



Mediterranean

Seafood Restaurant & Sushi Bar

Starters

	<i>Medium</i>	<i>Large</i>
	R 22 ea	R 25 ea
Oysters		
Fresh oysters sold individually, served on crushed ice with lemon		
Garlic Bread		R 31
Piping hot roll decked in Mediterranean's garlic butter		
Garlic Bread with Cheese		R 35
Garlic Snails		R 75
6 Piping hot choice quality snails decked in Mediterranean's garlic butter		
Garlic Snails with Cheese		R 79
Lambs Liver (Halaal)		R 65
125g Fresh Lambs Liver stir-fried and served with chopped onion. Delicious!		
Halloumi Cheese		R 63
A lightly salty Cypriot Cheese grilled or fried and served with tomato, cucumber, onion and fresh lemon		
Whole Halloumi Cheese		R 85
280g - 300g Cypriot Cheese cooked in foil and served on a bed of lettuce		
Garlic Mussels		R 63
Six succulent mussels in the shell covered in Mediterranean creamy garlic secret sauce		
Skopellos Mussels		R 85
Fifteen succulent mussels in the shell simmered in white wine, garlic and topped with chopped fresh coriander		
Calamari		SQ
125g tender Calamari tubes (grilled, fried or Cajun) served with rice		
Squid Heads		SQ
200g Choice Calamari tentacles grilled or fried and topped with Mediterranean's secret sauce. Size may vary due to availability		
Portuguese Sardines		R 69
150g Fresh sardines grilled with sea salt, topped with green pepper and onion. Number of fish in each plate may vary due to the weight of the fish		

Cheesy Garlic Prawns *NEW*	R 89
6 piping hot small prawns nested in Mediterranean garlic butter sauce with cheese	
Crumbed Prawn Meat	R 75
Quality de-shelled Prawns lightly crumbed, deep-fried served with tartar sauce	

Meze for one / Meze for two	R 79	R 145
A variety of Meze served with fresh bread roll. It's a surprise		

Salads *All lettuces are home grown*

	<i>Small</i>	<i>Medium</i>	<i>Table</i>
Village Greek Salad	R 62	R 78	R 145
Assorted lettuce, tomato, onion, green pepper, cucumber, feta cheese, olives, topped with Mediterranean's salad dressing			
Cyprus Delight Salad	R 69	R 115	R 195
French salad base topped with grilled halloumi cheese, grilled baby marrow, grilled brinjal, covered with Mediterranean salad dressing			
Crab Salad	R 62	R 78	R 145
French salad base generously topped with crab sticks, and covered with Mediterranean salad dressing			
Calamari Salad	R 85	R 165	R 250
French salad base topped with your choice of Calamari tubes smothered in a unique Mediterranean curried mayonnaise dressing			
Chicken Salad	R 65	R 95	R 185
French salad base topped with grilled chicken filet pieces and Mediterranean's salad dressing. It's yummy!!!			
Tuna Salad	R 62	R 85	R 175
French salad heaped with a generous portion of tinned Tuna, dressed in Mediterranean's salad dressing			
Smoked Salmon Salad	R 75	R 99	R 199
Best quality Smoked Salmon and salad ingredients topped with Mediterranean's salad dressing			
Prawn & Avocado Salad	R 95	R 145	R 250
Steamed prawns, sliced Avocado nested on a classic French salad topped with Mediterranean's salad dressing			
Halloumi Salad	R 78		
French salad base topped with 125g sliced Halloumi Cheese			

PERSONS WITH ALLERGIES - PLEASE BE ADVISED THAT BEING A SEAFOOD RESTAURANT ALL OUR FOOD DOES COME IN CONTACT WITH FISH OR SHELLFISH



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Fish

All sauces for below dishes are served on the side.

The dishes below may not always be available, due to the seasonal changes and fresh availability. All fish fillets are dusted with seasoned flour. Option of no flour is available, please ask your waiter.

Whole Baby Hake (Fish & Chips) R 75

Headless butterflied Baby Hake dusted in seasoned flour

Hake Strips R 84

280g - 300g Hake strips lightly dusted in seasoned flour grilled or fried

Hake Fillet R 125

280g - 300g South Africa's favourite Fish lightly dusted in seasoned flour grilled or fried

Giant Hake R 235

A generous portion of choice 2x300g Hake Fillet, dusted in seasoned flour grilled or fried

Kingklip R 165

A generous portion of 280g - 300g choice Kingklip, dusted in seasoned flour, served with our secret sauce

Kingklip Strips Fried R 165

A generous portion of 280g - 300g choice Kingklip cut in strips, dusted in seasoned flour, deep fried and served with our home made tartar sauce

Baby Kingklip (Priced per kg) SQ

From 400g WHOLE Baby Kingklip, dusted in seasoned flour served on the bone topped with your choice of Mediterranean's sauce. Not always available, please ask your waiter for a display

Sole SQ

Traditional Sole dusted in seasoned flour, grilled as only Mediterranean can, served with our secret sauce on the side. Subject to availability. Display essential.

