

## BREAKFAST

### SIGNATURE BREAKFASTS

#### HOT GREEK BREAKFAST.....98

FREE RANGE EGGS, MUSHROOMS,  
TOMATO + FRIED HALOUMI CHEESE  
WITH BACON OR SAUSAGE (PORK / BEEF)

#### COLD GREEK BREAKFAST.....79

FETA, OLIVES, TOMATO, CUCUMBER,  
PITA BREAD, TAROMASALATA

#### BREAKFAST SANDWICH.....89

FREE RANGE EGGS, BACON, TOMATO  
+ CHEDDAR CHEESE

#### SMOKED TROUT BREAKFAST.....139

WITH FREE RANGE EGGS, AVO,  
ROCKET AND HOLLANDAISE SAUCE

OR

WITH WILTED BABY SPINACH,  
TWO FREE RANGE EGGS, TOAST AND  
HOLLANDAISE SAUCE

#### SOAKED BIRCHER MUESLI.....72

BIRCHER MUESLI, SOAKED OVER-  
NIGHT WITH GRATED APPLE,  
MIXED NUTS + HONEY

OR

WARM HOMEMADE BIRCHER  
MUESLI, SPICED FRUIT COMPOTE

#### ROASTED PISTACHIO + YOGHURT.....S - 64 L - 82

DOUBLE THICK GREEK YOGHURT  
LAYERED WITH HONEY AND  
PISTACHIO NUTS

#### HOMEMADE GREEK PIES.....25

SPANAKOPITA (SPINACH AND FETA)  
TIROPITA (FETA, MINT AND SESAME)



### BUILD YOUR OWN - HOT BREAKFAST

#### PICK YOUR BASE:

TOAST: RYE / HEALTH / PITA / TURKISH.....	12
CROISSANT.....	29
2 EGGS.....	24
4 EGG FRITATA.....	42

#### ADD

TOMATO FRESH OR GRILLED / PARSLEY ITALIAN / FRESH BASIL / CUCUMBER / WILD ROCKET / CHILLIES.....	6
TOAST / EGG / JAM / MARMITE / CARAMELISED ONION / ANCHOVIE PASTE.....	9
ROASTED PEPPER / PEPPERDEWS / FRIED POTATO / BABY MARROW / OLIVES / CHEDDAR CHEESE / NUTELLA.....	14
BEEF OR PORK SAUSAGE / BACON / FETA / EMMENTALER CHEESE / MUSHROOMS / AVOCADO / BABY SPINACH.....	28
HALOUMI.....	40
SMOKED TROUT.....	90
NORWEGIAN SALMON.....	110



### BUILD YOUR OWN - HEALTH BREAKFAST

#### PICK YOUR BASE:

DOUBLE THICK GREEK YOGHURT.....	24
MILKY PORRIDGE: ROLLED HOT OATS.....	30
SEASONAL FRUIT SALAD.....	59

#### ADD

HONEY.....	9
FROZEN BERRIES, CINNAMON + BANANA.....	15
ROASTED NUTS, DRIED FRUIT COMPOTE.....	22
GREEK YOGHURT.....	24
HOMEMADE, SOAKED BIRCHER MUESLI.....	25
HOMEMADE, WHEAT + SUGAR-FREE GRANOLA.....	33

# CAFFE NEO

DELI + CAFÉ

## HOT DRINKS

### COFFEES + HOT DRINKS

	SHOT	SL	DL
CAFFE ESPRESSO.....	23		26
CAFFE MACCHIATO.....	24		26
CAFFE ME GAIA.....	27		29
(ESPRESSO, HOT MILK ON SIDE)			
FLAT WHITE CAPPUCINO.....	28		31
CAFFE AMERICANO.....	26		30
CAFFE LATTE.....	28		31
CAFFE MOCHA.....	38		42
CAFÉ GRECO (GREEK COFFEE).....	25		27
HOT CHOCOLATE (PLAIN).....			32
CHAI LATTE.....			44
BRAZILIAN HAZELNUT.....			44
SWISS CHOCOLATE.....			44
WHITE CHOCOLATE.....			44
TEA - CEYLON.....			27
HERBAL TEA (ASK YOUR WAITRON).....			32

## COLD DRINKS

### SHAKES + COLD DRINKS

HEALTH SHAKE WITH YOGHURT.....			56
MILKSHAKES REGULAR/DOUBLE THICK.....	45/65		
SMOOTHIES 100% NATURAL.....			56
SORBETS.....			46
ICED TEAS.....			35
ICED COFFEES.....			46
MINERAL WATER 500ML/1L.....	23/36		
FRESH COLD PRESSED JUICE.....			35

#RED / #ORANGE / #GREEN (ASK YOUR WAITRON)

### OUR STORY

"IT ALL  
STARTED  
AT THE  
'KAFENION'..."



