



Bem Vindo!


7th Edition Halaal Menu



Traditional Portuguese Cuisine

Always open. Always good.





History

Renowned as travellers, the Portuguese have brought influences from the world over to their kitchens, resulting in a fusion of spices and flavours from around Europe, the East and of course Africa.

Adega Restaurants began in the late '90s, when there were few good eateries where people could gather to enjoy traditional Portuguese fare and hospitality.

Through the years Adega has become renowned for its traditional Portuguese cuisine and for being affordable, yet highly upmarket. Whilst each restaurant has its own character, the one common factor throughout our network of restaurants is our Portuguese hospitality, which places emphasis on celebrating delicious food in the company of family and friends.

Our customers have voted us the Best Portuguese Restaurant in the prestigious Best of Johannesburg competition, for 10 years running, and we have been awarded the Star Reader's Choice Award for the Best Portuguese Restaurant, for 3 consecutive years.

The growing number of Adega Franchises today is indicative of the popularity of the concept. Adega continues to expand with new branches being opened beyond the borders of South Africa.

Welcome to our table and enjoy your Adega Experience!

Obrigado!



Contents

Starters	6
Tempura	8
Salads	10
Pasta	12
Fish	14
Shellfish	16
Combos	18
Poultry	22
Meat	24
Desserts	26
Cold Beverages	28
Hot Beverages	30
Virgin Tails	32

Food from our kitchen may contain Seafood allergens.
This menu contains images for illustrative purposes only.



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— for —
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A tradition of affordable exclusivity

Ferreiras is the premium supplier of finishing products to the decorative finishes sector of the Building Industry in South Africa – directing our expertise at professionals, contractors and homeowners. Ferreiras has been serving the industry for over 35 years and our newly renovated 1000m² showroom can be found in Northriding, Johannesburg, offering personalised experience in a world we know so well – the world of Tiles, Taps and Bathroom Ware.

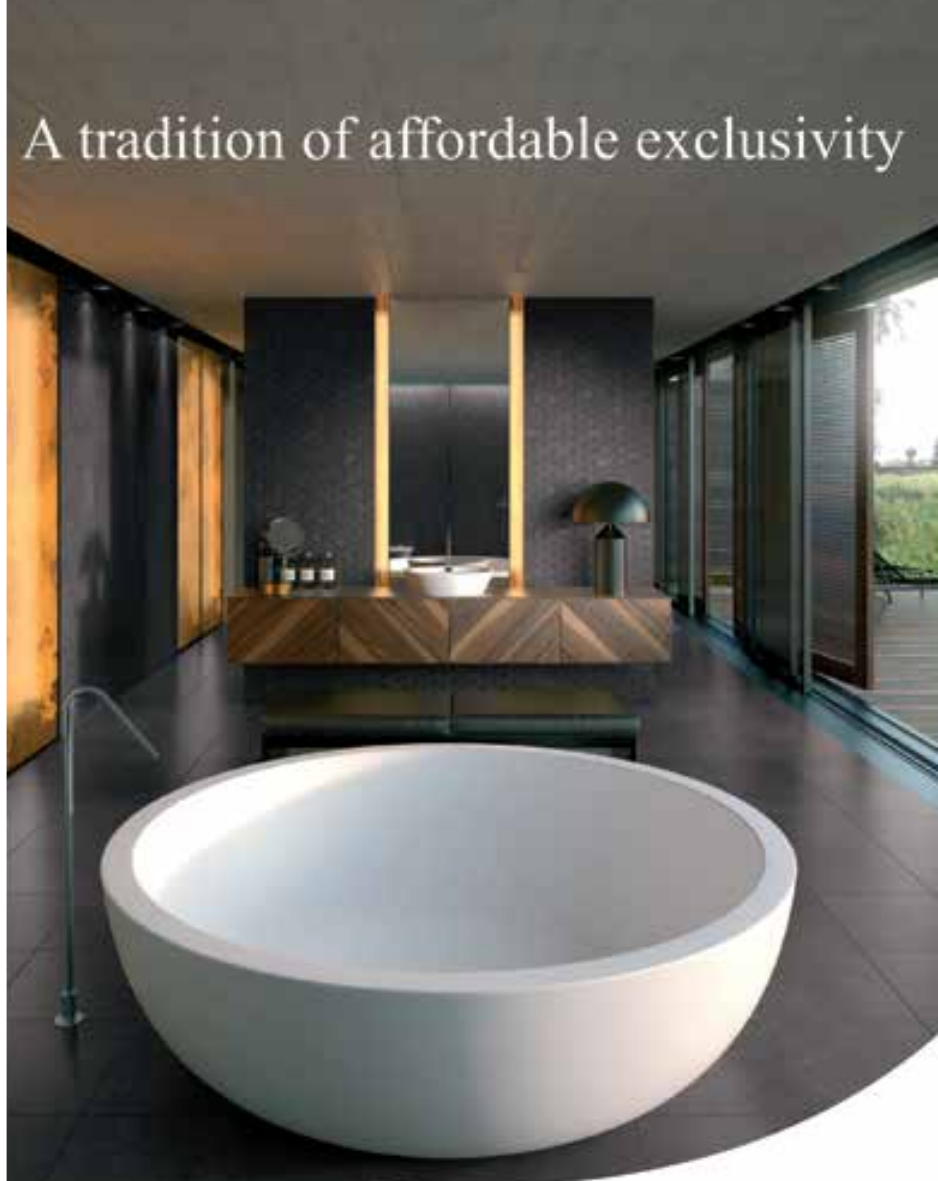
We pride ourselves on the fact that since its inception Ferreiras has been at the forefront of supplying the latest trends in the world of interior design and finishes. We travel around the globe in search of innovative and high quality products from suburban chic to corporate elegance. Our intimate knowledge of global décor trends and ranges enable us to offer you the most up to date design range at the most competitive prices.

