ANTIPASTI - STARTERS

Many compare antipasto to hors d'oeuvres, but antipasto is served at the table & signifies the official beginning of the Italian meal experience...

BOCCONCINI FRITTI 52
Deep-fried baby mozzarella balls

HALLOUMI 58
Grilled halloumi served with a sweet chilli sauce

CALAMARI FRITTI 68
Crumbed & deep-fried Falklands calamari

BOMBETTA DI BUFALA 78
Buffalo mozzarella wrapped in Prosciutto di Parma, served on a bed of rocket & drizzled with olive oil & a balsamic reduction

CARPACCIO 72
Finest quality shaved beef with sliced celery, mushrooms, rocket & Parmesan shavings, dressed with a dijon vinaigrette & garnished with capers

CHICKEN LIVERS 55
Pan-fried in white wine & pomodoro sauce. Served with pizza bread

COZZE 70
Mussels in chilli, garlic, white wine & pomodoro sauce. Served with pizza bread.

ZUCCHINI FRITTI 58
Deep-fried julienne baby marrow served with fresh lemon

PARMIGIANA 68
Sliced aubergines, layered with mozzarella, tomato & basil & topped with parmesan

CHARGRILLED ASPARAGUS 50
Chargrilled asparagus spears, served with olive oil, balsamic vinegar & parmesan shavings

ANTIPASTO ROMANO PLATTER 130
Our selection of Parma ham, Italian salami, mortadella served with olives, buffalo mozzarella, pickles & pizza bread

SQUID HEADS 56
Deep-fried squid heads served with a home-made mayo sauce

TRE BRUSCHETTA 55

PIZZAS

We do one size: 30cm. 10% Surcharge on half pizzas. Any substitutions to menu items are subject to additional cost.

MARGHERITA 76
Tomato base, mozzarella & herbs

REGINA 88
Ham & mushrooms

SALAME 88
Mozzarella & salame

SICILIANA 98
Italian anchovies & olives

MAFIOSA 98
Italian anchovy fillets, diced red peppers, black olives, mozzarella, oregano & chilli

VERDURE 98
Roasted artichokes, asparagus, olives, white mushrooms, onions, green peppers & sun-dried tomatoes

TROPICALE 88
Ham & pineapple

BACON & SHRIMP 115
Bacon, shrimps & avocado

PORCINI 98
Wild porcini mushrooms with garlic, parsley & olive oil

FORESTA 115
Salami, mushrooms, garlic, green pepper & feta

MARA'S SPECIAL 90
Marinated brinjals, red peppers, mushrooms, chilli & fresh garlic

LA BELLA DONNA 105
Bacon, avocado & banana

MARIANO'S VEGETARIAN 105
Artichokes, mushrooms, olives & garlic

PUTTANA 110
Bacon, feta & avocado

QUATTRO STAGIONI 115
Ham, artichokes, olives & mushrooms

PRIMI PIATTI - PASTA

POMODORO 75
Our original homestyle pasta sauce with plum tomatoes & basil

ARRABBIATA 75
A classic - Italian peeled tomatoes, slow-cooked with chilli & garlic

AL PESTO PENNE 82
Penne tossed in a delicious homestyle basil pesto sauce

RAVIOLI DI SPINACI 90
Homestyle spinach & ricotta ravioli in a creamy pomodoro sauce

CANNELLONI 90
Ricotta & spinach

POLLO AL VOLO 98
Strips of tender chicken breast with white wine & tossed in linguine with Italian blue cheese in a pomodoro & cream sauce

PENNE FUME 105
Strips of bacon flambéed in vodka with a touch of chilli & garlic & tossed in penne with pomodoro & cream sauce

PENNE AL FILETTO 125
Strips of prime beef fillet with porcini mushrooms, cream & pomodoro sauce

BOLOGNAISE 95
Traditional rich mince sauce, bolognaise-style

PENNE SALSICCIA 98
Italian pork sausage cooked with plum tomatoes, chilli, red wine & Italian herbs

