

SUMMER 2019/2020



# YE OLDE TAVERN

FAMILY RESTAURANT





# WELCOME

My team and I sincerely appreciate your patronage and we look forward to creating a delicious meal for you to enjoy. All our dishes are prepared as fresh as possible and so we thank you in advance for your patience as some dishes may take a little longer to cook (especially when busy). As they say in the Little Karoo, take "time out" to relax and enjoy!

Please do not hesitate to let us know if there is anything we can do to make your meal more enjoyable and we welcome any suggestions that might help us improve on the quality and efficiency of our service and menu selection.

Bon appétit / Smakelijk eten / Buon appetito /  
Buen provecho / Guten appétit

Sonya and Ye Olde Tavern Team

**TEL:** 023 614 2398    **CELL:** 079 673 6585  
**E-MAIL:** yeoldetavern@telkomsa.net

# INFORMATION

## ALCOHOL

We are a fully licensed restaurant and have a "Consumption on Premises" license, therefore, alcohol in any form purchased in the restaurant cannot be removed from the premises. Please note it is also illegal to sell or serve alcohol to children under 18. Right of admission is reserved.

## SELECTION AVAILABILITY

To ensure optimum freshness and less waste, our menu is prepared in limited quantities and we apologize in advance if your selection is "sold out" or unavailable due to limited stock on hand.

## CHILDREN

We have a selection of colour-in-books and puzzles to keep children entertained. Please inform your waitress if you would prefer your child's meal served before your main course. Whilst children are most welcome, we do however insist that you please keep your children under control as to not spoil the ambience and dining experience of other customers.

## CORKAGE

R20 per 750ml bottle for first 2 bottles thereafter R40 per additional bottle. No box wines, beers or bottles of spirits allowed. As per Western Cape Liquor Law, if we charge you corkage, the bottle must be consumed on the premises.

## DIETARY, VEGETARIAN AND GLUTEN-FREE OPTIONS

We have a variety of dishes available on the menu suitable to Vegetarians, Vegan and Gluten-Free. Please inform your waitress if you have any allergies, medical or dietary restrictions. We will do our best to accommodate your request.

## PAYMENT AND GRATUITY

Service charge (gratuity/tip) is not included on your final bill. If you have enjoyed your dining experience a standard 10% gratuity is customary in South Africa as a token of your appreciation.

We accept Visa and Mastercard as well as most debit cards.

For groups of 10 or more, a standard 10% will be added to the final bill.

No more than 2 Credit Cards per table. Regrettably no cheques accepted.

## GROUP BOOKINGS AND RESERVATIONS

It is always recommended to reserve a table in advance to avoid disappointment, even during the cold winter months. Group bookings of 10 or more persons must be booked in advance and a small deposit paid at least 3 days prior to reservation date. To maintain the quality we expect from ourselves, set menus are required for tables of 10 people or more. While we will do our best to accommodate "walk-in" of large tables, our priority will be to our booked and already seated customers.

## SMOKING

Due to recent laws, smoking is not permitted on the front verandah and we ask customers to please refrain from smoking near any exit doors or open windows. Certain tables in the garden have been designated for smokers, however, we do reserve the right to ask customers to refrain from smoking should there be a complaint from non-smoking customers.

## TAKE-AWAY

Most of our dishes can be ordered as a take-away. We are not a fast food restaurant, so depending on how busy we are, the wait for a take-away order no matter how small, could be up to 1 hour.

## TRADING HOURS

### Lunch Trading Hours

Monday to Friday 11am – 3pm

### Dinner Trading hours

Thursday to Tuesday 4pm – 9:00pm

Closed on Wednesday nights during 2019/2020 spring/summer months

## LOAD SHEDDING / POWER FAILURES

We usually do remain open during power failures albeit by candlelight. A "lighter" alternative menu will be made available.



# LUNCH SPECIALS

*Only available Monday to Friday 11:00am to 3:00pm*

**2 – Course Meal R60**

**3 – Course Meal R75**

*Starter of the Day / Main Meal of the Day served with chips, rice & veg / Dessert of the Day  
Includes bottomless filter coffee*

