

				_
ESPRESSO		Regular R17	F	Large 22.50
CAPPUCCINO		R23		R28
CAFÉ LATTE				R28
AMERICANO		R22		R26
FLAT WHITE				
CAFÉ MOCHA Espresso, Nutella & steamer				R34
HOT CHOCOLATE		R26		R32
DECADENT HOT CHOCOLAT Nutella, steamed milk, crean				R44
CREAMY WHITE HOT CHOCK	DLATE		.R28	R34
CEYLON & ROOIBOS	R20	: 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	he sand	Le-,
TWINING'S ENGLISH BREAKF	AST R23	TEA L	OVERS 🖫	<u></u>
TWINING'S EARL GREY	R23	*-TRI		
ROOIBOS ESPRESSO	R23	An imported & loose teas ser	ved with you	or
ROOIBOS LATTE	R28.50	choice of milk, Ask your wa		



CHAI LATTE

نه TEA LOVERS MENU. من

1	- KICK.	
	BERRY SMOOTHIE	R44
	MILK & HONEY SMOOTHIE Banana, milk, honey, almonds & ice.	R44
	SUGAR FREE CHOCOLATE BANANA SMOOTHIE	_R44
	SUGAR FREE ICED COFFEE	R39
	SUGAR FREE CAFÉ MOCHA Espresso, Nomu sugar free hot chocolate powder, steamed milk & a foam cap.	_R42
	SUGAR FREE ICED MOCHA	_R42
	NOMU SUGAR FREE HOT CHOCOLATESML: R26LRG	: R32
	GOOD OL' CHOCOLATE MILK (sugar free)	30.50





V V	The state of the s					
PEACH / BERRY / LEMON ICED TEAR24	THICK MILKSHAKESR40 Vanilla, chocolate & strawberry.					
SODA CANS	MILO MILKSHAKE R43					
HOMEMADE STRAWBERRY	BAR-ONE MILKSHAKER44					
LEMONADE R27	FERRERO ROCHER MILKSHAKER44					
SPARKLING PASSION FRUITR27	SALTED CARAMEL MILKSHAKER46					
FRANKIES CLOUDY LEMONADER25	COOKIES & CREAM MILKSHAKER44					
FRANKIES GINGER BEERR25	200ML COKE BOTTLER18					
FRANKIES CREAM SODAR25	300ML COKE BOTTLE R21					
FRANKIES CINNAMON COLAR25	ICED HOT CHOCOLATEMED: R26LRG: R34 Nutella. milk & crushed ice.					
SPARKLING WATERR15	ICED COFFEE R36					
STILL WATERR15	Espresso, milk, crushed ice & condensed milk.					
100% PURE FRUIT JUICESR18 Orange, apple, mango, strawberry & pineapple.	SLO JO ICED CAPPUCCINOR38					
SNAPPLER26.50	APPLETISERR26					
NEWSFLASH!	RED & WHITE GRAPETISERR26					
BREAD C BUTTER PANTRY PRODUCTS HITTING SHELVES SOON!						
	a made il, using only good quality ingredients.					
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	US IN PAARL: (* (BREAD)*)					

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BREAKFAST Serve at all of the serve at the s

Rooster: R78.

.R72

R56

.R66

EARLY BIRD.

	Two fried, poached or creamy scrambled eggs served with crispy bacon, creamy mushrooms & oven roasted rosa formatoes. Your choice of toast. Swop the creamy mushrooms for an extra egg at no extra charge!	R46
	BACON & CAMEMBERT SWEET TREAT Two stices of French toast sandwiched together with Camembert cheese & topped with crispy bacon and a drizzle of maple syrup say no more.	
0	www. MASCAPONE & BERRY SWEET TREAT Two slices of French toast sandwiched together with mascapone & berry coulis & topped with fresh berries, sliced banana & toasted nut granola.	.R74
	COW AND CHICKEN	R78
	COW AND CHICKEN	
	MOT CHIC.	R66
	Creamy chicken livers with a hint of peri-peri served with your choice of toast. Warm and comforting! Served anytime of the day.	
	BREAD & BUTTER EGGS BENEDICT Two poached eggs on two slices of sweet potato toast with a choice of: - Bacon, topped with a light hollandaise sauce, avo & fresh rocket	R78
	Ham, topped with a light hollandaise sauce & fresh rocket Smoked salmon, topped with a light hollandaise sauce, capers & fresh rocket	.R78
	BACON & EGG CROISSANT	nt.
	BREAKFAST - IT'S A WRAPI. Scrambled eggs, bacon, creamy mushrooms & rosa tomatoes wrapped in a whole wheat tortilla.	R68
	W HEARTY DATS	R52
	Creamy oats served with milk, cinnamon, honey, sliced banana with a sprinkle of toasted granola.	
	THE SALMON	R86
	Creamy scrambled eggs wrapped in a smoked salmon parcel served with rocket,creme fraiche & capers, with a toast of your choice.	
	BREAKFAST BURGER STACK	R88
	A Big Daddy beef patty, stacked with bacon, tomato, mushroom & carametised onion marmalade.	

★ THE WAY YOUR GRANDMA MADE IT - WITH LOVE ★

ONEW! GO BREAKFAST BANANA SPLIT Sliced banana, full cream yoghurt, berries in season & berry coulis topped

Fluffy flapjacks stacked with bacon, fried banana & maple syrup.

with crunchy nut roasted granola.



A Southern Fried chicken fillet topped with camembert cheese. cranberry sauce & rocket on a soft sesame seed roll, served with skinny potato fries. PORTUGUESE CHICKEN BURGER...

A panfried Portuguese chicken breast with cheese, tomato, lettuce & mayo on a soft sesame seed roll, served with skinny potato fries. New! CHILLI & LIME MEXICAN CHICKEN BURGER. With all the trimmings, avocado crema, pineapple & red onion salsa.