It's about attention to detail, and Ferreiras is equipped to assist all with our Design Studio and Projects Department.

Contact

C/o Northumberland Avenue &
Malibongwe Drive,
Northriding, Johannesburg
+27 11 699 3500
info@ferreiras.co.za

www.ferreiras.co.za



Ferreiras

Tile + Bathroom




Bread Basket	R 15	Mussels	R 69
Garlic Bread	R 27	Fresh Mussels cooked with Onions and a creamy Garlic Sauce	
Soup of the Day	R 39	Trinchado	R 66
Traditional homemade Soup made the Portuguese way		Fresh Rump Steak cubes fried in Garlic and served with fresh Bread	
Clams	R 59	Halloumi Cheese	R 54
Fresh Ocean Clams sautéed with chopped Onions, Green Peppers, with a hint of Chilli and Tomato		Fried Goats Milk Cheese served with a wedge of Lemon and Sweet Chilli Sauce	
Calamari	R 69	Black Mushrooms	R 65
Falklands Calamari grilled in our delicious Lemon Butter Sauce		Large Black Mushrooms oven baked with a fresh Spinach, Feta and Mozzarella topping	
Squid Heads	R 47	Prawn Rissoles	R 49
Fresh Calamari Heads grilled or fried to a crisp golden brown, served with Tartare Sauce		Crumbed Pastry Pockets filled with Prawns in a spicy, creamy Sauce	
Stuffed Calamari	R 79	Chicken Rissoles	R 42
Falklands Calamari stuffed with Prawns and Feta, served in a Peri-Peri Sauce		Crumbed Pastry Pockets filled with Chicken in a spicy, creamy Sauce	
Chicken Livers	R 49	Giblets	R 47
Grilled the Portuguese way with Onions and a hint of Chilli		Chicken delicacies marinated and cooked in Garlic and Portuguese Spices	
*Oysters	R 21		
Fresh Ocean Oysters			
NEW Camarão Alinho	R 79	<i>*Subject to availability</i>	
Portuguese style Garlic Prawns			





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DARYA KLISHINA



Single Selection

Prawn Tempura R 69

Four large Prawns fried golden brown in a light Tempura Batter and served with Sweet Chilli Sauce

