



baobab

café & grill



STARTERS

GARLIC & CHEESE ROLL (V) 40
a baguette with garlic butter & mozzarella

CALAMARI 95
150g calamari grilled with lemon butter, served with tartar sauce

CRUMBED MUSHROOMS (V) 85
served with tartar sauce

BILTONG & MUSHROOM SOUP 85
served with bruschetta

PRAWN TEMPURA 95
4 tempura battered prawns served with spicy mayo

CHICKEN LIVERS 80
chicken livers in a spicy sauce, served with dombolo (dumpling)

GARLIC MUSSELS 95
mussels in a white wine, garlic & parsley sauce, served with brown bread

GARLIC & CHEESE SNAILS 95
snails in garlic butter & melted mozzarella, served with brown bread

CAMEMBERT IN PHYLLO (V) 95
wrapped in phyllo pastry, served with cranberry sauce

HALOUMI (V) 85
grilled or fried haloumi, served with our homemade sweet-chilli sauce

BUFFALO WINGS 99
10 flame grilled buffalo wings with a choice of peri-peri or bbq basting

TRINCHADO 95
braised beef prepared in a spicy garlic, onion, pepper & red wine sauce,
served with bruschetta

OX LIVER 85
ox liver grilled with roasted onions & peppers, served with dombolo (dumpling)





MORE STARTERS

SHORT RIB & PICKLED EGGPLANT 89

short rib infused with pickled eggplant, chilli, blistered tomatoes & an african peach chutney, tossed with baby spinach leaves

HONEY GLAZED PRAWNS 110

5 prawns flame grilled, glazed with a honey, sweet-chilli & soya sauce, finished with toasted sesame seeds

SPRINGBOK CARPACCIO 135

smoked springbok served with spring onions, rocket, parmesan shavings, honey vinaigrette & brown bread

FRESH OYSTERS (when available) each 29

platter of 6 160

platter of 12 290

SALADS

TANGANYIKA SALAD 144

garden salad, marinated chicken, pineapple, pecan nuts, bacon bits & avo with our house dressing

AVO, BILTONG & CASHEW SALAD 148

garden salad, biltong, cashew nuts, feta & avo with our house dressing

SMOKED SALMON SALAD 145


garden salad, rocket, smoked salmon, cottage cheese, capers, peppadew & avo, drizzled with a bell pepper dressing

GREEK SALAD (V) 90

garden salad, feta & kalamata olives, drizzled with our house dressing

BACON & EGGPLANT SALAD 144

garden salad, pickled eggplant, crispy bacon bits, parmesan & avo, drizzled with a sweet-chilli & an african chutney dressing



SPECIALITY STEAKS

BILTONG RUMP 225

300g rump topped with biltong, avo & a creamy mushroom sauce

CAMEMBERT & CHERRY FILLET 265

250g fillet topped with camembert & a black pepper cherry sauce

SIRLOIN & EGGPLANT 210

250g sirloin served with chilli marinated eggplant, sun-dried tomatoes & an african peach chutney

BONE MARROW RIB EYE 255

300g served with oven roasted bone marrow, sautéed mushrooms & sun-dried tomato & herb butter

RIB EYE STEAK	300g	215
SIRLOIN	250g	165
FILLET	250g	235
RUMP	300g	180
PORK RIBS	400g	215
	600g	290
LAMB CHOPS	400g	315
	600g	470

NAMA

speciality steaks & nama are served with a choice of starch, veg or salad

MUSHROOM | PEPPER | CHEESE | CREAMY GARLIC 34 each

BILTONG & MUSHROOM 45

biltong & a creamy mushroom sauce

CAMEMBERT & CHERRY 45

camembert & a black pepper cherry sauce

BASIL & SUN-DRIED TOMATO 45

creamy sun-dried tomato, basil, parmesan & white wine sauce

EGGPLANT ESCABECHE 45

pickled eggplant, chilli & blistered cherry tomatoes with an african peach chutney

