

## DESSERT

FRUIT PAVLOVA	52
VANILLA PANNA COTTA WITH BERRY COULIS	49
BELGIAN WAFFLE BANANA & SALTED CARAMEL SAUCE	45
TRIPLE CHOC BROWNIE	60
GELATO & COOKIES	52
STEAMED ORANGE PUDDING	49

## CAKE & BAKE

ALL 52

CHEESECAKE  
APPLE & BERRY  
HONEY & DATE

CAKE OF THE DAY	44
CROISSANT / MUFFIN / SCONE	39

## MILKSHAKES

STRAWBERRY, CHOCOLATE, VANILLA OR LIME	29
WHOLE BERRY OR PEANUT BUTTER	34
MILO, COFFEE & NUTELLA	39

## MINERALS

COCA COLA, FANTA / 300ML BOTTLE	25
COKE LIGHT, SPRITE ZERO, COKE ZERO / 330ML CAN	28
ICE TEA LEMON OR PEACH	30
APPLETIZER, GRAPETISER RED OR WHITE / 330ML CAN	35
ROCK SHANDY, STEELWORKS	35

## FRESH FRUIT JUICE

ORANGE, APPLE, CRANBERRY, STRAWBERRY, MANGO	29
---	----

STILL WATER 500ML / 1000ML	20 / 30
SPARKLING WATER 500ML / 1000ML	20 / 30

## HOT BEVERAGES DECAFFEINATED ADD R2

ESPRESSO	16
DOUBLE ESPRESSO	19
ESPRESSO & SMALL MILK	21
CAPPUCCINO SHORT / STANDARD	23 / 29
GRANDE CHINO DOUBLE SHOT	32
RED CAPPUCCINO	26
CAFE LATTE	32
CAFE AU LAIT (FLAT WHITE)	29
MACCHIATO	21
CAFE AMERICANO	22
CHOCOCINO	32

HOT CHOCOLATE	25
FILTER COFFEE / TEA (CEYLON & ROOIBOS)	17
SPECIALITY TEA'S	25
CHAI TEA	29

"ANYTHING IS GOOD IF ITS MADE OF CHOCOLATE"  
JO BRAND

"THERE IS NO LOVE SINCERER THAN THE LOVE OF FOOD"  
GEORGE BERNARD SHAW

"I COOK WITH WINE, SOMETIMES I EVEN ADD IT TO THE FOOD"  
W.C. FIELDS

"IF YOU'RE AFRAID OF BUTTER, USE CREAM"  
JULIA CHILD

"ALL YOU SEE I OWE TO SPAGHETTI"  
SOPHIA LOREN

"FOOD IS AN IMPORTANT PART OF A BALANCED DIET"  
FRAN LEIBOWITZ

## DID YOU KNOW

- WE HAVE KIDDIES MENUS FOR UNDER 12 YEAR OLDS
- GLUTEN FREE PIZZA BASES AND PASTA ARE AVAILABLE ON REQUEST
  - WE DO TAKE-AWAYS ON SELECTED ITEMS
  - WE HAVE FREE WI-FI AVAILABLE
- WE ARE OPEN MONDAY NIGHTS DURING THE SUMMER
- THE FIRST GREENS STORE WAS OPENED IN CONSTANTIA 2001
  - WE SQUEEZE FRESH ORANGE JUICE DAILY
  - FRESH RAW JUICE MADE TO ORDER
- LIVE MUSIC EVENINGS EVERY LAST TUESDAY OF THE MONTH



ALL THE WATER USED ON THE PREMISES FOR COOKING,  
DRINKING & WASHING IS PROUDLY FILTERED BY H2O



FOR FRANCHISE ENQUIRIES PLEASE PHONE: TEL: (021) 531 6995

## GREENS PLATTEKLOOF

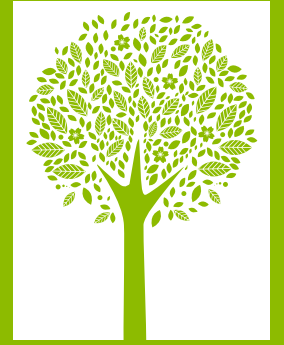
SHOP 8A, PLATTEKLOOF VILLAGE CENTRE / PAROW

