

Light Meals

Grilled Calamari A starter size portion of Calamari	55		
Sage Aubergine Stack layers of grilled Aubergine, Provolone Cheese & fresh Tomato, served on a bed of Rocket, topped with Parma Ham & Marinated Danish Feta & drizzled with Basil & Sundried Tomato Pesto	84		
Sage Steak Sami Panini filled with Steak Strips, Caramalised Onions, Garlic Mayo & Rocket	89		
Melanzane layers of Aubergine, Mozzarella & Napoletana sauce, topped with grated Parmesan & baked in the pizza oven	55		
Sage's Peri-Peri Chicken Livers sautéed with Garlic, White Wine & Chilli in a Napoletana Sauce with a touch of Cream, served with a Crispy Garlic Ciabatta	30/49		
Thai Chicken Stack A stack of grilled Peppers, Marrows & Avo, nestled on top of an Aubergine Fritter & topped with Thai Sesame marinated Chicken Strips. Served with Ciabatta toasts. Banters - loose the Fritter, add grilled Aubergine	88		
Aubergine & Parmesan Fritters served with a Chilli & Cumin Yoghurt & Thai Pesto	70		
Risotto Cakes Fried Mushroom with Basil Pesto & Lemon	70		
Quesadillas Tortillas filled with Mozzarella & Jalapenos, served with Guacamole, Sour Cream & Salsa	65		
Brie & Cranberry Samosas Three homemade Samosas served with a delicious side Salad and a Sweet Chilli dipping sauce	45		
Focaccia Garlic & Herb Pizza Bread	28		
Focaccia Con Feta Garlic & Herb Pizza Bread with Danish Feta	38		
Focaccia Salvia Garlic & Herb Pizza Bread with Danish Feta & Avo	50		
Focaccia Basilico Garlic & Herb Pizza Bread with fresh Tomoto, Basil Pesto & Parmesan Cheese	50		
Focaccia Suprema Garlic & Herb Pizza Bread with Mozzarella Cheese & Jalapeños	52		
Focaccia Primavera Garlic & Herb Pizza Bread Danish Feta, Olives, Sun-dried Tomato, Avo, Rocket & Parmesan Cheese	76		
Bruschetta			
Platter of 4 ciabatta toasts with the following toppings:	70		
Danish Feta, Roasted Red Pepper & Basil Pesto			
Freshly diced Tomato, Basil Pesto & Parmesan Cheese			
Thai Pesto, grilled Aubergine & Parmesan Cheese			
Danish Feta, grilled Aubergine, Olives, Roasted Red Pepper & Rocket			
Salads			
Grilled Calamari & Avo Salad with a Lime, Chilli & Coriander Dressing	69/98		
Sage House Salad (large enough for 2)	48/69		
Mixed Lettuce, Tomato, Avo, Olives, Feta, Artichokes, Rocket, Roasted Almonds & Red Onion tossed with our House Dressing. Add the following:			
Grilled Thyme Chicken	29	Smoked Norwegian Salmon	54
Tuna	29	Halloumi	29
Calamari	45		
Grilled Halloumi with a Lime & Caper Vinaigrette	51		
Sautéed Chicken & Avo Salad cubes of Chicken Breast sautéed in Ginger, Coriander & Honey, served on a bed of Lettuce with Avo & a Wholegrain Mustard Dressing	68/84		
Caesar Salad Cos Lettuce, Anchovies, Croutons, Bacon & shaved Parmesan topped with our delicious Caesar dressing	69		
Janine's Salad Ask your waiter which delicious Salad special we have this week	69		

