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Blowfish Menu\_Rev07.indd

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## Fresh Oysters

Served on the rocks with a sherry vinegar and Spanish onion salsa

......R26 each

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## Starters

#### **Prawn Stuffed Calamari Skewer**

Calamari tubes stuffed with prawns and mozzarella, wrapped in bacon and served on a skewer, accompanied by skinny potato crisps

.....R95

## **Spicy Creamy Szechuan Calamari**

Crispy, fried calamari strips laced with spicy Japanese mayo

.....R85

## **Panko-Fried Prawns**

Three panko-crumbed and crispy fried Queen Prawns served with Thai sweet chilli sauce

.....R80

## **Creamy Mussel Pot**

Mussels simmered in a creamy white wine, garlic and fresh herb sauce, served with toasted homemade bread

.....R85

## **Chicken Livers Rogan Josh**

Chicken livers simmered in a fragrant Indian curry sauce, with a splash of yoghurt and served in crispy poppadoms

.....R69

## **Pork Dumplings**

Six crispy fried pork dumplings served with a sweet soy dipping sauce

.....R78

## **Salmon Ceviche**

Thinly sliced salmon served with peppers and onion, cured in a citrus olive oil dressing .....R135

#### **Edamame Beans**

Traditionally steamed and salted .....R75



## Salads

Salads are served with dressing, please let your server know should you want the dressing served separately.

#### **Tuna Tartare**

Served with traditional sides of red onion, gherkins and capers topped with an egg yolk and smoked paprika

.....R110

## Mediterranean Vegetable Quinoa Salad

Roast Mediterranean vegetables, served on quinoa tossed with chimichurri, pine nuts and rocket

.....R90

## **Greek Salad**

Traditional Greek salad with Kalamata olives and Danish feta

## Waverider Salad

A house favourite! Cajun-grilled chicken with avocado served on greens with a pineapple salsa

.....R100

### **Crab Salad**

Shredded crab sticks on lettuce and cucumber laced with Japanese mayo and topped with pickled ginger

.....R85

#### **Prawn Avocado Salad**

Steamed prawns served with sliced avocado on salad greens laced with Japanese mayo and topped with sesame seeds

.....R100

## **Spicy Seared Tuna Salad**

Spicy seared tuna served on greens with avocado, Japanese mayo and a drizzle of Teriyaki dressing

#### Salmon Sashimi Salad

Salmon sashimi on a bed of greens



# Seafood Counter

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For the seafood lover, our daily selection allows you to create your perfect platter. Your choice of grilled or fried options fresh from the ocean, prepared with a fresh herb and oil marinade and served with either lemon or garlic butter. Servings are charged per weight. Chat to your waiter about today's catch – they're great at making recommendations.

# Seafood Platters

Our seafood platters are served with Mediterranean rice and hand-cut fries accompanied by a trio of lemon butter, garlic butter and peri-peri sauce.

## Hake & Calamari Platter

200g beer-battered hake and 125g fried calamari steak strips served with garlic aioli

## **Crayfish Thermidor**

350g crayfish grilled and served in the shell, with a Thermidor sauce

.....R370

## Solo Seafood Platter

A decadent platter for one – grilled hake and calamari with a portion of mussels, two standard prawns and two queen prawns

.....R225

.....R139

## **Duo Seafood Platter**

Indulge in this platter for two – double portions of hake, calamari and mussels, as well as four standard prawns and four queen prawns



Seasoned with our homemade meat rub and grilled to your taste. Served with sweet potato gaufrettes or French fries. All other side order substitutions will have a R10 surcharge.

**Beef Fillet 200g** 

.....R180

Beef Rump 400g

.....R185

Sides & Sauces

Wok-seared Asian Vegetables

Mediterranean Rice

Truffle-infused Mash

Mushroom Mustard | Thermidor

Garlic Butter

Three Cheese

Hand-cut Fries

Lemon Butter

Green Salad

## **Garlic Aioli**

.....R20

Chimichurri

Peppercorn .....R28

Peri-Peri

Beef Ribeye 300 grams of A-grade Ribeye Steak seasoned with smoked paprika & garlic salt .....R185

# Main Courses

## Pasta Frutti Di Mare

Mixed seafood in a creamy white wine and garlic sauce with a hint of tomato, served on linguine, garnished with gremolata

.....R145

## **Traditional Fish 'n Chips**

Fresh hake fillet in a traditional styled beer batter, fried to perfection, served with hand-cut fries and garlic aioli

.....R105

## Wagyu Thermidor Burger

200g Wagyu patty on a crisp Kaizer roll served with the usual trimmings, a Thermidor sauce and sweet onion jam

.....R150

## Chicken & Prawn Risotto

Creamy chicken and prawn risotto with fresh peas, lemon zest and a hint of mint

.....R140

## **Blowfish Ramen Bowl**

Chicken and prawns in a traditional soy and dashi broth served with Ramen noodles, spring onion, mushrooms and a boiled egg

Thai Green Chicken Curry

Chicken strips sauteed with Asian-style vegetables and bamboo shoots, in a creamy Thai green curry sauce

.....R125

.....R105

## Teriyaki Seared Tuna

250g yellowfin tuna crusted in sesame seeds, perfectly seared and served with our house Teriyaki sauce and wok-fried Asian vegetables

## Calamari 'n Chips

220g Calamari steak strips fried crispy and golden, served with hand-cut fries and garlic aioli