LASAGNE (home-made) 110
Beef or chicken lasagne

TAGLIOLINI AL SALMONE 115
Smoked salmon, cream, caviar & dill tossed in linguine

LINGUINE AL GAMBERI 135
Prawns, sautéed in olive oil, chilli & garlic, tossed in linguine with fresh rocket

PASTA MARA AL CARTOCCIO 160
Mussels, calamari, clams & prawns sautéed in garlic & olive oil & tossed in linguine

TRE BRUSCHETTA 55
Bruschetta topped with Parma ham, mozzarella, grilled Mediterranean vegetables, home-made basil pesto, fresh chopped tomatoes, parmesan shavings & a balsamic reduction

PIZZA FRESCA 75
Fresh Fior di Latte mozzarella, tomatoes, home-made basil pesto & rocket on a light pizza base

FOCACCIA - PIZZA BREADS

GARLIC 48

MOZZARELLA & PARMESAN 76

ZUPPA - SOUPS

MINESTRONE Delicious homestyle vegetable soup 65

COZZE Half-shell mussels, served in a pomodoro broth with a hint of chilli & garlic 78

INSALATE - SALADS

All salads are served with salad sprouts

INSALATA VERDE 65
Mixed greens with avocado, rosa tomatoes, onion, cucumber, green pepper, white mushrooms, olives & parmesan shavings. Dressed in our Italian vinaigrette

INSALATA ITALIANA 72
Oven-dried tomatoes, Fior di Latte mozzarella, capers, olives & fresh basil leaves, lightly tossed with a splash of extra virgin olive oil

HEALTH SALAD 78
Baby spinach, cos lettuce, rocket, artichokes, mixed sprouts, spring onion, pear, pecan nuts & ricotta cheese in a honey balsamic reduction

CAPRESE DI BUFALA 80
Imported buffalo mozzarella, fresh basil, sliced tomato & capers, drizzled with the finest quality extra virgin olive oil & balsamic vinegar

INSALATA GORGONZOLA 72
Mixed greens, cherry tomatoes, cucumber, olives, blue cheese & bacon

INSALATA DI GRECA 69

PARMA 130
Prosciutto crudo & rocket, topped with shavings of imported parmesan

MEXICANA 115
Our famous bolognaise, chilli, red onion & green pepper

FILETTO 120
Strips of spicy fillet steak, mushrooms & chilli

ROMANA 115
Salame, avocado & seasoned chicken strips

QUATTRO FORMAGGI 110
Mozzarella, gorgonzola, provolone & parmesan topped with fresh rocket

PIZZA PORTOGHESE 110
Chourico, feta & olives

JUVENTINO 120
Seasoned chicken breast strips, bacon, feta & avocado

CAPRICCIOSA 110
Salami, olives, asparagus & mushrooms

PIZZA PEPPADEW™ 110
Chourico, Peppadews™, spring onions & feta

GUSTOSA 110
Mozzarella, tomato, bacon, pineapple & avocado

POLLO DI VERDURE 105
Tandoori-spiced chicken breast strips, mushrooms & avocado

TOSCANA 110
Salami, chourico, cherry tomatoes & chilli

LA COLLINA 120
Bacon, gorgonzola, chilli & avocado

PRAWN PARADISO 145
Prawns, chourico, green pepper, chilli & garlic

SALSICCIA ITALIANA 115
Italian sausage, mushroom & chourico

FRUTTI DI MARE 145
Mussels, prawns, calamari, garlic & parsley

CARNIVORE 130
Bacon, prosciutto, chourico & salami

PEPPERONI 95
Original pepperoni & mozzarella

chilli, red wine & Italian herbs

LASAGNE (home-made) 110
Beef or chicken lasagne

TAGLIOLINI AL SALMONE 115
Smoked salmon, cream, caviar & dill tossed in linguine

LINGUINE AL GAMBERI 135
Prawns, sautéed in olive oil, chilli & garlic, tossed in linguine with fresh rocket

