

# BBB

BEACHBLANKETBOHEMIA

SERVED UNTIL (LET'S BE REASONABLE)  
ALL OUR EGGS ARE FROM GRAIN FED CHICKENS & ARE FREE  
FROM FISH MEAL & ANIMAL PRODUCTS

## BREAKFAST

THE FOLLOWING DISHES BELOW ARE SERVED WITH  
TOAST, RYE, SEEDED HEALTH, WHITE, BROWN OR SOUR DOUGH

✓ **HEALTH PORRIDGE - R55**  
OATS SERVED WITH BANANAS + WHOLE BERRY SAUCE  
+ DRIZZLED WITH HONEY

✓ **SEASONAL FRUIT  
& PLAIN YOGHURT - R70**  
SERVED WITH HONEY OR GOLDEN SYRUP

**MIXED GRANOLA & SEASONAL  
FRESH FRUIT SALAD  
WITH PLAIN YOGHURT - R75**  
SERVED WITH HONEY OR GOLDEN SYRUP

✓ **VEGETARIAN STACK - R74**  
POACHED EGG + SWEETCORN & ZUCCHINI FRITTERS  
+ SMASHED AVO + MUSHROOM + BASIL PESTO OIL

**THE MED - R88**  
GRILLED HALLOUMI + BACON + AVOCADO + ROCKET  
+ POACHED EGG + SUN-DRIED TOMATO PESTO

✓ **FLAPJACK BAR**  
NUTELLA + PEACAN NUT + SYRUP - R78  
CARAMELISED BANANA + BACON+ MAPLE SYRUP - R82

✓ **BANANA BREAD FRENCH  
TOAST - R89**  
CREAM + WHOLE BERRY SAUCE + ORANGE ZEST

**DOUBLE BENEDICT**  
2 POACHED EGGS + TOASTED ENGLISH MUFFIN  
TOPPED WITH HOLLANDAISE SAUCE  
WITH BACON - R79 OR SALMON - R115

✓ **MEXICAN BENEDICT - R70**  
2 POACHED EGGS + SMASHED AVO + BUTTERNUT SQUASH  
+ TOASTED ENGLISH MUFFIN TOPPED WITH  
HOLLANDAISE SAUCE

✓ **TURKISH EGGS - R82**  
2 TURMERIC EGGS + HUMMUS + CUCUMBER &  
TOMATO SALSA + BASIL PESTO + PITA

**SCRAMBLES**  
SCRAMBLED EGGS + SMOKED SALMON  
• TROUT + CHIVES - R108  
• AVO + CHILLI + FETA + CORIANDER - R77

**BUENOS DIAS - R55**  
EGG + BACON + GRILLED TOMATO

**BEACH BLANKET BREAKFAST - R109**  
2 EGGS + BACON + BEEF SAUSAGE + GRILLED TOMATO  
+ MUSHROOMS + POTATO ROSTI

**HOUSE OMELETTE - R95**  
3 EGG OMELETTE + HAM + MUSHROOMS + ROSA  
TOMATOES + CARAMELISED ONIONS + CHEDDAR

✓ **GREEN OMELETTE - R91**  
BABY SPINACH + BROCCOLI + AVO + ZUCCHINI  
+ SPRING ONION + FETA

EGG WHITE + R8

## TOASTIES

ALL SANDWICHES SERVED UNTIL 4PM. SERVED ON YOUR CHOICE OF WHITE, BROWN, SOUR  
DOUGH LOAF, SEEDED HEALTH, RYE WITH A SMALL SIDE ORDER OF CHIPS OR SALAD.

**CHICKEN MELT - R78**  
SUN-DRIED TOMATO SPREAD + MOZZARELLA + PESTO

**CROQUE MADAME - R89**  
CONTINENTAL HAM + EMMENTAL CHEESE + WHITE SAUCE + FREE RANGE EGG  
+ SOUR DOUGH BREAD

**TUNA MAYO - R72 | CHICKEN MAYO - R68**

✓ **TRIPLE CHEESE - R49 | CHEESE, TOMATO & HAM - R63**

## QUESADILLAS

TOASTED TORTILLA WITH MOZZARELLA BASE WITH A SIDE ORDER OF CHIPS OR SALAD

**STEAK - R106**  
AGED STEAK STRIPS + JALAPEÑO + CARAMELISED ONIONS + TOMATO SALSA

✓ **ROAST VEGETABLE - R98**  
MARINATED BRINJAL + ROASTED PEPPERS + BABY MARROW + CARAMELISED ONION  
+ BASIL MAYO

**SPICY CHICKEN - R98**  
SPICY CHICKEN BREAST + GREEN PEPPER + ONION + PEPPADEW + SOUR CREAM

**CUBANA - R94**  
EMMENTAL CHEESE + HAM + BACON + PICKLED CUCUMBER + MUSTARD + HOME MADE AIOLI

## OPEN SANDWICHES

RECOMMENDED ON SOUR DOUGH OR RYE BREAD  
WITH A SMALL SIDE ORDER OF CHIPS OR SALAD.

