

# Breakfast

## North African Shakshuka 75

A hearty and mildly spicy North African breakfast dish with 3 eggs, poached in a rich tomato, paprika and red pepper sauce, topped with feta and served with bread. With bacon or chorizo (R65 for vegetarian option)

## French Toast (v) 69

4 slices of toast made with home-baked bread, topped with bacon and banana and served with golden syrup

## Winterberg Farm Breakfast 72

Two sausages, crispy bacon, two fried eggs, toast, a corn fritter and seasonal fruit. Not so hungry? Take half a breakfast for **R45**

## Omelette 69

A three-egg omelette with any two of the following fillings: bacon, boerewors, cheddar, tomato, feta, caramelised onion, mushrooms, spinach

## Health Breakfast 59

A glass of natural yoghurt and muesli, topped with seasonal fruit and berry compote.

# Starters, Soups & Salad

## Smoked Chicken Caesar Salad 85

Home-smoked chicken, lettuce and croutons with a Caesar dressing of anchovies, olive oil, garlic and egg yolk

## Seedy Roasted Root Vegetable Salad 79

Oven-roasted sweet potato, carrot and beetroot on a bed of crisp lettuce, finely sliced red onion, crumbed feta and roasted pumpkin seed, dressed with balsamic vinegar and olive oil. Served with home-baked bread

## Summer Salad 65

A deconstructed salad with crisp lettuce, sliced cucumber, tomatoes, red onion, olives and feta, dressed with balsamic vinegar and olive oil and served with home-baked bread

## Italian Flatbread with tzatziki 65

## Spanish Chicken Livers 65

Creamy and spicy chicken livers with chorizo, garlic & smoked paprika

## Creamy Blue Cheese or Garlic Snails with bread fingers 69

## **Mains**

### **Chicken Schnitzel 95**

Home-made and topped with cheese sauce, served with French fries and salad  
(Pensioner's special @ R85)

### **Norht Indian Lamb Curry 110**

Mild and spicy, served on basmati rice, with sambals and a poppadum.  
**Also available as chicken curry or vegetable curry**

### **Grilled Linefish 120**

A 250g portion of pan-fried butterfish, topped with smoked tomato & paprika salsa, served with French fries or salad (or half-half)

### **Rump Steak (250g) 140**

Well-matured, A-grade rump, served with onion rings and French fries  
(Please indicate to your waiter: steak with or without basting sauce)  
**Sauce choices for steak:** pepper, cheese, garlic: add **R25**)

### **Mississippi Pork Ribs 150**

A delicious, sticky and sweet house speciality basted in (amongst other) espresso, molasses and garlic. With chips or salad and coleslaw. (Pensioner's special: R140)

### **Oxtail 150**

Oxtail, slow-cooked in red wine, served with mashed potatoes and a side salad

### **Sunday Special 145/80**

See leaflet for detail

## **Hamburgers**

### **Vegetarian burger 89**

A vegetarian burger patty with Emmenthal cheese, lettuce, tomato, onion and aeoli

### **Swiss Cheese Burger 92**

A home-made, 100% pure beef patty topped with Emmenthal cheese, lettuce, tomato, onion and aeoli

### **Chicken-Mozzarella Burger 89**

A juicy grilled chicken fillet with melted mozzarella, lettuce, tomato, onion and aeoli

### **Pork Neck Burger 96**

Smoked pork neck & onion rings with a mustard cheese sauce, lettuce, tomato, onion and aeoli

### **“Witels” Survivor Burger 120**

This one is especially for the hungry Witels-hikers finishing UCT's grueling 5 day Witels hiking trail. Two home-made 100% pure beef patties topped with caramelised onion, cheese sauce and bacon

## **Wood-fired Pizzas**

(Pizzas not served on Tuesdays and Thursdays (except during school holidays and public holidays))