**THE COFFEEHOUSE** is a Greek institution. The most important place in the world for an old Greek man is his regular seat in his favourite kafenion.

My grandfather "Papou Mixali" had a kafenion in Cyprus, Rizzokarpaso. My mother, Anthoulla used to tell me stories about helping her dad run it.

Stories of men sitting for hours with their komboloi (worry) beads watching a game of tavli (backgammon) and joining in on the conversations.

Coffee would be made in a briki (coffee pot) and served with a glass of water. Sometimes they would ask for wine or ouzo until it was time to leave, happy and content that the Kafenion will be waiting for them in the same place tomorrow.

I was named after my papou so I always felt this connection. CAFFE NEO was born in 2005 from these stories...

Michael



## LUNCH & DINNER

### SIGNATURE SALADS AND SANDWICHES

#### KAPRESE HALLOUMI.....99

FRIED HALLOUMI, OLIVES,  
TOMATO WITH A BASIL DRESSING

#### GREEK VILLAGE.....99

FRESH CLASSIC GREEK SALAD WITH  
VINAIGRETTE DRESSING

#### GREEK HERB CHICKEN.....105

GRILLED WITH CORIANDER MARINADE  
AND A HONEY MUSTARD DRESSING

#### THEIA'S TUNA.....89

OIL AND LEMON DRESSING, AVOCADO  
AND KRAMBOSALATA

#### ROASTED VEGETABLES.....89

ON A BED OF BABY SPINACH WITH  
HOUMOUS DRESSING

**SANDWICHES SERVED ON A CHOICE OF:**  
TURKISH, RYE, HEALTH OR PITA BREAD.....ADD R10

### FRIED FISH AND PILAFI

#### KALAMARI.....125

BATTERED SQUID WITH  
CHILLI SRIRACHA SAUCE

#### PSARI BARRAMUNDI.....130

CRUMBED FILLET WITH GREEK  
TARTARE SAUCE

### SOUVLAKI IN PITA

#### KOTOPOULO.....79

FREE RANGE WITH YOGHURT HONEY  
AND MUSTARD SAUCE

#### LAMB.....99

YOGHURT MARINADE AND SERVED WITH  
TZATZIKI KRAMBOSALATA

#### FALAFEL.....79

CHICKPEA AND MINT BALLS WITH  
TAHINI SAUCE

### NEO BURGERS AND CHIPS



#### BREAKFAST.....110

WAGYU BEEF WITH MELTED CHEESE,  
BACON AND EGG

#### GREEK.....135

KAROO LAMB AND TZATZIKI SAUCE

#### KOTOPOULO.....135

FREE RANGE CHICKEN WITH SRIRACHA  
CHILLI MAYO SAUCE

### LIGHTHOUSE SPECIALS



#### PAPOU'S CLASSIC MOUSSAKA.....80

PURE BEEF MINCE WITH LAYERS OF  
POTATO, AUBERGINE, BABY MARROW  
WITH BECHAMEL TOP

#### VEGETARIAN MOUSSAKA.....80

THE CLASSIC WITH MUSHROOM,  
CARROT AND PEPPERS  
(ASK FOR VEGAN VERSION)

#### PASTITSIO.....110

OVEN BAKED PASTA LAYERS WITH  
BEEF MINCE, TOMATO AND  
BECHAMEL SAUCE

#### KEFTEDES.....80

WITH TZATZIKI AND PITA BREAD



## WINE LIST

<u>WHITE WINE</u>	GLASS PRICE	BOTTLE PRICE
<b>SAUVIGNON BLANC</b>		
DIEMERSDAL DURBANVILLE	55	198
IONA ELGIN		400
ORG DE RAC (ORGANIC) WESTERN CAPE		198
THE WILD WOMAN WESTERN CAPE	45	150
<b>CHENIN BLANC</b>		
DURBANVILLE HILLS DURBANVILLE	45	150
ORG DE RAC (ORGANIC) SWARTLAND		170
<b>CHARDONNAY</b>		
ORG DE RAC (ORGANIC) SWARTLAND		190
DIEMERSDAL (UNWOODED) DURBANVILLE	55	198
GLEN CARLOU PAARL		270
<b>BLENDS</b>		
BUITENVERWACHTING BUITEN BLANC CONSTANTIA		175
FAIRBRIDGE NATURAL SWEET WESTERN CAPE	40	135
DIE WAGHUIS (ORGANIC) SWARTLAND		380
<b>ROSE</b>		
GOUDINI GOUDINI	45	155
BOSCHENDAL BLANC DE NOIR WESTERN CAPE		155
DELAIRE CABERNET FRANK STELLENBOSCH	75	290
<b>SPARKLING WINE</b>		
ORG DE RAC LA VERNE (ORGANIC) SWARTLAND		350
GRAHAM BECK BRUT ROBERTSON		450