BIG DADDY'S BEEF BURGER. A 200g pure beef patty served with greens, tomato & pickles, topped with a slab of cheese, avocado, bacon & caramelised onions, served with skinny potato fries and creamy mushrooms on the side.

New! LOADED MEXICAN BEEF BURGER R94 A 200g pure beef patty served with lettuce, tomato, cheese & sliced jalapeño chillies, smothered in Mexican mince & topped with avocado crema, served with skinny potato fries.

R82.50

R94

R24

.R17

R15.50

R15.50

PANFRIED PORTUGUESE CHICKEN BREAST. Served with a Greek side salad. New! STICKY BBQ CHICKEN WINGS. R72 Served with skinny potato fries & a side salad.

MEXICAN MINCE NACHOS R76 Smothered in melted cheese and served with tomato salsa, avocado crema &fresh coriander yoghurt. LOW CARB NACHOS . R78 Served with sweet potato crisps.

TOASTED HAM & CHEESE CROISSANT. .R46 QUICHE OF THE DAY. R68 Served with a side salad & a slice of sweet potato toast CRUSTLESS QUICHE. R66

Bacon, mushroom & spinach served with a side salad. CRISPY SOUTHERN FRIED CHICKEN STRIPS Served with skinny fries & a side salad.



R9.50 GREENS CREAM .R8 AVO CHEESE .R14 CHICKEN ROVRII ..R8.50 SAUTEED MUSHROOMS.

LOW CARB Drop the bread or replace with Banting Bread / Banting Crackers for an extra R10. ·····

. R8.50 BILTONG

R17.50

R15 BACON

.R14 BEEF

HAM

Iur waitrons accept compliments but preler tip



SIDE SALAD. Large: R52.....Small: R36 Rosa tomatoes, cucumber slices, sliced carrots, feta & salad greens. SMOKED CHICKEN OR ROAST CHICKEN SALAD. Avocado, feta, rosa tomatoes, cucumber slices, sliced carrots, rocket & salad greens. BILTONG, FETA & ROSA TOMATOES SALAD Cucumber slices, sliced carrots & salad greens,

BACON, AVO & FETA SALAD. .R78 Crispy bacon, fresh ayocado, cucumber slices, rosa tomatoes, salad greens, feta & toasted seeds.

THYME, MUSHROOMS, PARMESAN & PINE NUT SALAD... R76 Nut salad, Lightly sauteed mushrooms, cucumber slices, rocket, parmesan shavings. salad greens & toasted pine nuts.

LIGHTLY CURRIED CHICKEN SALAD. Chunky roast chicken covered in a light and fruity curried mayo, cucumber slices. rosa tomatoes, sliced carrots & salad greens - garnished with fresh banana, pecan nuts & peaches.

ASIAN COLESLAW & PORK SALAD. R82 Pulled slow cooked honey glazed gammon, shredded crunchy red & white cabbage, carrots, cucumber, apple, sesame seeds & almond flakes.

New! CHILLI & LIME MEXICAN CHICKEN SALAD. Chilli & lime marinated grilled chicken strips, avocado crema, pineapple salsa, cucumber, lettuce, tomato, fresh coriander voghurt &

topped with crunchy corn chips.



THE SWEET TOOTH. R42 Two cinnamon & sugar pancakes served with vanilla ice cream. THE LUNCH PANCAKE **R66** Filled with creamy chicken & mushroom filling & served with a side salad. BAR ONE PANCAKE R48 Filled with vanilla ice cream & bar one sauce.



FARMSTYLE WHITE / BROWN / SWEET POTATO / 100% ······ UNTOASTED ON REQUEST ····· ALL FILLINGS CAN BE SERVED IN A WRAP: R5 EXTRA. BANTING BREAD: R8 EXTRA.

R52 CHICKEN MAYONNAISE ROAST BEEF, GOUDA, ROCKET & CARAMELISED ONION MARMALADE R54 SMOKED HAM, FARM CHEDDAR, ROCKET & WHOLEGRAIN MUSTARD OR DIJON MUSTARD R49 SMOKED CHICKEN, BRIE & CRANBERRY SAUCE .. R54 MOZZARELLA & ROSA TOMATOES. R44 SMOKED HAM & GOUDA **R48** CHEDDAR CHEESE R42 BILTONG, COTTAGE CHEESE, ROCKET & CARAMELISED ONION MARMALADE ... R64 Three slices of bread, toasted & filled with chicken mayo, bacon, mozzarella, salad greens, rocket, tomato, cucumber, gouda & caramelised onion marmalade.

served with skinny potato fries. ASIAN COLESLAW & PORK SANDWICH. Sliced honey & glazed gammon, cheddar, greens & Asian coleslaw with mustard mayo.



ROAST CHICKEN, AVO. FETA & ROCKET WITH CHILLI CORIANDER JAM BACON, CREAM CHEESE, ROSA TOMATOES, ROCKET & SWEET CHILLI SAUCE..... R64 BACON, AVOCADO, FETA & SALAD GREENS. ROAST CHICKEN, BRIE, ROCKET, GREENS & SWEET CHILLI SAUCE R66 ASIAN COLESLAW & PORK Sliced honey & glazed gammon, cheddar, greens & Asian coleslaw with mustard mavo. MEXICAN MINCE FAJITA. Wrap filled with mince, cheese, guacamole, tomato salsa, cucumber, lettuce & fresh coriander yoghurt. R68

New! MEXICAN CHICKEN FAJITA Wrap filled with chilli & lime chicken strips, avocado crema, pineapple salsa, cucumber lettuce & fresh coriander voghurt.



SO SIT BACK BELAX & ENJOY OUR COMPANY.