

Breakfast Menu

8.30 - 11.00am

Menu

Eggs Benedict

Two poached eggs on toasted English Muffin or health toast with Hollandaise sauce, avocado, spinach and rocket.

Vegetarian - Add mushrooms

R 85.00

Add smoked salmon

R 110.00

Add bacon

R 85.00

Turkish Breakfast (V)

Ciabatta topped with creamy scrambled eggs, spicy peppers, feta and rocket

Price

R 70.00

Add bacon

R 85.00

Fruit Platter (V)

R 75.00

Greek yoghurt, fresh fruit, homemade granola bar and a choice of honey OR berry coulis

Breakfast Bowl (Banting friendly) (V)

Combination of brinjal, peppers, mushrooms, cherry tomatoes and spinach topped with 2 poached eggs, avo and feta with a drizzle salsa verde

Price

R 70.00

Add bacon

R 85.00

Optional toast

R 15.00

Breakfast Bunny

R 90.00

Mini loaf filled with either scrambled or fried eggs, onions, mushrooms, bacon, sausage and topped with a homemade spicy tomato sauce

Mince Breakfast

R 75.00

A bowl of our savoury mince topped with cheese and 2 eggs of your choice and a side of buttered health toast

La Popote Tortizza (V)

R 75.00

Flour tortilla topped with fried eggs, Mexican tomato salsa, beans,peppers, mozzarella and avo

Menu last updated: 09 May 2018

Lunch Menu

11.30am - 3.00pm | Cake and Dessert Menu on Chalkboard

Menu

Please see board for any specials

Savoury Cheesecake and Salad SQ

Meal or Pie of the Day SQ

Pasta R 110.00

Linguine with creamy tomato, mushroom and smoked salmon

Chicken Salad R 105.00

Chicken, baby spinach, avocado, cucumber, almonds, feta and cranberries with poppy seed and orange dressing

Greek Pita Salad

To share

With chicken

R 160.00

With chickpeas

R 140.00

Mediterranean Wrap

Mediterranean vegetables, mozzarella, olive tapenade, salsa verde and herbs

R 85.00

Moorish Vegetable Pie and Salad

R 85.00

La Popote Chicken Burger

Chicken fillet, bacon, avocado, camembert, fried onion and cranberry sauce. Served on either panini, ciabatta or with a small side salad

R 110.00

Open Meat Loaf Sandwich

Homemade meatloaf and gravy, served with pickled red onion, and salad greens, and sweet corn salad. Served on either panini, ciabatta or with a small side salad

Price R 95.00

Add bacon

R 110.00

Italian Chicken Burger

Balsamic chicken and baby tomatoes, salad greens and cream cheese with a pepper relish. Served on either panini, ciabatta or with a small side salad

Price R 95.00

Add bacon

R 110.00

Kids

Under 12 only

Spaghetti Bolognese R 60.00

Chicken Strips & Vegetable Sticks

With mayo dipping sauce

R 60.00

Toasted Cheese and Bacon

R 60.00

Drinks Menu

Please note: Paper straws (R2) on request only

Coffee

Cappuccino/Latte - 175ml

Single	R 22.00
Double	R 27.00
Decaf - Single	R 24.00
Decaf - Double	R 31.00

Cappuccino/Latte 250ml

Single	R 25.00
Double	R 30.00
Decaf - Single	R 27.00
Decaf - Double	R 34.00

Cappuccino/Latte 350ml

Single	R 30.00
Double	R 35.00
Decaf - Single	R 32.00
Decaf - Double	R 39.00

Flat White (175ml)

Price	R 37.00
Decaf	R 31.00

Espresso

Single	R 19.00
Double	R 27.00
Decaf - Single	R 21.00
Decaf - Double	R 28.00

Americano

Single	R 20.00
Double	R 25.00
Decaf - Single	R 22.00
Decaf - Double	R 29.00

Filter Coffee

R 20.00

Plunger

Price	R 25.00
Decaf	R 30.00

Teas

Five Roses or Rooibos R 20.00

Earl Grey R 22.00

Chai Latte, Hot Chocolate or Milo R 35.00

Organic Persian Cordials

Rose and Raspberry	R 35.00
Mint	R 35.00
Rhubarb	R 35.00
Sour Cherry	R 35.00

Homemade Drinks

Ginger Beer Iced Tea Lemon Cordial	R 35.00
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Mineral Water

Aqua.V	
Still or Sparkling	
500ml	R 20.00
750ml	R 35.00

Juice

Orange Mango Fruit Cocktail Guava	
320ml	R 30.00
200ml	R 25.00

Cold Drinks

Coke Coke Zero Sprite Sprite Zero	R 20.00
Soda Water Tonic Water Lemonade	R 20.00
Appletizer Grapetizer Rock Shandy	R 25.00

Milkshakes

Chocolate / Hazelnut Madagascan Vanilla Strawberry	
Large	R 45.00
Medium	R 35.00
Gingerbread Chocolate Blueberry Lime Milo	
Large	R 45.00
Medium	R 35.00
Espresso Chal	
Large	R 45.00
Medium	R 35.00

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