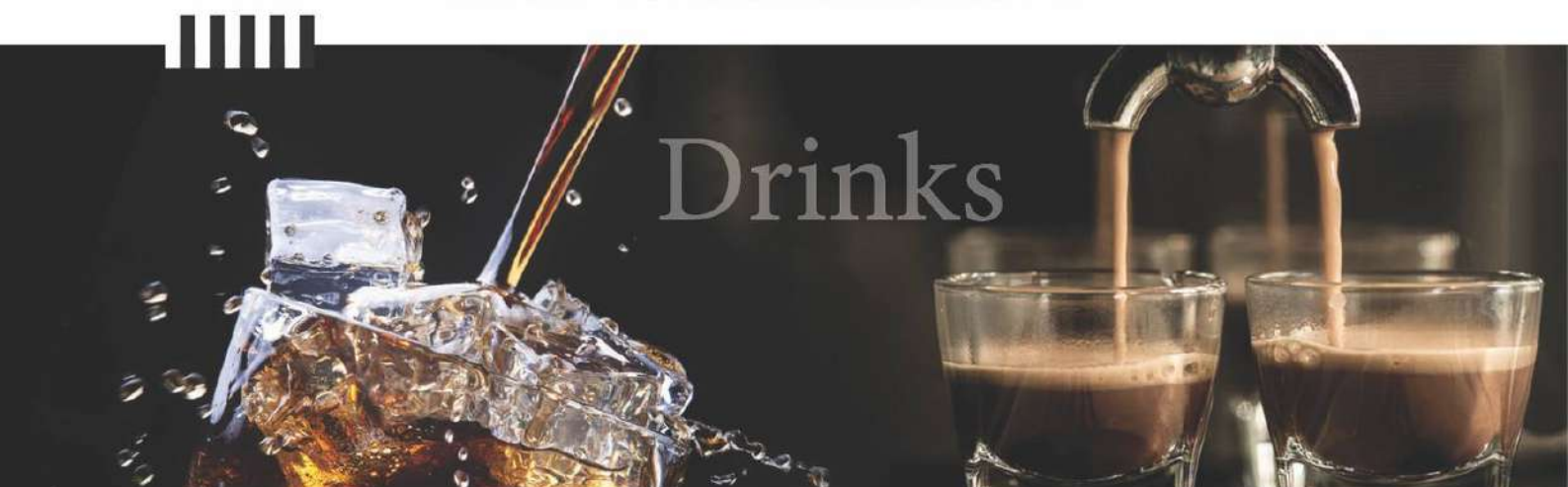
300ML CANS | 22
Cream Soda, Fanta Orange, Sprite, Sprite Zero, Lemon Twist, Coke,
Coke Zero, Coke Light, Tab, Sparberry, Stoney Ginger Beer, Iron Brew

APPLETISER / GRAPETIZER Red, White | 32

ICED TEA Lemon, Peach | 25

FRUIT JUICES Orange, Fruit Cocktail, Mango & Cranberry | 23

CORDIALS Kola Tonic, Lime, Passion Fruit | 5



Hot

ESPRESSO Single 21 | Double 25

AMERICANO 23

FILTER COFFEE Regular 20 | Decaf 20

CAPPUCCINO FOAM Regular 26 | Mega 30

CAPPUCCINO CREAM Regular 26 | Mega 32

CAFFE MOCHA Foam 36 | Cream 38

CAFFE LATTE Foam 30 | Cream 32

TEA Rooibos, Five Roses | 21

HOT CHOCOLATE | 30

MILO | 30

Let's get it on....