Mezze Platters

Why not make up your own Mezze Platter. Choose any of the following, served with a freshly baked Ciabatta & Olives (minimum order of 2 items per platter)			
Prosciutto sliced Parma Ham			45
Smoked Salmon with Capers, crushed Pepper & Lemon			55
Grilled Halloumi with a Lime, Chilli & Coriander Sauce			41
Brie & Cranberry Samosa (each)			15
Aubergine & Parmesan Fritters with a Chilli & Cumin Yoghurt & Thai Pesto			41
Grilled Calamari with a Lime, Chilli & Coriander Sauce			49
Prawn Tails cooked in Butter, Garlic & Parsley or Peri-peri (4)			55
Fried Mushroom Risotto Balls with Basil Pesto & Lemon			39
Roasted Red Peppers tossed with Basil Pesto			28
Grilled Baby Marrow Strips			19
Grilled Aubergine			19
Salami imported Salami Milano			30
Coppa Ham			28
Hummus Chickpea, Garlic & Lemon Dip			24
Pate of the Week Liver, Salmon, Aubergine, Mushroom			35
Marinated Danish Feta			26
Provolone Cheese			24
Grilled, Marinated Artichokes			30
Grilled Chicken Skewers with Lemon & Thyme			43
Thai or Basil Pesto			25
Tzatziki Yoghurt, Garlic & Cucumber Dip			24
Extra Ciabatta			11
Main Meals			
Grilled Calamari cooked in a Garlic, Thyme & Lemon Butter sauce served with Garlic & Rosemary sauteed New Potatoes, French Fries or a Side Salad.			113
Steak & Chips served with French Fries & a Green Salad.			
250g Grilled Rump	108	250g Fillet	125
Sage Fillet Steak 200g topped with Bacon, Avo & Brie.			
Sauces - Mushroom, Red Wine & Rosemary or Pepper			19
Chicken Breast stuffed with Spinach & Feta served with sautéed New Potatoes, Roasted Red Pepper Pesto & a Parmesan, Mushroom & Cream Sauce			95
Woodfired Baby Chicken Marinated in Sage's Secret Sauce (Barbeque & Chilli) & cooked in the pizza oven, served with Chips. (takes 25 min)			135
Durban Curry served with Rice, Sambals & Poppadums			
Prawn	125	Chicken & Prawn	115
Chicken	105		
Risotto			
All topped with Balsamic, Rocket & Parmesan			
Chicken, Lemon, Thyme & Zucchini	106	Chicken, Spinach & Roasted Red Pepper	106
Wild Mushroom	106	Mushroom & Gorgonzola	106
Aubergine, Zucchini & Roasted Red Pepper	106	Prawn & Asparagus	113
		Chicken & Chorizo	113
Pasta			
Served with Linguine or Penne			
Grilled Prawn & Calamari Tossed with Olive Oil, Lemon Juice, Chilli, Coriander & a dash of Cream			119
Chicken Pesto Grilled Chicken tossed with Basil Pesto, Parmesan & Lemon			81
Alfredo Ham, Mushroom, Parmesan & Cream			81

Bolognese Beef Mince, Red Wine & Rosemary	78
Bacon & Mushroom with Basil Pesto & Crème Fraiche	78
Penne alla Pollo Penne Pasta with Chicken, Mushroom, Zucchini, Parmesan & Cream	84
Amatriciana Bacon, Mushroom & Garlic in a Napoletana Sauce with a touch of Chilli	81
Marinara Prawns, Calamari & Mussels in a Napoletana Sauce with White Wine & a touch of Chilli	119
Gourmet Burgers	
220g Homemade Beef Patty served on a fresh Burger Bun with French Fries or Green Salad	
Classic with Lettuce, Tomato, Red Onion & Pickled Cucumber	76
Cheese Classic with Mature Cheddar	80
Cheese & Bacon Classic with Mature Cheddar & Crispy Bacon	88
Zucchini & Avo Classic with grilled Zucchini & Avo	88
Blue Bird Bacon, Blue Cheese & Mozzarella with Balsamic Caramalised Red Onions	91
Frenchy Brie & Avo with Balsamic Caramelised Red Onions & a homemade Apricot, Chilli & Ginger Chutney	91
De-Luxe Mature Cheddar, Crispy Bacon, Avo & BBQ Sauce	99

