

Recommended by Mama



Entradas // Starters

- Prawn Cakes** *...that burn a little* R 12
- Parreirinha Platter** R 105

Peixe // Fish

- Bacalhau na Braza** R 195

Marisco // Shellfish

- Prawn Curry** *With no hurry* R 129
- Our Famous Prawns** SQ
- Lobsters** *to cry for!* SQ

Carne // Meat

- Steak a Parreirinha** *If you like a little mustard* R 129
- Espetada com Pimentos** R 129

Sobremesa // Dessert

- Parreirinha's Barril de Natas** R 45
- Parreirinha Don Pedro** R 39

Prices subject to change



Entradas // Starters

- Parreirinha Platter** R 105
Consists of livers, giblets, chourico, squid & chips
- Clams a Parreirinha** R 55
- Squid a Parreirinha** R 69
- Rissoles de Camarao (Prawn cakes)** *Vip! OUR famous Prawn cakes* R 12
- Chourico (Portuguese sausage)** R 59
- Caracóis (Snails) (6)** R 55
In creamy garlic or garlic butter
- 1/2 shell Mussels** SQ
Served in creamy garlic or Parreirinha sauce
- Giblets (small or large)** *tomato, onion & green pepper sauce with a hint of garlic* small R 45 large R 75
- Livers (small or large)** small R 45 large R 75
- Hot Asparagus in Butter Sauce** R 39
- Avocado Ritz** SQ
- Shrimp Cocktail** SQ
- Cold Asparagus with Mayonnaise** R 39
- Oysters** *...Pire up the Love baby!* SQ

Saladas // Salads

- Portuguese** small R 49 large R 75
Dressed with olive oil & white vinegar
- French** R 49 R 75
Garnished with croutons & served with French dressing
- Greek** R 59 R 85
Garnished with feta cheese & served with Greek dressing

Sopas // Soups

- Soup a Parreirinha** R 59
A seafood speciality of the house *traditional Portuguese cabbage soup, tastes better than it sounds*
- Caldo Verde** R 49
Finely chopped cabbage in a potato base served with a slice of chourico
- Soup of the Day** R 49
- Lobster Soup** R 59

Omeletes // Omelettes (Served with chips & a side salad)

- Omelette a Parreirinha** with our famous prawns R 85
- Chourico** R 75
- Ham** R 75
- Cheese** *an omelette the Portuguese way!* R 69

SQ - Subject to availability & quantity

Prices subject to change



Carne // Meat (Served with rice & chips *selected dishes only chips)

Steak a Parreirinha R 129
Rump steak dressed with ham & asparagus

We use a mustard based sauce on this speciality

Traditionally Portuguese

Portuguese Steak R 129
Sirloin topped with a fried egg

Espetada com pimentos (Sosatie) R 129
Cubed Rump steak served on a skewer with green peppers & onions

Espetada R 129
Cubed Rump steak served on a skewer

Espetada *For the not so tough!* R 159
Fillet steak served on a skewer

Prego Trinchado Cassarola* R 89
Thin cubed topside with fresh garlic sauce

Served in a casserole with chips only!

Steak Trinchado Cassarola * R 129
Cubed Rump steak with a fresh garlic sauce

Kiddies Option: Prego & chips R 49

Kiddies Option: Small Trinchado & chips R 59

Steak a Cassarola R 129
Sirloin in tomato & onion-based sauce, topped with a fried egg & finished off with round chips

Grilled Pork Slices R 115
Pork fillet topped with a fried egg

Chicken Peri-Peri R 100
Baby chicken marinated a Parreirinha

Kiddies Option: Half Chicken & chips R 55

Pepper Steak R 129
Sirloin topped with a creamed black peppercorn sauce

Madagascar Steak R 159
Fillet steak with a creamed green peppercorn sauce

Mushroom Steak R 159
Fillet steak with a creamed mushroom sauce

Garlic Steak R 129
Sirloin dressed with a fresh garlic sauce

T-bone Steak (500g) R 129

Prices subject to change



Peixe // Fish

Squid a Parreirinha R 95
Grilled Falkland calamari served with boiled potatoes & vegetables

Bacalhau na Braza (Codfish on the Braai) R 195
Served with garlic, greenpeppers, onion & boiled potatoes

Bacalhau a Braz R 195
Codfish strips, finely chopped onion & thinly fried chips in an egg mix

Traditionally Portuguese

Portuguese Sardines ... on the braai R 89
Served with greenpeppers, onion & boiled potatoes

Kingklip Grilled or Piteu R 119
Filletted Kingklip served with boiled potatoes & vegetables

Kiddies option: Half Kingklip & rice R 75

Grilled Sole SQ
Served with boiled potatoes, vegetables & drizzled with butter sauce

Line Fish (when available) SQ
Grilled & served with boiled potatoes, vegetables & butter sauce

Marisco // Shellfish

OUR Favourites

Seafood Platter R 425
Please ask your waiter what it consists of

Seafood Kebab R 259
Please ask your waiter what it consists of

Prawn Curry (Served with rice only!) R 129

Lobsters or Crayfish (Grilled or Thermador) SQ
Please ask your waiter to show you the sizes available

S Prawns		Queen	
1 x 6	SQ	1 x 6	SQ
1 x 12	SQ	1 x 8	SQ
		1 x 12	SQ

King Prawns			
1 x 4	SQ	Tiger Medium	SQ
1 x 6	SQ	Tiger Medium special	SQ
1 x 8	SQ	Tiger Giants	SQ

