

# THE BLUE COW COFFEE SHOP

SINCE 2005

ME  
NU

## BREAKFAST

### BREAKFAST WRAP

Scrambled eggs, bacon,  
mushroom, cheese toasted in a  
wrap

70

### SCRAMBLED EGGS

Scrambled eggs (3), bacon,  
mushrooms served with your  
choice of:  
English Muffin  
Toasted waffle  
Baked bread of the day  
Croissant (extra R10)

75

### YOGHURT AND GRANOLA

Served with our signature  
cooked apples in a cinnamon,  
star anise and clove syrup

65

### OMELET

3 egg omelet filled with  
bacon, mushroom, tomato  
and cheese. Served with  
baked bread

75

## SALADS

served with our freshly baked  
bread

### GREEN SALAD

lettuce, cucumber, tomato,  
feta, olives.

95

### PAN FRIED CHICKEN

**SALAD** served with our famous curry  
mayo, pineapple and nuts

120

### OSTRICH CARPACCIO

**SALAD** served with seasonal fruit and  
a honey mustard dressing

130

## LUNCH

### TOASTED SANDWICH

Ham and Cheese	50
Cheese and Tomato	50
Ham, Cheese and Tomato	55
Chicken Mayo	55
Tuna Mayo	55
Bacon, Egg and Cheese	55

### WRAPS

Oven Roasted vegetable	75
Grilled chicken	85

<b>QUICHE OF THE DAY</b>	95
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served with a salad

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## DRINKS

Coffee	26
Cappuccino.	28
Latte	32
Ceylon/Rooibos	24
Earl Grey	26
Hot Chocolate	32
Red Cappuccino	32
Chai Latte	32
Iced Coffee	30
Soft Drinks	22
Appletizer / Grapetizer	25
Juice	25
Ice Tea	25

## CAKE

**CHEESECAKE** 55

**APPLE CRUMBLE** 50

Served with either cream or ice cream

**MUFFINS OF THE  
DAY** 45

Go check out the cake  
counter!

**SCONES** 50

**WAFFLE** 50

Toasted waffle served  
with syrup, chocolate  
sauce, ice cream

## MILKSHAKES

**SMALL** 45

**LARGE** 55

Strawberry, Chocolate,  
Vanilla, Bubblegum,  
Lime  
Salted Caramel  
Chocolate Hazelnut  
Nougat  
Chocolate,  
Marshmallow and  
Buttercookies  
Rum and Raisin  
Cookie and Cream  
Coffee  
Peanut butter  
Watermelon