TEL: (021) 558 0855 FAX: (021) 558 6147

EMAIL: greensplattekloof@mwebbiz.co.za

A MEMBER OF GREENS BRAND  
COMPANY GROUP

C A F F É | P I Z Z E R I A  
G R E E N S  
M E N U



## BREAKFAST

BREAKFAST IS SERVED FROM 8 AM TILL 6 PM EVERYDAY

<b>EGGS OF YOUR CHOICE</b> SINGLE / DOUBLE	30/43
FREE RANGE EGGS SERVED POACHED, FRIED OR SCRAMBLED INCLUDES TOAST & PRESERVES	
MUSHROOM OR TOMATO OR SPINACH	ADD 19
BACON OR HAM OR SAVOURY MINCE	ADD 26
SALMON OR PROSCIUTTO OR STEAK	ADD 49

<b>NEW</b> CHIA SEED, COCONUT & FRESH FRUIT BOWL	49
SLICED FRUIT, YOGHURT & HONEY (ADD GRANOLA R15)	57
COOKED OATS, TOASTED ALMONDS & BANANA <b>🍷</b>	42
CROISSANT / MUFFIN / SCONE	39
<b>FLAPJACKS</b>	
BANANA & HONEY <b>🍷</b>	45
<b>NEW</b> CARAMELISED PEAR, PECAN & MASCARPONE <b>🍷</b>	52
<b>FRENCH TOAST</b> (TRADITIONAL OR CROISSANT)	
BACON & BERRIES	59
MAPLE SYRUP & BANANA	48
<b>FILLED BREAKFAST CROISSANT</b>	
SCRAMBLED EGGS, BACON & GRILLED TOMATO	64

<b>TRADITIONAL BREAKFAST</b> INCLUDES TOAST & PRESERVES	
STANDARD BACON, SAUSAGE, EGGS, TOMATO	75
<b>NEW</b> SEASIDE HADDOCK, HASHBROWNS & POACHED EGGS	82
	+ /W HOLLANDAISE SAUCE ADD 15
DELUXE BACON, SAUSAGE, EGGS, TOMATO, CHIPS, BEANS, MUSHROOMS	95

<b>ON TOAST</b>	
CHICKEN LIVERS & BACON	62
WELSH RAREBIT	59
PAN FRIED MUSHROOMS <b>🍷</b>	54

<b>EGGS BENEDICT</b>	
TWO EGGS ON AN ENGLISH MUFFIN WITH HOLLANDAISE SAUCE	
HAM OR BACON	82
AU SALMON	105
SPINACH AND MUSHROOM	70

<b>FRITTATA (OPEN OMELETTES)</b>	
CHEESE & BACON	62
SPINACH & FETA <b>🍷</b>	59
<b>NEW</b> HADDOCK, CHEDDAR & SPRING ONION <b>🍷</b>	68

## DELUXE TOASTED SANDWICHES

(RYE, WHITE OR WHOLE WHEAT & SIDE CHIPS OR SALAD)

BACON, CHEESE & RED ONION	62
SALAMI, MOZZARELLA & OLIVE	52
CHICKEN & MAYONNAISE	59
CHEESE, TOMATO & ROCKET <b>🍷</b>	48
<b>NEW</b> STEAK, FRIED ONION & SWISS CHEESE	75

## SALADS

VILLAGE GREEK <b>🍷</b>	67
CAJUN CHICKEN, AVO, RED ONION & ROCKET	89
SALMON TROUT, PRAWN & AVO	125
CAESAR BACON OR CHICKEN	85
BACON, BEETROOT, CHEVIN & PUMPKIN SEEDS	72
ASIAN DUCK SALAD	87
<b>NEW</b> AVO, ROCKET, BABY LEAVES, PARMESAN	78

## TARTINES

(OPEN SANDWICH ON ARTISANAL SOURDOUGH SLICE)

CHICKEN CAESAR	72
GRILLED VEG, BOCCONCINI & PESTO <b>🍷</b>	63
SALMON TROUT, SLAW & CUCUMBER	94
BACON, BRIE, WALNUT & FIG	80
TUNA, EGG, MAYO & OLIVE	70
PROSCIUTTO, CAPER BERRIES, AVO & PARMESAN	115
<b>NEW</b> PASTRAMI, SWISS CHEESE & SAUER KRAUT	78

