

BREAKFAST

Avo on Toast	R 29.00
<i>Served on Health Bread</i>	
Bacon, Egg, Cheese & Relish Toastie	R 42.00
<i>Served on Health Bread</i>	
Egg Mayo Toastie	R 30.00
<i>Served on Health Bread</i>	
Luxury, Gluten-free Muesli & Yoghurt	R 30.00

MUFFINS

Cappuccino	R 22.00
Carrot, Bran & Pecan	R 22.00
Blueberry & White Chocolate	R 22.00

TOASTIES

<i>Served on Health Bread</i>	
Cheese & Tomato	R 29.00
Chicken Mayo	R 38.00
Bacon & Brie	R 39.50

PANINIS

Club: Chicken, Bacon, Tomato & Cheese	R 59.00
Deluxe: Roast Beef, Tomato & Cheese	R 52.00
BLT: Bacon, Lettuce & Tomato	R 38.00
European: Bacon, Brie & Avo	R 57.00
Vegetarian: Feta, Avo, Tomato & Hummus	R 49.00

WRAPS

Pesto Chicken & Feta	R 46.00
Feta, Avo, Tomato & Hummus	R 46.00
Hoisin Chicken & Cucumber	R 46.00

CAPE TOWN

ST GEORGES' MALL

021 424 8570

Mandela Rhodes Building
Cnr St George's Mall & Wale St.

MANDELA RHODES HOTEL ROOM SERVICE

Free Delivery
Speed Dial *2008

SALADS

Served with Balsamic Vinaigrette

Avo, Feta, Tomato & Couscous with Mint	R 55.00
Chicken, Avo, Feta & Tomato	R 65.00
Tuna & Egg	R 55.00

CROISSANTS

Plain, with Butter & Jam	R 20.00
Cheese & Tomato	R 28.00
Bacon & Egg	R 29.50
Chicken Mayo	R 29.50

SNACKS

Banana Mini Loaf	R 20.00
Spinach & Feta Mini Loaf	R 28.00
<i>Low Carb, Gluten-free</i>	
Corn, Cheese & Chilli Mini Loaf	R 22.00
<i>Gluten-free</i>	
Crisps	R 9.00

SWEET THINGS

Cheesecake	R 38.00
Chocolate Brownies	R 16.00
Fudge	R 20.00
Chocolate Chip Cookies	R 12.50
Health Squares	R 12.00
<i>Gluten-free</i>	

The Nice Company All Natural Ice-Cream

Vanilla, Cheesecake, Raspberry & Rose, Butterscotch

R 29.50

COFFEES



SMALL



TALL



Espresso

R 13.50 + 2.50



• Single / double

Macchiato

R 15.50 + 3.00



• Smooth foam
• Espresso

Traditional cappuccino

R 20.00



• Smooth foam
• Steamed milk
• Double espresso

Cappuccino / Flat white

R 17.00 + 5.00 + 8.50



• Smooth foam
• Steamed milk
• Espresso

Americano

R 15.50 + 3.00 + 7.00



• Hot water
• Espresso

Latte

R 21.50 + 3.00



• Smooth foam
• Steamed milk
• Espresso

Flavoured latte

R 26.50 + 8.50



• Smooth foam
• Steamed milk
• Espresso
• Syrup flavour

Mochachino

R 19.50 + 7.00 + 15.50



• Smooth foam
• Steamed milk
• Chocolate sauce
• Espresso

Breve

R 22.00 + 5.50



• Steamed milk and cream
• Espresso

★ THE DICTATOR ★

R 21.50

MAKE THE DAY
OBEY YOU.



• Chocolate shavings
• Whipped cream
• Double espresso
• Condensed milk

ICED COFFEES



SMALL



TALL



Iced latte

R 20.50 + 6.00



• Ice blocks
• Milk
• Espresso

Blended ice latte

R 27.50 + 10.00



• Blended ice
• Milk
• Espresso
• Powder base

TOURISTS

Various flavours

R 20.50 + 8.00 + 14.00



• Whipped cream
• Smooth foam
• Steamed milk
• Espresso
• Syrup flavour

FROZEN TOURISTS

Various flavours

R 30.50 + 8.50



• Whipped cream
• Blended ice
• Milk
• Espresso
• Flavour base

CHOCOLATE

Hot chocolate

R 20.00 + 6.00 + 15.00



• Steamed milk
• Chocolate base
• Chocolate shavings

White hot chocolate

R 20.00 + 6.00 + 15.00



• Steamed milk
• White chocolate base

Ice d'Ivoire

R 33.00 + 10.00



• Blended ice
• Milk
• Chocolate base
• Dark chocolate

TEAS



SMALL



TALL



MOTHER
CUPPA

Red cappuccino

R 17.50

+ 6.00

+ 9.00



- Smooth foam
- Steamed milk
- Red espresso

Chai latte

R 25.50

+ 9.50



- Steamed milk
- Spicy chai

Frozen chai latte

R 32.00

+ 10.00



- Blended ice
- Milk
- Spicy chai

Teas

R 15.50



- Rooibos tea
- Five Roses tea
- Earl Grey tea
- Green tea

Specialty teas

R 20.00



- Assorted Flavours

REFUGEES

Wild berry smoothie

R 28.50

+ 7.00



- Frozen strawberry, frozen raspberry, wild berry juice, apple juice, frozen yoghurt, ice

Fresh citrus smoothie

R 27.50

+ 6.00



- Frozen pineapple, orange juice, lemon pulp, honey, frozen yoghurt, ice

Frozen apple, kiwi, mint

R 24.50

+ 6.50



- *Dairy Free
- Harrismith apple juice, kiwi puree, fresh mint, ice

Frozen lemonade

R 22.50

+ 5.50



- *Dairy Free
- Organic lemon cordial, fresh lemon slice, sour lemon concentrate, ice

Seasonal juices

R 22.50

