

LUNCH - À LA CARTE



12H00 - 14H00
Tuesday - Sunday

SOUP OF THE DAY.	R42.00	
always thick and healthy, served with home-baked bread		
CHILLI BITES, three with sweet chilli sauce.	R35.00	
MUFFIN PLATTER	R55.00	
six mini muffins with butter, jams, paté and cashew cream		
BEETROOT FALAFEL WITH FRENCH TOAST CROUTONS.	R65.00	
on salad greens from our garden with balsamic reduction and cashew cream		
PLATTER FOR 2 /3.	R130.00	
a surprise of crackers, patés, dumplings, nuts, slices, salads		R185.00
and home-made bread		
SPRING ROLL TRIO.	R55.00	
spinach, corn and cashew cheese, sweet potato and lentil, seitan and peppadew with 3 dipping sauces		
CARAMELISED APPLE, ALMOND AND TEMPEH TEMPURA.	R65.00	
on a bed of greens with lemon-herb dressing		
VEGETABLE STIR-FRY ON FLATBREAD.	R70.00	
<i>Asian-style</i> - with coconut cream and some spice on a spinach paratha <i>Italian-style</i> - with basil and olives on a on tomato flatbread		
QUINOA BURGER	R65.00	
with salad, choose between sweet chilli sauce, mayonnaise or tomato sauce		
PASTA WITH CINNAMON BUTTERNUT AND CHILLI	R70.00	
topped with a green salsa		
COTTAGE PIE	R85.00	
made the traditional way but with a selection of vegetables and grains, beetroot chips on the side		
EXTRAS		
two slices of home-baked bread with coconut butter	R12.00	
potato chips on the side	R20.00	
side salad	R15.00	

. . . . NOTHING TASTES AS GOOD AS VEGAN FEELS

Old Joe's Kaia - N4 Schoemanskloof Road - Mpumalanga +27 83 2293751 - www.oldjoes.co.za