



MUGG & BEAN

GIVING YOU MORE AND MORE



Scan here to view
our menu online



FOOD WITH THOUGHT

We go the extra mile to bring you new seasonal dishes & deliciously innovative tastes, as well as all those familiar favourites that you know & love.

We've taken flavour inspiration from all over the world & added our own generous twist. We source over 90% of our ingredients from local farming communities & suppliers, to give you that truly South African taste.

That's why we always say that we don't just make food; we make food with thought. We've thought about your wellness & dietary needs, adding kilojoule counts so that you can make an informed decision. We've thought about sustainability, making a continuous effort to produce more recyclable packaging. We've also thought about how we can give back to our communities through our partner, Cupcakes of Hope.

You'll notice the difference in our coffee, sourced from the best coffee-growing regions in the world & locally roasted to perfection. It's also in the way we leave the skin on your fries & use free-range eggs in all our meals & freshly baked treats.

When it comes to those decadent treats, we've been freshly baking every cake, muffin, tart, & cookie from scratch in each of our restaurants, since day one. Some of our recipes have remained the same for years, because there's no point in meddling with perfection.

We know everything tastes better this way, & we'll continue doing it like this, just for you.



Use these icons to find a meal that suits your preferences & dietary requirements.

V Lacto-ovo vegetarian: includes dairy products &/or eggs **VN** Vegan: No use of, or containing any animal products

VD Discovery Vitality HealthyDining **LC** Lower in carbohydrates **NEW** New products

GET MORE WITH OUR GENEROSITY APP

We created the Mugg & Bean Generosity App so that you can get something extra every time you visit us. Use the app to scan the QR code on your bill & earn cashback rewards in the form of Beans, which you can spend on your next visit. Link your bank card to make quick, easy & safe payments & go cardless! Plus, show some generosity by sending a voucher to a loved one or donate straight from your phone. It's just one of the ways we give you more & more.



SCAN HERE TO DOWNLOAD OUR APP



THE ROASTERY

Our baristas pour their passion & professionalism into every cup of coffee they make. Whether you like a creamy & velvety cappuccino or a reliable & robust black coffee, we offer a variety of creations to satisfy your craving. We know that you have discerning tastes, so we've provided milk alternatives too.

Roast: Medium to Dark
Tasting Notes: Chocolate & Warm Spices

Soy milk no charge | Almond milk** +10 | Decaf +4 | Whipped cream +8

ESPRESSO
Single shot of espresso.
28 | 1 kJ

DOPPIO ESPRESSO
Double shot of espresso.
33 | 2 kJ

AMERICANO
Double shot of espresso with hot water.
34 | 142 kJ

FLAT WHITE
Single shot of espresso with texturised milk.
34 | 394 kJ

CAFFÈ CRÈME
Double shot of espresso with hot water, served with pouring cream.
38 | 736 kJ

CAFFÈ LATTE
Single shot of espresso with texturised milk.
39 | 705 kJ

CAFFÈ MOCHA
Hot chocolate & a shot of espresso with texturised milk.
42 | 1190 kJ

CAPPUCCINO
Double shot of espresso with texturised milk.
Easy: 36 | 479 kJ
Serious: 40 | 760 kJ

DIRTY CHAI CAPPUCCINO
Chai with a double shot of espresso & texturised milk.
44 | 944 kJ

Add Hazelnut Syrup**
+6 | 136 kJ

**Contains nuts

BOTTOMLESS FILTER COFFEE

Our coffee beans are locally roasted & ground. Served & charged per person. Unfortunately, sharing is not allowed. After you order your first cup, feel free to help yourself to a refill at our coffee towers.

HOUSE BLEND
Roast: Medium
Tasting Notes: Nuts & Spices
37 | 151 kJ

MOCCA JAVA
Roast: Medium to Dark
Tasting Notes: Fruit & Walnuts
37 | 151 kJ



Caffè Latte

Americano

Cappuccino

BREAKFAST & BRUNCH

Served all day

OMELETTES

Three-egg or egg white omelette. Served with buttered white, wholewheat or rye toast.

