

BREAKFAST

Spitfire	1 Egg, Bacon, Tomato, Toast & Fries.....	R35
Chipmunk	2 Eggs, Bacon, Mushrooms, Pork/Beef Sausage, Grilled.....	R77
Omelette (Your Choice of 2 Fillings)	Fillings: Mushroom, Ham, Cheese, Tomato, Bacon,.....	R77
Health Breakfast	Onion or Savoury Mince	
Harvard Breakfast	Paw-Paw served with Yoghurt & Honey & sprinkled.....	R70
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Breakfast Buffet	Available on Saturday, Sunday & Public Holidays. 8:30 to 12:00	

TOASTED TREATS

(White, Brown, Health or Rye (R8 extra) Bread. Served with Fries or Salad)

① Cheese & Tomato.....	R45	Bacon & Avo.....	R58
Cheese & Ham.....	R47	Chicken Mayonnaise.....	R52
Cheese, Ham & Tomato.....	R49	Cheese, Bacon & Egg.....	R54
Cheese & Bacon.....	R49	Toasted Sirloin Steak with Onion.....	R85
Bacon & Egg.....	R50	Mushroom & Tomato	
		Club Sandwich.....	R85

TRAMEZZINI (SERVED WITH FRIES)

① Spinach & Feta.....	R75
Chicken Mayonnaise.....	R79
Bacon, Avo & Feta.....	R85
Chicken Prego.....	R79
Grilled Chicken & Halloumi.....	R83
Sirloin Prego.....	R85
Bacon, Halloumi & Peppadew.....	R85

WRAPS (SERVED WITH FRIES)

(Banting option available Pumpkin, Cauliflower & Zucchini base. Add R30. Served with fresh Garden Salad)

① Grilled Halloumi.....	R72
Sesame Chicken.....	R79
Chicken Curry.....	R79
Beef.....	R85
Salmon.....	R98

BURGERS AND ROLLS (SERVED ON A SEEDED BUN WITH FRIES)

Baron Burger.....	160g Beef Patty, Garnish & Sauce.....	R69
Cesna Burger.....	150g Grilled Chicken Breast, Garnish & Sauce.....	R69
Crumbed Chicken Burger.....	150g Crumbed Chicken Breast, Garnish & Sauce.....	R69
Dakota Burger.....	160g Beef patty, Sliced Cheddar Cheese, Garnish & Sauce.....	R75
Junker Burger.....	160g Beef Patty, Bacon, Egg, Sliced Cheddar Cheese, Garnish & Sauce.....	R85
BCG Burger.....	160g Beef Patty, Bacon, Sliced Cheddar Cheese, Guacamole, Garnish & Sauce.....	R85
Prego Roll.....	130g Sirloin Steak, Fried Onions, Tomato & Prego Sauce, Served on a Portuguese Roll.....	R89
Stuffed Burger.....	200g Beef & Bacon Patty filled with Melted Cheddar Cheese, Garnish & Sauce.....	R89
Rib Burger.....	150g Deboned Rib patty, Garnish & Sauce.....	R89
Airwolf Burger.....	160g Beef Patty, Double Bacon, Double cheese, Prego sauce & Chilli (No Garnish).....	R90
Harvard Burger.....	150g Fillet Steak, Garnish & Sauce.....	R95
Double Cheese Burger.....	2 x 160g Beef Patty, Double Sliced Cheddar Cheese, Garnish & Sauce.....	R95

