

breakfast menu

breakfast expresso 55

scrambled eggs with two rashers of streaky bacon and tomato on a slice of toasted sourdough



double up 89

scrambled eggs with grated cheddar, four rashers of streaky bacon and tomato on two slices of toasted sourdough



add) avo 25 /chicken livers 35

mince and eggs on toast 75

beef bolognaise and poached eggs on a slice of toasted sourdough add cheese 20 / avo 25 / bacon 29

v scrambled eggs croissant 65

scrambled eggs in one of our freshly baked croissant add) cheese 20 / avo 25 / bacon 29 / salmon 45

breakfast bun 59

eggs, bacon, onions, tomato, rocket and a hint of our house mayo in a sesame seed bun

- yoghurt, muesli, berries 65 yoghurt, berries and muesli
- resan smoothie bowl 89 pineapple, mango, coconut and lime smoothie bowl with granola
 - v avo eggs 55 (double portion 79) avo and scrambled eggs on toasted sourdough
 - v hummus eggs 39 (double portion 69) hummus and scrambled eggs on toasted sourdough
 - v egg, avo, hummus and feta on rye 65 egg, hummus, avo and feta with scrambled eggs on a slice of rye

√∞ vegan delight 89 cajun sauteed potatoes, onion, mushrooms, spinach, humus & avo

eggs benedict 85

poached eggs with our mustard hollandaise sauce, ham and spinach on a toasted english muffin



swop smoked ham for bacon 15 **swop** ham for salmon 30

swop ham for salmon 30

single benedict 65

a poached egg with our mustard hollandaise sauce, ham and spinach on a single toasted english muffin

♥ bavo benedict 110

poached eggs with bacon, avo and our mustard hollandaise sauce on a toasted english muffin

v jacqui's benedict 69

poached eggs on sauteed spinach, cajun potato, onion and artichokes with our mustard hollondaise sauce

🄰 bacon, eggs & chicken livers 89

scrambled eggs with two rashers of streaky bacon and tomato on a slice of toasted sourdough with spicy chicken livers

v the supreme croissant 99

croissant with two poached eggs and avo, smothered in our tangy mustard hollandaise sauce



add add bacon 29

wah wah wonderful 115

the legend: fried eggs, melted cheddar, spinach and bacon on layers of toasted farmhouse white, all smothered in our tangy mustard hollandaise (for vegetarian swap bacon for avo)

cha chi eggs 85

scrambled eggs served with chorizo, onions, our slow roasted tomato napoletano, cheddar and avo with sourdough



add add bacon 29

chilli bolognaise, tomato and mozzarella on a english muffin, with poached eggs and extra chilli

3 egg omelette

served with toasted sourdough

- v cheese omelette 79 cheddar, moz, parmesan
 - add bacon 29
- v spinach, feta, mozzarella and sundried tomato tapenade 89

mozzarella, bacon, onion & mushroom 95

ham, cheese & tomato 85 gypsy ham, cheddar, sliced tomatoes

♥ avo, feta and bolognaise 119

sweetness

- v maple and french 33 (double portion 59) french toast smothered with maple flavoured syrup add bacon 29
- v chocolate and almond french toast 45 a slice of french toast with chocolate and roasted almonds
- v berry kiss 49 (double portion 85) french toast with whipped cream cheese and a sweet berry compote
- vanilla flap jacks 65 stack of four served with sweet cinnamon butter and berries add bacon 29
- v croissant with preserves 55 (butter & strawberry jam)
- v plain croissant 39

smoothies

berry & banana smoothie 49 a wholesome mix of summer fruits with berries and banana blended with low fat bulgarian yoghurt

banilla & peanut butter smoothie 49 vanilla, banana and peanut butter blended with milk

kombucha

ginger and lemon 45 blueberry and basil 45

juice

orange juice 25 •15 cranberry juice 29 •17 mango juice 29 •17

house ice tea

cranberry and red espresso iced tea 39

crushes

mango and mint crush 45 strawberry & apple crush 45 cocoa crush 39 vanilla chai crush 39 coffee crush 39

xylitol coffee crush (sugar free) 39 granadilla & ginger crush 45 lime & green tea 45

coffee



coffees teas treats

we roast a blend of carefully selected arabica beans that knock out a full bodied, rich cup of coffee.

short 28 • long coffee 30

cortado 28 • flat white 30

cappucino 28 • latte 30 add hazelnut 10

large flat white 32 • large cappuccino 32

LC americano on ice 39 double shot with milk on ice

hazelnut latte on ice 45 our hazelnut latte with a double shot latte poured over ice

coffee crush 39

coffee, milk and sugar blended with ice



a shot of red espresso tea with steamed milk, honey and cinnamon

ceylon / green / chamomile tea 25 your choice of tea, served in a pot

loose leaf teas 29

your choice of rooibos, earl grey, mint or jasmine

gourmet tea 39

a pot of rooibos, lemon, fresh ginger, cloves and honey

spiced chai latte 39

steamed milk with our home made sweet spiced chai flavours ask for a dirty chai, with a shot of espresso (4)

hot cocoa (sugar free) 39

steamed milk with rich cocoa and naturally sweet xylitol with spices for a stronger, darker chocolate taste

hot chocolate 39

steamed milk mixed with our home made hot chocolate, topped with a marshmallow

chococino 45

our delicious hot chocolate infused with a shot of espresso

add soya milk 10 • almond milk 15 • oat milk 10

eco savings: bring your own take away cup and save R2 per beverage

retail: 1 kg bag of coffee beans at R300 (LC) low carb