Pizza

Margherita Mozzarella, Tomato base & Herbs	44/59
Regina Ham & Mushroom	56/77
Hawaiian Ham & Pineapple	56/72
Bergamo Bacon, Avo, Feta, Mushrooms & Garlic	95
Torino Salami, Olives, Mushrooms & Anchovies	95
Tropicana Bacon & Banana	77
Parma Parma Ham, Avo, Rocket & Parmesan	105
Roma Chicken, grilled Zucchini, Sun-dried Tomatoes & Basil Pesto	95
Portofino Chicken, Feta, Peppadews, Onion & Sweet Chilli Sauce	95
Milano Chicken, Mushrooms, Avo & Feta	95
Puttana Spinach, Bacon, Avo & Feta	92
Melanzane Grilled Aubergine, Feta, Garlic & Chilli	85
Siciliana Capers, Olives & Anchovies	85
Messicana Bolognese Mince, Peppers, Onion, Garlic & Chilli	92
Parisian Bacon, Brie & Cranberry Preserve	95
Quattro Formaggi Mozzarella, Gorgonzola, Danish Feta, topped with fresh Rocket & Parmesan	95
St. Tropez Bacon, Brie, Asparagus (seasonal) & Roasted Red Peppers	95
Funghi Black Mushrooms, Basil Pesto & Parmesan Cheese	85
Verdure Aubergine, Zucchini, Mushrooms, Peppers, Olives & Artichokes	95
Quattro Stagioni Ham, Olives, Artichokes & Mushrooms	95
Firenze Grilled Aubergine, Olives, Capers & Parmesan Cheese	85
Principessa Salami, Olives, Artichokes, Mushrooms, Avo & Rocket	105
Campania Margherita topped with Fresh Wild Rocket	66
Classico Salami, Mushrooms & Avo	88
Napoletana Capers & Anchovies	74
Livorno Peri-peri Chicken Livers & Roasted Red Peppers	79
La Scala Grilled Aubergine, Feta, Mushrooms, Sun-dried Tomatoes, Garlic & Chilli	95
Ferrari Marinated strips of Rump, Bacon, Salami, Feta, Peppadews & Rocket	105
Mediterranean Slow Roasted Lamb, Red Onions, Peppadews, Danish Feta, Tzatziki & Rocket	105

Bagels / Ciabatta

Choose between Traditional Boiled Bagels, baked freshly every day or freshly baked Ciabatta (add R10) served with French Fries or a Green Salad

New York Norwegian Smoked Salmon, Cream Cheese & Gherkins 75
(Add Avo - R12)

Cottage Low-fat Chunky Cottage Cheese, Avo & Bacon 56

BLT Bacon, lettuce & tomato, with cream Cheese & pesto (Add Avo - R12) 68

Boston Norwegian Smoked Salmon & Avo 75

Deli Pastrami, Salami, Mustard & Piccalilli with Lettuce, Tomato & Gherkins 74

Chicken & Avo Grilled Chicken Breast & Avo with a creamy Wholegrain Mustard Dressing 75

Chicken Pesto Grilled Chicken Breast with Roasted Red Peppers & Basil Pesto 75

Vegetarian Homemade Hummus with Marinated, Roasted Vegetables 64

Chicken Mayo Chicken & Mayo with Lettuce, Tomato & Gherkins 50

Swiss Emmental Cheese, Avo with Lettuce, Tomato & Gherkins 64

Roma Provolone Cheese, Grilled Aubergine, Tomato & Basil Pesto 64

Sage Provolone Cheese, Parma Ham, Rocket, Avo & Basil Pesto 84

Mediterranean Chicken Bagel Burger Marinated Grilled Chicken Breast Fillet with Lettuce, Tomato, Cucumber, Red Onion & Tzatziki 75

Toasted Sandwiches

on white, rye or health & served with French Fries or salad.