PASTA MARA AL CARTOCCIO 160
Mussels, calamari, clams & prawns sautéed in garlic & olive oil & tossed in linguine

LINGUINE AL CALAMARI & CHORIZO 115
Calamari & chorizo tossed in a piquant Napolitana sauce with fresh basil & a splash of cream

FETTUCCINI ALFREDO 95
Ham & mushroom in a creamy white sauce

GNOCCHI BOLOGNAISE 105
Home-made potato dumplings, tossed in our delicious Bolognaise sauce

CAJUN CHICKEN 98
Cajun chicken strips, mushrooms & cream

PRAWN CURRY PASTA 135
Thai curry & prawns

RISOTTO CON FUNGHI PORCINI 110
Arborio rice, porcini mushrooms, Italian tomato, white wine, cream & parmesan shavings

RISOTTO CON GAMBERI 135
Arborio rice, prawns, Italian tomato, cream & white wine

SPAGHETTI VONGOLE 120
Baby clams sautéed in chilli & garlic, reduced in white wine & tossed in spaghetti

CARBONARA 110
Bacon, cream & Parmesan

SPAGHETTI AGLIO OLIO PEPERONCINO 90
Spaghetti tossed in olive oil, sautéed anchovies, garlic & chilli

GNOCCHI QUATTRO FORMAGGIO 105
homestyle Italian potato dumplings, tossed in our delicious four cheese sauce (mozzarella, gorgonzola, provolone & parmesan)

MINESTRONE Delicious homestyle vegetable soup 65

COZZE Half-shell mussels, served in a pomodoro broth with a hint of chilli & garlic 78

INSALATE - SALADS

All salads are served with salad sprouts

INSALATA VERDE 65
Mixed greens with avocado, rosa tomatoes, onion, cucumber, green pepper, white mushrooms, olives & parmesan shavings. Dressed in our Italian vinaigrette

INSALATA ITALIANA 72
Oven-dried tomatoes, Fior di Latte mozzarella, capers, olives & fresh basil leaves, lightly tossed with a splash of extra virgin olive oil

HEALTH SALAD 78
Baby spinach, cos lettuce, rocket, artichokes, mixed sprouts, spring onion, pear, pecan nuts & ricotta cheese in a honey balsamic reduction

CAPRESE DI BUFALA 80
Imported buffalo mozzarella, fresh basil, sliced tomato & capers, drizzled with the finest quality extra virgin olive oil & balsamic vinegar

INSALATA GORGONZOLA 72
Mixed greens, cherry tomatoes, cucumber, olives, blue cheese & bacon

INSALATA DI GRECA 69
Garden greens, tomatoes, cucumber & red onions topped with Danish feta & Kalamata olives & dressed in a creamy Greek dressing

CASA NOSTRA 75
Mixed lettuce, avo, black olives & your choice of grilled halloumi or fresh Italian mozzarella

INSALATA DI MARE 88
Mixed micro herbs topped with grilled prawns & calamari & served with a garlic, olive oil, lemon juice & parsley dressing

INSALATA SICILIANA 80
Spicy fillet strips, mushrooms, gorgonzola, micro herbs & greens in a blue cheese dressing

L'INSALATA DI AVOCADO 78
Avocado, wild rocket, Italian blue cheese, caramelised pear & pecan nuts with an olive oil dressing