Giant Sole (Priced per kg) SQ

This is a treat for Mediterranean's hungry customers. Absolutely something to be remembered - when available. Please ask your waiter for a display

Portuguese Sardines R 110

300g of imported Portuguese Sardines grilled with sea salt, topped with green pepper and onion. Number of fish may vary due to the weight of each fish

All main dishes are served with one of the following choices:

a. Chips b. Rice c. Stir Fried Vegetables d. Side Salad. Small or Medium village Greek salad is available as an alternative to the starch at an additional cost of R 40 Small / R 55 Medium.

Whole Fresh Fish

Ask your server for a display of the fresh fish available today. The following cooking methods take time to prepare. Your patience is required

Poached (Cut in two or more pieces and poached with fresh vegetables, drizzled with olive oil and lemon. For the healthy souls)

In Foil (Extra R 20 - Baked in foil with tomato, assorted herbs, green pepper, onion, olives, olive oil)

Butterflied (Butterfly grilled, with or without seasoned flour)

Costa's Way (Butterfly grilled, with no flour, basted with Costa's sauce - Olive oil, lemon juice, salt, pepper, celery, parsley and garlic is optional)

Whole grilled (Lightly grilled and then baked in the oven)

Steamed (Steamed oriental style - steamed with spring onion, ginger and basted with Soya sauce)

Fried (Dusted with seasoned flour and deep fried to golden brown)

Portuguese Style (Fish butterflied without flour and topped with salt, pepper and garlic)

Line Fish - Fish fillets

Fresh Line Fish of the Day 300g R110

Yellow-tail 300g R 125

Dorado 300g R 115

Trout Butterflied 350g-400g R 140

Norwegian Salmon (Sushi SQ

Grade priced per kg)

All above fillets can be grilled, fried or portuguese style (grilled no flour, topped with salt, pepper and garlic)

Mediterranean's lemon butter sauce can be enhanced with: Garlic, Caper, Madagascar Green Pepper Corns, Cajun and Chopped Olive.

NOTE: Please be advised that fish fillets may contain bones.

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Platters & Combos

All items in platters below are drizzled with different sauces. If not desired please ask your waiter to put sauces separately on the side.

Hake Combo R 139
250g Baby Hake Butterfly and 125g Calamari (Grilled, fried or Cajun style).

Venus Combo R 149
280g - 300g Hake Strips and 125g Calamari, the ultimate lunch treat

Mykonos Platter R 155
6 "S" prawns, 125g Calamari (Grilled, fried or Cajun style).

Coral Bay Platter R 199
4 "S" prawns, 125g Calamari (Grilled, fried or Cajun style), 2 mussels and 150g sole

Acropolis Combo R 229
6 Queen Prawns, 125g Calamari (Grilled, fried or Cajun style)

Salonika Bay Platter R 235
280g - 300g Fresh Line Fish Fillet of the Day, 4 "S" Prawns and 125g Calamari

Fisherman Platter R 245
125g Calamari tubes, 280g - 300g Whole Halloumi Cheese, 4 Mussels, 4 "S" prawns, pickled brinjal

Deep Fried Platter R 245
300g Hake Strips, 250g Calamari Steak Strips, 125g Calamari Tubes, 3 "S" prawns

Kingklip Platter R 249
300g Kingklip Fillet and 4 "S" Prawns

Paphos Platter R 259
300g Dorado, 6 mussels, 4 "S" Prawns and 125g Calamari (Grilled, fried or Cajun style)

KingklipCombo R 285
300g Kingklip Fillet, 6 mussels, 125g Calamari (Grilled, fried or Cajun style)

Junior Seafood Platter R 555
6 Queen prawns, 16 selected "S" prawns, 2 mussels, 375g Calamari steak strips fried, 280g - 300g Fresh Line Fish of the day

Costa's Platter R 595
16 "S" Prawns, 250g Calamari, 2 x 150g Sole, 280g - 300g Fresh Line Fish Fillet of the day and 6 mussels

Seafood Platter R 799
300g Lobster, 16 selected "S" prawns, 2 crab sticks, 4 mussels, 250g Calamari (Grilled, Fried or Cajun), 280g - 300g Line Fish of the day and 250g Calamari steak strips fried. This platter sank the Titanic!!

All fillets are dusted with seasoned flour. If not desired please inform your waiter.

All main dishes are served with one of the following choices: a. Chips b. Rice c. Stir Fried Vegetables d. Side Salad. Small or Medium village Greek salad is available as an alternative to the starch at an additional cost of R 40 Small / R 55 Medium.

NOTE: Please be advised that fish fillets might contain bones.

Additional items can be added to your meal at your request. All items will be charged individually, feel free to ask your server for details.

Chips, rice or vegetables may not be replaced for any other item, anything else will be charged accordingly.