✓ **AVO TOAST - R74**  
AVO + COTTAGE CHEESE + CHERRY TOMATO

✓ **HUMMUS TOAST - R82**  
HUMMUS + AVO + EGG + ROCKET + RADISH & CHILLI FLAKES

**PROSCIUTTO - R95**  
CURED PARMA HAM STYLE SLICES + GRILLED SHIMEJI MUSHROOMS + PARMESAN SHAVINGS  
+ CHIVES + TRUFFLE OIL

**SIGNATURE ANCHOVY TOAST - R88**  
ANCHOVY FILLET + ROASTED RED PEPPER + CUCUMBER + TOMATO + ROCKET

## SALADS

✓ **MEDITERRANEAN - R98**  
ROAST VEGETABLES + CRISPY BABY LEAF LETTUCE + GOATS CHEESE + ROSA TOMATO

✓ **WARM CAPRESE - R92**  
ROASTED TOMATO + FRESH BASIL + BUFFALO MOZZARELLA

**BACON & BLUE CHEESE - R105**  
CROUTONS + CRISPY BABY LEAF LETTUCE + ROSA TOMATOES

**CAESAR - R94**  
POACHED EGG + COS LETTUCE + ROSA TOMATOES + CROUTONS + PARMESAN  
SHAVINGS + DELICIOUS CAESAR DRESSING  
ADD EXTRA CHICKEN OR BACON + R22

**GRILLED CHICKEN - R94**  
PARMESAN SHAVINGS + CRISPY BABY LEAF LETTUCE  
+ ROSA TOMATOES + PINE NUTS + BASIL PESTO OIL ADD EXTRA AVOCADO + 18

**TUNA SALAD - R98**  
TUNA + ROCKET + LETTUCE + ROAST PEPPERS + CORN + CUCUMBER + CARROT  
+ KALAMATA OLIVES + BASIL MAYO + AVOCADO TOAST

**SMOKED SALMON - R130**  
CRISPY BABY LEAF LETTUCE + ROSA TOMATOES + AVOCADO + ONIONS + CAPERS + CREAM CHEESE

## TAPAS

✓ **STACKED AUBERGINE - R68**  
SPINACH + MOZZARELLA + HOME MADE NAPOLITANA SAUCE + PARMESAN SHAVINGS

**HALLOUMI CHEESE - R63**  
GRILLED OR FRIED SWEET CHILLI SAUCE + LEMON WEDGE

**BEEF FILLET CARPACCIO - R96**  
MARINATED IN LEMON JUICE & OLIVE OIL + FRESH ROCKET  
+ CAPERS + PARMESAN SHAVINGS

**FAMOUS SPICY CREAMY CHICKEN LIVERS - R71**  
SERVED WITH BRUSCHETTA

**SALMON CAKES - R77**  
SERVED ON WILTED SPINACH + CHIVE CRÈME FRAÎCHE

**SALMON TARTAR - R89**  
INFUSED WITH ROSEMARY OIL + CAPERS + RED ONION + HOME MADE AIOLI + TOAST

**GRILLED OR FRIED CALAMARI - R79**  
ROCKET + AIOLI

**CRISPY CHILLI SQUID HEADS - R75**  
ROCKET + HOME MADE CHILLI MAYO

✓ **CHAMPINONES - R60**  
CREAMY SHIMEJI MUSHROOM + GARLIC + PARSLEY SERVED ON CAMEMBERT TOPPED CROSTINI

**BUFFALO WINGS - R76**  
BBQ WINGS OR CHILLI WINGS + BLUE CHEESE SAUCE

**GAMBAS - R90**  
GRILLED KING PRAWNS + HOT & SOUR SAUCE

**PERI PERI CHICKEN STRIPS - R65**  
LIGHTLY GRILLED CHICKEN STRIPS + SPICY PERI-PERI SAUCE + BRUSCHETTA CROQUETTES

✓ **ZUCCHINI FRIES - R62**  
FRIED ZUCCHINI STRIPS + HOME MADE AIOLI

✓ **FALAFEL - R62**  
DEEP FRIED FALAFEL BALLS + HUMMUS + PITA

# MAIN COURSES

SERVED WITH A SIDE ORDER OF YOUR CHOICE CHIPS, SWEET POTATO FRIES, RICE, VEGETABLES OR SALAD  
SERVED WITH RECOMMENDED SIDE ORDER