STARTERS

Oysters.....	Served on Crushed Ice with Black Pepper & Tabasco.....	R25ea
Squid Heads.....	Squid Heads Deep Fried or Grilled, served with Rice.....	R39
Garlic Snails.....	18 Snails, in a Creamy Garlic Sauce, topped with Cheese, Served with Brown Bread Fingers.....	R65
Garlic Prawns.....	6 deshelled Prawns in a Creamy Garlic Sauce topped with Mozzarella Cheese, served with Brown Bread Fingers.....	R59
① Crumbed Mushrooms.....	Crumbed Button Mushrooms, served with Green Salad & Mayonnaise Dip.....	R59
Mussels.....	12 Half Shell Mussels, served in a White Wine & Neapolitana Sauce, served with Brown Bread Fingers.....	R60
Trinchado.....	Cubes of Rump Steak, in a Spicy Red Wine & Garlic Sauce, served with 2 Cocktail Portuguese Rolls.....	R65
Chicken Livers.....	Livers in a mild Peri-Peri Sauce with Green Pepper & Onion, served with 2 Cocktail Portuguese Rolls.....	R60
① Halloumi.....	Fingers of Halloumi Cheese, Grilled or Fried, served with Green Salad & Sweet Chilli Sauce.....	R69
Calamari.....	Tubes of Calamari, Grilled or Fried, served with Rice & Lemon Butter Sauce.....	R69
Buffalo Wings.....	4 BBQ Chicken Wings, served with Fries & Prego Sauce.....	R79

SALADS

① Greek Salad.....	Feta Cheese, Calamata Olives, Tomato, Onion, Cucumber, Green Pepper & Lettuce.....	R70
Biltong & Peach Salad.....	Biltong, Peach Slices & Flaked Almonds, served on a bed of Crisp Lettuce with a light Vinaigrette Dressing.....	R79
Harvard Salad.....	Greek Salad, topped with Grilled Chicken Strips & Pineapple.....	R85
① Blue Cheese Salad.....	Rocket & Lettuce topped with Avo, Cucumber, Blue Cheese & Strawberries, served with a Balsamic Vinegar & Sweet Chilli Dressing.....	R89
Cesna Salad.....	Grilled Chicken Breast, topped with Feta & Peppadews, served on a bed of fresh Garden Greens.....	R85
Cesar Salad.....	Crispy Diced Bacon, Boiled Egg, Croutons, served on Lettuce, Tomato, Onion & Cucumber.....	R86
Smoked Salmon Salad.....	Smoked Salmon, Capers, Onions & Chunky Cottage Cheese, served on a bed of Crisp Lettuce.....	R99

CHICKEN

Chicken Masala.....	Pan fried Chicken Breast, prepared in a Sweet White Wine Sauce, served with Rice or Fries & Vegetables.....	R115
Chicken Schnitzel.....	Crumbed Chicken Breast, topped with a Tangy Cheese Sauce, served with Rice or Fries & Vegetables.....	R115
Chicken Breast.....	Pan fried Chicken Breast, topped with Mushrooms & a Tangy Cheese Sauce, served with Rice or Fries & Vegetables.....	R115
Spring Chicken.....	Grilled Spring Chicken, with Lemon Butter or Peri-Peri, served with Rice or Fries & Vegetables.....	R135

MEATY TREATS

Zlin Rump.....	Rump Steak with BBQ basting, served with Rice or Fries, & Vegetables.....	R149
Catalina T-Bone.....	T-bone Steak with BBQ basting, served with Rice or Fries & Vegetables.....	R240
Monster Pitts Sirloin.....	Sirloin Steak with BBQ basting, served with Rice or Fries & Vegetables.....	R155
Stearman Fillet.....	Fillet Steak with BBQ basting, served with Rice or Fries & Vegetables.....	R269
Ribs.....	Pork Ribs with BBQ basting, served with Rice or Fries & Vegetables.....	R260
Choice of Sauces.....	Spicy Harvard, Cheese, Mushroom, Pepper & Garlic.....	R30

COMBO MEALS

Chicken & Chourico Skewers.....	2 flame Grilled Skewers, with Peri-peri Chicken Breast, Chourico Sausage, Red & Green Pepper & Spanish Onion.....	R90
Calamari Combo.....	Calamari Tubes & Squid Heads, Grilled or Fried, served with Rice or Fries & Vegetables.....	R105
Sirloin & Calamari.....	200g Sirloin Steak with Grilled or Fried Calamari, served with Rice or Fries & Vegetables.....	R130
Rib & Prawn.....	300g Ribs & 3 Medium Prawns, served with Rice or Fries & Vegetables.....	R130
Rib & Wings.....	300g Ribs & 4 BBQ Buffalo Wings, served with Rice or Fries, & Vegetables.....	R130
Rib & Chicken.....	300g Ribs & ½ Spring Chicken, served with Rice or Fries & Vegetables.....	R165
Meze Platter.....	Choice of 4 of the following: Chourico, Chicken Livers, Calamari, Halloumi, Buffalo Wings & Crumbed Mushrooms.....	R220

