



BREAKFAST

Early Bird	50
One egg as you like, bacon, grilled balsamic tomato, toast.	
Health Breakfast	75
Seasonal Fruit Salad with yoghurt and muesli.	
Flapjack Stack	68
Three Flapjacks layered with bacon, topped with toasted almond flakes and Maple syrup.	
Freshly Baked Croissant	
With preserves.	45
Smoked salmon and scrambled egg.	89
French Toast	68
Served with grilled banana, bacon and syrup	
Eggs Benedict	89
Two poached eggs on served on English muffin halves and topped with Hollandaise sauce, and a choice of Gypsy ham, smoked salmon, bacon or spinach and mushrooms.	
Steak, Egg and Chips	98
Grilled BBQ sirloin topped with two fried eggs, sunny side up, served on home-made chips	
English Breakfast	89
2 eggs, bacon, sausage (beef or pork), mushrooms, tomato and toast.	
3 Egg Omelette	45
Fillings @ R15 each: ham / bacon / cheese/ mushroom/ tomato / onions / peppers	



SMOOTHIES [Prepared with Greek yoghurt]

Strawberry Bliss	38
Strawberry, banana	
So Tropical	38
Pineapple, mango, peach	
Berry Delicious	38
Raspberry, blackberry, pineapple, banana	

RAW JUICES

Wake me up	36
Orange, carrot, lemon, ginger	
ABC	36
Apple, beetroot, carrot	
Green Genie	36
Cucumber, celery, spinach, apple, mint	

COFFEES & TEAS

Americano	22
Cappuccino	24
Espresso	20
Macchiato	20
Café Latte	26
Chococino	26
Hot chocolate	24
Ceylon / Rooibos / Earl Grey	22



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