BONE MARROW 45

oven baked bone marrow, sautéed mushrooms & sun-dried tomato & herb butter

SAUCES





MZANSI FAVOURITES

LAMB SHANK 335

600g lamb shank oven roasted in a tomato, garlic & herb sauce

EISBEIN 190

glazed with apricot-mustard sauce & served with sauerkraut

MALA MOGODU 175

you cannot get more south african than mogodu (tripe) served with dombolo (dumpling)

OXTAIL 265

succulent pieces of oxtail slow-cooked in a rich aromatic sauce

TRINCHADO 180

braised beef prepared in a spicy garlic, onion, pepper & red wine sauce

LAMB CURRY 275

slow cooked lamb in a flavourful curry base

BEEF SHANK 245

beef shank slowly simmered in an aromatic mushroom, spinach & cherry tomato sauce

BRAISED BEEF SHORT RIB 220

slow-cooked beef short rib in a rich aromatic sauce

mzansi favourites are served with a choice of starch, veg or salad

SIDES

STIR FRIED VEG | PAP & SHEBA | CHIPS | PAN-FRIED POTATOES |
CREAMED SPINACH | RICE | SALAD | BUTTERNUT | MASH / 30 each

COMBINATIONS

THLAPI COMBOS

HAKE & CALAMARI 225

grilled hake & 150g calamari served with tartar sauce & lemon butter sauce

HAKE & PRAWN 245

grilled hake & 6 prawns with lemon butter sauce

CALAMARI & PRAWN 255

150g grilled calamari & 8 prawns topped with lemon butter, served with tartar sauce

NEPTUNE PLATTER 315

grilled hake, 150g calamari, 3 prawns & mussels, served with lemon butter, garlic & peri-peri

MIXED COMBOS

CHICKEN, BEEF & RIBS 215

6 buffalo wings, marinated beef kebab & 200g pork ribs

CHICKEN, BEEF & PRAWN 225

half chicken, marinated beef kebab & 4 prawns

TSHISA NYAMA 220

half chicken, 300g short rib & boerewors

CHICKEN & BEEF 180

8 buffalo wings, 150g short rib & boerewors

CHICKEN & PRAWN 195

half chicken & 6 prawns grilled with lemon & herb, bbq, sweet-chilli or peri-peri

MORE COMBINATIONS

NAMA COMBOS

RIBS & WINGS 260

6 bbq basted buffalo wings & 400g pork ribs

BOMA GRILL 229

6 buffalo wings, boerewors, lamb chop & 150g short rib

MZANZI GRILL 190

8 buffalo wings & 300g short rib

SIRLOIN & PRAWN 230

250g sirloin & 4 prawns served with garlic butter

JOZI COMBO 225

150g short rib, boerewors, 5 buffalo wings & 4 prawns served with a choice of peri-peri, lemon butter or garlic butter

BAOBAB MIXED GRILL 295

200g pork ribs, 6 buffalo wings, boerewors, lamb chops & 150g short rib

RIBS & PRAWNS 240

200g pork ribs & 6 prawns served with peri-peri, lemon butter & garlic butter

all combination meals are served with a choice of starch, veg or salad

SIDES

**STIR FRIED VEG | PAP & SHEBA | CHIPS | PAN-FRIED POTATOES |
CREAMED SPINACH | RICE | SALAD | BUTTERNUT | MASH** 30 each

THLAPI

HAKE FILLET 150

grilled hake fillet served with tartar sauce

CALAMARI 200

300g grilled calamari topped with lemon butter, served with tartar sauce

PRAWN & MUSSEL CURRY 250

6 prawns & mussels in a red coconut curry

QUEEN PRAWNS 250

12 queen prawns grilled in the shell & served with lemon butter, garlic butter & peri-peri sauce

DIKGOGO

XAI XAI CHICKEN 195

spatchcock chicken grilled with a peri-peri, bbq, lemon & herb or sweet-chilli basting

SWEET-CHILLI CHICKEN 195

chicken breasts stuffed with mozzarella & peppadew, wrapped in bacon & topped with a creamy sweet-chilli sauce

