

menu



**CHECK OUT OUR CAKE DISPLAY
ASK YOUR WAITRON ABOUT ORDERING CAKES FOR SPECIAL EVENTS
YES, WE BAKE EVERYTHING HERE AT SOET**

HOT BEVERAGES

COFFEE – *the best in town, made by a perfectionist barista*

Our coffee beans mostly come from Tanzania. They are handpicked, washed and sundried, and we use the fresh beans within 90 days so that we can always give you that fresh aroma.

Americano	20
Americano grappa	36
Americano grande with milk	22
Cortado	26
Cappuccino	27
Cappuccino grande	30
Espresso	17
Latte	32
Add R2 for DECAF	
SOYA MILK	10
FLAVOURED CAPPUCCINOS	35
• Hazelnut	
• Caramel	
• Vanilla	
Macchiato	20
Chococino	32
Hot chocolate	28
White hot chocolate	32
Iced coffee	32
POT OF TEA – <i>experience our tea selection</i>	
Rooibos, Ceylon, Earl Grey	18
Chai cino	26
Chai latte	32
Flat red espresso	28
Red latte with cinnamon & honey	34
Peppermint tea	24
Green tea	24

But first, coffee



GOURMET MILKSHAKES

Caramel popcorn	35
Marshmallow	35
Jelly tots	35
Oreo	35
Coffee	38

SMOOTHIES

BERRY BLAST	38
mixed berries, banana, orange juice & mint	
STRAWBERRY STATES	38
strawberry, milk, banana & honey	
TROPICAL	38
pineapple, banana, coconut cream & honey	
BANANATELLA	38
banana, Nutella & milk	
BANANANUTTER	38
banana, peanut butter, milk & honey	

FRESHLY JUICED

Detox juice	36
Apple	32
Basic green	36
Orange	36
Carrot & orange	36
Carrot, orange & pineapple	36

SODAS

Soda	18
(Coke, Coke Light, Coke Zero, Tab, Creme Soda, Fanta)	
Appletiser	22
Lipton iced tea	20
(peach or lemon)	
Water (sparkling or still)	18

WINE

WINE BY THE GLASS

Boland Cellar sixty40 White	28
Boland Cellar sixty40 Red	28

WHITE WINE

Durbanville Hills	
Sauvignon Blanc	115

RED WINE

Durbanville Hills Merlot	155
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SPARKLING

D'Aria Popsong	145
Pongrácz	195
Blush	125

CRAFT BEER

CBC Pilsner 440ml	38
CBC Amber Weiss 440ml	38
Jack Black Lager 330ml	38
Jack Black Butcher Block Pale 440ml	38
Jack Black Weiss	38



BEER & CIDER

Castle Light	30
Savannah	30

CRAFT GIN

Wilderer	38
Durbanville Distillery	34
Duchess (virgin G&T)	38

THE PERFECT START

BEANS ON TOAST 49

baked beans on artisan ciabatta with salsa, a fried egg & fresh herbs

BANTING BREAKFAST 78

3 eggs, 3 rashers of bacon, boerewors & mushrooms

add avo 20

TRADITIONAL SOET BREAKFAST 86

2 poached eggs, bacon, roast tomato, boerewors, fried mushroom & handcut chips with artisan bread

CREAMY SPINACH EGGS 64

toasted bread, scrambled eggs & creamy spinach

SCRAMBLED EGG ON TOAST 60

with roast tomato

add bacon 20

BREAKFAST STACK 86

hash brown with fried egg, bacon, cream cheese, avo & fresh rocket

SOUFFLÉSTYLE OMELETTE 68

- ham, cheese and mushroom
- Bacon, cheese and kale

FRUIT & MUESLI 78

with Greek yoghurt and honey

MAGIC MUSHROOM 68

*vegetarian

on artisan toast
Scrambled egg with creamy mushroom and spinach

THE CYCLIST 54

on rye, smashed avo, boiled egg, red onion, coriander & toasted pumpkin seeds with a hint of cayenne

