

..... The

GOURMET

BREAKFAST

For Your Enjoyment

PLEASE DO NOT SWOP ITEMS OR COOKING STYLES

AVAILABLE 9AM - 11.30AM

TOASTED BANANA LOAF 55

Cinnamon Cream Cheese, Banana Pecan Nuts

CROISSANT - CHEESE, JAM, BUTTER 35

with grated cheese & jam / butter or Nutella

BAKED EGG POTS 58

Creamed Corn, Bacon & Sourdough Toast

CUBAN BREAKFAST SANDWICH 60

Bacon, Swiss Cheese, Ham, Pickles & Mustard.

GAMMON STEAK-TONKATSU SAUCE 65

Fried Egg, Hash Brown & Spring Onion

SMASHED AVO 48

With Mint, Feta on Toasted Sourdough

SMOKED MACKEREL 62

Poached Egg, Guacamole & rocket.

KIDDIES (KIDDIES ONLY) 25

Scrambled egg on toast.

..... The

JUICE BAR

SELECTION

100% FRESH JUICE

ORANGE JUICE - BEETROOT 26

APPLE - CARROT - MANGO

PINE APPLE - CRANBERRY- TANGERINE

BLEND OF ANY TWO 30

LIFESTYLE DRINKS

GROTTO MONKEY 35

Banana, Peanut butter, Soya Milk & Baobab powder

BLUEBERRY PIE SMOOTHIE 35

Blueberries, Oats, pecans, coconut, cinnamon.

YOGA BERRY 37

Blueberry, Rasp, Strawberries & Banana's

GREEN GURU 30

Kale, Celery, apple, lemon, mint

EARTHY GOODNESS 29

Beetroot, carrot & ginger

VEGAN BREAKFAST SMOOTHIE 35

Almond milk, banana, mixed fruit, coconut oil, chia seeds & ginger

..... The

COFFEE & TEA'S

SELECTION

TRUTH.



CAFE LATTE	25
CAPPUCCINO	25
LONG BLACK	25
FLAT WHITE	25
ESPRESSO	25
ICED LATTE	25
BIG CAPPUCCINO	28
Also includes take away option.	

BOTTLED WATER

STILL OR SPARKLING - LARGE	26
1 Liter	
STILL OR SPARKLING - SMALL	16
500ml	

SPECIALITIES

PLUNGER COFFEE	34
Lizette's special blend with condensed milk, enough for two cups.	
CA PHE SUA DA	29
Traditional Vietnamese coffee, Served over ice with condensed milk in a tall glass.	
RED CAPPUCCINO	20

ENMASSE TEA MERCHANTS

TEA'S	18
CONNOISSEUR ROOIBOS BLACK BREAKFAST EARL GREY MINTED HOT CROSS BUN CHAI TWILIGHT ZONE (CAMOMILE) DEVILS ADVOCATE (CHILLI & GINGER)	

HOT CHOCOLATE

HOT CHOCOLATE	28
Steamed Milk & shaved Belgian couverture chocolate	

IRISH COFFEE'S

IRISH COFFEE'S	32
AMARETTO - IRISH - KAHLUA FRANGELICO COFFEE	

..... The

SNACKS & SHARING

SELECTION

TAPAS STYLE THREE PIECE SETS WITH ACCOMPANYING SAUCES

SUPER GREEN RICE PAPER ROLLS Ginger & Coriander Dipping Sauce.	55	STEAMED CHICKEN (DIM SUM) & Black Pepper Shaomai, Hoisin & Nuoc Cham.	55
CHICKEN RICE PAPER ROLLS Five Spice Plum Sauce.	55	STEAMED PRAWN (DIM SUM) Hargow, Hoisin & Nuoc Cham.	55
TEMPURA FISH & Soy Rice Wine Dipping Sauce.	55	FRIED PRAWN WONTONS Hoisin Sauce.	55
PANKO PRAWNS Nori Mayo	60	PORK SPRING ROLLS Deep Fried & Nuoc Cham.	55
PORK SATE SKEWERS & Peanut Sauce.	55	BOBOTIE SPRING ROLLS & Chilli Jam	45