SEAFOOD

Hake.....	Hake Fillet, Fried or Grilled, served with Rice or Fries & Vegetables.....	R110
Calamari.....	Tubes of Calamari, Fried or Grilled, served with Rice or Fries & Vegetables.....	R130
Sole.....	2 Tender East Coast Soles, Grilled, served with Rice or Fries & Vegetables.....	R160
Kingklip.....	Grilled Fillet of Kingklip, served with Rice or Fries & Vegetables.....	R180
Seafood Platter.....	4 Medium Prawns, Hake, Mussels & Calamari, served with Rice & Fries.....	R190
Prawn Extravaganza.....	15 Medium Prawns, Grilled, served with Fries & Rice.....	R240
King Prawns.....	8 King Prawns Grilled & served with Fries & Rice.....	R250
Seared Salmon.....	Fillet of Fresh Salmon, lightly seared & served on a bed of Rocket with Lemon.....	R50

PASTA (SAUCES SERVED WITH YOUR CHOICE OF PENNE, FETTUCCINE, OR SPAGHETTI)

① Neapolitana.....	Traditional Italian Tomato Based Sauce with Herbs & Garlic - Add Chillies.....	R70
Bolognese.....	Spicy Mince & Tomato.....	R85
Beef Lasagne.....	Layers of Bolognese, Pasta Sheets & Creamy Sauce topped with Mozzarella Cheese.....	R85
Alfredo.....	Ham & Mushroom in a Fresh Creamy Sauce.....	R95
Pollo.....	Strips of Chicken in a Fresh, Creamy Neapolitana Sauce.....	R90
Arrola.....	Strips of Beef in a Fresh, Creamy Neapolitana Sauce.....	R99

PIZZA

(Banting option available: Pumpkin, Cauliflower & Zucchini Base. Add R30)

Margherita.....	Cheese & Tomato.....	R75
Regina.....	Cheese, Tomato, Ham & Mushrooms.....	R89
Vegetarian.....	Cheese, Tomato, Onion, Mushrooms, Olive & Green Pepper.....	R95
Hawaiian.....	Cheese, Tomato, Ham & Pineapple.....	R95
Mexicana.....	Cheese, Tomato, Chilli, Onions, Mince & Green Pepper.....	R95
Four Seasons.....	Cheese, Tomato, Ham, Mushrooms, Olives & Green Pepper.....	R95
"Mustang Sally".....	Cheese & Tomato, Deboned Pork Ribs & Pineapple.....	R95
Harvard.....	Cheese, Tomato, Bacon & Spicy Chicken.....	R95
Cockpit.....	Cheese, Tomato, Spicy Chicken, Onions, Green Pepper, Garlic & Chilli.....	R95
Antonov 32B.....	Cheese, Tomato, Spicy Chicken & Avo.....	R95
Hawker Hurricane.....	Cheese, Tomato, Chicken Mayo & Bacon.....	R95
Tiger Special.....	Cheese, Tomato, Anchovies, Salami & Mushrooms.....	R99
Boeing 747.....	Cheese, Tomato, Bacon, Salami, Onions, Green Pepper & Chilli.....	R99
Douglas DC3.....	Cheese, Tomato, Biltong, Avo & Feta.....	R99
Pitts Special.....	Cheese, Tomato, Bacon, Avo & Feta.....	R99
Yak 52.....	Cheese, Tomato, Salami, Peppadew & Sundried Tomato.....	R99
G1.....	Cheese, Tomato, Bacon, Ham, Salami & Spicy Chicken.....	R110
Airwolf Pizza.....	Cheese, Tomato, Deboned Pork Ribs, Green Pepper, Mushroom, Garlic & Chilli.....	R99
Fokker F28.....	Cheese, Tomato, Parma Ham & Rocket.....	R110
Albatross.....	Creamy Garlic & Neapolitana Base, topped with Cheese, Mushroom & Deshelled Prawns.....	R120
Focaccia.....	Herb.....	R45
Garlic.....	Cheese.....	R49
Cheese.....		R65

