

BREAKFAST

FRAPPES

coffee | chocolate | white chocolate |
vegan dark chocolate | spiced chai |
salted caramel **50**

PURE FRUIT JUICES

orange | granadilla | strawberry 350ml **37**
tropical | mango | apple | guava 500ml **45**

SMOOTHIES

NORMANS RULE
cranberry & pineapple juice | fresh
strawberries | vitamins B6 & B12 **65**

BERRY DAIRY
blueberry | strawberry | raspberry |
banana | vanilla sorbet | honey | milk **65**

CITRUS CHILLER
lemon & apple juice | kiwi | pineapple |
vanilla sorbet | aloe vera | mint **65**

CAFFEINE DATE
espresso | banana | dates | vanilla sorbet | milk **55**

HUNG OVER
tomato juice | celery | lime | vitamins **60**

MANGOTINI
mango | honey | ginger | plain yogurt **65**

TROPICAL GREEN
pineapple | baby spinach | celery | cucumber |
ginger | apple juice **65**

PEANUT CHOCO BANGER
banana | chocolate | peanut butter | strawberries **68**

*replace dairy with almond milk +R20

CONTINENTAL

DR PAW-PAW
papaya | double thick plain yoghurt | roasted
almonds | honey | chia seeds **85**

GRANOLA BOWL
homemade granola | fresh berries | berry
compote | double thick plain yoghurt | honey **90**

HOMEMADE BRAN MUFFIN
fresh daily muffin | berry preserve |
grated cheddar **58**

OATS AWAY
creamy oats | banana | berry preserve | honey **68**

BOWLS

BREAKFAST BOWL
avocado | grilled halloumi | spinach | roast cherry
tomatoes | zucchini | double poached eggs |
basil pesto hollandaise **130**

SCRAMBLED EGGS

All our scrambled eggs are made with 3 free-range
eggs, beaten fluffy & served with toasted ciabatta

PLAIN SCRAMBLED
with bacon **70**

AVOCADO & GRILLED HALLOUMI
pan-fried cherry tomatoes **105**

OMELETTES

traditional 3 egg omelette served with your choice
of white, brown, rye or health bread with butter &
preserves

MEDITERRANEAN
chorizo | tomato | avo | mozzarella **105**

CALIFORNIA
mozzarella | bacon | sliced avocado | feta |
roasted cherry tomatoes **130**

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BENEDICTS



CAFFÉ

double poached eggs | grilled hickory ham | pan-fried cherry tomatoes | english muffin | hollandaise sauce **98**

SALMON & AVO

double poached eggs | oak smoked salmon | rocket | toasted rye | peppered hollandaise **140**

CALIFORNIA

double poached eggs | bacon | avocado | pan-fried cherry tomatoes | english muffin | hollandaise sauce **125**

*replace english muffin with gluten free bread **+5**

HOT BREAKFASTS

All hot breakfasts are served with your choice of white, brown, rye or health bread with butter and preserves

CASTERBRIDGE BREAKFAST

single fried egg | bacon | pork sausage | potato fries | grilled tomato **85**

VINTAGE BREAKFAST

double fried eggs | bacon | pork sausage | tomato | potato fries | grilled banana **145**

FARMERS BREAKFAST

double fried eggs | boerewors | bacon | baked beans | tomato | potato fries **145**

BREAKFAST BURGER

homemade beef patty | bacon | cheddar | fried egg | lettuce | tomato | gherkin & onion | potato fries **155**

AVO ON TOAST

smashed avocado | roasted cherry tomatoes | toasted ciabatta | poached egg **90**

- add bacon **+25**

FRENCH TOAST STACK

3 slices of ciabatta | bacon | maple flavoured syrup **70**

 Vegetarian Friendly Dishes

- Ask your waitron about our daily breakfast specials

- All menu items prepared in our kitchens may contain traces of gluten, wheat, soya, egg, tree nuts, peanuts, shellfish and/or fish and allergens

COFFEE

UNNA COFFEE

normal **28** | grande **36** | decaf **+5**

CAPPUCCINO

single **32** | double **38** | add cream **+10** | almond milk **+10**

ESPRESSO

single **20** | double **25**

FLAT WHITE

single **32** | double **38** | almond milk **+10**

CORTADO

single **32** | double **38** | almond milk **+10**

AMERICANO

single **32** | double **38**

MACCHIATO

espresso | milk foam **26**

DIRTY CHAI CAPPUCCINO

espresso | chai tea | steamed milk **42**

CAFFÉ LATTE

espresso | steamed milk **38**

BREWED ICED COFFEE

filter coffee | ice **35**

ESPRESSO COFFEE MILKSHAKE

espresso | ice-cream blend **45**

FROZEN CAFFÉ MOCHA

espresso | hot chocolate | ice-cream blend **45**

CHOC-O-CHINO

espresso | hot chocolate | milk | foam **42**

ROCKY-CHINO

espresso | chocolate | hazelnut topping **48**

FLAVOURED LATTE

hazelnut | vanilla **42**

ROOIBOS CAPPUCCINO

rooibos tea | foamed milk **35**

SPECIALITY TEA LATTE

rooibos **38** | chai **40** | matcha green tea **55**

HOT CHOCOLATE

chocolate | steamed milk **38**

TEA & HERBAL TEA

rooibos | five roses **25**
chamomile | Earl Grey | green tea | chai | English breakfast **30**



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