

la mizu beach bar

Tapas & Bar Snacks

Chilli Corn Ribs Roast garlic and yoghurt dipping sauce	R 65
Avocado Wedges Coriander and panko fried with aioli	R 80
Seared Calamari With basil pesto and lemon	R95
Greek Maki Rolls Greek salad in a maki roll, red onion jam and lemon dressing	R 80
Wings Six peri-peri wings with spiced tomato salsa	R 125
Handmade Samoosa Chicken and chili, Shrimp and avocado samoosa	R 130
Rock Dates Dates with white rock cheese and bacon	R 160
Salmon and Potato Baby baked potato with Salmon and creme fraiche	R 135
Olives and Vegetables Marinated kalamata olives and crudities with humus toaste	R 120 d pita
Chicken Kebabs Malay spiced with chili, apricot and garlic	R 125

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East Indian Board Prawn and Spinach, Lamb bunnies, Malay samosas Chicken tika kebabs, Aloo bonda with minted yoghurt	R 280
Cheese Board Baked camembert gateaux with nuts dried fruits, honey and Black pepper lavosh	R 260
Harvest Board Sour dough and focaccia bread, sliced salami and gypsy Ham, boerenkaas, feta and white rock seasonal fruits And preserves	R 280
Chip Basket Hand cut chips with melted mozzarella and jalapeno peppe	R 72 er
Fish and Chip Basket Battered hake goujons, hand cut chips and tartar sauce	R120

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Pizza

The Marg and Rita Tomato, Mozzarella, Olives and Basil	R 155
Garlic Pizza Bread Feta and red onion marmalade	R 125
Triple Cheese Mozzarella, feta and blue cheese with spinach and mushroom	R 165
Three little piggies Pulled pork, bacon and salami	R 155
Shu-shu chicken Hot spiced chicken with peppadews and feta	R 180
DIY Pizza Tomato and mozzarella pizza with your choice of toppings Toppings Anchovies, Avocado(seasonal), Spinach, Banana, Chilli, Extra Mozzarella, Feta, Fresh tomato, Garlic, Mushr Salami, olives, Peppadews, Pineapple, Rocket	R 155
Any additional Topping	R 30
Desserts Black Forest Trifle Blondies Cranberry and white chocolate	R 55 R 48
Brule'	R 50

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Toasted Sandwiches

Served on white, brown or sourdough bread with fries and coleslaw

Toasted cheese and tomato	R 90
Toasted chicken mayonnaise	R 95
Toasted ham and cheese	R 95
Grilled gourmet sandwiches Served on sourdough and cooked in a pan Pork and Fungus Pulled pork, camembert cheese and garlic mushroom	R 120
Baby "Dag" Grilled steak, onions, fried egg and mozzarella cheese	R 160
Mezza Humus, avocado, grilled aubergine and peppers, tomato and white rock	R 135
Burgers and Wraps Burgers all served with onion rings and fries	
Beef Burger 200g beef burger with bacon, cheese, gherkins and BBQ sauce	R 180
Haloumi and Bean Burger Served with Avocado, onion marmalade and mozzarella cheese	R 165
Cajun Chicken Wrap Crispy fried Cajun chicken and salad wrap with	R 120

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perinaise sauce and guacamole

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