

BREAKFAST SOUD & STARTERS Served between 7am - 11am **Soup of the Day** 45 Chef's choice. A selection of: Continental Breakfast: Yoghurt, cereals, deluxe muesli, seasonal fruits, cold meats, cheeses, pastries & breads. Served with homemade tartar sauce. Hot Dishes: Bacon, beef sausage, pork sausage, Pair with: Poetry Sauvignon Blanc three beans, grilled tomato, sautéed button mushrooms, potato rosti & eggs cooked your way. **Sticky Buffalo-Style** Classic Sunrise 98 2 Eggs, bacon, sausage, grilled tomato, sautéed mushrooms, bean salad & potato cake. Served with Blue Cheese Sauce. **Pair with: Poetry Merlot Grilled / Deep-Fried Calamari** 62 Two poached eggs on a toasted English muffin with bacon and hollandaise sauce. Served with homemade tartar sauce. **Pair with: Poetry Chardonnay** Filled with bacon, mushrooms, caramelised onion, roast cherry tomatoes, baby potatoes, fresh herbs & cheddar cheese. Served with marinated mixed mushroom and parmesan cheese Creamy Cinnamon Infused Oats...... 48 Served with honey and berry compote. Wild Mushroom & Risotto Balls 60 Served with onion dip. Breakfast Wrap 75 Toasted wrap filled with scramble egg, bacon & cheddar cheese Vegetable Spring Rolls 45 Served with sweet chilli sauce.









SALADS

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TOASTED SANDWICHES

Served from 11am

Served with a choice of fries or a side salad

Chicken Mayo	65
Egg & Bacon	65
Cheese & Tomato	50
Ham, Cheese & Tomato	60
Tuna Mayo	68

BURGERS

Cheese Burger	86
Our home-made beef patty cooked to perfection & topped with melted cheddar.	
Pair with: Poetry Merlot	
The Oh-2-1 Burger	95
Melted cheddar, bacon & sliced avocado.	
Pair with: Zenith Chenin / Chardonnay	
Rocket Burger	95
Grilled black mushroom, cheddar & tempura onion rings.	
Pair with: Poetry Merlot	





THE ROCKWELL CAFÉ & BAD

FLAT BREAD

Oven baked crispy flat bread ,top with your choice of toppings.

👔 Gluten-free option available

Smoked chicken, camembert, caramel onion & wild rocket on a bed of mozzarella cheese 105
Mozzarella, medeteranean vegetables & basil pesto
Parma ham, pouched pear and rocket on mozzarella and feta 115
BBQ beef, caramelized onion, roast cherry tomato & parmesan 115
Thai chicken, pineapple & spring onion topped with white cheddar 105

DASTA

Penne, Spaghetti or Fettuccini

Cream based with sundried tomatoes & parmesan shavings

Pair with: Word of Mouth Viognier

 86

Bacon, ham & Portabellini mushrooms.

Pair with: Truth Tree Cabernet Sauvignon

Spaghetti noodles tossed with our zesty meat sauce & finished with grated Parmesan cheese.

Pair with: Truth Tree Cabernet Sauvignon



Layers of steak minced, gluten-free lasagne sheets, baked in creamy gluten-free white sauce & gratinated.



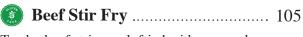




MAIIS

250g Sirloin Steak 155
Served with tempura onion rings, fries & mushroom sauce.
Pair with: Truth Tree Cabernet Sauvignon
400g T-Bone Steak
Served with Madagascar pepper sauce & fries.
Pair with: Dragon Tree
200g Beef Fillet / Pepper Fillet 195
With baby carrots ,mushroom ragout and red wine jus.
Pair with: Truth Tree Cabernet Sauvignon
Cape Malay Chicken Curry 185
Served with fragrant basmati rice, poppadum & salsa.
Pair with: Word of Mouth Viognier
Pair with: Word of Mouth ViognierChicken Supreme148
Chicken Supreme
Chicken Supreme 148 Stuffed with spinach and feta, wrapped with bacon and served with creamy amarula sauce.
Chicken Supreme148Stuffed with spinach and feta, wrapped with bacon and served with creamy amarula sauce.SQCatch of the DaySQServed with crushed potato, green vegetables
Chicken Supreme148Stuffed with spinach and feta, wrapped with bacon and served with creamy amarula sauce.50Catch of the DaySQServed with crushed potato, green vegetables & lemon butter sauce.50
Chicken Supreme 148 Stuffed with spinach and feta, wrapped with bacon and served with creamy amarula sauce. 148 Catch of the Day SQ Served with crushed potato, green vegetables & lemon butter sauce. SQ Pair with: Free Run Sauvignon Blanc 200g Grilled / Fried

(2) **300g Pork Chop** 125 Char-grilled pork chop glazed in our raspberry basting served on a bed of herbed basmati rice.



Tender beef strips wok fried with seasonal vegetables in a gluten free beefy sauce.

DESSERTS

Homemade Baked Chocolate Cheese Cake
Vanilla Bean Crème Brûlée 45 Served with berries & crispy finger biscuit.
Ice cream & Chocolate Sauce
Apple Cider & Mint Pana Cotta52Gorgeous apple & ginger flavoured panocotta ,creamy and served with sugar works & dried apple.68Famous Cheese Board
Selection of 3 cheeses served with seasonal fruit, crackers and preseves.
Flourless Chocolate Brownies 50
Wholenut Torte









KIDDIES

Napolitana Pasta	55
Kiddies Margarita Flat Bread	60
Chicken Strips & Chips	70
Deep Fried Fish Strips	62

GLUTEN-FREE



Chickpeas, crumbed Danish feta cheese, red onion, plum tomatoes, fresh fennel, basil, black pepper and vinaigrette.

Cos lettuce, grilled tofu, parmesan shavings, cucumber tossed in our gluten free dressing.

Layers of steak minced, gluten-free lasagne sheets, baked in creamy gluten-free white sauce & gratinated.

300g Pork Chop 125

Char-grilled pork chop glazed in our raspberry basting served on a bed of herbed basmati rice.

Tender beef strips wok fried with seasonal vegetables in a gluten free beefy sauce.

GLUTEN-FREE

Coconut Panna Cotta	52
Flourless Chocolate Brownies	50
Wholenut Torte	48
With whipped cream icing.	

*All prices include 14% VAT

* A 10% service charge will be added to all food bills where groups of 10 & more people are dining.

Please allow 30min for preparation & delivery of all In-Room Dining services.

Last orders will be taken at: 9:30pm in Winter (May-Sept) 10pm in Summer (Oct–April)

Room Service:

Dial Ext. 1126 to place your order.