LC Substitute your toast for a slice of low-carb bread +22 | 714 kJ

CALIFORNIA

Filled with cheddar, mozzarella & fresh basil. Topped with avo[^], beef macon, feta & basil pesto** mayo. Served with roasted rosemary cherry tomatoes.

119 | 5660 kJ

RANCHEROS 116 | 6405 kJ

Filled with cheddar, mozzarella & shakshuka sauce. Topped with beef sausage, avo[^], baby potatoes, charred corn, cherry tomatoes & sriracha mayo. Served with sour cream.

CREATE YOUR OWN

47 | 2415 kJ

Three-egg or egg white omelette. Served with buttered white, wholewheat or rye toast.

Onion	+9	84 kJ
Tomato	+11	67 kJ
Herbed mushrooms	+24	270 kJ
Cheddar	+19	679 kJ
Mozzarella	+19	589 kJ
Beef macon	+23	400 kJ
Pastrami	+27	492 kJ

★ | We are committed to only using free-range eggs

[^]Subject to availability **Contains nuts

EGGS BENEDICT

Two poached eggs, hollandaise sauce & a toasted English muffin.

★ | For a healthier option, order without an English muffin

CLASSIC

Topped with pastrami. Served with grilled tomato & a hash brown.

89 | 4748 kJ

BIG BEN

Topped with baby spinach, grilled tomato, hash browns, cheddar, pastrami, beef macon & battered onion rings.

114 | 5593 kJ

SOUTH AFRICAN NEW

Topped with a boerewors patty & chakalaka.

99 | 3423 kJ

BAGELS

BREAKFAST

Buttered & toasted bagel*, beef macon, scrambled egg, rocket, tomato chutney & basil pesto** hollandaise sauce.

65 | 3279 kJ

BEEF MACON & BLUEBERRY NEW

Buttered & toasted bagel*, cream cheese, beef macon, blueberry & vanilla coulis, candied walnuts** & honey.

79 | 3610 kJ

*May contain nuts



NEW

South African
Benedict

Rancheros Omelette

NUTRITIOUS & DELICIOUS

AVO[^] ON TOAST ^U ^V

Cucumber, baby spinach, lemon zest & sesame seeds^o on lightly buttered wholewheat or rye toast.

59 | 1358 kJ / 1388 kJ

LOW-CARB BREAKFAST ^U ^V

Two poached eggs, grilled halloumi, avo[^], sautéed baby spinach & roasted rosemary cherry tomatoes.

89 | 2877 kJ

YOGHURT, FRUIT & NUT BOWL ^U ^V

Full-cream plain yoghurt, fresh seasonal fruit, honey & a sprinkle of walnuts^{**}.

76 | 1386 kJ

SOMETHING DIFFERENT

SWEETCORN FRITTER STACK 89 | 3618 kJ

Cheese & spring onion sweetcorn fritters, beef macon, roasted rosemary cherry tomatoes, avo[^] & ranch dressing. Served with buttered white, wholewheat or rye toast.

^oSubject to availability

^oContains sesame seeds

^{**}Contains nuts

CLASSICS

Fried, scrambled or poached eggs. Served with buttered white, wholewheat or rye toast.

^{LC} Substitute your toast for a slice of low-carb bread

+22 | 714 kJ

ON-THE-GO

Two eggs, beef macon & grilled tomato.

55 | 3261 kJ

CLASSIC

Two eggs, honey-glazed beef macon, grilled tomato & a hash brown. Served with rosemary-salted skin-on fries.

75 | 6516 kJ

SOUTH AFRICAN FARM

Two eggs, beef macon, a hash brown, grilled tomato & boerewors topped with tomato chutney.

119 | 8225 kJ

VEGAN FRY UP ^{VN}

Vegan sausages, sautéed baby spinach, herbed mushrooms, a hash brown & roasted rosemary cherry tomatoes. Served with shakshuka sauce & your choice of unbuttered toast.

89 | 4350 kJ

Sweetcorn Fritter Stack

NEW

Beef Macon & Blueberry Bagel

FRESH SALADS

MOROCCAN BUTTERNUT & CHICKPEA

Roasted butternut, spiced chickpeas, candied walnuts**, cherry tomatoes, feta & spring onions with mixed lettuce. Served with honey mustard dressing.