Cheese, Ham & Tomato	38	Mozarella Cheese, Pesto &	40
Ham & Cheese	36	marinated Cherry Tomato	
Mince & Cheese	40	Peri-peri Chicken	45
Chicken & Mayo	38	Prawn in Seafood Mayo	54

Kiddies' Meals

Spaghetti Bolognese 43

Penne with Ham & Cream Cheese sauce 40

Gem Squash filled with Bolognese Mince & topped with Melted Cheddar 31

Crumbed Chicken Strips served with French Fries 41

Fish Nuggets & Chips 41

Grilled Calamari served with French Fries 52

Plain Spaghetti 17

Kiddies Beef Burger Homemade 100g pure Beef Burger served with French Fries. (Add Cheese - R10) 45

Kiddies' Toasted Sandwiches

served with French Fries

Cheese	26	Cheese & Tomato	30
Ham & Cheese	34	Chicken & Mayo	38

Kiddies' Drinks & Sweets

Kiddies Milkshakes Choc, Vanilla, Strawberry, Lime OR Bubblegum 26

Kiddies Fruit Juice Apple, Cranberry, Orange, Strawberry 15

Ice-Cream Cone 15

Ice-Cream & Chocolate Sauce 24

Hot Drinks

Teas

Five Roses / Rooibos	16	Herbal Teas	18
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Coffee / Hot Drinks

Milo / Horlicks / Hot Chocolate / Chai Latte / Dirty Chai	26
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Cappuccino	20	Espresso double	20
Cappuccino Grande	24	Café Latte	24
Red Cappuccino	20	Americano	18
Double Shot Cappuccino	24	Filter	16
Espresso single	14	Chocochino	26
Milo / Horlicks / Hot Chocolate / Chai Latte / Dirty Chai	26		

Soft Drinks

Sodas, Coke, Coke Light, Fanta Orange or Grape, Cream Soda, Tab, Coke Zero Appletizer / Red Grapetizer, Frankies Lemonade, Ginger Beer or Cream Soda 19

Peach / Lemon / Apple Iced Tea – BOS 20

Homemade Lemonade, Homemade Blueberry Lemondade 24

Juices Orange, Mango, Pineapple, Strawberry, Fruit Cocktail Or Cranberry & Apple 20

Milkshakes Double thick: Chocolate, Strawberry, Lime, Vanilla 26

Crushes Chai Chiller, Granadilla, Pineapple, Iced Tea, Coconut, Mixed Berry 26

Smoothies Mango, Wild Berry, Apple, Coffee, Chocolate 33

Frozen Lemonade 34

Gourmet Milkshake

Dulce Deleche (Salted Caramel)	42	Ferrero Rocher	48
Horlicks, Honey & Banana	41	Peppermint Crisp	42
Peanut Butter & Banana	41	Nutella & Banana	42
Bar One	44	Strawberries & Cream	44

Alcoholic Drinks

Beers Castle, Castle Lite, Hansa, Amstel, Amstel Light, Black Label, Peroni, Heineken, Miller, Savanna Dry, Savanna Light 22

Ask for our Craft Beer Menu & Wine List

Cocktails Sage Cooler, Pimms Cocktail, Vodka Freezer, Strawberry Daiquiri 40

Spirits Cane, Vodka, Gin, Apple Sours 18

Whiskey, Brandy, Captain Morgan, Tequila, Jack Daniels, Jagermeister, Kahlúa, Pimms 20

Grappa 22

Naughty Milkshakes

Kahlúa, Whiskey, Brandy, Frangelico, Cape Velvet 38

Naughty Coffees

Kahlúa, Whiskey, Brandy, Frangelico, Cape Velvet 35

From the Bakery

Croissants Plain OR Plain with Butter, Jam & Cheese 16/26

Norwegian Smoked Salmon & Cream Cheese 58

Ham & Cheddar OR Ham & Emmental Cheese 36/39

Nutella – plain Croissant with a Choc/Hazelnut Spread 25

Muffins Ask your waiter for our selection of freshly baked Muffins (sweet & savoury) served with Butter, Jam & Cheddar Cheese 25

