

Menu

EDITION VI

MAINS

Slow Roasted Pork Belly <i>Spiced Butternut Cream, Crispy Baby Potatoes, Seasonal Greens, Balsamic Tomatoes. Banting Option: Swap Potato For Cauli-rice</i>	R145
Grilled Sirloin (250g) <i>Hand Cut Chips, Poached Egg, Chimichurri Banting option: Swap chips for stir fry veg - Add R18</i>	R165
Malay Bobotie in Phyllo <i>Turmeric Basmati, Sweet Pepper Salsa</i>	R98
Beef & Ale Pie <i>Handcut Chips & Gravy</i>	R95
Chicken & Leek Phyllo Pie <i>Vegetable Crisp Salad</i>	R95
Portuguese Prego <i>Prego Sauce & Fresh Salad Greens on Ciabatta Beef R98.00 Chicken R95.00 Add Hand Cut Chips for R25</i>	
Spiced Chicken, Pumpkin & Ricotta Bake <i>Vegetable Crisp Salad (B)</i>	R115
Signature Beer Battered Hake <i>Served with Hand Cut Chips & Tartare Sauce</i>	R95
Smoked Salmon & Hake Fishcakes <i>Horseradish Potato Cream, Sundried Tomato, Courgettes & Crispy Capers</i>	R115
Panko & Parmesan Crusted Hake <i>Garlic Parsley Butter, Crispy Potatoes, Roasted Tomatoes, Seasonal Greens</i>	R115
Primavera Vegetable Pancake <i>Napolitano Sauce, Parmesan Cheese, Side Salad (V)</i>	R85
Vegetable Korma <i>Basmati, Poppadum, Sweet Pepper Salsa (V)</i>	R95

SOUPS

Italian Meatball & Tomato Soup <i>(B)</i>	R65
Spiced Aubergine & Lentil Soup <i>(V)</i>	R65
Minestrone, Pesto & Parmesan <i>All served with toasted Ciabatta. (V) Banting Loaf - Add R12</i>	R65

SANDWICHES, SALADS & BOWLS

Smoked Coronation Chicken and Toasted Almonds on Ciabatta	R95
Smoked Salmon, Cottage Cheese, Watercress & Crispy Capers on Rye <i>Swap Rye for Banting Loaf - Add R12</i>	R115
BBQ Pulled Pork & Rainbow Slaw on Panini, Sriracha Mayo	R95
Roasted Mediterranean Vegetables, Toasted Seeds & Spiced Hummus on Rye <i>(V)</i>	R95
Chicken & Brown Rice Bowl <i>Crisp Greens. Avo, Sweet Peppers, Cucumbers & Bacon in perfect combination. Warm Dressing.</i>	R95
Dukkah Beef Salad <i>Orange, Red Cabbage, Sweet Red Onion, Radish & Coriander. Citrus Dressing. (B)</i>	R95
Roasted Pumpkin Bowl <i>Couscous & Marinated Chickpeas, Feta, Sweet Pepper Whole Food Bowl. Sundried Tomato Dressing. (V)</i>	R85
Signature Quiche of the Day <i>Served with a Side Salad</i>	R70

(B) Banting (V) Vegetarian

Breakfast Menu

Served until 11:30

The Health Nut R75
*Toasted Granola, Nuts & Seeds, Rooibos Poached Fruit,
Chia Seed Greek Yoghurt Bowl (V)*

The Forestier R75
*Creamed Mushroom, Soft Poached Eggs, Pecorino Shavings,
Rocket. Toasted Ciabatta (V)*

Signature Eggs Benedict R85
*Toasted English Muffin, Gypsy Ham & Soft Poached Eggs
topped with Hollandaise Sauce*

Salmon Florentine R98
*Toasted English Muffin, Creamed Spinach & Smoked Salmon
topped with Soft Poached Egg and Hollandaise Sauce*

Big Boy Breakfast R95
*Chipotle Cream Cheese, Herbed Pork Sausages,
Caramelized Onion, Soft Poached Egg, & Crispy Potatoes*

Peri Peri Chicken Livers R65
*Chicken Livers cooked to perfection in a Spiced
Creamy Peri Peri Sauce. Toasted Ciabatta*

Signature Crepe Style Omelette R85
Bacon, Mushroom & Cheese (or) (B)
Classic Savory Mince, Smoked Cheese & Tomato Jam
*All served with Toasted Ciabatta.
Banting Bread - Add R12*

The Rockafella R105
*Potato Rosti, Smoked Salmon, Cream Cheese,
Soft Poached Eggs & Crispy Capers*

The Bare Basic R52
*Three egg scrambled egg, Chimichurri, Roasted Tomatoes.
Toasted Ciabatta
Banting bread - Add R12
Add Bacon portion - Add R18*

The Continental R98
Butter Croissant served with a selection of Cheese and Charcuterie

The Texan R75
*Toasted Corn Bread, Smashed Avo, Bacon Jam, Chipotle
Cream Cheese, Dukkah & Kale Crisps*

Cakes & Bakes

Crème Brûlée R55
*Classic Crème Brûlée, Berry Compote
& Shortbread Biscuit*

Dark Chocolate Brownie R48
Served warm with Vanilla Ice Cream

Banting Chocolate Brownie R52
Served with Cream

Peppermint Crisp Eton Mess R55
The Best of Both Worlds

Spiced Apple Crepe R55
Served with Citrus Yoghurt & Toasted Almonds

Amarula Malva Pudding R55
*South African twist on this Classic Dessert
Served with Homemade Crème Anglaise*

Toasted Buttermilk Scone R48
Served with Mascarpone & Berry Compote

Bran Muffin R42
Served with Mature Cheddar & Preserves

Selection of Freshly Baked
Cakes & Treats (see cake display) R42



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