
BREAKFAST

The Big Breakfast 105
Bacon, eggs, toast, hamburger patty,
boerewors and chips

Full English Breakfast 85
Bacon, eggs, sausage, fried tomato and
toast

Two Eggs on Toast 35

FRESH AND CRISPY SALADS

Mozzarella Cheese and Tomato Salad 65
Sprinkled with black pepper
and olive oil

**Smoked Salmon-Trout Fillet
Salad** 95
Served with a green salad and our homemade
potato salad

Greek Salad 80
Seasonal fresh greens with kalamata olives
and feta

Spicy Beef Salad 105
Lightly spiced beef

Grilled Chicken Breast Salad 95
Crumbed or grilled chicken strips served on a
crispy garden salad topped with our creamy
salad dressing

PUB LUNCHES

Fish and Chips 95
Pan fried or grilled buttered hake served with
homemade tartar sauce and traditional "slap"
chips sprinkled with salt and vinegar

Snack Platter for Two 175
Beef and chicken strips, crumped deep fried
mozzarella served with dips

Steak Egg and Chips 125
300g aged sirloin, basted with our homemade
BBQ sauce

Beef Ribs 96
Short rib, mash and veggies

APPETIZERS

Focaccia Plain 55
Oven hot pizza bread topped with garlic and
herbs

Focaccia Cheese 60
Oven hot pizza bread with cheese, garlic and
herbs

Trout Patè 75
Served with homemade bread and salted
butter

Chicken Livers Peri-Peri 55
Served with homemade bread

Garlic Snail Boat 55
Served with a creamy garlic sauce
in a bread roll

Mush-Duck-Room 50
Black mushroom wrapped in bacon, melted
cheese and a sprinkle of garlic

Soup of the day 55
Please ask your waitron

TOASTED SANDWICHES

Toasted Bacon and Egg 45

Toasted Bacon Egg and Cheese 50

Toasted Cheese and Tomato 40

Toasted Chicken Mayo 55

Toasted Ham and Cheese 50

Toasted Ham, Cheese and Tomato 50

Toasted Mince and Cheese 55

**Toasted Salmon-Trout, Spinach and
Feta Jaffle** 60

All toasted sandwiches are served with
chips and a side salad

Best pizza in town

PIZZA

	M	L		M	L
Margherita Cheese, tomato and oregano	70	90	Stagioni Quattro Mushroom, salami, ham and olives	90	105
Regina Ham and mushrooms	80	95	Vegetarian Mushrooms, capers, onions, garlic, artichokes, green pepper and asparagus	85	105
Hawaiian Ham and pineapple	80	95	BBQ Steak Beef strips, green peppers, onions, chillies, tomatoes and BBQ sauce	90	120
Tropical Bacon and avocado	80	95	El Grece Spinach, feta and bacon	80	95
Galinha Chicken and mushroom	80	95	Mexicana Bolognese mince and chillies	90	110
Chicken Mayo Chicken, mayonnaise, tomato and carrots	80	95	Franco Anchovies, bacon, onion, mushrooms and chillies	90	110
Salmon-Trout Smoked Salmon-Trout, mushrooms, tomato, garlic, onion, spinach	90	105	Calzone Folded Pizza Ham, mushrooms and tomatoes	125	
Napolitano Anchovies and olives	80	95			

EXTRA PIZZA TOPPINGS

Peppers / Garlic / Chilli / Mushrooms Artichokes / Capers / Pineapple / Onions	20
Bacon / Salami / Ham / Cheese Chicken / Steak / Anchovies	30



PASTA

	M	L
Alfredo Ham Mushroom, cream, and herbs	80	95
Alfredo Chicken Mushrooms, cream and herbs	80	95
Bolognese Beef mince, tomatoes and herbs	80	95
Creamy Smoked Salmon-Trout Mushrooms, cream, green peppers and herbs	100	125
Mac and Cheese	65	85

Try our Salmon-Trout sushi

Trout Sashimi 3pc	90	Trout Platter 12pc	295
Trout Roses 3pc	95	Nigiri, Sashimi, California Roll	
Nigiri 2pc	55	The Rose Platter 9pc	265
Trout or Crab		Trout Roses, Pretty in Pink, Kappa Roses	
Kappa Roses 3pc	100	Vegetarian Platter 9pc	195
Cucumber and trout roses with mayo and caviar		Just Rolling 30pc	485
Avalanche 4pc	130	California Rolls 8pc	
Prawn California with avo, tempura prawn and avalanche sauce		Rainbow	125
Nigiri Fried Rolls 2pc	95	Trout	100
Crumbed and deep-fried rolls with trout, mayo and avo		Crab	90
Pretty in Pink 3pc	130	Vegetable	75
Trout roses with a pink crown of diced prawns, seven spice and mayo finished with caviar		Maki 8pc	
Explorer 8pc	175	Salmon-Trout	85
Prawn rolls		Crab	70
Monsoon 8pc	125	Vegetable	65
Cream cheese, Strawberry and Honey		Fashion Sandwich 4pc	
		Salmon-Trout	90
		Crab	80
		Vegetable	75
		Hand Roll 1pc	
		Salmon-Trout	85
		Crab	75
		Vegetable	60



We use only the best locally sourced smoked Salmon-Trout from Dunkeld Trout Hatcheries, just outside Dullstroom.