CHEF'S SPECIALITIES

Chicken Curry.....	Mild Chicken Curry served with Rice.....	R99
Beef & Guinness Pot Pie.....	Cubes of Beef & Vegetables in a Guinness Gravy, topped with a Pastry Crust, served with a Side Salad.....	R99
Beef Stir Fry.....	Beef Strips, Stir Fried with Vegetables served on a bed of Spicy Rice.....	R99
Trinchado.....	Strips of Beef Rump prepared in a Spicy Red Wine & Garlic Sauce served with Fries or Rice & Vegetables.....	R130
Jack Daniels Sirloin.....	200g Sirloin in a Jack Daniels Sauce, served with Fries or Rice & Vegetables.....	R135
Oxtail.....	Prepared in Red Wine and Traditional Herbs & Spices served with Fries or Rice & Vegetables.....	R160
Kleftiko.....	Succulent Lamb baked in a Wood Burning Oven served the Traditional Greek Way with a Greek Side Salad.....	R180

SWEET SENSATIONS

Chocolate Mousse.....	Homemade Chocolate Mousse served with Cream or Ice Cream.....	R47
Ice Cream.....	With Homemade Bar One Sauce.....	R49
Italian Kisses.....	Bite Size, Hazelnut Ice Cream coated in Rich Milk Chocolate.....	R49
Chocolate Volcano.....	A Chocolate Muffin filled with Hot Liquid Chocolate, served with Cream or Ice Cream.....	R55
Chocolate Brownie.....	Delicious Chocolate Fudge Brownie, served with Cream or Ice Cream.....	R59
Malva Pudding.....	Served with Hot Custard.....	R59
Harvard Pudding.....	Our own Homemade dessert with layers of Tennis Biscuits, Condensed Milk & topped with Peppermint Crisp.....	R59
Selection of Cakes.....	Ask your waiter.....	R55

THURSDAY 1/2 PRICE SUSHI

ROSES 3PC (RICE WITH TOPPINGS)

SALMON ROSESR66
Rice wrapped in Salmon, topped with Mayonnaise & Caviar

SASHIMI (SLICES OF PREMIUM RAW & SEARED FISH)

SESAME SALMON 3PC
Slices of Premium Salmon coated in.....R68
Sesame Seeds

SALMON 3PC.....R68
Slices of Premium fresh Salmon

NIGIRI (RICE WITH TOPPING) 2PC

PRAWN.....R50
Rice topped with Prawn

SALMON.....R50
Rice topped with Premium Salmon

FASHION SANDWICHES (LAYERS OF RICE, NORI &...)

CRAB.....4PC R58 8PC R96
Crab, Avocado & Cucumber with Spicy Sauce & Sesame Seeds

PRAWN.....R76 R114
Prawn, Avocado & Cucumber with Mayonnaise & Sesame Seeds

SALMON.....R76 R114
Salmon, Avocado & Cucumber with Mayonnaise & Sesame Seeds

BILTONG & CHEESE.....R104 R158
Biltong & Cream Cheese with Mayonnaise & Sesame Seeds

CALIFORNIA ROLLS (RICE INSIDE OF NORI)

CRAB.....4PC R48 8PC R96
Crab, Avocado, Cucumber, with Spicy Sauce & Sesame Seeds

PRAWN.....R48 R96
Prawn, Avocado & Cucumber with Mayonnaise & Sesame Seeds

BILTONG & CHEESE.....R63 R126
Biltong & Cream Cheese with Mayonnaise & Sesame Seeds