*See Menu Board for selection or ask your waitron*

## LIGHT LUNCH MEALS

Soup of the Day	R30
Potato Skins with Garlic Sauce	R30
Toasted English Muffin with Bacon, Egg & Cheese	R20
Toasted English Muffin with Spinach, Cheese & Egg <i>Add Hashbrown, Tomato or Mushrooms R5 each</i>	R20
BBQ Beef Strip Burger & Chips	R45
Chicken Schnitzel Burger & Chips	R45
Crispy Battered Fish Burger & Chips	R50
Beef Stroganoff with Chips, Rice & Veg of the Day	R50
Chicken Stir-fry with Chips, Rice & Veg of the Day	R50
Quiche of the day with Chips and Salad	R55
Freshly baked home-made Pie with Chips, Gravy & Veg of the day <i>(Please allow 30-40 minutes to prep and bake)</i>	R50
Traditional Melkkos	R25
2 Scoop Ice Cream with Chocolate Sauce	R25
Cake of the Day <i>(When available)</i>	R30

*Lunch specials strictly Monday to Friday 11am to 3pm.*

*All meals are prepared from scratch so when we are busy your order may take up to 45 min  
Bottomless filter coffee applicable with any 2/3 course meal order*



# STARTERS & SALADS

## **Soup of the Day (V)**

Seasonally fresh with home-baked rooster brood

R49

## **Cape Malay Dhaltjies (VG)**

Spinach and onion chili bites, coriander pesto, salsa fresca

R55

## **Creamy Garlic Snails**

Pan fried in farm butter, cream and garlic then baked with mozzarella cheese

R55

## **Grilled Halloumi (V) *Locally Produced***

Lightly grilled, served with fresh salad greens, lime and caper dressing

R85

## **Slow Roasted Pork Belly**

Served with mustard and thyme mash, home-made apple chutney, red wine jus

R65

## **Chilli Con Carne**

Nestled in baked tortilla basket with cheddar & salsa

R75

## **Warm Chicken Salad (GF)**

Toasted sesame seeds, fresh salad greens, honey & soy dressing

R75

## **Caprese Salad (V)**

Fresh sliced tomato, black mission olives, balsamic crème, basil pesto

R85

**(GF = Gluten Free) (V = Vegetarian) (VG = Vegan)**

*We will do our best to accommodate dietary restrictions.  
Please be sure to inform your waitress if you have any allergies or food intolerance  
When busy, your selection may take up to 45 min to prepare.  
Some items are seasonal and/or prepared in limited quantities*

# MAIN DISHES

**Classic Fish & Chips** R115  
Served with tartare sauce, fresh salad greens

**Olde Tavern Burger** R99  
200g chargrilled home-made 100% beef patty, mature cheddar cheese  
onion marmalade, coleslaw, crispy onion rings and triple cooked chips

**Wild Mushroom & Truffle Risotto (V)** R99  
Parmesan crisp and fresh rocket

**Flame grilled Beef Sirloin (300g)** R169  
Lightly basted, triple cooked chips, fresh salad greens

**Lamb Shank** R195  
Garlic thyme mash, spiced butternut, red wine jus

**Traditional Bobotie** R135  
Basmati rice, coconut banana, apple chutney and sambals

**Chicken A' La King (GF)** R120  
Fresh cream, peppers, onion, mushrooms.  
Choice of basmati rice, cauliflower rice or zucchini strips

**Cape Malay Butter Chicken (GF)** R125  
Basmati rice, coconut banana, apple chutney, sambals, fried roti or poppadum

**Chickpea & Spinach Curry (VG & GF)** R99  
Basmati rice, coconut banana, apple chutney, sambals and poppadum

**Vegetarian Plate (VG & GF)** R89  
Seasonal vegetables, garlic mushroom, spiced butternut, savoury rice,  
roasted beetroot & cherry tomato, sweet potato fries

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When busy, your selection may take up to 45 min to prepare.  
Some items are seasonal and/or prepared in limited quantities*



