



# MORNING PICK-ME-UPS

### **COLD PRESSED JUICE**

Choose from one of our super tasty and healthy cold pressed juices.

All Green: Apple, cucumber, spinach, kale and mint.

Vibrant Orange: Carrot, apple, orange, granadilla and ginger.

Super Red: Apple, beetroot, rasberry, orange, carrot and ginger.

39

#### **PRIMI ICED TEA**

A PRIMI exclusive with more tea & less sugar.

Lemon, Lime and Barbados Cherry.

Apple, Forest Berry and Mint.

# BREAKFAST BOWLS

## **BREAKFAST SUPER BOWL**

Peanut butter, banana and coconut milk blended with a mix of berries, granola and yoghurt, topped with mixed berries, sliced banana and gluten free granola.

88

# CRISPY BACON & AVO BOWL

Fresh avocado, tomatoes and spring onions, crispy bacon, sautéed spinach, grilled red peppers and zucchini.

Topped with a poached egg and a creamy yoghurt relish.

. 80

PREFER WITHOUT BACON? 65

#### SALMON PROTEIN BOWL

Power protein bowl of sautéed spinach, chopped salad, yoghurt relish, smoked salmon trout, fresh avocado, fresh herbs, basil oil and topped with a poached egg and our power seed mix.

105

# OUR THING

### "PORTUGUESE STYLE" LIVERS

Pan-fried chicken livers with bacon and onions served in a spicy sauce with a fried egg and sourdough ciabatta.

69

### RIGATONI FORZA 🚺

A PRIMI specialty breakfast pasta baked in our Pizza oven. Pasta Rigatoni tossed in a bacon, chorizo and slow cooked Napoletana sauce, salted ricotta and chilli.
Two cracked eggs & grated pecorino complete the flavor burst!

8

# TRADITIONAL

TOAST OPTIONS: RYE / SOURDOUGH CIABATTA
PREFER YOUR EGGS SCRAMBLED? +R5

#### SIMPLE EGGS

2 eggs how you like 'em. Served with toast.

28

#### **URBAN RUN**

2 eggs, streaky bacon, grilled tomato and hand-cut fries. Served with toast.

55

#### **PRIMI POWER**

A stack of streaky bacon, sausage patties, sautéed mushrooms, grilled PRIMI tomatoes and your choice of eggs. Served with a toasted sourdough ciabatta.

## TRADITIONAL EGGS BENEDICT

Served on stonebaked flatbread, with two poached eggs, house-made hollandaise and gypsy ham.

65

### **EGGS ROYALE BENEDICT**

Smoked salmon trout and sautéed spinach with grated pecorino, served on stonebaked flatbread, with two poached eggs and house-made hollandaise.

95

### **BREAKFAST EXTRAS**

Grilled / Fresh Tomato +8

Sautéed Spinach +18

Fresh Avocado / Avo Salsa / White Cheddar / Sautéed Mushrooms / Ham **+20** 

Streaky Bacon / Breakfast Sausage Patty (Pork) /
Beef Sausage Patty +25

Grilled Halloumi +30

Smoked Salmon Trout +49