Something for everyone

MAINS

Duck and Cherry Pie Our house speciality on the menu since 1994, only at the Duck & Trout - one bite is all it takes!	165	Braised Oxtail Slow cooked to perfection, served with yellow rice	165
Eisbein 1kg The real McCoy!!! A traditional German dish served with mash, veggies and chips or sauerkraut	190	Mild Lamb Curry Slow cooked to perfection on the bone served with rice and sambals	165
Woodfired Oven Baked Trout Whole deboned Trout stuffed with spinach feta cheese grilled to perfection in our wood-fired pizza oven.	165	Grilled Pork Chops Honey glazed and flame grilled to perfection served with crispy chips and veggies	155
Half Flame Grilled Spring Chicken Served with veggies and chips	155	Pork Bangers and Mash Served with our creamy mash and veggies	85
Flame Grilled Sirloin 300g Grade-A matured sirloin flame grilled to perfection served with crispy chips and veggies	165	Salmon-Trout Fillet Served with spicy chips and veggies	155
Flame Grilled T-Bone Steak 450g Grade-A T-bone steak flame grilled to perfection served with crispy chips and veggies	175	Quarter Duck Cooked in fresh orange juice, served with rice or chips	135
		Duck Livers Served with homemade bread	75

HAMBURGERS

All our beef patties are homemade served in toasted buns and served with chips

Traditional Hamburger Our famous traditional burger basted our tasty BBQ sauce	85	Bacon and Egg Burger Fried egg and bacon	90
Cheese Burger Topped with a slice of cheddar cheese	90	Mushroom and Mozzarella Burger Black mushrooms and mozzarella cheese	90
Saucy Burger Add a sauce of your choice: Garlic, Mushroom, Pepper, Cheese, Chilli or Monkey Gland	90	Hawaiian Burger Topped with a slice of pineapple	85
Chicken Burger Grilled or crumbed chicken fillet served with a tangy mayo sauce	75	Bacon, Avocado and Cheese Fresh avocado, bacon and sweet chilli sauce	95
		Dagwood Bacon, egg, ham and cheese	105

Something Sweet

DESSERT

**Vanilla Ice Cream
and Chocolate Sauce** 55

Chocolate Brownie 65
Served with Vanilla Ice Cream

Malva Teak Pudding 75
Served with Amarula Custard

Nutella-Apple-Chocolate Strudel 85
Served with Vanilla Ice Cream

MILKSHAKES

Chocolate | Strawberry | Lime 55
Rum & Raisin | Peanut Butter |
Caramel | Bubblegum | Banana

Largest on tap beer collection in town

All draughts are 500ml | R40 for all on tap beers

Black Label
Castle Light
Castle
Heineken
Amstel
Windhoek Draught
CBC Pilsner
CBC Lager
CBC Lite
33 Kraft lager

OTHER ON TAP

Rose Gin and Tonic
500ML | R55

HOUSE WINE BY THE GLASS

Red or White | R25

Cocktails

Caipirinha Brazil's national cocktail, made with Cachaça (sugar cane hard liquor), sugar & lime.	75	Gargle Blaster Archers, vodka, Blue Curacao, tequila and grenadine.	95
Cosmopolitan Vodka, Triple Sec, lime and cranberry juice.	75	Serval & Lime Bain's South African Whisky, lime juice and sugar, topped with soda water.	85
Dry Martini Gin and Vermouth, garnished with an olive.	75	Frozen Margaritas Double shot tequila, dry bitter orange and lime	85
Hurricane Southern Comfort, sour mix, lemonade and a dash of grenadine.	80	- Classic - Grapefruit - Raspberry	
Long island ice tea Rum, gin, vodka, tequila and dry bitter orange shaken cold with lemon juice and topped with Coca-Cola	95	Fruity Gin & Tonics Double shot gin in your flavour choice, topped with tonic water	75
Miami Vice Bacardi rum, Malibu, strawberry liqueur, pineapple juice & grenadine.	80	- Grapefruit & Orange - Pomegranate & Cherry - Strawberry & Lime - Passionfruit & Mango	
Menta Cubano Mojitos Double shot rum, lime and mint topped with soda	80	Berry Lemon Vodka Fizz Double shot vodka and raspberry syrup topped with dry lemon	75
- Classic - Blue Ocean - Pomegranate		Blue Blossom Lagoon Double shot vodka and cherry blossom syrup and Blue Ocean topped with lemonade	75
Pina Colada Light rum, Malibu, Monin Pina Colada Syrup, pineapple juice and cream.	85	Virgin option on all drinks	45
Fruit Daiquiries Double shot rum and fruit blended with ice	85		
- Strawberry - Mango - Passionate Mint			
TVR Tequila, vodka and Red Bull.	80		