Cocktails

LONG ISLAND ICED TEA | 75

Gin, Triple sec, Vodka, Rum, Coke

STRAWBERRY DAIQUIRI | 75

Rum, Strawberry Liqueur & Strawberry Juice

MARGARITA | 70

Tequilla, Triple Sec, Lime Cordial & Lemon

GRASS HOPPER | 70

Peppermint Liqueur, Amaretto & Vanilla Ice Cream

ORANGE SUMMER | 70

Gin, Vodka, Southern Comfort, Orange Juice

DANDELIGHT | 70

Nachtmuzik, Peppermint Liqueur, Amaretto, Ice Cream & Romany Cream Biscuits

HARVEY WALLBANGER | 75

Vodka, Galliano, Orange Juice, Glazed Cherrie

HEAVENS TOUCH | 75

Frangelico, Cape Velvet, Kahlua & Milk

MOJITO | 75

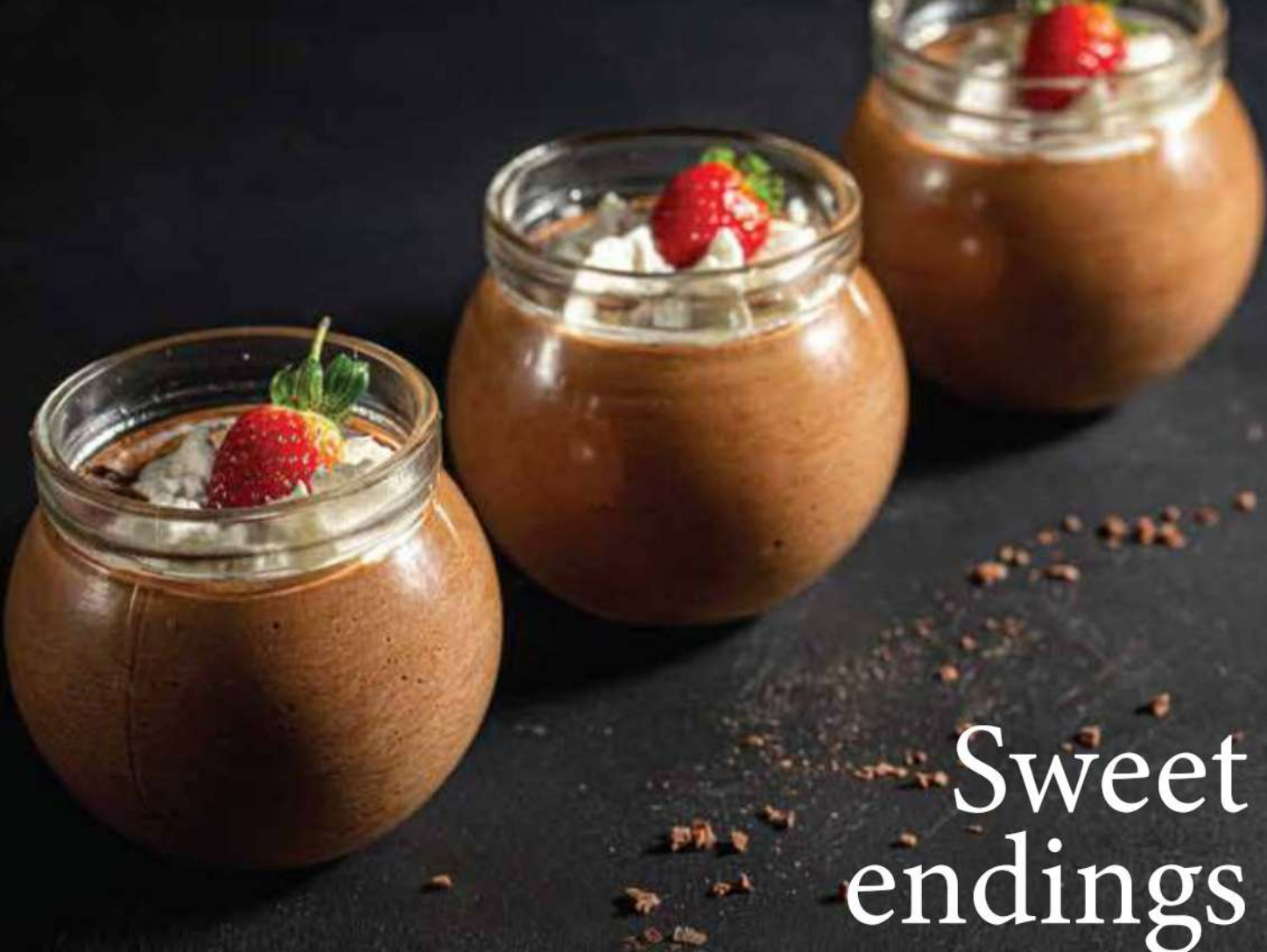
White rum, Fresh lime juice, Sugar, Mint, Soda Water

SKYLAB | 75

Vodka, Blue Curaçao, Bicardi, Sprite, Fresh lime juice, Grenadine and orange mix



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Sweet endings

*All made
in-house*

MISSISSIPPI MUD PIE | 60

Liqueur infused chocolate ice cream cake, with a biscuit base
Served with a chocolate fudge sauce and fresh cream

RETRO CRÈME BRULEE | R60

Our take on the classic : Rooibos infused crème brulee

ETON MESS R60

Fresh Crushed Meringue topped with fresh cream & strawberries

*The house
favourites!!*

SALTED CARAMEL CHOCOLATE BROWNIE | 60

Valrhona 70% dark chocolate brownie topped with popcorn,
drenched in salted caramel sauce and served with vanilla ice cream