Vegetable Tempura R 44

Seasonal crisp Vegetables fried golden brown in a light Tempura Batter

Chicken Tempura R 47

Filleted Chicken strips fried golden brown in a light Tempura Batter

Combos

Tempura Platter R 99

Four large Prawns and four pieces of Vegetable fried golden brown in a light Tempura Batter

Tempura & Rissoles R 84

Your choice of Prawn **OR** Chicken **OR** Vegetable Tempura served with Chicken Rissoles

Adega Tempura Platter R 179

Prawn and Vegetable Tempura served with Calamari and Halloumi. A tantalising starter platter





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Participating packs:





Calamari Salad

R 79

Tender Calamari Tubes grilled in Lemon Butter and Garlic, served on a crisp Garden Salad with Lemon Mayonnaise dressing

Portuguese Salad

R 59

Crispy Lettuce, Tomatoes, Green Peppers, Onions, Carrots and Portuguese Olives

Side Portion

R 39

*Salmon Salad

R 99

Smoked Salmon, Cottage Cheese and sliced Avo on a crisp Garden Salad, served with our homemade dressing

*Halloumi & Avo Salad

R 95

Halloumi Cheese and sliced Avo on a crisp Garden Salad, served with our homemade Sweet Chilli dressing

Add Prawns

R 65

Greek Salad

R 66

Crispy Lettuce, Tomatoes, Green Peppers, Onions, Feta Cheese and Olives

Side Portion

R 49

Chicken Salad

R 74

Mixed Salad Greens, topped with strips of grilled Chicken, spicy Sauce and thin slices of Green Apple

Seafood Salad

R106

Tempura Prawns, Mussels and Calamari on a crisp Garden Salad, served with our homemade dressing

Extras

Feta Cheese

R 19

*Avo

R 19

**Subject to availability*



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Only
R99

Chicken Pasta served with a
FREE 300ml Fuze Ice Tea



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Traditional Portuguese Cuisine

Always open. Always good.



Your choice of Penne or Linguine

Prawn

R 119

Cream based Sauce with fresh Tomatoes, a hint of Chilli and Coriander. Topped with a generous serving of Medium Prawns

Chicken

R 98

Grilled Chicken strips tossed in a Tomato based Sauce and finished with a dash of Cream

Seafood

R 129

Medium Prawns, Mussels, Clams and Calamari in a Cream based Sauce with a hint of Garlic and Olive Oil

Tomato & Chilli

R 79

A spicy, fresh Tomato and Herb Sauce with a generous sprinkle of Chillies

Vegetarian

R 76

A unique medley of Vegetables bound in a creamy Peri-Peri Sauce with a hint of fresh Parsley



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Grilled Kingklip

R 175

Fresh and filleted, served with Lemon Butter and your choice of a Starch and Vegetables
(Slimmers option available, ask your waitron)

Grilled Panga

R 149

A flavoursome deboned and filleted delicacy. Served with your choice of a Starch and Vegetables

Grilled Sole

R 164

Only the best Soles are selected and grilled with Lemon Butter, served with your choice of a Starch and Vegetables

*Scottish Salmon

R 219

Fresh, imported Salmon grilled and served with your choice of a Starch and Vegetables

Grilled Cod Fish

R 189

A generous portion of Cod Fish topped with grilled Green Peppers, Garlic, Olive Oil, sliced raw Onions, boiled Potatoes and a sprinkle of Olives

Grilled Calamari

R 129

Falklands Calamari marinated in our secret spices and grilled in Lemon Butter. Served with your choice of a Starch
(Peri-Peri option available)

Cod Fish à Braz

R 159

Shredded Cod Fish with fried Onions, chipped Potatoes, Garlic and Egg, all carefully blended together and pan-fried. This is a tasty dish for the adventurous palate

Extras

Chips	R 29
Rice	R 27
Vegetables	R 34
Side Salad	R 34
Boiled Potatoes	R 31
Mashed Potatoes	R 33
Lemon Butter	R 15
Garlic Butter	R 15
Peri-Peri Sauce	R 15

**Subject to availability*



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Lobster Grilled (*per kilo*)
Fresh Lobster grilled with Lemon and Butter

R 549

Lobster Thermidor (*per kilo*)
Diced Lobster prepared in a homemade Mushroom and Cheese Sauce and oven baked in the shell