FLAME GRILLED GOURMET BURGERS

FLAME GRILLED BEEF BURGER Stuffed with blue cheese & chilli jam, onion - chorizo marmalade	98	GLUTEN FREE Salad, 100% Beef Burger, Feta, Sprouts & Tortilla Chips	89
MOROCCAN CHICKEN Paprika-Cumin Mayo & Carrot Cucumber slaw	93		
LAMB BURGER hummus, harissa & mint yoghurt	96		

*All burgers are hand made and come with a side of French Fries

..... The

ARTISAN FLATBREAD

SELECTION

THIN CRUST TOPPED WITH BASIL TOMATO & MOZZARELLA CHEESE

WHEATLANDS Smoked chicken, caramel onion baby potatoes	90	"JUST A PLAIN ONE" Our delicious tomato -basil sauce, grated mozzarella	60
MARGIE Lamb Kofta, spicy harissa, red onions pine nuts & minted yoghurt	90	GARLIC FOCACCIO Grated mozzarella with garlic and olive oil	60
JONASKOP Anybos camembert, caramel onions & black sesame.	90	WHOOHAA tomato-basil sauce, grated mozzarella with onion & extra chilli's.	80
LUCI-ANO Anybos soft goat's cheese, pine nuts olives, whole roasted sweet garlic & rocket	90	ATHENA Slow roasted lamb confit, mint yoghurt roasted aubergine & rosemary	100
EXOTICA Exotic asian mushrooms, caprino cheese, shiitake pesto & rocket	90	PORCUS SE Asian style BBQ'd pork, chilli jam, onions, spring onion, basil, mint & coriander	90
MASALA Chicken breast cubes, BBQ'd in masala spice with yogurt & fresh coriander	90	CARPACCIO Slow roasted tomatoes, Halloumi cheese, kudu carpaccio & oregano	90
PEAR, COPPA & BRIE Caramel pear, coppa & brie cheese	100	SEOUL Korean spiced chicken, kimchi, nori mayonnaise & coriander	90

..... *The*

SIGNATURE DISHES & SALADS

SELECTION

OUR TOP SELLING DISHES FROM THE LAST FIVE YEARS

**ASIAN STYLE TEMPURA FISH
& SESAME SALT CHIPS** 99

Beer Tempura, Freshest Fish, Sesame Salt Chips
with Soya-rice vinegar dipping sauce

**LINE FISH OF THE DAY
STEAMED IN BAMBOO** 125

Very healthy, fragrant dish with sesame, ginger
& soya, served with steamed rice & broccolini

FRESH MUSSELS 125

Coconut Milk, Sweet Chilli, Ginger & Fresh Bread

MOROCCAN LAMB SHANK 175

Slow Roasted for hours in North African spices,
served with tabbouleh, almonds & Greek salad

BUN CHA 110

North Vietnamese street food dish
of pork 3 ways: rashers, patties, spring rolls,
with a side dish of rice noodles, fresh herbs
& dipping sauce

HEO KHO TO 135

Braised pork belly in a rich stew
with quail eggs & steamed rice.

SALADS

GREEK 75

Kalamata Olives, Goats feta

FREEKEH 85

Mangetout, Red Onions, Pine nuts

WINTER FATTOUSH 85

Sticky Beef Rib, Radish, Cucumber,
Croutons, Yoghurt

GLUTEN FREE "BURGER" SALAD 89

Salad, 100% Beef Burger, Feta, Sprouts
& Tortilla Chips

All Salads are made with locally grown
ingredients straight from the
Hemel en Aarde Valley

..... The

ASIAN CONNECTION

SELECTION

CURRIES - NOODLE - RICE

BEEF RED CURRY NOODLE BOWL Shaved Beef Fillet, Peanuts, Pak Choi, Sprouts & Rice Noodles.	120	SUMMER SPRING ROLLS 6 Piece Combo (Fresh & Fried) Chicken & 5 Spice, Chilli Jam.	95
TOM YUM SOUP Lemongrass & galangal infused coconut milk broth with chicken, mushrooms & steamed rice.	105	LAKSA Spicy coconut milk, seafood, quail eggs, chinese mushrooms, rice noodles	95
CHICKEN BROCCOLINI GREEN CURRY Cashew Nuts, Spicy Broth & Steamed Rice	105	WOK-FRIED VEGGIE BOWL Seasonal Veg, Chilli Bean Paste, Soya Bean Oil Ginger & Sesame	75

Authentic Asian Dishes

With over 15 years experience in cooking South East Asian style dishes and 10 years working & living in Vietnam.
Lizette brings a fusion of Vietnamese street dishes and other Asian choices.
All dishes are cooked in a Traditional South East Asian way.