AMARULA MALVA | 60

Ouma's favourite recipe with a twist, served with cream or ice cream

WAFFLE AND ICE-CREAM | 50

Fresh waffle topped with cream or ice cream or both

ICE CREAM & CHOCOLATE SAUCE | 50

Premium Vanilla ice cream served with our homemade chocolate fudge sauce

CHOCOLATE MOUSSE | 60

In-house speciality made with chocolate
and topped with fresh cream

EST 1972
BENNIGAN'S

KIDDIES PIZZA Cheese 60 | Chicken 70 | Hawaiian Pizza 70

RIBLETS* | 60

WINGS* | 498

* These are served with kiddies
portion of chips or mash

KIDDIES BURGER* Chicken or beef | 49

CHICKEN FINGERS* | 49

SPAGHETTI BOLOGNAISE | 49

MAC & CHEESE (V) | 45

CHICKEN NUGGETS | 59

HOT DOG | 49

EST 1972
BENNIGAN'S

KIDS COOLDRINKS | 17

CERES KIDS JUICES | 18

KIDDIES MILKSHAKE | 20

menu



White Wines



WHITE WINES

Haute Cabriere Chardonnay Pinot Noir | 240
Buitenverwachting Buiten Blanc | 180

DRY WHITE WINES

Graca | 120
Drosty Hof Xtra Light | 120

SEMI SWEET WHITE WINES

Theuniskraal Boutquet Blanc | 140

SWEET WHITE WINES

Drosty Hof Adelpracht | R110

SAUVIGNON BLANC

La Motte Sauvignon Blanc | 215
Neil Joubert Sauvignon Blanc | 160

CHENIN BLANC

Ken Forrester Petit Chenin Blanc | 155

CHARDONNAY

Elgin Vintners Chardonnay | 390
Fat bastard Chardonnay | 235

ROSE

Nederburg Rose | 110
Durbanville Rose | 170

BUBBLES

Dom Perignon Brut | 3500
Moet & Chardon | 1100
JC Le Roux Le Domaine | 150
JC Le Roux La Chanson | 150
JC Le Roux La Fleurette | 150
Pongracz | 290

WINE BY THE GLASS | 35

Sweet White
Dry White
Rose
Sparkling

EST 1972
BENNIGAN'S

Red Wines

MERLOT

Backsberg Merlot | 250
Durbanville Hills Merlot | 210

CABERNET SAUVIGNON

Springfied Whole Berry Cabernet Sauvignon | 400
Zonnebloem Cabernet Sauvignon | 240
Spier Cabernet Sauvignon | 210

SHIRAZ

Spier Shiraz | 200

PINOTAGE

Beyerskloof Pinotage | 210
Van Loveren Pinotage "African Java" | R140

BLENDS

Rupert & Rothschild Classique | 440
Meerlust Rubicon | 700
Nederburg Baronne | 190

WINE BY THE GLASS | 35

Dry Red

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Beers



LOCAL BEER

Amstel	29
Castle, Castle Lite	29
Castle Milk Stout	29
Castle Free	29
Black Label	29
Hansa	29
Stella Artois	33

IMPORTED BEERS

Windhoek	29
Windhoek lite	29
Heineken	33
Heineken 0.0	33
Millers	33
Grolsch	42
Corona	36
Sol	36
Becks No alc	29

ON TAP

Castle Fresh	38
Castle Lite	38
Black Label	38
Hansa	38
Hoegaarden	45
Guinness	45
Windhoek	38
Soweto Gold	40
Swagga Blonde	40
Pomegranate Gin & Tin	48

CIDERS

Flying Fish	35
Hunters	35
Savanah	36
Smirnoff Spin / Storm	36
Red Square	42

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Shooters

BOB MARLEY | 30

Peppermint Liqueur, Cape Velvet Cream, Zappa Red

CHOCOLATE SUNDAE | 30

Banana Liqueur, Cape Velvet Cream, Nachtmuzik, Cream

FLAMINGO | 30

Cape Velvet Cream, Southern Comfort, Grenadine

JELLY BABY | 30

Banana Liqueur, Blue Curaçao, Cream, Grenadine, Jelly Baby

LIQUID SHOCK | 30

Smirnoff, Triple Distilled Vodka, Blue Curaçao

PANCAKE | 30

Aftershock, Cape Velvet Cream, Cream

PEPPERMINT CRISP | 30

Nachtmuzik, Peppermint liqueur, Cape Velvet Cream,

PINK PANTHER | 30

Archers Peach Schnapps, Cape Velvet Cream, Grenadine

SILVER BULLET | 30

Southern Comfort, Jack Daniels,

SLEDGE HAMMER | 30

Kahlua, Cape Velvet Cream, Stroh Rum

SPRINGBOKKIE | 30

Peppermint Liqueur, Cape Velvet Cream

SUITCASE | 30

Jack Daniels, Passion Fruit

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