### **Garlic, Feta & Herb Focaccia with tzatziki (v) 62**

### **Vegetarian (v) 95**

Oven-roasted butternut and beetroot, feta and pumpkin seeds

### **Mexican 99**

Spicy mince with chillies, diced or cherry tomatoes & guacamole

### **Mediterranean 99**

Feta, bacon, olives, caramelised onions, sun-dried tomatoes and spinach

### **Tikka Chicken 97**

Tikka chicken strips, caramelised onions, peppadews and feta

### **Pulled Pork Pizza 110**

Southern-style pulled pork, diced or cherry tomatoes and raw onions

### **Turkish Pizza 125**

Slow-cooked leg of lamb with onion and garlic on a tzatziki base (no tomato on base)

## **Extra pizza toppings**

**R12:** chilli, garlic, onion, banana, cherry tomato, onions, spinach, pineapple / **R16:** feta, olives, pineapple, mushroom, Guacamole, mozzarella, peppadew, sun-dried tomato / **R20:** salami, bacon, Mexican mince, cheddar, smoked chicken, Chorizo

## Other extras

**R10:** One Fried or scrambled egg, two slices of toast, fruit serving, garlic

**R20:** Cheddar, French fries / **R30:** side of stir-fried vegetables or side-order of Greek salad / **R35:** large fries

## Sweet Treats

**Gingered lychees** (served with home-made coconut and lime ice cream) 59

**Ice cream with Triple Berry Sauce** 40

**Belgian Waffle** with Nutella & ice cream 49

**Double-butter Malva Pudding** 55 (Served with ice cream or pouring cream)

**Breede River Mud Pie** 55 (A decadent chocolate fondant with vanilla ice cream)

**Cake of the day (SQ)** 49

## Kiddies Menu

Kiddies Pizza 49

Fish Fingers & Chips 49

Chicken strips & Chips 49

Hamburger & Chips 49

## Warm & Cold Drinks

Filter coffee / Single espresso	18	Windhoek Lager, Windhoek Lite	25
Cappucino's, latté & Americano	22	Amstel, Windhoek Draught & Ciders	25
Italian Hot chocolate	29	Millers	30
English tea & Rooibos Tea	18	Heineken	30
Earl Grey	20	Vodka, Cane, Gin, Rum	16
Irish Coffee (Bells/J&B)	42/52	Olof Bergh/Klipdrift Brandy	18
Irish Coffee (Jamieson)	45/55	Bell's / J&B	20
		Jameson Irish Whisky / Bain's	34
Home-made Lemonade	20	Tequila / Jaegermeister / Kalua	29
Orange Juice & Sodas	20	Sherry / Cape Velvet	25
Sparkling Grape (per glass)	20		
Sparkling Grape (per bottle)	55		
Sparkling/Still Water	16	Ask your waiter for the wine list	
Mixers	18	White wine per glass: <b>R35</b>	
Floats (Cola, Fanta & Creme Soda)	35	Red wine per glass: <b>R39</b>	
		Corkage: <b>R30</b>	
Craft Beers	49		

# Pioneers, ghosts & diamond diggers

If you've entered Ceres via Wolseley and Michell's Pass, you had the privilege of travelling on a beautiful stretch of road of which the ground work was laid by well-known South African road-building pioneers like Jan Mostert (late-1700's) and Andrew Geddes-Bain (mid-1800's).

The first access road to Ceres, the old Mostert's Hoek Pass (1765), was constructed by Jan Mostert, one of the earliest European settlers this side of Tulbagh. The 13km stretch of road was even then still very rugged. Wagons passing through had to be unpacked and dismantled and transported on foot for parts of the way. This road was in use for about 80 years and traces of it can still be seen today.

In 1830, Charles Michell (pictured bottom right) surveyed Mostert's Hoek Pass with the aim of improving access to Ceres. Michell's Pass was constructed in the place of the Mostert's Hoek Pass by Andrew Geddes-Bain (pictured bottom left) in 1846, with the assistance of 240 convicts.

The new pass followed along the bank of the Breede River, all the way to the Warm Bokkeveld. The pass reduced the travel time from Cape Town to Beaufort West from 20 to 12 days, and also made it possible to do the route by horse-drawn vehicle.