## LIGHT MEALS

SOUP	49
AVOCADO "RITZ"	75
BAKED QUICHE & GREENS	65
CLASSIC FISH CAKES	79
<b>NEW</b> CRISPY CHICKEN WRAP	75

## ITALIAN PASTA

CHOICE OF LINGUINE OR PENNE

<b>NEW</b> SMOKED CHICKEN, CHERRY TOMATOES & MUSHROOM	99
TRADITIONAL BOLOGNAISE	79
ITALIAN SAUSAGE & TOMATO	87
PRAWN, CHICKEN & CHILLI (CREAM)	120
BACON, CHICKEN, PAPRIKA & CREAM	94

## MAIN MEALS

<b>NEW</b> DUCK CONFIT	139
CHICKEN BREAST WITH LEMON & PARMESAN	120
NORWEGIAN SALMON ON WILTED GREENS	142
GRILLED KINGKLIP	155
GRILLED LAMB CHOPS & CHIPS	169
<b>NEW</b> BUTCHERS CHOICE STEAK OF THE DAY	SQ
KASSLER CHOPS & SWEET POTATO FRIES	132
FILLET STEAK, EGG & CHIPS (180g)	160
<b>NEW</b> CHICKEN, CHORIZO & SEAFOOD RISOTTO	120

NEW EXCITING DISHES AVAILABLE ON OUR MONTHLY FOOD PROMOTIONS.  
SEE TABLETALKER FOR DETAILS.

## WOOD FIRED PIZZA

PIZZA IS SERVED FROM 12 NOON TO CLOSE

ALL PIZZAS ARE AVAILABLE TO TAKE AWAY

OUR PIZZAS ARE HAND MADE THE TRADITIONAL ITALIAN WAY &  
ARE BAKED IN A GENUINE WOOD BURNING PIZZA OVEN

GLUTEN-FREE BASES AVAILABLE

## PIZZA CLASSIC

BIANCO GARLIC & HERBS <b>🍷</b>	42
MARGHERITA BASIC TOMATO & MOZZARELLA <b>🍷</b>	70
FORMAGGI MOZZARELLA, CHEDDAR, BLUE & FETA <b>🍷</b>	115
STAGIONI MUSHROOM, OLIVES, ARTICHOKE & SALAMI	110
MASSIMO SALAMI, OLIVES & CHILLI	100
STREGA BLACK MUSHROOM, GARLIC & ROSEMARY <b>🍷</b>	90
PUTTANESCA OLIVES, ANCHOVIES & CAPERS	90
REGINA HAM & MUSHROOM	105
MEXICANO GROUND BEEF, REFRIED BEANS, CHILLI & AVO	110
SPINACHI SPINACH, MUSHROOMS, CHILLI & GARLIC <b>🍷</b>	95

## NEW PIZZA FRESCA

ADD 18

ANY PIZZA TOPPED WITH ROCKET, TATSOI, ROSA TOMATOES & RED ONION

## PIZZA GOURMET

SMOKED CHICKEN, BRIE & CRANBERRY	130
ITALIAN SAUSAGE, BOCCONCINI & OREGANO	120
PEAR, BLUE CHEESE & CARAMALIZED ONIONS & MUSHROOM <b>🍷</b>	115
CHILLI PRAWN, CHOURIÇO & BABY TOMATO	135
<b>NEW</b> PORK BELLY, RED GRAPE & CHILI	120
STEAK, BLACK MUSHROOM, JALAPENO & FETA	140
MUSHROOM, ARTICHOKE, FETA & RED PEPPER <b>🍷</b>	105
CAJUN CHICKEN, SWISS CHEESE & PINEAPPLE	130

### PIZZAS TOPPED WITH FRESH GREENS

<b>NEW</b> AVO, PARMESAN & ROCKET <b>🍷</b>	105
BRIE, FIG, HAM & BABY SPINACH <b>🍷</b>	115
BACON, AVO, FETA & BASIL	120
THAI CHICKEN, CHILLI & CORIANDER	100
TALEGGIO, MUSHROOM & ROCKET	105
<b>NEW</b> SALMON, AVO, CRÈME FRAICHE & DILL	150
	+ /W ITALIAN PROSCUTTIO ADD 49

## BURGERS

CHARGRILLED BEEF BURGER (200g)	87
GRILLED CHICKEN BURGER	75
+w/ AVO, HARISSA & SOUR CREAM	30
+w/ CHEDDAR & MUSHROOM SAUCE	30
+w/ BACON, EGG & CREAMY PEPPERCORN SAUCE	35
+w/ BRIE & CRANBERRY	30
<b>NEW</b> BLACK MUSHROOM & BLUE CHEESE SAUCE W/ ROCKET	30