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Calamari

Main Calamari Grilled / Fried **SQ**
250g of Calamari tubes, decked with Mediterranean's olive butter sauce

Calamari Steak **R 110**
Generous portion of choice imported Calamari Steaks, dusted in seasoned flour grilled and topped with Mediterranean's butter lemon sauce.

Squid Heads Main **SQ**
400g Choice Calamari tentacles grilled or fried and topped with Mediterranean's secret sauce. Size may vary due to availability.

Shellfish

Please refer to the orange pages for daily specials on Prawns.

Please ask your waiter for a display

Small Prawns

	8	16	32
	R 100	R 190	R 340

Choice selected prawns topped with Mediterranean's secret Red Prawn sauce

Queen Prawns

	6	12	24
	R 185	R 310	R 595

Succulent prawns topped with Mediterranean's famous Red Prawn sauce

King Prawns

	4	8	16
	R 175	R 320	R 620

The best the world's oceans have to offer rounded off with Mediterranean's legendary Red Prawn sauce

Tiger Medium (Priced per kg) **SQ**
Magnificent large size prawns for the prawn lovers

Tiger Giants (Priced per kg) **SQ**
The largest of the prawn family. Get them when available

Crayfish (Priced per kg) **SQ**
Grilled to perfection completed with Mediterranean's tantalizing Red Prawn sauce. Ask your waiter for a display.

Kiddies Menu

Mediterranean Fish Fingers **R 49**
Magnificent four fish fingers for our little friends

Fish and Chips **R 59**
(Please parents, fish fillets might contain bones)
Mediterranean's famous Hake strips grilled to perfection

Fish Cakes Burger and Chips **R 53**
Quality Fish cakes deep fried and served on a bread roll with chips

Fish Burger **R 65**
(Please parents, fish fillets might contain bones)
Mediterranean's original Hake strips served on a bread roll with lettuce, tomato and Mediterranean's legendary sauce.

Calamari **SQ**
125g of choice Calamari served grilled or fried

Chicken Kebab **R 49**
One Chicken Kebab grilled to perfection and topped with red sauce

Chicken Leg Quarter **R 55**
Chicken Leg Quarter cooked to perfection and served with chips

Prawn & Calamari Combo **R 99**
Four small prawns and 125g calamari steak strips fried

All main dishes are served with one of the following choices: a. Chips b. Rice c. Stir Fried Vegetables d. Side Salad. Small or Medium village Greek salad is available as an alternative to the starch at an additional cost of R 40 Small / R 55 Medium.

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Curries

All curry dishes are served on a bed of rice with chopped tomato, cucumber, onion and chutney

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| Prawn Curry | R 175 |
| The oceans best prawn tails slow cooked in Mediterranean's original curry sauce | |
| Calamari Curry | R 170 |
| A selection of Calamari cooked in Mediterranean's original curry sauce | |
| Seafood Curry | R 170 |
| A delightful mix of fish & shellfish cooked in Mediterranean's original curry sauce | |
| Chicken Curry | R 125 |
| Chicken fillet cubes cooked in Mediterranean's original curry sauce | |

Meat Dishes (Halaal Meat)

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| Fillet Steak 300g | R 175 |
| 300g Beef Fillet grilled to your liking | |
| T - Bone 500g | R 155 |
| 500g Mature choice T-Bone Steak grilled to your preference | |
| Rump Steak 300g | R 149 |
| 300g Mature choice Rump Steak | |
| Sirloin Steak 300g | R 149 |
| 300g Mature choice Sirloin Steak | |
| Rump Steak 500g | R 165 |
| 500g Mature Rump Steak | |
| Sirloin Steak Combo | R 199 |
| 300g Mature choice Sirloin, 125g calamari | |

Rump Steak Platter	R 199
300g Mature choice Rump, 6 "S" Prawns	

Whole Baby Chicken	R 139
700g - 800g Whole Baby Chicken grilled with herbs and lemon juice	

Chicken Kebab	R 94
Two skewers of lightly grilled chicken accompanied with our magnificent red prawn sauce	

Sauces available for meat dishes:
Mushroom, Pepper, Cheese, Creamy Garlic Sauce **R 30**

All meat dishes are served with one of the following choices: a. Chips b. Rice c. Stir Fried Vegetables d. Side Salad. Small or Medium village Greek salad is available as an alternative to the starch at an additional cost of R 40 Small / R 55 Medium.

Something on the Side

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| Side Vegetables | R 35 |
| Extra Feta 100g | R 30 |
| Extra Olives 50g | R 15 |
| Extra Chicken Leg Quarter | R 35 |
| Side Rice | R 18 |
| Onion Rings | R 26 |
| Side Chips | R 20 |
| Fujian Sea Weed | R 30 |
| Pickled Brinjal | R 45 |
| Pickled Calamari | R 70 |
| Vinegared Calamari | R 70 |
| Side French Salad | R 38 |
| Extra Mediterranean side sauces | R 5 |



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