# GOURMET PIZZA

*Our home-made 30cm pizza bases are hand rolled to a thin crust*

<b>Garlic Pita</b> Virgin olive oil, garlic, fresh herbs and tzatziki dip	<b>R55</b>
<b>Cheese &amp; Garlic Pita</b> Mozzarella, aged cheddar, garlic, fresh herbs	<b>R65</b>
<b>Olde Tavern Deluxe</b> Ham, mushrooms, truffle oil, parmesan shavings	<b>R89</b>
<b>Porcupine</b> Ham, bacon, salami, pineapple, peppadew	<b>R99</b>
<b>Fynbos (VG)</b> Mushrooms, peppers, black olives, sundried tomato, red onion, fresh baby spinach	<b>R99</b>
<b>Route 62</b> Ham, bacon, salami, mushrooms, feta, baby spinach	<b>R109</b>
<b>Kanonkop</b> Cajun chicken, chorizo, chilli, jalapeno, peppadew, feta, red onion	<b>R120</b>
<b>Lovers Lane (V)</b> Bocconcini cheese, black olives, sliced tomato, basil pesto, avocado*, balsamic crème	<b>R135</b>
<b>Surcharge – Please allow 20 min extra time for preparation</b>	
Gluten Free Pizza Base ( <i>Gluten Free Flour, Oil, Egg</i> )	<b>R30</b>
Cauliflower Banting Pizza Base ( <i>Cauliflower, Parmesan, Egg, Oil</i> )	<b>R40</b>
<b>Extra toppings each</b>	
Banana, onion, capers, garlic, fried egg, tomato	<b>R12</b>
Mushroom, chilli, pineapple, *rocket, *basil, *baby spinach, *red onion, truffle oil	<b>R15</b>
Olives, sundried tomato, peppadew, jalapeno, peppers, pesto, onion marmalade	<b>R20</b>
Ham, bacon, salami, chicken, feta, cheddar, extra mozzarella, blue cheese	<b>R30</b>
Bocconcini, halloumi, camembert, chorizo, *avocado, *vegan mozzarella	<b>R35</b>

**(GF = Gluten Free) (V = Vegetarian) (VG = Vegan)**

*We will do our best to accommodate dietary restrictions.  
Please be sure to inform your waitress if you have any allergies or food intolerance  
When busy, your selection may take up to 45 min to prepare.  
Some ingredients are \*seasonal. Our pizza bases are prepared in limited quantities*

# KIDDIES DELIGHTS

*Please inform your waitron if you would prefer the kiddy meal to be served before the main course  
We have a selection of games, colouring books and puzzles to keep the little ones entertained*

**Pasta Bowl** R40  
Small portion penne pasta, drizzled with virgin olive oil

**Cheesy Burger** R65  
100% beef burger patty, melted cheddar cheese, triple cooked chips

**Crumbed Chicken Strips** R65  
3 Panko crusted chicken strips, triple cooked chips, mayonnaise

**Fishy Fingers** R65  
3 Crispy battered hake strips, triple cooked chips, mayonnaise

**Kiddy Fruit Plate** R45  
Freshly sliced seasonal fruit

**Kiddy Ice Cream** R35  
One scoop vanilla ice cream, chocolate sauce, sprinkles



# SWEET TEMPTATIONS

*All our desserts are freshly made in limited quantities, so we apologize in advance if your selection is unavailable*

## **Baked Apple Cranberry Crumble**

**R55**

A favourite served with vanilla ice-cream

## **Amarula Malva Pudding**

**R55**

Served warm with butterscotch sauce and vanilla ice-cream

## **Baked Chocolate Lava Cake**

**R60**

Served with home-made coffee bean ice-cream

## **Rooibos Vanilla Crème Brulé**

**R60**

Home-made classic

## **Trio of Home-Made Ice Cream**

**R65**

Fresh seasonal flavours made with farm fresh cream

## **Non-Dairy Ice Cream (VG)**

**R65**

Available on Request

## **Vegan Sweet Pizza (VG)**

**R70**

Dairy free caramel sauce, cinnamon spiced banana, chopped nuts

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*We will do our very best to accommodate dietary restrictions.*

*Please be sure to inform you waitron if you have any allergies or food intolerance.*

*When busy, your selection may take up to 45 min to prepare.*

*Some items are seasonal and/or prepared in limited quantities*

# FROM THE BAR

## SOFT DRINKS & JUICE

Coke, Sprite, Crème soda, Fanta Orange	R22
Coke Zero, Sprite Zero	R23
Dry Lemon, Ginger Ale, Soda, Tonic Water	R19
Appletiser, Red Grapetiser	R26
Cordial: Kola Tonic, Passion Fruit, Lime	R12
Fruit Juice: Tropical, Orange, Apple	R25
Tomato Cocktail	R35
Still Water and Sparkling Water 500ml	R16
Still Water and Sparkling Water 1 Litre	R32

## MILKSHAKES

Chocolate, Lime, Strawberry, Vanilla, Coffee, Bubblegum, Banana,	R35
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## HOT DRINKS

Filter Coffee, Espresso, Baby Chino	R22
Cappuccino, Café Latte	R26
Hot Chocolate	R35
5 Roses, Rooibos Tea, Infusion Tea's	R16

## DOM PEDRO & IRISH COFFEE

Brandy, Whiskey, Amarula, Double shot	R50
Kahlua, Jameson, Frangelico Double shot	R65
	R60
	R75