Homemade Scones with Butter, Jam & Cream 25

Carrot Cake (½ Slice available) 38/24

Lemon Meringue (½ Slice available) 36/24

Baked Cheesecake Nougat or Chocolate & Hazelnut, New York or Salted Caramel 40

Triple Dark Chocolate Nougat Brownies with Vanilla Ice Cream 46

Deep-fried Chocolate homemade Dark Chocolate, Nougat & Toffee bar, wrapped in Phylo Pastry, deep-fried & served with Toasted Almonds & Vanilla Ice-cream 48

Cake of the Day (½ Slice available) 38/24

Ask your waiter which cake was freshly baked this morning.

Pavlova Homemade Pavlova shells filled with fresh Cream & Fruit 40

Creme Brulee Fresh Cream infused with Vanilla Pods, baked & then topped with Caramel (when available) 38



LUNCH MENU

*If you can't do great things,
do small things in a great way!*

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Lunch served from 11:30am

**All dressings & condiments used in our meals
are sold from the Sage kitchen.**

**Contact our catering department
crookedfork@sagecafe.co.za
for your outside catering needs.**

Bagels / Ciabatta

Choose between Traditional Boiled Bagels, baked freshly every day or freshly baked Ciabatta (add R10) served with French Fries or a Green Salad

New York Norwegian Smoked Salmon, Cream Cheese & Gherkins 75
(Add Avo - R12)

Cottage Low-fat Chunky Cottage Cheese, Avo & Bacon 56

BLT Bacon, lettuce & tomato, with cream Cheese & pesto (Add Avo - R12) 68

Boston Norwegian Smoked Salmon & Avo 75

Deli Pastrami, Salami, Mustard & Piccalilli with Lettuce, Tomato & Gherkins 74

Chicken & Avo Grilled Chicken Breast & Avo with a creamy Wholegrain Mustard Dressing 75

Chicken Pesto Grilled Chicken Breast with Roasted Red Peppers & Basil Pesto 75

Vegetarian Homemade Hummus with Marinated, Roasted Vegetables 64

Chicken Mayo Chicken & Mayo with Lettuce, Tomato & Gherkins 50

Swiss Emmental Cheese, Avo with Lettuce, Tomato & Gherkins 64

Roma Provolone Cheese, Grilled Aubergine, Tomato & Basil Pesto 64

Sage Provolone Cheese, Parma Ham, Rocket, Avo & Basil Pesto 84

Mediterranean Chicken Bagel Burger Marinated Grilled Chicken Breast Fillet with Lettuce, Tomato, Cucumber, Red Onion & Tzatziki 75

Toasted Sandwiches

on white, rye or health & served with French Fries or salad.

Cheese, Ham & Tomato	38	Mozarella Cheese, Pesto &	40
Ham & Cheese	36	marinated Cherry Tomato	
Mince & Cheese	40	Peri-peri Chicken	45
Chicken & Mayo	38	Prawn in Seafood Mayo	54

Kiddies' Meals

Spaghetti Bolognese 43

Penne with Ham & Cream Cheese sauce 40

Gem Squash filled with Bolognese Mince & topped with Melted Cheddar 31

Crumbed Chicken Strips served with French Fries 41

Fish Nuggets & Chips 41

Grilled Calamari served with French Fries 52

Plain Spaghetti 17

Kiddies Beef Burger Homemade 100g pure Beef Burger served with French Fries. (Add Cheese - R10) 45

Kiddies' Toasted Sandwiches

served with French Fries

Cheese	26	Cheese & Tomato	30
Ham & Cheese	34	Chicken & Mayo	38

Kiddies' Drinks & Sweets

Kiddies Milkshakes Choc, Vanilla, Strawberry, Lime OR Bubblegum 26

Kiddies Fruit Juice Apple, Cranberry, Orange, Strawberry 15

Ice-Cream Cone 15

Ice-Cream & Chocolate Sauce 24

Hot Drinks

Teas

Five Roses / Rooibos	16	Herbal Teas	18
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Coffee / Hot Drinks