Langoustines SQ

Prices subject to change



Sobremesa // Dessert

- Parreirinha's Barril de Natas** R 45
Barrel shaped traditional Portuguese custard filled pastry
- Chocolate Mousse** R 45
Crepe Caramel R 45
Crepes Suzette (for 2) R 90
Fruit Salad R 43
Ice-Cream (plain) R 43
Ice-Cream (with Bar One chocolate sauce) R 45
Fruit Salad & ice-cream R 45

Mama's
home-made
favourites

- Parreirinha's BIG kiss** R 45
Vanilla ice-cream coated in Caramel Crunch & topped with milk chocolate droplets

- Portuguese kisses** R 45
Ice-cream coated in milk chocolate

- Canolino** R 45
Mini-wafer roll, filled with vanilla ice-cream & capped with milk chocolate

- Cassata Tradicional** R 45
Superior vanilla, chocolate & strawberry ice-cream with candied fruits

- Sorvete de Frutas** R 45
Mixed berries & lemon sorbet separated by a layer of blackcurrant fruit pulp

Café // Coffee

- Garoto (Espresso with milk)** R 21
Espresso R 18
Double Espresso R 21
Filter coffee R 18
Decaffeinated coffee R 21
Cappuccino R 23
Cappuccino with cream R 25
Chocochino R 23
Chocochino with cream R 25
Galao (long john) Coffee with milk in a tall glass R 23
Iced Coffee R 29
Milkshake R 27
(Bubblegum, Banana, Lime, Strawberry or Bar-One sauce)

The non
alcoholic here - look over
the page for the "spiked"
ones!

Great
digestive for
those who OVER
ate!

Chá // Tea

- 5 Roses** R 18 **Rooibos** R 18 **Mint Green** R 23

Prices subject to change

Café com cheirinho // Liqueur Coffee

- Portuguese Coffee** R 39
Coffee spiked with 1920 Brandy
- Kahlua Coffee** R 39
Tia Maria Coffee R 39
Jamaican Coffee R 39
Coffee spiked with Jamaican Rum
- Hot Velvetino** R 39
Coffee spiked with Cape Velvet & topped with fresh cream
- Irish Coffee** R 37

Don Pedro's ... all made with vanilla ice-cream

- Parreirinha Don Pedro** R 39
Spiked with Peppermint Liqueur
- Portuguese Don Pedro** R 39
Spiked with 1920
- Kahlua Don Pedro** R 39
Tia Maria Don Pedro R 39
Sambuca Don Pedro R 39
Don Pedro R 37

House
speciality

A shooter or 2

- B53** R 21
Kahlua, Amarula, Zappa Black Sambucca
- Pancake** R 21
Aftershock, Amarula, fresh cream
- Shit in the Woods** R 21
Peppermint liqueur, Nachtmusik
- 4x4** R 21
Peppermint liqueur, Kahlua, Cape Velvet, Stroh Rum
- Banana Blowjob** R 21
Banana, Amarula, fresh cream
- Top Deck** R 21
Nachtmusik, Amarula
- Liquid Cocaine** R 21
Vodka, Blue Curacao, lime cordial
- B52** R 21
Kahlua, Amarula, White Sambuca
- Blowjob** R 21
Kahlua, Amarula, fresh cream
- Suitcase** R 29
Jack Daniels, Passion fruit cordial

Prices subject to change



Charutos // Cigars

Smoking it up in style with our selection...

Netherlands

Cigarillo

Ritmeester Moods

Specially chosen, high qualitative tobaccos.
(Results in the fine taste and distinctive aroma)

Please view our selection in the humidor

United States of America

Black Stone Cherry Tipped

Made from cherry flavoured pipe tobacco

Backwoods

Dark tobacco, naturally sweet with a mild taste

Cuba

Purito

All the wonderful tastes of Cuba in a miniature format

Romeo y Julieta No.3

Rich, full bodied, typical Havana flavours - the ideal introduction to Cuban cigars

Partagas Mille Fleur

A medium to full bodied cigar. Solid earthy flavours combined with the natural spiciness to create smooth, rich and flavourful cigar.

Montecristo No.4

The best selling Cuban cigar in the world and justly so!
Smooth, creamy and very consistent

Hoyo Petit Robusto

A Robusto to satisfy the demand of a generation of cigar aficionados seeking a full-bodied short smoke. The aromas are round and aromatic.

Cohiba Siglo II

It has a chocolatey and peppery smell. Strength is medium and its flavours are constant. Strong wood and earthy tones with a hint of honey.



We also have a wide selection of cigarettes!

Prices subject to change



MERCADO

Take a little of our Market home with you!

Homemade Peri-Peri (250ml)

Homemade Peri-Peri (750ml)

1 x 12 Prawn cakes

Ready to eat on the way home

1 x 6 Frozen Prawn cakes

Defrost and deep fry in cooking oil for +- 3 mins or until golden brown

Olive Oil

Coffee beans

Poppies ... the lollipops that take you back!

Olives; Green & black

Prawns; frozen fresh from the sea

Prawns; cleaned and ready to cook

Chickens; raw and undressed

Chickens; dressed with our secret marinade

Check out our AMAZING display of products before you head home!

Prices subject to change