



FOOD MENU

TAPAS

Fresh from the Sea Hake Goujons		58
Beer batter, tomato, cucumber, salsa verde, tartar sauce		
Mediterranean Baby Calamari	LCHF	58
Garlic, chilli, olives, lemon, coriander		
Calamari Steak Strips		56
Citrus lemon chilli, mayo		
Peri Peri Chicken Winglets	LCHF	58
Lime creme fraiche, sriracha		
Crispy Panko and Parmesan Chicken Strips		48
Herb crumbed, garlic, aioli		
Sticky Pork Belly	LCHF	75
Asian-style marinade, slow-roasted, crackling, shallots, coriander		
Roasted Jalapeno Popper	LCHF	60
Danish feta filled, streaky bacon wrapped, fig jam (HOT)		
Crumbed Jalapeno Chilli Popper	V	55
Creamy feta filling, crispy crumbs (HOT)		
Vegetable Spring Rolls		49
3 Traditional Asian-style vegetables, bean sprouts, shallots, soy, Asian Seasoning, sweet chilli sauce		
Herb Flat Bread		68
Marinated olives, tzatziki, hummus		
Crumbed Mushrooms	V	49
Button mushrooms, parmesan crumbs, roasted garlic and chilli mayo		
Forries Nachos	V	95
Mature cheddar cheese, guacamole, tzatziki, tomato chilli salsa, sriracha		
Onion Rings	V	45
Deep-fried, sweet chilli sauce		

TAPAS PLATTERS

FOR 10	1500
FOR 5	750

SALADS

House Salad	V	88
Feta, olives, tomato, cucumber, salsa verde, greens, French vinaigrette		
Caesar Salad		99
Chicken breast OR crispy bacon, poached egg, Parmesan shavings, croutons, greens, anchovy, Caesar dressing		
Roasted Baby Beetroot and Butternut Salad	V	99
Baby greens, wild rocket, fresh basil, feta, toasted pumpkin seeds, reduced balsamic and roasted garlic dressing		
Foresters Salad		115
Crispy streaky bacon, feta, roasted cherry tomatoes, avocado, croutons, greens, basil, French vinaigrette		

FISH AND POULTRY

Sustainable Linefish	LCHF	185-SQ
Seasonal vegetables, lime butter, chips or salad or basil infused cauliflower mash		
Mediterranean Baby Calamari	LCHF	135
Olive oil, garlic, chilli, black olives, lemon, cauliflower rice or chips or salad		
Calamari Steak Strips		120
Traditional or cajun, citrus lemon chilli mayo, chips		
Sea-fresh Hake		120
Lemon grilled or beer battered, tartar sauce, chips or salad		
Parmesan & Panko Crumbed Chicken Schnitzel		110
Seasoned crumbs, chips, mushroom or cheese sauce		

FORRIES FAVOURITES

Cream of chicken and Leek Pie

125

White wine, garlic, cream, crisp pastry top, chips

Steak and Stout Pie

125

Milk stout, rich beef jus, golden pastry top, chips

CHEF'S CURRY OF THE DAY

125

Chef's choice of chicken, beef or lamb in a fragrant combination of spices & herbs, sambals, raita, flatbread, basmatic rice or cauliflower rice, Ask your waitron for details

STEAKS AND GRILLS

Chimichurri Beef Rump (300g)

189

Argentinian chimichurri marinade, guacamole, fresh rocket, onion rings, chips or house salad

Aged Rump, Crusted with Black Pepper and Coriander Seeds (300g)

185

Olive oil, black pepper & coriander seed crusted, chilli coriander & lime flavoured butter, seasonal vegetables, chips

Olde Favourite Aged Rump, Egg and Chips

Forries basting sauce, rocket

300g

175

150g

120

Sticky Pork Belly

185

Asian-style marinade, crackling, sweet potato chips, seasonal vegetables

Prego Steak Roll

120

Chargrilled Rump, sliced jalapeno, homemade peri peri sauce, fresh coriander, chips

FORRIES CARVERY

Our famous carvery, only available from 12pm on Sundays, is a tradition that has been celebrated for over 100 years.

BURGERS

Deluxe Beef Burger	125
Caramelised onions, crispy streaky bacon, mature cheddar, lettuce, gherkin and tomato on an oven-fresh bun, chips	
Classic Beef Burger	92
Onion rings, lettuce, tomato, oven-fresh bun, chips	
Lettuce Cup Beef Burger (No Bun)	LCHF 92
Lettuce cup, gherkins, tomato, onion cucumber salsa, sauce verde, sweet potato chips	
Greek Lamb Burger	120
Garlic and mint flavoured burger, feta, guacamole, fresh rocket, oven-fresh bun, chips	
Chicken Breast Burger	89
Flame-grilled, battered onion rings, garlic aioli, oven-fresh bun, chips	
Forries Veggie Burger	89
Chickpeas, coriander, chilli, onion, lettuce cup, tzatziki, tomato salsa, sweet potato chips	
Add a signature sauce	35
Green peppercorn, cheddar cheese, mushroom	

PIZZA

Large, thin based, 32cm

Pizza Bread	55
Fresh garlic, olive oil, sea salt	
Margherita	85
Mozzarella cheese, bended fresh herb Napolitano	
Forries	125
Bacon, avocado, garlic, feta, onions	
Amadori	120
Italian salami, onions, mushrooms, chilli, garlic, olives	
Marituri	135
BBQ chicken, bacon, feta, avocado, fresh basil	

Bandini	V	115
Avocado, olives, onions, mushrooms, feta, peppadews, garlic		
Vegan option		135
Italiano	V	115
Feta, roasted cherry tomatoes, peppadews, onions, basil pesto, fresh coriander		
Bona Dea		125
Chicken breast, avocado, mushrooms, garlic, peppadews, fresh coriander		
Hawaiian		110
Ham and pineapple		
Regina		110
Ham and mushroom		

EXTRA TOPPINGS

From 22 - 35

Bacon, ham, chicken, salami, avocado, feta, artichokes

From 20 - 30

Mushrooms, pineapple, peppadews, chilli, garlic, onions, rocket, beetroot, cherry tomatoes, coriander, basil, olives, basil pesto

BANTING PIZZAS

Bases made with ground cauliflower, mozzarella and parmesan, topped with Napolitano sauce

Forries Banting Classic **135**

Streaky bacon, feta, roasted cherry tomatoes, avocado, rocket, drizzled with basil pesto

Italiano **V** **130**

Feta, roasted cherry tomatoes, peppadews, onions, basil pesto, fresh coriander

DESSERTS

Forries Baked Cheesecake	55
Fruits, vanilla pod ice cream	
Creme Bruleé	55
With toasted almond biscotti, fresh double cream	
Chocolate Nemesis (Forries Favourite)	58
Swiss chocolate, decadent fondant, vanilla bean ice cream	
Milkshakes (large)	52
Chocolate, strawberry, vanilla	
Full selection of hot drinks available	

UNDER 12's

Greek Salad LCHF	58
Feta cheese, marinated olives, greens, light lemon herb dressing	
Beef Burger	60
Pure beef, chargrilled, soft roll, chips	
Chicken Strips	58
Crumbed strips, chips	
Fresh Hake	60
Crispy batter, chips, tartar sauce	
Calamari Steak Strips	60
Traditional, crumbed, chips, tartar sauce	
Margherita	60
Mozzarella cheese, blended fresh herb Napolitano	
Add bacon or ham	18
Add pineapple or mushroom	14

Ask the watron for our available sand art and activity sets