

OUR MANTRA - is to more than just provide fuel for the day, but give more of a ritual and a communion of spirit with those we love.

THE FOOD at CIELO is artistically simple. It's about the ingredients and the fusion. Quality ingredients is what we use as our canvas for creatively flavorful, yet simple dishes; then we apply creativity and a chef's artistry. Delight follows naturally.

Let CIELO take you on a multi-sensory journey to the Mediterranean and all its' bounty and beauty - through its soulful menu creations.



Cielo Breakfast Two Fried or Scrambled Eggs ,Streaky Bacon, Anchovy Bruschetta ,Pork sausages, Roasted Cherry tomatoes and Black Mushrooms	R64
Breakfast Martini Home Baked Seeded Loaf, Poached Eggs, Rocket, Parma Ham, Black Mushrooms and Red wine Onion Marmalade	R 68
Homemade Crispy Buttermilk Waffle Cinnamon Cream and Candied Walnuts	R58
Croissant French Toast Seasonal Berries, Mascarpone Cream Toasted Almond Crumble	R58

Build Your Own Omelet

R64 -

Served with Home Made Fries and Toast, Choice of two items:
Goats Cheese , Cheddar, Swiss, Feta, Ham, Bacon, Tomato, Avocado, Spinach, Wild Mushrooms, Peppers

 $\mathsf{R7}$ $\{$ any additional item add



Eggs Benedict Smoked Salmon or Parma Ham Toasted English Muffin, Two Poached Eggs, Hollandaise Sauce, potatoe pancake	R 74
Croissant Breakfast Sandwich Soft Scrambled Eggs, Streaky Bacon, Jack Cheese and Plum Tomato	R68
Mediterranean Fried Eggs Loukaniko Sausage, Bell peppers , Halloumi Cheese , guacamole, black olives and red onions	R65
Seasonal fruit Platter Sliced Seasonal fruit and Low fat yogurt	R48
Greek Yogurt Parfait Clementine segments, Pistachio nuts and Honey	R45
Prosciutto Quiche Cups Prosciutto and Black Olive Quiche Cups	R56
Almond Granola Yogurt Seasonal fresh fruit and Honey	R52



Spinach and Strawberry Salad Baby Spinach leaves, Strawberries, Bacon bits, Walnuts, Croutons, Balsamic Vinaigrette	R68
Caesar Salad Romaine lettuce ,homemade creamy Caesar dressing, garlic croutons ,anchovies ,Parmesan shavings	R62
Caesar with Warm Sesame Chicken Warm Sesame Chicken, Romaine lettuce, homemade creamy Caesar dressing, garlic croutons, anchovies, Parmesan shavings	R80
Cielo signature Mustard-crusted grilled chicken, crunchy pine nuts, Roasted corn , Bacon bits, Avocado, cherry tomato fresh mint, chives and parsley.	R92
Green Apple and Fennel Salad Crisp Granny Smith Apple, Celery, Red Onion and Sativa Lettuce, Fennel with Tarragon vinaigrette	R62
Crispy Duck and Orange Salad Oven Roasted Crispy Shredded Duck, Orange Segments, Rosa Tomatoes and Watercress, Drizzled with Creamy Orange Dressing	R82
Seafood Salad Sauteed Calamari, Prawns and Salmon, Wild Rocket, Roasted Red Pepper &House Dressing	R96
Salad Nicoise Fresh Rare Tuna, Sliced Baby Potatoes, Rosa Tomatoes, Green Beans, Olives, Anchovies, Boiled Egg, Red Onion, Micro Greens, tossed with Lemon Caper Vinaigrette	R78

PANINI'S AND SANDWICHES

Double Pork Panini Sliced Roasted Pork Loin, Sliced Baked Ham, Dill Cucumber, Swiss Cheese, Plum Tomato and Mustar served with Hand cut Fries	R70 d
Roasted BBQ Chicken Panini Roasted BBQ Chicken, Sliced Plum Tomato, Pickled Cucumber and Mustard Mayo, served with Hand cut Fries	R66
Roasted Turkey Panini Deboned Roasted Turkey Thinly Sliced, Rocket, Camembert and Cranberry Compote served with Hand cut Fries	R 78
Luntza and Halloumi Panini Thinly Sliced Luntza Ham, Grilled Halloumi cheese and Sliced Plum Tomato, served with Hand cut Fries	R 65
Grilled Fillet Steak Sandwich Sautéed Onions, Melted Cream cheese on a warm Ciabatta Roll	R82
Chicken Club Sandwich Crispy Bacon, Boiled egg, Avocado, Arugula Beefsteak Tomato, Pesto Mayo on homemade bread	R80
Rare Roast Beef and Blue Cheese Sandwich Roast Beef, Blue Cheese, Wild Rocket, Red wine and onion Marmalade, on Toasted Ciabatta Bread	R74
B.L.T Sandwich Sativa Lettuce, Streaky Bacon ,Swiss Cheese , Sliced Plum Tomatoes Mustard Mayo on a seeded Roll	R52
Coconut Chicken Sandwich Green Curry Coconut Chicken breast, Parma ham ,Rocket, Plum tomatoes on a Toasted Ciabatta Brea	R72 ad