Milo / Horlicks / Hot Chocolate / Chai Latte / Dirty Chai	26
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Cappuccino	20	Espresso double	20
Cappuccino Grande	24	Café Latte	24
Red Cappuccino	20	Americano	18
Double Shot Cappuccino	24	Filter	16
Espresso single	14	Chocochino	26
Milo / Horlicks / Hot Chocolate / Chai Latte / Dirty Chai	26		

Soft Drinks

Sodas, Coke, Coke Light, Fanta Orange or Grape, Cream Soda, Tab, Coke Zero Appletizer / Red Grapetizer, Frankies Lemonade, Ginger Beer or Cream Soda 19

Peach / Lemon / Apple Iced Tea – BOS 20

Homemade Lemonade, Homemade Blueberry Lemondade 24

Juices Orange, Mango, Pineapple, Strawberry, Fruit Cocktail Or Cranberry & Apple 20

Milkshakes Double thick: Chocolate, Strawberry, Lime, Vanilla 26

Crushes Chai Chiller, Granadilla, Pineapple, Iced Tea, Coconut, Mixed Berry 26

Smoothies Mango, Wild Berry, Apple, Coffee, Chocolate 33

Frozen Lemonade 34

Gourmet Milkshake

Dulce Deleche (Salted Caramel)	42	Ferrero Rocher	48
Horlicks, Honey & Banana	41	Peppermint Crisp	42
Peanut Butter & Banana	41	Nutella & Banana	42
Bar One	44	Strawberries & Cream	44

Alcoholic Drinks

Beers Castle, Castle Lite, Hansa, Amstel, Amstel Light, Black Label, Peroni, Heineken, Miller, Savanna Dry, Savanna Light 22

Ask for our Craft Beer Menu & Wine List

Cocktails Sage Cooler, Pimms Cocktail, Vodka Freezer, Strawberry Daiquiri 40

Spirits Cane, Vodka, Gin, Apple Sours 18

Whiskey, Brandy, Captain Morgan, Tequila, Jack Daniels, Jagermeister, Kahlúa, Pimms 20

Grappa 22

Naughty Milkshakes

Kahlúa, Whiskey, Brandy, Frangelico, Cape Velvet 38

Naughty Coffees Kahlúa, Whiskey, Brandy, Frangelico, Cape Velvet 35

From the Bakery

Croissants Plain OR Plain with Butter, Jam & Cheese 16/26

Norwegian Smoked Salmon & Cream Cheese 58

Ham & Cheddar OR Ham & Emmental Cheese 36/39

Nutella – plain Croissant with a Choc/Hazelnut Spread 25

Muffins Ask your waiter for our selection of freshly baked Muffins (sweet & savoury) served with Butter, Jam & Cheddar Cheese 25

Homemade Scones with Butter, Jam & Cream 25

Carrot Cake (½ Slice available) 38/24

Lemon Meringue (½ Slice available) 36/24

Baked Cheesecake Nougat or Chocolate & Hazelnut, New York or Salted Caramel 40

Triple Dark Chocolate Nougat Brownies with Vanilla Ice Cream 46

Deep-fried Chocolate homemade Dark Chocolate, Nougat & Toffee bar, wrapped in Phylo Pastry, deep-fried & served with Toasted Almonds & Vanilla Ice-cream 48

Cake of the Day (½ Slice available) 38/24

Ask your waiter which cake was freshly baked this morning.