## Penne Recco Con Pollo

Chicken strips gently sauteed in a curry-infused Napolitana sauce with hints of garlic and coriander, balanced with a splash of cream and served with penne pasta

.....R125



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## Traditional Sushi

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## Maki (6 pieces)

Mixed Veg	R50
Cucumber	R50
Avocado	R60
Salmon	R75
Prawn	R65
Tuna	R70
Crab	R50

## Fashion Sandwich (6 pieces)

Spicy Salmon	R100
Spicy Tuna	R100
Mixed Veg	R70
Salmon	R100
Prawn	R100
Tuna	R95

## California Roll (8 pieces)

Spicy Salmon	R115
Spicy Tuna	R105
Mixed Veg	R80
Salmon	R110
Prawn	R100
Tuna	R100
Crab	R65

## Hand Roll

Spicy Salmon	R85
Spicy Tuna	R75
Mixed Veg	R50
Salmon	R80
Prawn	R70
Tuna	R70
Crab	R55

## Nigiri (3 pieces)

R85
R75
R80
R60
R70
R50

Sashimi (6 pieces)

Spicy Salmon	R145
Spicy Tuna	R125
Salmon	R140
Tuna	R120

## Roses (2 pieces)

Cucumber	R40
Salmon	R60
Prawn	R55
Tuna	R55

## 'Sushi Crunch'

Your choice of any of our Traditional Sushi options, panko-fried and served with Japanese mayo and sweet chilli sauce

.....R20 extra

Sushi Platters

### **Rose Platter (8 pieces)**

A bouquet of sushi roses: salmon, prawn, tuna and cucumber

.....R180

### **JJ's Platter**

An assortment of tuna and salmon California Rolls, Nigiri, Sashimi and Roses

Signature Sushi

## Grenades (2 pieces)

Two salmon roses – topped with spicy salmon and tempura crumbs, spicy mayo and Teriyaki sauce

.....R70

### Cucumber Roll (6 pieces)

Rice-free cucumber sheet rolled with crab, prawn and salmon, dressed with Japanese mayo

.....R115

## Citrus Soy-marinated Sashimi 100g

Salmon sashimi marinated in soya sauce and Ponzu dressing

.....R135

## Philadelphia Roll (8 pieces)

Smoked salmon and cream cheese California roll wrapped in smoked salmon

.....R140

## Tempura Prawn Roll (8 pieces)

California rolls filled with crispy fried prawn topped with avocado, sweet chilli sauce, sesame soy sauce and Japanese mayo

.....R135

#### Salmon Kokoro Roll (8 pieces)

Heart-shaped salmon, strawberry and avocado California rolls

.....R130

## Seven Spice Prawn Inari (2 pieces)

Prawn and Japanese mayo set on sushi rice and wrapped in Inari

.....R70

## **Bamboo Roll (6 pieces)**

Salmon California roll wrapped in crunchy cucumber, topped with Japanese mayo

.....R120

#### **Blowfish Roll**

Panko-fried prawn roll topped with flame-seared Teriyaki salmon and spicy Japanese mayo

.....R160

## Zebra Roll (8 pieces)

Prawn California roll made with pink and white rice, dressed in Japanese mayo – a feast for the eyes too!

Signature Sushi

#### **Rainbow Roll (8 pieces)**

Salmon and avocado California roll wrapped in salmon and tuna

.....R140

## Seared Tuna Nigiri with Parmesan (4 pieces)

Fire-seared tuna nigiri topped with parmesan cheese, spicy Japanese mayo and eel sauce

.....R9<u>5</u>

## **Queen Roll (8 pieces)**

Prawn California roll combined with avocado, cream cheese and strawberries rolled with pink sushi rice, laced with sweet chilli sauce and Peppadew

.....R140

### Mountain Top Nouveau (8 pieces)

Spicy tuna roll, topped with panko-fried prawn and spicy Japanese mayo

.....R180

## Spicy Tuna Roll (8 pieces)

Spicy tuna roll topped with chilli-seared tuna and laced with sweet sesame soy dressing, garnished with Peppadew and spring onion

.....R125

## Spicy Salmon Roll (8 pieces)

Salmon California roll topped with chilli-seared salmon, laced with spicy Japanese mayo

.....R135

Poke Bowls

## **Tuna Poke**

Sushi rice laced with an aromatic citrus dressing and topped with marinated Yellowfin tuna, avocado and tomatoes

.....R95

#### **Salmon Poke**

Sushi rice laced with a sweet chilli and caviar-mayo and topped with salmon, edamame beans, pickled ginger, strawberries, cucumber and avocado





### **Chocolate Ganache Cheesecake**

Our famous home-baked cheesecake is topped with a decadent chocolate ganache and served with whipped cream

.....R75

## Dark Chocolate & Orange Fondant

Indulgent dark chocolate fondant infused with orange extract and served with vanilla ice cream

.....R75

## Sorbet Trio

Seasonal sorbet drizzled with sparkling wine and basil-infused syrup

.....R60

## Ice Cream & Chocolate Sauce

Classic vanilla ice cream with rich chocolate sauce

## **Belgium Rocky Road**

Belgium chocolate ice cream with nuts, shortbread and marshmallows topped with a creamy marshmallow sauce

......R75

#### Churros

Crispy fried churro sticks generously dusted in cinnamon sugar and served with a decadent chocolate dipping sauce

.....R65

## Cardamom Crème Brûlée

Traditional Crème Brûlée infused with cardamom and topped with a crunchy sesame praline