PLATTERS

SUMMER PLATTER 9PC.....R200
Strawberry, Salmon & Cheese 4pc, Rock Prawn 2pc, Sashimi 3pc

SALMON PLATTER 11PC.....R210
Salmon Rose 3pc, Salmon Fashion Sandwich 4pc, Salmon California Roll 4pc

HARBART PLATTER 20PC.....R236
Yummy Nigiri 2pc, Salmon California 4pc, Prawn California 4pc, Crab Fashion 4pc, Cucumber Maki 6pc

MAKI (RICE FILLED WRAPPED NORI) 6PC

AVOCADO MAKI.....R44
Rice, Avocado & Mayonnaise wrapped in Nori

CRAB MAKI.....R46
Rice, Crab stick & Dynamite Sauce wrapped in Nori

PRAWN MAKI.....R59
Rice, Prawn & Dynamite Sauce wrapped in Nori

SALMON MAKI.....R59
Rice, Salmon & Wasabi wrapped in Nori

INARI POCKET

SALMON INARI POCKET.....R52
A pocket of Inari, filled with Rice, Avocado, Cucumber & Salmon

PRAWN INARI POCKET.....R52
A Pocket of Inari filled with Rice, Avocado & Prawn

HANDROLLS (ROLLED NORI CONES FILLED WITH RICE &...)

PRAWN.....R52
Prawn, Avocado, Cucumber, Dynamite Sauce & Sesame Seeds

TEMPURA.....R58
Crispy Prawn, Avocado, Cucumber & Sesame Seeds with Deluxe Sauce

SALMON.....R58
Salmon, Avocado, Cucumber, Mayonnaise & Sesame Seeds

SALMON.....4PC R52 8PC R104
Salmon, Avocado & Cucumber with Mayonnaise & Sesame Seed

SIGNATURE.....R85 R160
Crispy Prawn & Cheese with Spicy Sauce, Thick Soya, Caviar, Scallion & Smoked Salmon

ROCK PRAWN.....R90 R112
Salmon California topped with Fried Prawn in Deluxe Sauce

BRONX PLATTER 22PC.....R380
Strawberry Salmon Fashion 4pc, Prawn Fashion 4pc, Signature California 4pc, Maki Prawn 4pc, Nigiri Prawn 2pc, Salmon California 4pc

PLATINUM PLATTER 22PC.....R400
Salmon Sashimi 3pc, Rock Prawn 4pc, Strawberry Rainbow 8pc, Prawn Fashion 4pc, Salmon Roses 3pc

Kiddies MENU

VIENNA & CHIPS.....R39

100g Burger & CHIPS.....R45

FISH FINGERS & CHIPS.....R39

Margherita Pizza.....R40

Macaroni & Cheese.....R45

HAWAIIAN PIZZA.....R45

200g Ribs & CHIPS.....R55

Chicken Strips and CHIPS.....R49

Sweet Treats

Ice Cream & Chocolate Sauce.....R23

MILKSHAKE.....R23

FRESHLY SQUEEZED JUICES

Apple, Pineapple, Carrot, OrangeR40

HOT AND STEAMY

Espresso.....R18

Filter Coffee.....R19

Tea Rooibos or 5 Roses.....R19

Machiato.....R21

Americano.....R21

Cappuccino.....R26

Rooibos Cappuccino.....R28

Milo, Hot Chocolate.....R30

Caffé Latte.....R30

Caffé Mocha.....R32

COLD BEVERAGES

Mineral Water 500ml.....R19

Mineral Water 1L.....R32

Coke, Fanta, Sprite etc.....R21

Fruit Juice.....R25

Appletiser / Grapetiser.....R27

Ice Tea.....R27

Red Bull.....R39

Milkshake.....R36

Chocolate, Strawberry, Bubblegum, Banana, Vanilla & Lime

CHILLAS

Freezoccino.....R49

White Chocolate.....R49

Where time flies



MENU

GRAND CENTRAL

Tel: (011) 805 8657 or (011) 312 5266

www.harvardcafe.co.za

SUSHI NOT AVAILABLE ON MONDAY