## BEERS & CIDERS

Castle, Castle Lite, Black Label	R25
Windhoek Lager, Windhoek Lite	R26
Windhoek Draught	R30
Hunters Dry, Hunters Gold	R28
Savanna Dry, Savanna Lite	R33

## BOET CRAFT BEERS

IPA English, Easy Blond, Pale Ale, Lager	R45
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## NON-ALCOHOLIC

Castle Non-Alcoholic	R35
Duchess Gin & Tonic	R48

## FORTIFIED WINE

Old Brown Sherry (100ml)	R22
Monis Sherry Full, Medium or Dry (50ml)	R22
Montagu Red Muscadel (100ml)	R25
Montagu Cape Ruby Port (50ml)	R22

## SPIRITS & LIQUERS per 25ml shot

Gordons Gin	R18
Craft Gin	R25
Bombay Sapphire	R38
Smirnoff Vodka	R18
Cîroc Vodka Import	R38
Mainstay Cane	R18
Spiced Gold, Red Heart, Bacardi Rum	R18
Tequila Silver, Gold	R20
Klipdrift, Drieberge, Richelieu Brandy	R18
John Montagu 5 year, Mimosa Alambic	R28
Bells, J&B, 3 Ships Whiskey	R18
Jameson	R30
Amarula, Southern Comfort	R18
Cinzano, Martini, Campari	R22
Kahlua, Jägermeister, Frangelico	R28



*We are only licensed for "on premises consumption"  
till 10:00pm Sunday to Thursday and till 12 midnight Friday & Saturday*

# WINE LIST

Bring your own. Corkage Fee is R20 per bottle for the first 2 bottles. R40 each for additional bottles.

## WINE BY THE GLASS (150ml glass)

Ashton Satynrooi – Dry Red Blend	R18
Ashton Satynwit – Dry White Blend	R18
Four Cousin Rose – Sweet	R18
Four Cousin Natural Sweet White	R18
Kingna Sauvignon Blanc	R22
VL “Almost Zero” Sauv Blanc (low alcohol)	R28
Van Loveren Chardonnay	R28
Montagu Cellars Chenin Blanc	R28
Excelsior Paddock Shiraz	R30
Excelsior Cabernet Sauvignon	R30

## LOW ALCOHOL WINE 750ml Bottle

Zari Sparkling Grape (non-alcoholic)	R110
VL “Almost Zero” Sauvignon Blanc	R140

## MCC & SPARKLING WINE 750ml Bottle

Bon Courage Blush (Semi-Sweet)	R125
VL Christina MCC Brut (Dry)	R230

## WHITE BLENDS & ROSE 750ml Bottle

Four Cousin Rose	R99
Bon Courage Estate Blend (Off Dry)	R125
Bon Courage Andre's Flame Colombar	R125

## CHARDONNAY 750ml Bottle

Van Loveren Chardonnay	R120
Excelsior Chardonnay	R140

## CHENIN BLANC 750ml Bottle

Montagu Cellars Chenin Blanc	R115
Van Loveren Chenin No.5	R130

## SAUVIGNON BLANC 750ml Bottle

Van Loveren Sauvignon Blanc	R120
Bushmanspad Sauvignon Blanc	R150

## RED WINE BLEND

## 750ml Bottle

Montagu Merlot Ruby Cab	R115
Bon Courage Estate Blend Red	R135
Bushmanspad “The Menno”	R350

## MERLOT

## 750ml Bottle

Van Loveren Merlot	R125
Excelsior Gondolier Merlot	R320

## PINOTAGE

## 750ml Bottle

Van Loveren African Java	R140
Bon Courage Pinotage	R165

## SHIRAZ

## 750ml Bottle

Excelsior Paddock Shiraz	R145
Bushmanspad Shiraz	R245
Zandvliet Shiraz	R260

## CABERNET SAUVIGNON 750ml Bottle

Excelsior Cabernet Sauvignon	R140
Bushmanspad Cabernet Sauvignon	R270

## CORKAGE FEE (Bring your own)

1 or 2 Bottles (per bottle)	R20
3 plus Bottles (per bottle)	R40

*No box wine or spirits permitted*

### IMPORTANT NOTICE:

*\*Please note that our liquor licence does not permit opened bottles of wine to be removed from the restaurant premises.*

*Please refer to the Western Cape Liquor Act if you have any objection.*

*We keep a limited selection of wine so we apologise in advance if your selection is out of stock*

*No alcohol will be served to persons under 18 years of age.*