Chourico, feta & olives

JUVENTINO 120
Seasoned chicken breast strips, bacon, feta & avocado

CAPRICCIOSA 110
Salami, olives, asparagus & mushrooms

PIZZA PEPPADEW™ 110
Chourico, Peppadews™, spring onions & feta

GUSTOSA 110
Mozzarella, tomato, bacon, pineapple & avocado

POLLO DI VERDURE 105
Tandoori-spiced chicken breast strips, mushrooms & avocado

TOSCANA 110
Salami, chourico, cherry tomatoes & chilli

LA COLLINA 120
Bacon, gorgonzola, chilli & avocado

PRAWN PARADISO 145
Prawns, chourico, green pepper, chilli & garlic

SALSICCIA ITALIANA 115
Italian sausage, mushroom & chourico

FRUTTI DI MARE 145
Mussels, prawns, calamari, garlic & parsley

CARNIVORE 130
Bacon, prosciutto, chourico & salami

PEPPERONI 95
Original pepperoni & mozzarella

CALZONE (folded pizza)
Ham, mushroom, salame & mozzarella 115
Parmesan, mozzarella & bacon 110

BBQ CHICKEN 105
Tangy chicken, mushrooms & onions

BAMBINOS (Up to the age of 12)

SPAGHETTI POMODORO 48
SPAGHETTI BOLOGNAISE 55
GNOCCHI POMODORO 55
MARGHERITA PIZZA 46
TROPICALE PIZZA - Ham & pineapple 55
REGINA PIZZA - Ham & mushrooms 55
FISH FINGERS & CHIPS 55

chilli, red wine & Italian herbs

LASAGNE (home-made) 110
Beef or chicken lasagne

TAGLIOLINI AL SALMONE 115
Smoked salmon, cream, caviar & dill tossed in linguine

LINGUINE AL GAMBERI 135
Prawns, sautéed in olive oil, chilli & garlic, tossed in linguine with fresh rocket

PASTA MARA AL CARTOCCIO 160
Mussels, calamari, clams & prawns sautéed in garlic & olive oil & tossed in linguine

LINGUINE AL CALAMARI & CHORIZO 115
Calamari & chorizo tossed in a piquant Napolitana sauce with fresh basil & a splash of cream

FETTUCCINI ALFREDO 95
Ham & mushroom in a creamy white sauce

GNOCCHI BOLOGNAISE 105
Home-made potato dumplings, tossed in our delicious Bolognaise sauce

CAJUN CHICKEN 98
Cajun chicken strips, mushrooms & cream

PRAWN CURRY PASTA 135
Thai curry & prawns

RISOTTO CON FUNGHI PORCINI 110
Arborio rice, porcini mushrooms, Italian tomato, white wine, cream & parmesan shavings

RISOTTO CON GAMBERI 135
Arborio rice, prawns, Italian tomato, cream & white wine

SPAGHETTI VONGOLE 120
Baby clams sautéed in chilli & garlic, reduced in white wine & tossed in spaghetti

CARBONARA 110
Bacon, cream & Parmesan

SPAGHETTI AGLIO OLIO PEPERONCINO 90
Spaghetti tossed in olive oil, sautéed anchovies, garlic & chilli

GNOCCHI QUATTRO FORMAGGIO 105
homestyle Italian potato dumplings, tossed in our delicious four cheese sauce (mozzarella, gorgonzola, provolone & parmesan)

SECONDI PIATTI - MAINS

CALAMARI FRITTI (deep-fried) OR GRIGLIATI (grilled) 130
Served with rice

KINGKLIP PESCATO 150
Grilled with tomato, capers & olive salsa served with rocket & parmesan shavings

NORWEGIAN SALMON 180
Seared & served with sautéed spinach, red onion & cherry tomatoes

BABY CHICKEN 130
Grilled with olive oil, peri peri or lemon & herb. Served with crispy home-made chips

FETTINE DI POLO 125
Grilled chicken breasts topped with Masala sauce & served with spaghetti

BISTECCA ALLA FIORENTINA (450g) 160
Chargrilled T-bone steak & homestyle chips

FETTINE DI VITELLO 130
Grilled or crumbed veal served with a choice of homestyle chips, a side salad or baby spinach