..... The

KIDDIES

SELECTION

..... The

DESSERT

MENU

SMALL TUMMIES

SPRING ROLLS & SOYA SAUCE 30
Bobotie Spring rolls served with soya sauce

BOERIE ROLL 30
Best, Juiciest Karoo wors in a buttered roll with french fries.

CHICKEN BURGER 35
Crumbed chicken breast with french fries

PLAIN SPAGHETTI & BUTTER 25
With grated parmesan or cheddar cheese

FRENCH FRIES 30
With mayo & Tomato sauce

HAWAIIAN FLATBREAD 45
With Ham Pineapple & Cheese.

INDULGE YOURSELF

CHEESECAKE OF THE DAY 42
Differing flavours every day

VANILLA ICE CREAM & BAR ONE SAUCE 35

DESSERT OF THE DAY 45
Please enquire with your waitron regarding the offering of the day

CHE CHUOI 39
Vietnamese dessert of warm coconut milk, sago & bananas, peanuts & toasted sesame

KEFIR PANNA COTTA & Blueberry Compote 39

FLOURLESS CHOCOLATE CAKE & Vanilla Ice Cream 45

Please Note

Childrens Under 12's Menu Only available from 9am to 6.00pm

..... The

BEER & CIDER

SELECTION

DRAFT BEERS

330ml 500ml

STRIPED HORSE
PILSNER 5.2%

30 45

STRIPED HORSE
BREWERS LAGER 5.0%

30 45

CBC AMBER WEISS
AMBER WEISS 5.4%

30 45

GUEST BEER
Please Ask Your Waitron

00 00

STELLA ARTOIS
SAB 5.2%

28 40

BOTTLED BEERS

LIEFMANS FRUITESSE 45
250ML Cherry Beer Served on the rocks 4.2%

CORONA EXTRA 34
330ML Cold Filtered Lager 4.0%

AMSTEL 25
330ML LAGER 5.0%

WINDHOEK LIGHT 25
330ML LAGER 2.4%

BECKS BLUE 25
330ML NON ALCOHOLIC - LAGER 0.0%

DUVEL 45
330ML BELGIAN BEER 8.5%

LOCAL BOTTLED CRAFT BEERS

OLD HARBOUR LAGER 37
440ML 4.5%

FOLK & GOODE IPA 40
440ML 4.5%

BOTTLED CIDERS

SAVANNA DRY 25
330ML CIDER 6.0%

SAVANNA LIGHT 25
330ML CIDER 3.0%

..... The
GIN & COCKTAIL
COLLECTION

INVERROCHE

CLASSIC GIN 27
25 ML 47%

AMBER GIN 27
25 ML 47%

VERDANT GIN 27
25 ML 47%

TRIPLE 3

100% JUNIPER BERRY 27
25 ML 47%

AFRICAN BOTANICALS 27
25 ML 47%

CITRUS INFUSION 27
25 ML 47%

Served with a Fitch & Leedes mixer - A bespoke mixer, made with premium mineral water.

**BITTER LEMON, GINGER ALE,
LEMONADE, CLUB SODA
INDIAN TONIC** 18
200ML

BULLDOG GIN

LONDON DRY GIN 30
25 ML 40%

SIX DOGS DISTILLERY

KAROO GIN 27
25 ML 47%

SIGNATURE MOJITO'S

CLASSIC MOJITO 59
Rum, mint, brown sugar and soda

SPICY MANGO 59
Mango & spiced syrup

CHERRY BLOSSOM 59
The classic and cherry blossom syrup

COCKTAILS

PLEASE ASK YOUR WAITRON FOR THE
DAILY SPECIAL COCKTAIL