Pavlova Homemade Pavlova shells filled with fresh Cream & Fruit 40

Creme Brulee Fresh Cream infused with Vanilla Pods, baked & then topped with Caramel (when available) 38



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Choose between Traditional Boiled Bagels, baked freshly every day or freshly baked Ciabatta (add R10) served with French Fries or a Green Salad

New York Norwegian Smoked Salmon, Cream Cheese & Gherkins 75
(Add Avo - R12)

Cottage Low-fat Chunky Cottage Cheese, Avo & Bacon 56

BLT Bacon, lettuce & tomato, with cream Cheese & pesto (Add Avo - R12) 68

Boston Norwegian Smoked Salmon & Avo 75

Deli Pastrami, Salami, Mustard & Piccalilli with Lettuce, Tomato & Gherkins 74

Chicken & Avo Grilled Chicken Breast & Avo with a creamy Wholegrain Mustard Dressing 75

Chicken Pesto Grilled Chicken Breast with Roasted Red Peppers & Basil Pesto 75

Vegetarian Homemade Hummus with Marinated, Roasted Vegetables 64

Chicken Mayo Chicken & Mayo with Lettuce, Tomato & Gherkins 50

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Soft Drinks

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Appletizer / Red Grapetizer, Frankies Lemonade, Ginger Beer or Cream Soda 20

Peach / Lemon / Apple Iced Tea – BOS 24

Homemade Lemonade, Homemade Blueberry Lemondade 20

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BLT Bacon, lettuce & tomato, with cream Cheese & pesto (Add Avo - R12) 68

Boston Norwegian Smoked Salmon & Avo 75

Deli Pastrami, Salami, Mustard & Piccalilli with Lettuce, Tomato & Gherkins 74

Chicken & Avo Grilled Chicken Breast & Avo with a creamy Wholegrain Mustard Dressing 75

Chicken Pesto Grilled Chicken Breast with Roasted Red Peppers & Basil Pesto 75

Vegetarian Homemade Hummus with Marinated, Roasted Vegetables 64

Chicken Mayo Chicken & Mayo with Lettuce, Tomato & Gherkins 50

Swiss Emmental Cheese, Avo with Lettuce, Tomato & Gherkins 64

Roma Provolone Cheese, Grilled Aubergine, Tomato & Basil Pesto 64

Sage Provolone Cheese, Parma Ham, Rocket, Avo & Basil Pesto 84

Mediterranean Chicken Bagel Burger Marinated Grilled Chicken Breast Fillet with Lettuce, Tomato, Cucumber, Red Onion & Tzatziki 75

Toasted Sandwiches

on white, rye or health & served with French Fries or salad.

Cheese, Ham & Tomato	38	Mozarella Cheese, Pesto &	40
Ham & Cheese	36	marinated Cherry Tomato	
Mince & Cheese	40	Peri-peri Chicken	45
Chicken & Mayo	38	Prawn in Seafood Mayo	54

Kiddies' Meals

Spaghetti Bolognese 43

Penne with Ham & Cream Cheese sauce 40

Gem Squash filled with Bolognese Mince & topped with Melted Cheddar 31

Crumbed Chicken Strips served with French Fries 41

Fish Nuggets & Chips 41

Grilled Calamari served with French Fries 52

Plain Spaghetti 17

Kiddies Beef Burger Homemade 100g pure Beef Burger served with French Fries. (Add Cheese - R10) 45

Kiddies' Toasted Sandwiches

served with French Fries

Cheese	26	Cheese & Tomato	30
Ham & Cheese	34	Chicken & Mayo	38

Kiddies' Drinks & Sweets

Kiddies Milkshakes Choc, Vanilla, Strawberry, Lime OR Bubblegum 26

Kiddies Fruit Juice Apple, Cranberry, Orange, Strawberry 15

Ice-Cream Cone 15

Ice-Cream & Chocolate Sauce 24

Hot Drinks

Teas

Five Roses / Rooibos	16	Herbal Teas	18
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Coffee / Hot Drinks

Milo / Horlicks / Hot Chocolate / Chai Latte / Dirty Chai	26
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Cappuccino	20	Espresso double	20
Cappuccino Grande	24	Café Latte	24
Red Cappuccino	20	Americano	18
Double Shot Cappuccino	24	Filter	16
Espresso single	14	Chocochino	26
Milo / Horlicks / Hot Chocolate / Chai Latte / Dirty Chai	26		