LAMB CHOPS 150
Three grilled loin chops served with spaghetti aglio olio

FILETTO TAGLIATA 160
250g Sliced fillet of beef, seasoned with coarse salt, cracked black pepper, olive oil & rosemary. Served with crispy homestyle chips

FILETTO 170
Prime fillet of beef served with a choice of cheese, pepper or mushroom sauce

GORGONZOLA 180
250g Prime fillet of beef with crispy bacon & blue cheese sauce

RIB-EYE 160
Matured 300g prime cut marinated in olive oil, coarse salt & rosemary

RUMP TAGLIATA 130
Matured 250g rump sliced & seasoned with coarse salt & served with crispy homestyle chips

VEAL LIMONE 130
Grilled veal served in our Italian limone sauce with

VINO - WINE

METHODE CAP CLASSIQUE	750ml
JC Le Roux Brut	175
Pongraçz	270
Pongraçz Rosé	320
ITALIAN SPARKLING WINES	
Lambrusco	210
Prosecco Spumante	220
CHAMPAGNE	
Moët et Chandon Imperial Brut NV	895
Veuve Clicquot Yellow Label	995
Moët et Chandon Imperial Brut Rosé NV	995

BIANCO - WHITE

SAUVIGNON BLANC	
Brampton (Glass - 50)	150
Franschhoek Cellars (Glass - 45)	135
Leopard's Leap (Glass - 40)	120
Durbanville Hills (Glass - 50)	150
Van Loveren	145
Fleur de Cap	155
CHARDONNAY	
Graham Beck Waterside (Glass - 46)	140
Bellingham (Glass - 52)	155
Fat Bastard (Glass - 60)	190
WHITE BLENDS	
Van Loveren Chenin No 5	130
Boschendal Boschen Blanc (Glass - 46)	140
Ken Forrester Petit	135
Buitenwerwachting Buiten Blanc	145
Haute Cabriére Chardonnay Pinot Noir (Glass - 72)	220
Van Loveren Chardonnay Pinot Noir	155
SEMI-SWEET	
Leopard's Leap Chenin/Semi-sweet (Glass - 40)	120
Legacy (Glass - 38)	110
BLUSH WINES	
Kanonkop Pinotage Rosé (Glass - 50)	150
Boschendal Blanc de Noir (Glass - 45)	135

ROSSO - RED

CABERNET SAUVIGNON

CHICKEN SCHNITZEL 120
Pan-fried crumbed chicken breasts, served with homestylechips & cheese sauce

CONTORNI - SIDE DISHES

ZUCCHINI FRITTI (deep-fried julienne baby marrows) 30
MIXED SEASONAL VEGETABLES 30
BABY SPINACH 28
SIDE SALAD 28
SAUTÉED MUSHROOMS 30
MASHED POTATO WITH PARMESAN 30

DOLCI - DESSERTS

CHOCOLATE FONDANT 60
Decadent soufflé with soft Lindt chocolate outside & a molten Lindt chocolate centre, served with homestyle vanilla ice cream

TIRAMISU 55
An Italian classic. Layered savoiardi biscuits soaked in espresso & Kahlua with mascarpone & cream

CHOCOLATE PIZZA 50
Mini pizza covered in a heavenly layer of Nutella
Add fresh banana 5
Add fresh strawberries 10

CILIEGE - CHERRY FLAMBÉ 58
Cherries flambéed in brandy & served with vanilla ice cream

CHOCOLATE BROWNIE 58
Decadent home-made chocolate brownies served with cream or ice cream

CHOCOLATE MOUSSE 50
Decadent whipped cream chocolate mousse with Nutella

PANNA COTTA 50
Berry-flavoured traditional Italian dessert made with fresh cream & eggs

CAKE OF THE DAY 55
Ask your waiter for available options

ITALIAN KISSES 45
Four Italian kisses

BAR-ONE CHEESECAKE 55
Need we say more?