Light: **52** | 1466 kJ

Regular: **79** | 2520 kJ

MONTE CRISTO

Beef strips, beef macon, avo[^], blue cheese, cherry tomatoes & spring onion with mixed lettuce. Served with honey mustard dressing & bagel* melba toast.

Light: **94** | 2763 kJ

Regular: **139** | 4519 kJ

SATAY BEEF & NOODLE

Beef strips, egg noodles, red cabbage, carrots, spring onion, coriander, basil, mint, peanuts**, mango & satay dressing**.

Light: **78** | 2037 kJ

Regular: **136** | 4075 kJ

[^]Subject to availability

[^]Contains sesame seeds

**Contains nuts

*May contain nuts

MIX, MATCH & SHARE

ASIAN BBQ CAULIFLOWER BITES

Battered, deep-fried & tossed in Asian BBQ sauce*. Sprinkled with toasted sesame seeds[^] & spring onion.

39 | 1924 kJ

SESAME-CRUSTED[^] CHICKEN STRIPS

Buttermilk fried chicken strips with sweet chilli dipping sauce.

60 | 3134 kJ

CHIPOTLE CHICKEN LIVERS

Pan-fried in a cream, red onion, garlic & smoky chipotle sauce. Served with buttered & toasted ciabatta.

64 | 3441 kJ

SPICY BUFFALO CHICKEN WINGS

Deep-fried & coated in hot sauce. Served with blue cheese dipping sauce.

82 | 3463 kJ

SHARING PLATTER **199** | 10613 kJ

Deep-fried halloumi, sesame-crusted[^] chicken strips, spicy buffalo chicken wings, battered onion rings & Asian BBQ cauliflower bites*, served with sweet chilli & blue cheese dipping sauces.

Monte Cristo Salad



NEW

Sharing Platter

DELICIOUSLY FILLING

TOASTED SANDWICHES

Buttered & toasted white, wholewheat or rye bread. Served with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

CHEDDAR & TOMATO

59 | 5447 kJ

CHICKEN MAYO

69 | 5608 kJ

BEEF MACON & EGG

79 | 6017 kJ

PASTRAMI, CHEDDAR & TOMATO

79 | 5693 kJ

OPEN SANDWICHES

ALABAMA CHICKEN PANINO

Grilled chicken breasts, tomato & beef macon on butter & garlic brushed ciabatta. Topped with melted mozzarella, mustard cheddar sauce, honey mustard dressing & spicy guacamole[^]. Served with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

114 | 6159 kJ

SMOKED TROUT

Cucumber ribbons, cream cheese, chives, red onion, lemon zest & black pepper.

Served on lightly buttered wholewheat or rye toast.

92 | 2105 kJ / 2135 kJ

MEDITERRANEAN VEG

Grilled peppers, roasted rosemary cherry tomatoes, basil pesto^{**} mayo, kalamata olives, feta & shakshuka sauce. Served on lightly toasted wholewheat or rye bread.

45 | 4671 kJ / 4701 kJ

BAGELS

Buttered & toasted bagel*, served with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

ROASTED VEG & FETA

Hummus & basil pesto^{**} mayo.

79 | 4753 kJ

SMOKED TROUT

Herbed cream cheese with red onion & cucumber salad.

89 | 4586 kJ

PASTRAMI

Mustard mayo, rocket, gherkins, jus & battered onion rings.

85 | 5790 kJ

^{*}Subject to availability ^{**}Contains nuts ^{*}May contain nuts

Pastrami Bagel

Smoked Trout
Open Sandwich

Mediterranean Veg
Open Sandwich



GOURMET BURGERS

Our new premium 100% beef patties are carefully crafted from only the best prime cuts. They are cooked medium for more & more flavour, unless requested otherwise.

Served on a sesame brioche bun°, with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

BBQ CHEDDAR

BBQ basted chargrilled beef patty, layered with cheddar, gherkins, tomato, burger mayo, red onion & lettuce.

119 | 5989 kJ

AVO^, BEEF MACON & FETA

BBQ basted chargrilled beef patty, layered with gherkins, tomato, burger mayo, red onion & lettuce.