## CALAMARI - R168

GRILLED OR FRIED. SERVED WITH A CHOICE OF LEMON BUTTER OR TARTAR SAUCE

## PRAWNS NAÇIONAL

6 PRAWNS - R165 12 PRAWNS - R255

KING PRAWNS SERVED IN CREAMY BEER + PERI-PERI + GARLIC SAUCE

## GRILLED CHICKEN

1/2 - R98 | WHOLE - R170

MARINATED IN A PERI-PERI OR A LEMON & HERB SAUCE, FLAME GRILLED TO PERFECTION

## CRISPY CHICKEN SCHNITZEL - R109

TOPPED WITH PESTO + DICED CHERRY TOMATO + FRESH BASIL

## CHICKEN BREAST - R126

STUFFED WITH SPINACH & GOATS CHEESE + CREAMY PARMESAN & BEER SAUCE  
+ CRISPY BACON

## PORTUGUESE STEAK - R194

300G RUMP STEAK PAN FRIED IN A WHITE WINE & GARLIC SAUCE  
& TOPPED WITH A FRIED EGG

## KINGKLIP - R190

GRILLED TO PERFECTION WITH HERBS & SERVED WITH GARLIC BUTTER

## A LA PLANCHA

ALL MEAT DISHES ARE SERVED WITH A SIDE ORDER OF YOUR CHOICE.  
ALL CUTS ARE EITHER SALT FLAKE & OLIVE OIL GRILLED OR BBQ BASTED.  
PLEASE INFORM WAITER OF CHOICE

### FILLET

260G - R195

### 21 DAY AGED RUMP

300G - R175

### MARINATED PORK RIBS

500G - R175 1KG - R295

### BBQ BEEF RIBS

500G - R160 1KG - R255

### SAUCES - R30

BRANDY & PEPPERCORN  
BLUE CHEESE  
DIJON MUSTARD  
BALSAMIC  
JALAPEÑO, MUSHROOM & PEPPADEW  
MUSHROOM

### SPECIALITY SIDES SQ

SAUTÉED BABY MARROW  
SPINACH & LENTILS  
BABY CRUSHED POTATOES  
CRISPY ONION RINGS  
SWEET POTATO FRIES

## PASTA

YOUR CHOICE OF PENNE, SPAGHETTI OR LINGUINI  
ADD ZUCCHINI NOODLES + R10

BOLOGNESE - R102 | ALFREDO - R94 | AURORA - R82

### ✓ MEDITERRANEAN VEGETABLE PASTA - R102

COOKED IN A NAPOLITANA SAUCE TOPPED WITH MOZZARELLA BALLS + FRESH BASIL

### SALMON & ROSEMARY PASTA - R150

ROSA TOMATOES SAUTÉED WITH BABY SPINACH + ASPARAGUS + CRÈME FRAÎCHE

### MARISCO - R156

CALAMARI + MUSSELS + PRAWNS IN A CREAMY WHITE WINE GARLIC & PAPRIKA SAUCE

### SPICY CHICKEN & BACON - R110

COOKED WITH BABY MARROW + MILD CHILLI + ROSA TOMATOES + SPINACH

### FILLETO - R132

SPRING ONIONS + MUSHROOMS + ROSA TOMATOES IN A CREAMY WHITE WINE  
& GARLIC SAUCE

### LAMB PASTA - R120

SLOW ROASTED LAMB IN A RICH WHITE WINE + TOMATO & ONION SAUCE

### HALLOUMI - R102

HALLOUMI CHEESE + ROSA TOMATOES + GARLIC + LEMON JUICE & A DASH OF OLIVE OIL

### BACON & BLUE CHEESE - R120

BABY MARROW + CREAMY SUN DRIED TOMATO SAUCE

### CREAMY CHICKEN & SAFFRON SPICE - R120

WITH A TOUCH OF CHILLI + GARLIC + MINT

## DELICIOUS DESERTS

### AFFOGATO

(DROWNED IN COFFEE) - R57

ITALIAN HOMEMADE VANILLA ICE CREAM  
TOPPED WITH A SHOT OF FRANGELICO,  
ESPRESSO COFFEE & BISCOTTI

### BROWNIES - R50

SERVED WITH CREAM OR ICE CREAM

### ASSORTED CAKES & PASTRY'S

## GRILLED SALMON

• WRAPPED IN PARMA HAM + HONEY & MUSTARD + SPINACH & LENTILS - R218  
• CREAMY CHAMPAGNE MUSHROOM SAUCE + SAUTÉED SPINACH + MASH - R230