R 569

Seafood Platter (*serves 2*)
A choice of a Baby Lobster OR two *Langoustines, six King Prawns, eight Queen Prawns, Kingklip, Calamari and Mussels. Served with your choice of a Starch and Vegetables

R 589

Solteiro Platter
Prato do Monge! The Monk's choice of Prawns, Kingklip, Mussels and Calamari. Served with your choice of a Starch and Vegetables

R 249

Seafood Skewer
Prawns, Calamari, Kingklip, Green Peppers and Onions skewered and drizzled with our famous Lemon Butter Sauce. Served with your choice of a Starch and Vegetables

R 179

10 Queen Prawns
Ten succulent Queen Prawns grilled to perfection and served with your choice of a Starch and Vegetables

R 199

Prawn Curry (*Mild*)
Shelled Prawns cooked in our chefs' spicy Curry Sauce. Served with White Rice

R 179

Prawn Naçional
Prawns pan-fried in Bay Leaves, Garlic, Cream and Portuguese Spices. Served with White Rice

R 179

Prawns
An Adega speciality! All our Prawns are selected with great care and grilled to perfection

1Kg Tiger Giants R 549
1Kg Kings R 349
1Kg Queens R 329

Extras
Chips R 29
Rice R 27
Vegetables R 34
Side Salad R 33
Boiled Potatoes R 33
Mashed Potatoes R 30
Lemon Butter R 15
Garlic Butter R 15
Peri-Peri Sauce R 15

**Subject to availability*





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evan@mervisjewellers.co.za





All Combos served with your choice of a Starch and Vegetables

Surf & Turf

200g Rump **OR** Fillet Steak grilled to your liking, complemented with your choice of five Medium Prawns **OR** a portion of Calamari

Rump Steak 200g R 189
 Fillet Steak 200g R 219
 Add Mushroom Sauce R 29

Calamari & 5 Prawns R 169

Falklands Calamari grilled in Lemon Butter complemented with five Medium Prawns

LM Style Chicken & 5 Prawns R 169

Half a Spring Chicken and five Medium Prawns grilled in Lemon Butter

Add Calamari R 55

Panga & 5 Queen Prawns R 189

Our famous Queen Prawns complemented with filleted Panga

Add Calamari R 55

NEW Familia Platter R 529

This family feast will keep the whole family satisfied with our delicious selection of 1kg Queen Prawns, Grilled Calamari, Full Chicken, Portuguese **OR** Greek Salad, Chips and Rice

Solteiro Platter R 249

Prato do Monge! The Monk's choice of Prawns, Kingklip, Mussels and Calamari.

Kingklip & Calamari R 219

Falklands Calamari grilled in Lemon Butter and served with a generous Kingklip Fillet

Add medium Prawns R 65

Ribs & 5 Prawns R 179

250g of succulent Beef Ribs and five grilled Medium Prawns

Add Calamari R 55

Kingklip & Prawns R 249

Fresh grilled Kingklip served with five succulent Medium Prawns

Combo Platter R 249

A generous feast comprising of 200g Rump Steak, three King Prawns, Calamari and Mussels

Vegetarian Platter R 109

A variety of Seasonal Vegetables with Halloumi Cheese and grilled Mushrooms

Extras

Chips R 29
 Rice R 27
 Vegetables R 34
 Side Salad R 34
 Boiled Potatoes R 31
 Mashed Potatoes R 33
 Lemon Butter R 15
 Garlic Butter R 15
 Peri-Peri Sauce R 15



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*Portuguese Steak & a 330ml Coke

R109



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***Half LM Chicken
& a 330ml Coke**

R99



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Traditional Portuguese Cuisine

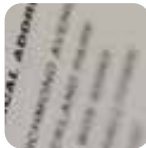
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LM Style Chicken

Spring Chicken marinated in true Mozambican fashion. Grilled whole or cut Trinchado to your liking (Mild / Hot / Very Hot). Served with Chips **OR** Rice

Full Chicken	R 143
Half Chicken	R 97
Add Calamari	R 55

Grilled Chicken Breast R 99

Tender Chicken Breast stuffed with Spinach and Feta. Grilled golden brown, served with a side Salad