It was during World War II that the road was widened and re-surfaced. It withstood the effects of the 1969 earthquake that hit the Tulbagh-Wolseley-Ceres area and destroyed most of the buildings in these towns. The road was rebuilt between 1988 & 1992.

The valley of Ceres, the Koue Bokkeveld and the open plains of the Tanqua Karoo were first inhabited by the San and Khoi, thousands of years ago. The San rock painting sites in the area are some of the best preserved in the country.

The first Europeans crossed the Witzenberg Range from the Tulbagh Valley in 1729 and established stock farms in the Bokkeveld. The first plots in Ceres were sold a year after Bains and

his team finished Michell's Pass.

The road through Ceres became the main route to the north when diamonds were discovered in Kimberley in the late 1800's. Diamond magnate Barney Barnato frequented the town regularly en route to the diamond fields up north. Today the route is known as the 'Forgotten Highway' and is fast developing as a popular tourist attraction. It played a crucial part in not only the development of Ceres, but also many a town between here and Kimberley.

Today three restaurants owned by former newspaper editors and journalists Reint & Karien Grobler proudly line this beautiful stretch of road with its rich road-building heritage.

The couple opened the **Tolhuis Bistro** (in Michell's Pass) in 2009 and three years later acquired **Winterberg Mountain Inn and Harvest Table Bistro** (formerly known as Mill & Oaks). In January 2016 they opened **capish!**, an Italian-style restaurant with hand-made pasta and wood-fired pizzas.

**Winterberg Mountain Inn** with its **Harvest Table Bistro** (between Ceres and Wolseley at the start of Michell's Pass), stands proud on the original foundation of a wheat mill known as the Ceres Mill (see copy of etch by 19th century artists Thinus de Jongh). The mill was believed to have been built by the first European settlers in the late-1700's. The milling stone of this so called "bakkiesmeul" can still be seen in the inn's garden and the mill's cog work has been preserved partially and can be seen inside the bistro.

**Tolhuis Bistro** serves more traditional dishes, but with a quirky twist and is situated to the back of the old toll house, a national monument (top photo).

The toll house used to be the pay point for travellers. The original building was damaged in the earthquake of 1969, but was later restored to its original glory. And if you are lucky, you might encounter the ghost of a young Victorian lady that the Tolhuis team lovingly named Nellie.



# Wine List

## *White Wines*

### **Sauvignon Blanc**

Mountain Ridge (Wolseley) 96  
Waboomsrivier (Breërivier) 79  
Silkbush Mountain Vineyards (Breërivier) 95  
Lateganskop (Breërivier)  
Ernst Gouws & Co (Stellenbosch) 135

### **Chenin Blanc**

Waboomsrivier (Breërivier) 85  
Ernst Gouws & Co (Stellenbosch) 115  
Oudekloof (Veritas Silver) (Tulbagh) 185

### **Chardonnay**

Oudekloof (Veritas Gold) (Tulbagh) 140  
Ernst Gouws & Co (Stellenbosch) 140

### **Viognier**

Silkbush Mountain Vineyards (Breërivier) 92  
Lateganskop Twins Peak (Breërivier) 89

## *Red Wines*

### **Shiraz/Zahir**

Mountain Ridge (Wolseley) 105  
Silkbush Mountain Vineyards (Breërivier) 95  
Lateganskop Zahir (Breërivier) 115  
Oudekloof (Veritas Gold) (Tulbagh) 135  
Ernst Gouws & Co (Stellenbosch) 135

### **Pinotage**

Silkbush Mountain Vineyards (Breërivier) 110  
Ernst Gouws & Co (Stellenbosch) 120

### **Cabernet Sauvignon**

Mountain Ridge (Wolseley) 110  
Oudekloof (Veritas Bronze) (Tulbagh) 140

### **Merlot**

Ernst Gouws & Co (Stellenbosch) 120

### **Red Blends**

Silkbush Mountain Vineyards (Breërivier)

### **Rosé**

Silkbush Mountain Vineyards (Breërivier) 95

## *Sparkling*

Lateganskop Livia's Laghter (Breërivier) 160

House Red per glass 35  
House White per glass 30  
Corkage 30