## LAMB CHOPS - R198

MARINATED IN OLIVE OIL + ROSEMARY - GRILLED TO YOUR LIKING, SERVED WITH BABY  
CRUSHED POTATOES + FRESH ROCKET + PARMESAN SHAVINGS

## OXTAIL - R185

TRADITIONAL SPANISH RECIPE WITH SAFFRON SPICE + SHERRY, SERVED ON OUR  
HOMEMADE MASH

## MOZAMBICAN PRAWN CURRY - R175

PRAWNS PREPARED IN A CURRY INFUSED COCONUT CREAM SERVED WITH RICE + SAMBALS

## OUR FAVORITES

SERVED WITH A SIDE ORDER. YOUR CHOICE OF CHIPS,  
SWEET POTATO FRIES, RICE, VEGETABLES OR SALAD

### CLASSIC BURGERS - R98

220G BEEF BURGER PATTY, TOPPED WITH CHEESE + ONION RINGS

### BIG B BURGER - R116

220G BEEF BURGER PATTY + BACON + CHEESE + MUSHROOM SAUCE + ONION RINGS

### BLONDIE BURGER - R150

220G BEEF PATTI + STEAK + HAM + EGG + CHEESE + GRILLED ONION

### CRUMBED CHICKEN BURGER - R95

CRUMBED CHICKEN BREAST + MAYO + PINEAPPLE + CHEESE

### KAROO LAMB BURGER - R107

TOPPED WITH BRINJALS + DANISH FETA + FRESH ROCKET + TZATZIKI

### TEQUILA LIME CHICKEN BURGER - R112

GUACAMOLE + CHIPOTLE MAYO + JALAPEÑOS + BACON + CHEESE

### BEER BATTERED HAKE - R106

SERVED WITH TARTAR SAUCE + COLESLAW

### DOUBLE DOG - R91

2 X BOCKWURST + BRAZILIAN CARAMELISED ONION + ROSA TOMATOES + CHILLI FLAKES + BAGUETTE

### BEEF PREGO - R100

150G AGED STEAK COOKED TO PERFECTION

### CHICKEN PREGO - R91

CHICKEN FILLET COOKED TO PERFECTION

### ✓ BEYOND MEAT BURGER - R140

THE WORLDS FIRST PLANT BASED BURGER THAT LOOKS & COOKS LIKE BEEF  
BASIL PESTO + SUNDRIED TOMATOES

### CARB FREE BURGER - R98

250G BEEF BURGER PATTI + BROWN MUSHROOM + CHEESE + BACON + EGG + LETTUCE  
+ TOMATO (NO SIDE ORDER INCLUDED)

## PIZZA

ALL OUR PIZZAS ARE MADE WITH A THIN FRESH TOMATO  
& MOZZARELLA BASE

### ✓ GARLIC ROSEMARY OR PESTO POMODORO FLAT BREAD - R55

### ✓ MARGHERITA - R72

WITH FRESH BASIL LEAVES

### ✓ GOATS CHEESE - R110

OVEN ROASTED MEDITERRANEAN VEGETABLES + RED ONION + OLIVES + FRESH BASIL

### ITALIAN SMOKED MOUNTAIN HAM - R115

COPPA + GORGONZOLA + FRESH ROCKET

### BACON, FETA & AVO - R115

### PROSCIUTTO - R135

THINLY SLICED CURED ITALIAN HAM + ROSA TOMATOES + FRESH ROCKET

### COOKED ITALIAN HAM - R107

MUSHROOMS + GARLIC + OLIVES

### CHOURIÇO - R117

ROASTED RED PEPPERS + CARAMELISED ONION + CHILLI + GARLIC + FRESH OREGANO

### SPICY SOUTHERN ITALIAN SALAMI - R115

RED ONIONS + OLIVES + MUSHROOMS + FRESH ROCKET

### BALSAMICO - R130

GLAZED AGED STEAK STRIPS IN A BALSAMIC REDUCTION + PEPPADEWS + FETA + FRESH ROCKET

### MEXICANA - R117

SPICY MINCE + GREEN PEPPERS + ONIONS + CHILLI

### SPICY CHICKEN - R117

ONIONS + GREEN PEPPERS + PEPPADEWS + AVOCADO

### 'B' CUBED - R120

HAM + BACON + ROCKET + ROSA TOMATOES + AVO + MUSTARD BASIL MAYO

### CALAMARI - R135

CALAMARI IN OUR MILD PERI-PERI SAUCE + BACON + LEMON