Chicken Espetada R 119

Tender cubes of Chicken Breast marinated, grilled and skewered with Onions and Green Peppers. Served with Chips **OR** Rice

Extras

Chips	R 29
Rice	R 27
Vegetables	R 34
Side Salad	R 34
Boiled Potatoes	R 31
Mashed Potatoes	R 33
Lemon Butter	R 15
Garlic Butter	R 15
Peri-Peri Sauce	R 15



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Portuguese Steak

Your choice of Rump **OR** Fillet Steak marinated in Olive Oil, Garlic, Bay Leaves and Coarse Salt. Grilled to your liking and topped with a fried Egg. Served with your choice of a Starch

Fillet 200g	R 165
Fillet 300g	R 195
Rump 200g	R 143
Rump 300g	R 165

Espetada

250g grilled tender Rump cubes served with Chips **OR** Rice

R 165

Monk Style Steak

Your choice of Rump **OR** Fillet Steak grilled to your liking and topped with a creamy Mushroom Sauce. Served with your choice of a Starch

Fillet 200g	R 179
Fillet 300g	R 209
Rump 200g	R 155
Rump 300g	R 179

Trinchado

250g Rump Steak cubes fried in Garlic and Mozambican spices. Served with your choice of a Starch

R 165

T-Bone Steak R 185

500g T-Bone Steak grilled to your liking. Served with your choice of a Starch

Pepper Fillet R 196

Choice 200g Fillet grilled to your liking and topped with Pepper Sauce. Served with your choice of a Starch

Ribs

Beef Ribs grilled and marinated in a sticky BBQ Sauce. Served with you choice of a Starch

250g	R 119
500g	R 175

Extras

Chips	R 29
Rice	R 27
Vegetables	R 34
Side Salad	R 34
Boiled Potatoes	R 31
Mashed Potatoes	R 33
Lemon Butter	R 15
Garlic Butter	R 15
Peri-Peri Sauce	R 15





Save room for
Dessert

Traditional Portuguese Cuisine

Always open. Always good.



Dessert

Crème Caramel R 49
Traditional Portuguese Pudding topped with Caramel Syrup

Monk's Kisses R 45
Four Portuguese Kisses, Chocolate or Caramel flavours served with Vanilla Ice-Cream

Granadilla Mousse R 48
A fruity cool dessert Mousse made with fresh Granadilla

Iced Nougat & Berry Terrine R 53
Nougat and Cream Terrine swirled with Berry Purée and bits of Almond.
Simply addictive!

Peppermint Delight R 45
Peppermint Crisp, Caramel and Cream layered between Biscuits and topped with crumbed Peppermint Crisp pieces

Malva Pudding R 49
Traditional Malva Pudding made with Butter, Apricot Jam and Cream. Doused in a sticky Toffee Sauce and served with warm Custard

Liquorice Ice-Cream R 49
Delicious and creamy Liquorice Ice-Cream

Homemade Ice-Cream R 49
Our chefs' speciality - Creamy Vanilla Ice-Cream with chunks of Chocolate, Hazelnut and Biscuit

Ice-Cream R 40
Vanilla Ice-Cream served with delicious Chocolate Sauce

Hot Chocolate Decadence R 45
Belgian Chocolate Cake with a Molten Chocolate center, served with Cream or Ice Cream

Chocolate Mousse R 49
A decadent speciality for all lovers of Chocolate

Chocolate Brownie R 49
Traditional Brownie served with Cream or Ice-Cream

Cheese Cake R 49
A sweet, creamy layered dish, with a crumbed base

Strawberry Cheese Cake R 49
A creamy Cheese Cake center with strawberry toppings

Tiramisu R 49
Popular Coffee flavoured Italian Dessert

Hot Toffee Pudding R 49
Rich, moist Cake Pudding. Begging to be served hot



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frappés*
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toffee caramel



fruit smoothies*
passion fruit smoothie
mango smoothie
strawberry smoothie



hot choco-lattés*
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chai latte
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red strawberry
american soda
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green apple spritzer
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Cold Beverages