139 | 7297 kJ

BIG DADDY

BBQ basted chargrilled beef patty, layered with a fried egg, beef macon, pastrami, cheddar, gherkins, tomato, burger mayo, red onion & lettuce. Topped with battered onion rings.

154 | 9815 kJ

FALAFEL ▣

Deep-fried herbed chickpea bites, red onion & cucumber salad, rocket, spiced honey & herbed yoghurt.

69 | 4819 kJ

BUTTERMILK CHICKEN 99 | 5770 kJ
Sesame-cruste° fried chicken strips, rainbow slaw, grated Parmesan, tomato, honey citrus reduction, burger mayo & lettuce.

★ | Our potato & sweet potato fries are locally sourced & we leave the skin on to retain nutrients & reduce waste

^Subject to availability
°Contains sesame seeds



Big Daddy
Gourmet Burger

Buttermilk Chicken
Gourmet Burger

HEARTY & GENEROUS

Served with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

PIT BOSS BBQ GRILL 230 | 10336 kJ

BBQ basted 200g rump, chargrilled beef rashers, boerewors, BBQ buffalo chicken wings & grilled corn on the cob. With a creamy mustard cheddar dipping sauce.

RIB & WING COMBO

200g Chargrilled BBQ beef ribs & BBQ buffalo chicken wings.

179 | 9455 kJ

GRILLED RUMP STEAK

BBQ basted 250g rump, topped with herb butter. Served with battered onion rings & jus.

192 | 6665 kJ

SWEET & SPICY WINGS & BBQ RUMP

Deep-fried buffalo chicken wings tossed in sweet & spicy hot sauce, with a chargrilled BBQ-basted 250g rump.

219 | 7787 kJ

WELSH RAREBIT CRUMBED CHICKEN

Avo[^], beef macon, creamy mustard cheddar sauce & spring onion.

139 | 5915 kJ

[^]Subject to availability

[°]Contains sesame seeds

^{**}Contains nuts

^{*}May contain nuts

FRENCH ONION MEATBALLS ^{NEW}

Chicken meatballs, creamy French onion sauce, topped with buttered & toasted ciabatta, melted mozzarella & Parmesan.

79 | 3062 kJ

SESAME-CRUSTED[°] BEEF^{*} & VEG BOWL ^{NEW}

Egg-fried basmati rice, stir-fried veg, avo[^], spring onion & crispy ginger slices with honey-soy sauce.

129 | 6548 kJ

Substitute beef for sesame-crusted[°] chicken strips^{*} 109 | 4785 kJ

CREAMY SUNDRIED TOMATO, CHICKEN & GNOCCHI ^{NEW}

Grilled chicken breasts, pan-fried gnocchi, creamy sundried tomato & basil pesto^{**} sauce & sautéed broccoli.

119 | 5112 kJ

SOUP

FAMOUS ROASTED TOMATO & BASIL ^V

Topped with basil pesto^{**} & served with a toasted white, wholewheat or rye mozzarella sandwich.

72 | 5463 kJ

SEASONAL SOUP[^] ^{NEW}

Our soups are freshly made, so please ask our M&B team about today's availability.

^{NEW}

Seasonal Soup[^]

^{NEW}

French Onion Meatballs

^{NEW}

Sesame-Crusted Beef & Veg Bowl



FRESHLY BAKED

Our cakes, pies, tarts & muffins are freshly baked on site by our skilled Master Bakers with delicious locally sourced ingredients, so that you always get a taste of home. As everything is fresh, our selection may vary. If your favourite isn't available today, how about trying something new?

PIE OR TART SLICE**

Served with ice cream or whipped cream.

62 | 4521 kJ

CAKE SLICE**

62 | 5881 kJ

Add ice cream or whipped cream.

+13 | 263 kJ / 441 kJ

★ | Ask our M&B team about our **NEW** Cheesecake flavours

FAMOUS GIANT MUFFIN** 39 | 4266 kJ

Served with butter, strawberry jam & cheddar.

+10 | 926 kJ

Available in sweet or savoury options. Made from scratch with the same recipe for over two decades.