Soft Drinks

Sodas, Coke, Coke Light, Fanta Orange or Grape, Cream Soda, Tab, Coke Zero 19
Appletizer / Red Grapetizer, Frankies Lemonade, Ginger Beer or Cream Soda 20

Peach / Lemon / Apple Iced Tea – BOS 24

Homemade Lemonade, Homemade Blueberry Lemondade 20

Juices Orange, Mango, Pineapple, Strawberry, Fruit Cocktail Or Cranberry & Apple 20

Milkshakes Double thick: Chocolate, Strawberry, Lime, Vanilla 26

Crushes Chai Chiller, Granadilla, Pineapple, Iced Tea, Coconut, Mixed Berry 26

Smoothies Mango, Wild Berry, Apple, Coffee, Chocolate 33

Frozen Lemonade 34

Gourmet Milkshake

Dulce Deleche (Salted Caramel)	42	Ferrero Rocher	48
Horlicks, Honey & Banana	41	Peppermint Crisp	42
Peanut Butter & Banana	41	Nutella & Banana	42
Bar One	44	Strawberries & Cream	44

Alcoholic Drinks

Beers Castle, Castle Lite, Hansa, Amstel, Amstel Light, Black Label, Peroni, Heineken, Miller, Savanna Dry, Savanna Light 22

Ask for our Craft Beer Menu & Wine List

Cocktails Sage Cooler, Pimms Cocktail, Vodka Freezer, Strawberry Daiquiri 40

Spirits Cane, Vodka, Gin, Apple Sours 18

Whiskey, Brandy, Captain Morgan, Tequila, Jack Daniels, Jagermeister, Kahlúa, Pimms 20

Grappa 22

Naughty Milkshakes

Kahlúa, Whiskey, Brandy, Frangelico, Cape Velvet 38

Naughty Coffees Kahlúa, Whiskey, Brandy, Frangelico, Cape Velvet 35

From the Bakery

Croissants Plain OR Plain with Butter, Jam & Cheese 16/26

Norwegian Smoked Salmon & Cream Cheese 58

Ham & Cheddar OR Ham & Emmental Cheese 36/39

Nutella – plain Croissant with a Choc/Hazelnut Spread 25

Muffins Ask your waiter for our selection of freshly baked Muffins (sweet & savoury) served with Butter, Jam & Cheddar Cheese 25

Homemade Scones with Butter, Jam & Cream 25

Carrot Cake (½ Slice available) 38/24

Lemon Meringue (½ Slice available) 36/24

Baked Cheesecake Nougat or Chocolate & Hazelnut, New York or Salted Caramel 40

Triple Dark Chocolate Nougat Brownies with Vanilla Ice Cream 46

Deep-fried Chocolate homemade Dark Chocolate, Nougat & Toffee bar, wrapped in Phylo Pastry, deep-fried & served with Toasted Almonds & Vanilla Ice-cream 48

Cake of the Day (½ Slice available) 38/24

Ask your waiter which cake was freshly baked this morning.

Pavlova Homemade Pavlova shells filled with fresh Cream & Fruit 40

Creme Brulee Fresh Cream infused with Vanilla Pods, baked & then topped with Caramel (when available) 38



LUNCH MENU

*If you can't do great things,
do small things in a great way!*

www.sagecafe.co.za | info@sagecafe.co.za | 032 525 8059

Lunch served from 11:30am

**All dressings & condiments used in our meals
are sold from the Sage kitchen.**

**Contact our catering department
crookedfork@sagecafe.co.za
for your outside catering needs.**

Bagels / Ciabatta

Choose between Traditional Boiled Bagels, baked freshly every day or freshly baked Ciabatta (add R10) served with French Fries or a Green Salad

New York Norwegian Smoked Salmon, Cream Cheese & Gherkins 75
(Add Avo - R12)

Cottage Low-fat Chunky Cottage Cheese, Avo & Bacon 56

BLT Bacon, lettuce & tomato, with cream Cheese & pesto (Add Avo - R12) 68

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