Beef Burger (150gr) R86

Our Home Made Special Blend of 100% Ground Beef. Served with Tomatoe, Red Onion, Field Greens



Veggie Burger R68

Homemade Vegetable burger, Tomatoe Basil salsa, Lettuce ,Tomatoe

Chicken Burger R70

Homemade Chicken burger, Sliced tomatoe, lettuce

Turkey Burger R85

Homemade Turkey Pattie, Avo, Tomatoe and Mint Salsa

PASTA AND RISOTTO Pastas are available in a choice of Homemade Spaghetti or Tagliatelle

Wild Mushroom Risotto Creamy Risotto, sautéed wild mushrooms, Truffle oil, caramelized onions	R108
Seafood Pasta Mussels , Calamari and Prawns in a White Wine and Basil Pesto Sauce or Garlic Herb Tomato compote	R112
Veal Picatta Spaghetti, Sautéed Veal Scaloppini fillet, lemon wine parmesan sauce	R120
Homemade Beef and Spinach Cannelloni Beef Mince Cannelloni topped with Creamed Spinach, Feta and Mozzarella	R78
Homemade Butternut and Feta Ravioli In a Creamy Butternut and Herb Sauce	R65



Chicken Croquettes Double Cream Mint Yoghurt	R42
Salmon Carpaccio Thinly sliced Fresh Norwegian Salmon served with Capers, Red Onion, Lemon, Wild Ro Olive Oil and Balsamic Glaze	R54 ocket,
Trio Bruschetta Roasted Tomato and Olive, Halloumi and Mint Pesto, Roasted Garlic and eggplant	R45
Stuffed Peppadew Peppers Filled with Goats Cheese, Orange and Almonds Drizzled with Orange vinaigrette	R42
Prawn and Jalapeno Fritters Served with Creamy Garlic and Herb Sauce	R69

MAIN

Chicken Kebab Tender Chicken Marinated in Mint Yoghurt and Saffron served with Sautéed Potatoes Roasted Baby Vegetables and Tzatziki sauce	R95
Beef Kebab Marinated Ramp in olive oil ,garlic and herbs ,served with Sautéed Potatoes Roasted Baby Vegetables and Tzatziki sauce	R95
Double Smoked prime cut Pork Chop 400g Please allow 25 min cooking time Served with Poached Pear, Potato and Leek Rosti, Sour cream and a Homemade Apple Sauce	R 138
Fish and Chips 200 gr of Beer Batter Fried Rock Cod served with Hand Cut Fries and Fresh Lime Tartar Sauce	R 73
Grilled Tuna Fresh tuna Steak , Served with Baby Artichokes, Haricots Verts , Cherry Tomatoes, Quinoa couscous and mint ginger Dressing	R135
Pan Seared Norwegian Salmon Sesame Crusted Salmon Served with fresh mint and tomatoe salsa and Aromatic Couscous	R155
Char grilled Chicken Served with a Potato pancake, grilled smoked eggplant, cherry tomatoes, rocket watercress salad and olive oil vinaigrette	R 88
Rib Eye 350 gr Char Grilled Rib Eye steak ,Served with roasted tomatoe, olives and sautéed Baby Potatoes	R135



Frappe	R22
Freddo Espresso	R22
Freddo Cappuccino	R28
Mochaccino	R28
Frappuccino	R28
Ice Chocolate	R28
Milkshakes Vanilla, Strawberry, Chocolate, Caramel, Coffee, or Hazelnut	R35
Fresh Juices Orange, Apple, Carrot, Strawbery, Or Mango	R25
Ice Tea	R22
Soft Drinks	R22
Tizers	R22

COLD BEVERAGES

Local Mineral Water (350ml)	R2:
Local Mineral Water (750ml)	R4
Local Sparkling Water (350ml)	R2:
Local Sparkling Water (750ml)	R4

HOT BEVERAGES

Espresso	R18
Double	R25
Espresso Macchiato	R18
Cafe Americano	R20
Cappuccino	R22
Double	R32

HOT BEVERAGES

Instant Coffee	R1
Tea Selection	R1

FILTER COFFEE

Classic	KZZ
With Vanila, Caramel or Hazelnut	R27
Latte	R22
With Vanila, Hazelnut	R27
Mochaccino	R27
Hazelnut - Caramel	R27
Hot Chocolate	R22
White Hot Chocolate	R27



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