*Premium Milkshakes

Magnum Indulgence

Enquire about our range of flavours

*Milkshakes

Chocolate

Strawberry

Vanilla

Bubblegum

Lime

*Soft Drinks

Coca-Cola / Light / Zero

Tab

Fanta Orange / Grape

Crema Soda

Sprite / Zero

Grapetiser White / Red

Appletiser

Fuze Ice Tea

(Lemon / Peach / Red Fruits / Apple & Lemongrass / Pear & Bergamot)

BOS Ice Tea

(Lemon / Apple / Peach / Berry / Yuzu / Sparkling Lemon)

Cordials

(Passion Fruit / Kola Tonic / Lime / Lemon)

Sparkling Water

Valpré

500ml

750ml

S. Pellegrino

750ml

Still Water

Valpré

500ml

750ml

Acqua Panna

750ml



*Juices

Orange

Fruit Cocktail

Strawberry

Mango

Pineapple

Granadilla

Cranberry

Apple

Chilla Frappés

Chilla Cappuccino

Toffee Caramel

Chilla Fruit Smoothies

Passion Fruit Smoothie

Mango Smoothie

Strawberry Smoothie

Chilla Craft Sodas

Red Strawberry

American Soda

Pomegranate Refresher

Green Apple Spritzer

Perfect Raspberry



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Hot Beverages



Coffee

Café Latte	R 28
Double Espresso	R 28
Single Espresso	R 19
Americano	R 19
Decaf Americano	R 23

Tea

Five Roses Tea	R 19
Rooibos Tea	R 19
Elachi Tea	R 26
Masala Tea	R 26

Cappuccino

Cappuccino	R 27
Chocolaccino	R 29

Warm Drinks

Hot Chocolate	R 30
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Chilla Hot Choco-Lattés

Brazilian Hazelnut	R 27
Chai Latté	R 27
Decadent White Chocolate	R 27

Buondi
caffè



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FOR GREAT VALUE

Virgin Tails *0% Alcohol*

Strawberry Daiquiri

Crushed Strawberries, Strawberry Juice and a dash of Lime blended with crushed Ice

R 37

Pina Colada

Fresh Pineapple blended smooth with Coconut, Milk extracts and chilled Pineapple Juice

R 37

Mango Smoothie

Mangoes and Mango Juice blended with creamy Vanilla Ice-Cream

R 37

Strawberry Smoothie

Strawberries blended with creamy Vanilla Ice-Cream

R 37

Frulato

A selection of Fruit blended with creamy Vanilla Ice-cream

R 38

Adega Sunrise

Bubblegum flavouring and a dash of Lime mixed with Lemonade. A firm favourite

R 30

Adega Sunset Crush

Fresh Pineapple chunks, Kiwi Purée, Lemon and pressed Mint leaves. Strained over Ice and a Cranberry float

R 42

Cosmopolitan

Cranberry Juice mixed with a dash of Lime

R 34

African Sunrise

A classic long drink Cocktail made with Orange Juice and Grenadine Syrup, garnished with a slice of Orange

R 37

Long Island Ice Tea

Cola, fresh Lemonade and Lime Juice

R 37

Mojito

A dash of Lime with Mint Leaves, crushed Ice and topped with freshly squeezed Lemon

R 34

Passion Fruit Mojito

Mint leaves, Lime, Lemonade, Passion Fruit and crushed Ice

R 37

Strawberry Mojito

Strawberries, sliced Lemons and Mint

R 37

Pineapple and Mango Spike

Fresh Pineapple muddled with natural Mango extracts, and freshly squeezed Lime Juice. Served tall over Ice and charged with Ginger Ale

R 45

Adega Rainbow

Orange and Mango Juice, a hint of Grenadine topped with Bubblegum Ice

R 45

The Yoghurt Crusher

Smooth Greek Yoghurt blended with Strawberry Syrup, Ice-Cream and a dash of Soda

R 45

The Appletiser Blend

Appletiser with a dash of Grenadine and Lime

R 37



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*“Good food isn’t just about the taste.
It’s about where and with whom you eat it”*

-Jean Braun