<u>SPARKLING WINE CONTINUED...</u>	GLASS PRICE	BOTTLE PRICE
PONGRACZ WESTERN CAPE	99	400
PONGRACZ ROSE WESTERN CAPE	99	400

### RED WINE

#### MERLOT

DURBANVILLE HILLS LIGHTHOUSE DURBANVILLE		360
GLEN CARLOU PAARL		330
ORG DE RAC (ORGANIC) SWARTLAND	50	190

#### PINOTAGE

DURBANVILLE HILLS PROMENADE DURBANVILLE		360
KWV CLASSIC COLLECTION WESTERN CAPE	70	270

#### SHIRAZ/SYRAH

ORG DE RAC (ORGANIC) SWARTLAND	50	190
DELAIRE GRAFF STELLENBOSCH		320

#### CABERNET SAUVIGNON

ORG DE RAC (ORGANIC) SWARTLAND		190
FAIRBRIDGE WESTERN CAPE		160

#### BLENDS

DIE WAGHUIS (ORGANIC) SWARTLAND		390
NEDERBURG BARONNE (250ml) COASTAL REGION	65	150

## DESSERT & BISCUITS

<b>PAPOU'S BAKLAVA.....</b>	<b>49</b>
DAD'S SPECIAL RECIPE	
<b>PAGATO.....</b>	<b>35</b>
ITALIAN GELATO HALVA, PISTACHIO, AND OTHER FLAVOURS (ASK YOUR WAITRON)	
<b>CAKES.....</b>	<b>69</b>
COSTA'S CHEESECAKE AND OTHERS (ASK YOUR WAITRON)	
<b>KOURABIEDES.....</b>	<b>19</b>
SHORTBREAD CELEBRATION BISCUITS	
<b>MELOMAKARONA.....</b>	<b>19</b>
FESTIVE HONEY BISCUIT	



# CAFFÈ NEO

DELI + CAFÉ

## MEZE

**BUILD YOUR OWN  
OR SELECT AT THE  
DELI COUNTER**



<b>SPANAKOPITA</b> .....	25
SPINACH AND FETA PIE	
<b>TYROPITA</b> .....	25
FOUR CHEESE, COURGETTE AND HONEY PIE	
<b>ARTICHOKE</b> .....	45
MARINATED IN A LADOLEMONO DRESSING	
<b>OLIVES KALAMATA</b> .....	26
MARINATED IN OREGANUM AND ROSEMARY DRESSING	
<b>OCTOPODI</b> .....	39
OCTOPUS TENTACLES MARINATED IN CHILLI OIL AND OREGANO	
<b>HALLOUMI FRIED</b> .....	40
WITH FRESH MINT AND ALMONDS	
<b>TALATTOURI</b> .....	24
GREEK YOGHURT AND CUCUMBER TZATZIKI	
<b>HOUMOUS</b> .....	24
CHICKPEA AND TAHINI	
<b>TIROKAFTERI</b> .....	12
SPICY WHIPPED FETA WITH CUMIN	
<b>MELITZANOSALATA</b> .....	24
CHARRED AUBERGINE BABA GHANOUSH	
<b>SKORDALIA</b> .....	24
GARLIC AND WHITE BEAN	
<b>TARAMASALATA</b> .....	24
FISH ROE AND ONION	
<b>KALAMARI</b> .....	55
DEEP FRIED SQUID WITH SRIRACHA MAYO	
<b>PSARI FRIED</b> .....	32
FISH POLLOCK WITH GREEK TARTARE SAUCE	
<b>KEFTEDES</b> .....	24
DEEP FRIED SPICY MEAT BALLS	

<b>FALAFEL</b> .....	25
CHICKPEA AND CORIANDER BALLS DEEP FRIED	
<b>GREEK STYLE FRIES</b> .....	40
GREEK SEASONED HAND CUT CHIPS	
<b>KOUPEPIA</b> .....	19
STUFFED VINE LEAVES DOLMADES	