[^]Subject to availability ^{*}May contain nuts

Famous Giant Muffin

NEW

Cinnamon Pancake

NEW

OREO® Whispers
Cheesecake Slice



HOT & CHILLED DRINKS

HOT

CHOCOLATE SPECIALITIES

SALTED CARAMEL

White hot chocolate & salted caramel syrup with texturised milk.

37 | 1550 kJ

CARIBBEAN MOCHA

Coconut, coffee & chocolate flavours with texturised milk.

49 | 1257 kJ

CINNAMON PANCAKE NEW 46 | 1777 kJ

White hot chocolate with texturised milk,
maple flavoured syrup & mini pancakes.

STEAMING TEA

RED CAPPUCCINO®

With texturised milk.

Easy: 39 | 562 kJ

Serious: 45 | 844 kJ

BOTTOMLESS

| Served & charged per person.
Unfortunately, sharing is not allowed.

HOT CHOCOLATE

With texturised milk.

49 | 1466 kJ

DRAGON FRUIT & RASPBERRY FIZZ KIWI & WATERMELON FIZZ

48 | 300 kJ / 821 kJ

LEMONADE

48 | 783 kJ

PEACH ICED TEA

48 | 1747 kJ

CHILLED

MUGGACHINOS

Refreshingly blended iced drink.

CHINO | BAR-ONE®

45 | 1348 kJ / 1690 kJ

SMOOTHIES

MIXED BERRY

Berry coulis, blueberries, banana, honey, oats
& full-cream plain yoghurt.


48 | 1625 kJ

GREEN VN

Pineapple, spinach, celery, apple & passion fruit purée
blended with ice.

45 | 1168 kJ

COLD BEVERAGES

SOFT DRINKS 

27 | 636 kJ

NO SUGAR SOFT DRINKS 

26 | 5 kJ

DOUBLE THICK MILKSHAKES

CHOCOLATE | VANILLA | STRAWBERRY | BUBBLEGUM | LIME

Small (270ml)

37 | 1332 kJ

Medium (350ml)

45 | 1887 kJ

Tall (460ml)

50 | 2886 kJ

SUMMER SHAKES

BLUEBERRY & VANILLA | PINEAPPLE & COCONUT (350ml)

49 | 2362 kJ / 1938 kJ



Salted
Caramel

Lemon Meringue Slice



#MYMUGGTABLE

Love what you see on your table?
Snap a photo & post it using #MyMuggTable &
we could be featuring you on our social media pages!

www.muggandbean.co.za



We don't just make food. We make food with thought. Visit our website to find out how we make food that's good for the environment, for local communities & for you.



Scan here to
view nutrition &
allergen info



Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options, plus 50% back on Vitality kids' HealthyDining meals for under 12s. To get your rewards, activate HealthyDining on the Discovery app, purchase a Mugg & Bean HealthyDining meal (you can spot it with the 'V' indicator), and scan your receipt in the HealthyDining section of the Discovery app. Discovery Vitality (Pty) Ltd. Registration number: 1999/007736/07. Limits, terms and conditions apply.

T&Cs apply. Bottomless menu items available for sit-down customers only. Ingredients may vary subject to availability & seasonality. Menu descriptors do not contain full ingredients. If you require any allergen information prior to ordering, please ask a member of our team to assist. We use a lot of different ingredients & shared equipment in our kitchens, as well as some products that have been produced by suppliers. Due to this, we cannot guarantee that our food is completely free of allergens or traces of allergens. Portion weights are raw weights. Any change or addition to our original recipes will result in kilojoule count variations. Some items are calculated on the highest kilojoule variant. Only certain pies & tarts are served with cream or ice cream. All visuals are suggested servings only & for descriptive purposes only, size & appearance may vary. All extras will be charged for. Certain menu items are made from non-dairy cream. Not all items on this menu are available as takeaway.

For full nutritional information, please visit our website www.muggandbean.co.za. While stocks last.



Coca-Cola, Coke & The Red Disc Icon are trademarks of The Coca-Cola Company © 2022.



Mugg & Bean cares.
Please recycle.

Halaal Winter 2022. Prices quoted in rands & inclusive of VAT.