MALUTI CHICKEN 175

chicken breasts stuffed with spinach, feta & mozzarella, wrapped in crispy phyllo pastry, smothered in a sun-dried tomato, basil, parmesan & white wine sauce

CHICKEN WINGS 200

1kg chicken wings basted with bbq, lemon & herb, peri-peri or sweet-chilli basting

HALF CHICKEN 135

half a chicken grilled with lemon & herb, bbq, sweet chilli or peri-peri basting

CHICKEN SCHNITZEL 140

crumbed chicken breast served with a cheese & mushroom sauce

thlapi & digogo are served with a choice of starch, veg or salad





MEALS

LIGHT

- NACHOS (V)** 132
tortilla chips with melted cheese, guacamole, salsa, sour cream & jalapeño
add chicken 34
- CHICKEN & BILTONG QUESADILLA** 128
toasted flour tortilla filled with grilled chicken, biltong, feta & cheddar
- CHICKEN, PINEAPPLE & FETA WRAP** 128
flour tortilla, julienne vegetables, chicken strips, pineapple & feta with a sweet & sour sauce, served with chips
- CHICKEN WRAP** 128
flour tortilla, julienne vegetables, mushrooms & chicken, with a creamy sweet-chilli sauce, served with chips

BAOBAB BURGERS

100% beef burger, topped with lettuce, tomato, gherkins & grilled onions, served with chips & onion rings

	180g	270g
BEEF bbq relish	115	140
CHEDDAR double cheddar	130	155
MUSHROOM sautéed mushrooms, mushroom sauce & mozzarella	130	155
CARIBBEAN double cheddar, pineapple & mayo	135	160
BACON & AVO streaky bacon, avo & mayo	135	160
BACON, CHEESE & JALAPEÑO double cheddar , streaky bacon, sliced jalapeño & mayo	145	170



KIDDIES MEALS

for kids under 12

CHEESE BURGER 85

beef burger served with a slice of cheese & chips

BBQ CHICKEN WINGS 95

8 bbq basted buffalo wings with chips

RIBLETS 110

200g sticky pork ribs & chips

CHICKEN NUGGETS 75

crumbed chicken nuggets with chips

CALAMARI 110

calamari tubes grilled or fried with chips & tartar sauce

BOREWORS 55

120g boerewors served with chips





DESSERT

ICE CREAM & CHOCOLATE SAUCE 65

PEPPERMINT CRISP PUDDING 76
layers of caramel, peppermint, chocolate & biscuit

PANNA COTTA 70
vanilla & chocolate panna cotta with a mixed berry compote

MALVA PUDDING 70
hot pudding served with custard

CRÈME BRÛLÉE 70
baked custard with a caramelized sugar topping

CHEESE CAKE 70
cheese cake with poached pear & berry compote

DESSERT COCKTAILS

STRAWBERRY SHORTCAKE 70
amaretto, crème de cacao & vodka blended with fresh strawberries & vanilla ice cream

BANANA SHORTCAKE 70
banana liqueur, white rum & crème de cacao blended with fresh banana & vanilla ice cream

CHOCOLATE MARTINI 65
amarula, amaretto, nachtmusik & cream topped with crumbled flake

PEPPERMINT CRISP MARTINI 65
amarula, nachtmusik, peppermint liqueur & cream topped with crumbled flake

SPECIALITY COFFEES 50
whiskey, kahlua, cape velvet & frangelico

DOM PEDROS 50
whiskey, kahlua, cape velvet & frangelico



www.baobabcafe.co.za

This menu replaces all previous menus.
All masses refer to approximate mass uncooked.
All photos are for descriptive purposes only.
Substitutions will be charged for.

All prices are inclusive of VAT.

Baobab reserves the right to change the menu or prices at any time.

A service charge of 10% may be added for tables of 8 or more.

E & OE. Food items may contain traces of sesame seeds, nuts or tree nuts.
Should you have any food allergies, please enquire about our ingredients and preparation methods.

follow us on



Menlyn - Baobab Café & Grill Menlyn
Wonderboom - Baobab - Wonderboom Junction



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