## VEGETABLES, GRAINS AND PULSES

**BUILD YOUR OWN  
OR SELECT AT THE  
DELI COUNTER**



<b>KOUNOUPIDI YIAHNI</b> .....	19
ROASTED CAULIFLOWER WITH DATE AND CINNAMON	
<b>PIZELI KAI FASOLAKI YIAHNI</b> .....	26
TOMATO BRAISED PEAS AND BEANS	
<b>PATATES STO FOURNO</b> .....	18
LEMON ROASTED POTATOES WITH ARTICHOKE	
<b>KRAMBOSALATA</b> .....	22
SHREDDED CABBAGE SLAW	
<b>HORIATIKI SALATA</b> .....	26
GREEK VILLAGE SALAD	
<b>PATATOSALATA</b> .....	19
FRESH HERB BABY POTATOES	
<b>TABBOULEH</b> .....	22
GREEK STYLE COUSCOUS	
<b>FAKI</b> .....	25
LENTIL SALAD WITH LADOLEMONO DRESSING	
<b>PASTA SALAD</b> .....	32
SPINACH, FETA AND BASIL MAYO DRESSING	
<b>FASOLIA</b> .....	24
THREE BEAN SALAD WITH HONEY MUSTARD DRESSING	
<b>MEDITERRANEAN CHICKPEAS</b> .....	19
CHICKPEA, FETA AND CHILLI	
<b>ROAST VEGETABLES</b> .....	32
AUBERGINE, BABY MARROW, PEPPERS, RED ONION AND CARROTS	
<b>PANTZARI</b> .....	19
BEETROOT, FETA AND ORANGE SEGMENTS	
<b>LADOLEMONO</b> .....	16
OLIVE OIL AND LEMON HOUSE DRESSING	

# CAFFE NEO

DELI + CAFÉ

## DRINKS

### BEERS

WINDHOEK LARGER.....	33
WINDHOEK LIGHT.....	33
CARLING BLACK LABEL.....	33
CASTLE LARGER.....	33
HANSA PILSNER.....	33
AMSTEL.....	36
HEINEKEN.....	36
STELLA ARTOIS.....	36
CASTLE LIGHT.....	36
PERONI.....	46
CORONA.....	46
DARLINGBREW CRAFT SLOWBEER.....	59
DARLINGCRAFT WITBEER.....	59

### CIDERS

SAVANNA.....	39
SAVANNA LIGHT.....	39
HUNTERS DRY.....	39

### SPIRITS

#### WHISKEY

J&B.....	25
BELLS.....	25
JAMESON.....	35
JOHNNY WALKER BLACK.....	40

#### BOURBON

JACK DANIELS.....	30
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#### BRANDY

KLIPDRIFT EXPORT.....	16
KWV 10YR.....	29

#### RUM

CAPTAIN MORGAN SPICED GOLD.....	16
BACARDI.....	20
MALIBU.....	20

#### GIN

GORDON'S.....	18
TANQUERAY.....	28

#### VODKA

SMIRNOFF.....	18
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#### OZO

BOUTARI.....	20
BARBAYANNI.....	35

#### TEQUILA

CUERVO GOLD.....	25
CUERVO SILVER.....	25

### APERITIFS AND DIGESTIFS

AMARULA.....	28
CAMPARI ROSSO.....	48
GRAPPA.....	35
JAGERMEISTER.....	25

### MIXERS

SODA WATER.....	20
TONIC WATER.....	20
GINGER ALE.....	20
DRY LEMON.....	20
LEMONADE.....	20
COKE.....	20

### SODAS

COKE.....	22
COKE LIGHT.....	22
COKE ZERO.....	22
FANTA ORANGE.....	22
SPRITE.....	22
TIZERS (APPLE/GRAPE).....	35

### WATER

SAN BENNEDETTO 500ML.....	23
SAN BENNEDETTO 750ML.....	36

### JUICES

FRESHLY SQUEEZED ORANGE.....	35
PURE APPLE.....	22

## PAPOU'S STORY



**M**Y DAD ALECKO, OR "PAPOU", AS EVERYONE AT CAFFE NEO KNEW HIM,

became a chef at the ripe old age of seventy. He would often take over from my mom, a great cook herself, to make meals for our family and friends. He started with the classic moussaka and slowly expanded his repertoire. Papou always took the time to prepare meals with great care and love, sharing something that could be served with pride.

Gradually he perfected the meals that you see on our menu today, teaching the CAFFE NEO staff to make them just as he did. During his decade at CAFFE NEO, his only complaint was that his customers' appetites were too small. Every day, working 'til he was ninety, he would exclaim in his signature Cypriot accent: "These people don't know how to eat!" You see, he believed that when it came to Mediterranean food, you can truly FEAST™. At CAFFE NEO, his legacy lives on...

**KALI OREXI!**  
("Good appetite!")

*Michael*