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## COFFEES

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### Filter coffee

18

per fill ..... R12

in a mug ..... R23

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### Americano

24

normal

in a mug

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### Flavoured cappuccino & café latte

33

vanilla

hazelnut

lemon

american

.....

### Espresso (double)

R22

### Cappuccino

Single ..... R23

Grande ..... R27

In a mug ..... R30

.....

### Café Mocha

R34

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### Cortado

R23

.....

### Café Latte

R28

.....

### Siphon

Allow 10 minutes to brew, serves 2

R49

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## TEAS

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Ceylon | Rooibos | Earl Grey |  
Green

R22

.....

Fresh lemon & mint

R20

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Rooibos Espresso

Grande ..... R28

In a mug ..... R32

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Red Latté

R34

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Siphon loose leaf

Allow 10 minutes to brew

R45

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Chai rooibos cappuccino with soya  
milk & cinnamon

R32

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## HEALTHY DRINKS

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Rooibos with honey, lemon, turmeric  
& cayenne pepper

R25

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Homemade almond milk with honey,  
oats & cinnamon

R32

.....

Homemade cashew milk with honey  
& vanilla

R32

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Kombucha

Probiotic fermented tea drink (300ml)

R30

Plain Kefir

300 ml bottle

R28

Kefir culture kit

Culture grains, glass jar and plastic  
strainer

R175

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## OTHER HOT BEVERAGES

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lo | Hot chocolate | Chai tea

2

Turmeric Chai latté

R35

Nutella hot chocolate

R40

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Peppermint Crisp hot chocolate

3

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## MILKSHAKES

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Classic

Vanilla | Hazelnut | Almond | Ginger  
Crisp | Cinnamon American fudge |  
Peppermint Crisp | Espresso | Coffee | Chocolate  
Crisp | Peanut butter | Lime | Strawberry  
Crisp | Bubble gum | Banana

5

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Deluxe

Chocolate brownie | Nutella |  
Peppermint Crisp

R44

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## COLD DRINKS

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Coke(s) | Fanta | Sprite | Tab |  
Cream soda

330 ml

R22

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Ginger ale | Soda water | Tonic  
water | Lemonade

R22

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Appetizer or Red Grapetizer

R27

.....

Fresh juices

R25

Mango

Guava

Orange

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Mineral water

500 ml ..... R17

1 lt ..... R26

.....

Homemade ginger beer

R25

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Soda float

R37

Fresh Red

Rooibos espresso with apple juice

R37

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Kikka iced tea

R28

Pomegranate, ginger & elderflower

Cranberry, lemongrass &  
echinacea

## SMOOTHIES

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Healthy	Pure juice	Decadent
Soya   Almond   Cashew   Milk   Kefir   Yogurt Ice Cream & ice (450ml)	450 ml	450 ml
R45	R42	R50
Banana – banana, cinnamon, honey	Mango	Red velvet – banana, avo, beetroot and honey topped with yoghurt
Berry Chia – banana, mixed berries, chia seeds, honey	Orange	Choc mint – Peppermint crisp, banana, honey
Tropical bliss – banana, pineapple, guava and mango juice	Guava	
Pineapple – pineapple, banana, mint and honey	Berry	
Superfood – banana, green grass, African Moringa, hemp, & kelp powder		
Almond breakfast – almond, banana, oats and honey		
Peanut punch – banana, honey, peanut butter & cinnamon		
Choc peanut – banana, coco powder, honey, peanut butter		

## COLD PRESSED JUICES

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### Apple

Apple & lemon

2

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### Red

Beetroot, red apple, lemon & mint

R40

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### Green

Kale, spinach, apple, cucumber, lemon & mint

R40

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### Orange

Beetroot, orange, ginger & lemon

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