CABERNET SAUVIGNON
Brampton (Glass - 60) 180
Simonsig Labyrinth 185
Zonnebloem 190

MERLOT
Mocha Java (Glass - 50) 150
Franschhoek Cellars 145
Leopard's Leap 130
Guardian Peak 185
Durbanville Hills (Glass - 55) 160
Villiera (Glass - 60) 180
Meerlust 560

SHIRAZ
Brampton (Glass - 60) 180
Fat Bastard 195
Boschendal 1685 210

PINOTAGE
Beyerskloof (Glass - 58) 175
Van Loveren Java 160

PINOT NOIR
Haute Cabrière (Unwooded) 230

RED BLENDS
Van Loveren Blackberry Cab/Shiraz (Glass - 52) 155
Kanonkop Kadette 230
Allesverloren 160
Rupert & Rothschild Classique 320
Alto Rouge 195

SANGRIA
1 Litre 98
500ml 56

COCKTAILS

STRAWBERRY DAIQUIRI
A frozen blend of light Bacardi® Rum with a hint of lemon & fresh strawberry juice 55

PIÑA COLADA
A frozen blend of light Bacardi® Rum with a hint of lemon & fresh strawberry juice 55

MARGHARITA
Shaken or stirred 50

MOJITO
Bacadi® Rum with fresh limes & mint, shaken over crushed ice & soda 55

DOLCI - DESSERTS

CHOCOLATE FONDANT 60
Decadent soufflé with soft Lindt chocolate outside & a molten Lindt chocolate centre, served with homestyle vanilla ice cream

TIRAMISU 55
An Italian classic. Layered savoiardi biscuits soaked in espresso & Kahlua with mascarpone & cream

CHOCOLATE PIZZA 50
Mini pizza covered in a heavenly layer of Nutella
Add fresh banana 5
Add fresh strawberries 10

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Cherries flambéed in brandy & served with vanilla ice cream

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Decadent whipped cream chocolate mousse with Nutella

PANNA COTTA 50
Berry-flavoured traditional Italian dessert made with fresh cream & eggs

CAKE OF THE DAY 55
Ask your waiter for available options

ITALIAN KISSES 45
Four Italian kisses

BAR-ONE CHEESECAKE 55
Need we say more?

GELATI ITALIANI
Pistachio / Chocolate / Vanilla
2 Scoops R40/ 3 Scoops R55

SORBETTI ITALIANI
Limone / Fragola (Strawberry) / Mango
2 Scoops R40 / 3 Scoops R55

ICE CREAM & BAR-ONE CHOCOLATE SAUCE 45

GELATO AFFOGATO 45
Premium quality vanilla ice cream topped with espresso, Kahlúa & ground coffee

Brampton (Glass - 60) 180
Simonsig Labyrinth 185
Zonnebloem 190

MERLOT
Mocha Java (Glass - 50) 150
Franschhoek Cellars 145
Leopard's Leap 130
Guardian Peak 185
Durbanville Hills (Glass - 55) 160
Villiera (Glass - 60) 180
Meerlust 560

SHIRAZ
Brampton (Glass - 60) 180
Fat Bastard 195
Boschendal 1685 210

PINOTAGE
Beyerskloof (Glass - 58) 175
Van Loveren Java 160

PINOT NOIR
Haute Cabriére (Unwooded) 230

RED BLENDS
Van Loveren Blackberry Cab/Shiraz (Glass - 52) 155
Kanonkop Kadette 230
Allesverloren 160
Rupert & Rothschild Classique 320
Alto Rouge 195

SANGRIA
1 Litre 98
500ml 56

COCKTAILS

STRAWBERRY DAIQUIRI
A frozen blend of light Bacardi® Rum with a hint of lemon & fresh strawberry juice 55

PIÑA COLADA
A frozen blend of light Bacardi® Rum with a hint of lemon & fresh strawberry juice 55

MARGHARITA
Shaken or stirred 50

MOJITO
Bacadi® Rum with fresh limes & mint, shaken over crushed ice & soda 55