GYM BUDDY BREAKFAST 68

rye toast topped with bacon, fried egg, cottage cheese & avo

add an egg 8

BREAKFAST CROISSANT

with scrambled egg & and your choice of

bacon and cheese 95

salmon and cream cheese 105

FRENCH MADAME 55

with fried banana, caramelised pecan nuts & maple syrup

EGGS FLORENTINE

perfectly poached eggs & spinach with

ham or bacon 72

salmon 82

EGGS BENEDICT 76

ham or bacon

on an English muffin

CHOCOLATE PEANUT BUTTER

BANANA SMOOTHIE BOWL 65

STRAWBERRY, ALMOND &

COCONUT SMOOTHIE BOWL 68



BAKERY

SCRUMPTIOUS SCONES

house-baked golden brown scones with:

- cream & jam
- **or** butter, cheese & jam

45

BUTTER CROISSANT

with Soet preserves

50

PHYLLO QUICHE - ask your waitron

65

with julienne-style salad **or** chips

QUICHE ONLY

45

SARMIES

WITH HANDCUT CHIPS

* on artisan RYE/SOURDOUGH/
CIABATTA/
HEALTH BREAD

BACON, FETA & AVO

74

CHICKEN MAYO & AVO

68

add bacon

20

THE VEGAN

48

smashed chickpeas, grilled veg
& roast tomato

OLD-SCHOOL DBL CHEESE TOASTIES

WITH HANDCUT CHIPS

• on artisan RYE/SOURDOUGH/
CIABATTA/
HEALTH BREAD

cheese & tomato

50

ham, cheese & tomato

60

bacon, egg & cheese

65

SALADS

HOUSE-SMOKED NORWEGIAN SALMON

on a bed of baby lettuce,
julienne cucumber, Danish feta
and seasonal avo

95

GRILLED CHICKEN CAESAR

74

grilled chicken, avo,
boiled egg with cos lettuce,
toasted pumpkin seeds,
with Caesar sauce
& parmesan shavings

add bacon

20

BUTTERNUT TOAST

70

with smokey BBQ chicken,
mozzarella & toasted onion

SWEET POTATO TOAST

70

with hummus, cream
cheese feta, bacon
& baby spinach



BURGERS & COMFORT FOOD

WITH HANDCUT CHIPS / SALAD

SOET BACON & CHEESE BURGER 85

AAA SA beef 180g patty
with bacon, cheese
& caramelised onion

CHICKEN & CHEESE BURGER 80

perfectly crumbed

CAFÉ-STYLE CHICKEN SCHNITZEL 80

with cheese sauce,
handcut chips & salad

SWEET POTATO BEEF BURGER 85

perfectly stacked burger with
sweet potato instead of the bun,
hummus & cream cheese

VEGAN LOADED SWEET POTATO 60

bursts of sweet potato,
loaded with kale and black
beans, topped with basil pesto

CREAMY BUTTERNUT SOUP 65

creamy butternut soup
with a hint of orange zest,
with toasted artisan ciabatta
(feel free to ask for more bread,
no charge)

CHUNKY MINESTRONE SOUP 80

with slow-cooked beef, cannellini
beans & spaghetti, with artisan
ciabatta – a real winter warmer



WRAPS

WITH HANDCUT CHIPS

SWAP CHIPS FOR SALAD 8

VEGETARIAN 65

– FOR VEGAN, LOSE THE CHEESE
roast veg, roast nuts, cheese,
caramelized onion & hummus

GIRL CRUSH 75

salad wrap with bacon,
chicken, cream cheese
& hummus

add avo 20

TURKISH FLATBREADS

LOCALS' FAVOURITE BEEF 75

that perfect combo of slow
food and freshness, with
A-grade beef, hummus & tzatziki

GRECO 69

mozzarella cheese, crispy
bacon, feta & fresh rocket

add avo 20

KIDS

little humans under 12 years

KIDS' BREAKFAST 40

scrambled eggs &
honey-glazed bacon & toast

CHICKEN STRIPS 50

with chips

BABY CHINO 6

PLATE OF HANDCUT CHIPS 40